



Attention Parents:
Attend a Free
Youth Mental Health First Aid Training
on
January 27, 2018

- Youth Mental Health First Aid (YMHFA) Training teaches you the best ways to talk to your teen about mental health and substance use issues
 - Learn the steps you can take to get your child the help they may need if they are experiencing issues like:
 - *Eating Disorders*
 - *Anxiety*
 - *Depression*
 - *Substance Use*
 - *ADHD*
 - *Aggressive Behavior*
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Register Online: nyc.gov/RegentsWeekMHFA

Location: High School of Fashion Industries at
225 W. 24th Street New York, NY 10011

Details: 9:00am-4:00pm on 1/27/2018

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