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**Attention Parents:**  
**Attend a Free**  
**Youth Mental Health First Aid Training**  
**on**  
**January 27, 2018**

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- Youth Mental Health First Aid (YMHFA) Training teaches you the best ways to talk to your teen about mental health and substance use issues
  - Learn the steps you can take to get your child the help they may need if they are experiencing issues like:
    - *Eating Disorders*
    - *Anxiety*
    - *Depression*
    - *Substance Use*
    - *ADHD*
    - *Aggressive Behavior*
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**Register Online:** [nyc.gov/RegentsWeekMHFA](http://nyc.gov/RegentsWeekMHFA)

**Location:** High School of Fashion Industries at  
225 W. 24<sup>th</sup> Street New York, NY 10011

**Details:** 9:00am-4:00pm on 1/27/2018

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