**Staten Island University Hospital**  
**Support Groups**  
**January 2017**

<table>
<thead>
<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
</tr>
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<tbody>
<tr>
<td>What</td>
<td>AARP Driver Safety Class</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave Main Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>2nd &amp; 4th Saturday January 14th &amp; 28th from 8:30am –3:00pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Those interested in this driving class must call AARP at 844-377-7223.</td>
</tr>
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<thead>
<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Alcoholics Anonymous Inspiration</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave Main Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>Sundays, January 1st, 8th, 15th, 22nd, 29th from 1:30pm – 2:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This is a support group for men and women dealing with alcoholism. Contact is available by calling 917-365-1952 or <a href="mailto:ivysl@aol.com">ivysl@aol.com</a></td>
</tr>
</tbody>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Alcoholics Anonymous Unity</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>Tuesdays, January 3rd, 10th, 17th, 24th, 31st from 6:30 –7:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This is a support group for men and women dealing with alcoholism. For more information contact Dan Haley, 646-318-5033 <a href="mailto:Daniel.Hailey1985@gmail.com">Daniel.Hailey1985@gmail.com</a></td>
</tr>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Alcoholics Anonymous</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave, Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>Wednesdays, January 4th, 11th, 19th, 25th 8:00pm –9:00 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This is a support group for men and women dealing with alcoholism. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.</td>
</tr>
</tbody>
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For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.
<table>
<thead>
<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Alcoholics Anonymous Halt / Sober Living</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave, Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>Thursdays, January 5th, 12th, 19th, 26th from 6:45pm – 7:45 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Contact is available by calling 917-365-1952 or <a href="mailto:ivysl@aol.com">ivysl@aol.com</a></td>
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<thead>
<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>AL ANON – Princess Bay</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave, Board Room</td>
</tr>
<tr>
<td>When</td>
<td>Fridays, 6th, 13th, 20th, 27th from 8:00pm – 10:00pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Beginners’ meetings at 8:00- 8:30pm and discussions at 8:45pm Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Alzheimer’s Support</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, Regina McGinn Center</td>
</tr>
<tr>
<td>When</td>
<td>Tuesdays, January 3rd, 10th, 17th, 24th, 31st from 2:30 pm – 4:00 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>A support group session will be held for families with Alzheimer member(s). For more information, contact 917-864-6496.</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Amputee Support Group</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, North 4A Day Room</td>
</tr>
<tr>
<td>When</td>
<td>3rd Monday, January 16th rom 11:00am- 12:00pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Support is offered to those with amputations. For more information please call 718-226-9576</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Aphasia &amp; Apraxia</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave, Board Room</td>
</tr>
<tr>
<td>When</td>
<td>2nd Thursday, January 12th from 6:00pm-7:00 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This support group offers Aphasia patients and families Support, education and resources 718 226 2959</td>
</tr>
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For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.
### Staten Island University Hospital Support Groups
#### January 2017

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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Bariatric Psych Support</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, Regina McGinn Center</td>
</tr>
<tr>
<td>When</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; Wednesday, January 4&lt;sup&gt;th&lt;/sup&gt; from 6:30 – 7:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Further information is available from Lyndis Mills-Jude at 718-226-1300.</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>Brain Injury Support</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, Regina McGinn Center</td>
</tr>
<tr>
<td>When</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Wednesday, January 11&lt;sup&gt;th&lt;/sup&gt; from 4:00pm – 5:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This group is for survivors of ABI/TBI. Contact Jan Wollney/CBIS at 718.734.2225 or email @ <a href="mailto:jwollney@bianys.org">jwollney@bianys.org</a></td>
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<th>Who</th>
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<tr>
<td>What</td>
<td>Adult &amp; Children Bereavement Group</td>
</tr>
<tr>
<td>Where</td>
<td>St. Andrews Church Hall, Richmond Town (4 Arthur Kill rd)</td>
</tr>
<tr>
<td>When</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; &amp; 4&lt;sup&gt;th&lt;/sup&gt; Monday of the month, January 9&lt;sup&gt;th&lt;/sup&gt; &amp; 23&lt;sup&gt;rd&lt;/sup&gt; From 1:00pm &amp; 7:00pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Children Bereavement Group is at 7pm only. Preregistration is required for all groups please call Karen Goldman hospice Bereavement Coordinator at 718-226-6451.</td>
</tr>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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<tbody>
<tr>
<td>What</td>
<td>General Cancer Support Group</td>
</tr>
<tr>
<td>Where</td>
<td>Nalitt Cancer Center 256C Mason Ave Library Conference Room – 2nd fl,</td>
</tr>
<tr>
<td>When</td>
<td>Monday, January 9&lt;sup&gt;th&lt;/sup&gt;, 12:00pm – 1:00pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Cancer Services at Staten Island University Hospital Northwell Health feels that no one should have to go through the diagnosis of Cancer alone. We are here to help, by offering you a monthly support group. This way we can address your concerns and offer you the support and information that you and your family need.</td>
</tr>
</tbody>
</table>

For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.
### Pink Warriors of Staten Island & Staten Island University Hospital: Cancer Services
- **What:** Breast Cancer Support Group
- **Where:** Medical Arts Pavilion (MAP Building), 242 Mason Ave, Great Room, 2d floor Great Room, Ocean Breeze
- **When:** Saturday, January 28th, from 12 pm -1:30 pm
- **Activity:** This support group addresses the unique needs of women coping with breast cancer. Family members welcome. Penny Troiano, LCSW, is moderator. Call 718-226-8888 for more information. Refreshments served.

### Staten Island University Hospital: Cancer Services
- **What:** Oral, Head, and Neck Cancers
- **Where:** Nalitt Institute for Cancer and Blood Related Diseases
  256C Mason Avenue, Staten Island, NY 10305
  2nd Floor Conference Room
- **When:** Last Tuesday of the month, January 31st, 6:30pm – 8:00pm
- **Activity:** Please Contact Maria Anderson, MS, CCC-SLP @ 718.226.6521 for any questions

### Staten Island University Hospital: Cancer Services
- **What:** Young Adult Breast Cancer Support Group
- **Where:** Nalitt Cancer Center, 256C Mason Avenue, Staten Island NY
  2nd Floor Library Conference Room
- **When:** Tuesday, January 17th at 6:00pm – 7:30 pm
- **Activity:** For Patients and Survivors ages 18yrs old to 40yrs old. In the midst of an isolating diagnosis, we at Staten Island University Hospital Northwell Health are here to help. We can offer a safe place for women and men to talk openly about their needs, wants, concerns and experiences during all stages of treatment, recovery and beyond. Daniella Goon, Alexandra Vreeland, Penny Troiano, LCSW and Ann Marie Quinn, LCSW (Associated with The Young Survival Coalition)
Staten Island University Hospital
Support Groups
January 2017

Who
Staten Island University Hospital

What
Port Richmond CERT: Community Emergency Response Team

Where
475 Seaview Ave, Regina McGinn Center

When
4th Thursday of the month January 26th, from 7:00 pm-9:30pm

Activity
For more information please contact 718 448-7160 or info@sicert.org

Who
Staten Island University Hospital

What
Crohn & Colitis Support

Where
475 Seaview Ave, Regina McGinn Center

When
2nd Wednesday of January 11th from 7:00 – 8:30pm

Activity:
Crohn’s and colitis support group meetings are often intimate gatherings where patients and their loved ones can share their stories, seek emotional support, find answers to their questions, and connect with a community who share their challenges.

Who
Staten Island University Hospital

What
Compassionate Friends

Where
475 Seaview Ave, Regina McGinn Center

When
2nd & 4th Thursday of every month January 12th and 26th From 7:30 – 9:30pm

Activity:
The Compassionate friend exist to provide friendship, understanding and hope to those going through the natural grieving process.

Who
Staten Island University Hospital

What
Diabetes Club

Where
475 Seaview Ave, Regina McGinn Center

When
Tuesday January 31st from 7:00 – 9:00 pm

Activity
Diabetes club provides current information to the community about diabetes from various speakers knowledgeable in their fields. This group is open to anyone interested in learning more about diabetes.

For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.
Staten Island University Hospital
Support Groups
January 2017

Who: Staten Island University Hospital
What: Expectant Parents
Where: 475 Seaview Ave, Regina McGinn Center
When: Weekly Monday – Friday, from 7:00 pm – 9:30 pm
(January 3rd, 4th, 5th, 6th, 9th, 10th, 11th, 12th, 13th, 16th, 17th, 18th, 19th,
20th, 23rd, 24th, 25th, 26th, 27th, 30th, 31st)
Activity: Expecting parents are invited for a support group. Registration is required. For more information, contact 718-226-9533.

Who: Staten Island University Hospital
What: Emmas Place – Staten Island Grief & Loss Center for Children & Families
Where: 276 Watchogue Road / Livermore
When: 1st & 3rd Tuesday of the month, January 3rd & 17th
4:00 pm – Ages 4-9
5:00 pm- Ages 10-14
6:30 pm- Ages 15-19
Activity: Preregistration is required for all groups please call 347-850-2322

Who: Staten Island University Hospital
What: Families Helping Families
Where: 375 Seguine Ave Main Conference Room
When: 2nd Tuesday of the month, January 10th, 7:30pm–9:30pm
Activity: Supporting Families that have children with Special Needs

Who: Staten Island University Hospital
What: Family Afterwards
Where: Woodrow Methodist Church, 1075 Woodrow Rd, SI, NY 10312
When: Fridays, January 6th, 13th, 20th, 27th, from 8:00 pm – 9:30 pm
Activity: Contact Brian Panzalino at panz1956@aol.com for further information
### Gamblers Anonymous

**Who** | Staten Island University Hospital  
**What** | Gamblers Anonymous  
**Where** | 375 Seguine Ave, Conference Room South  
**When** | Fridays, January 6\(^{th}\), 13\(^{th}\), 20\(^{th}\), 27\(^{th}\) from 6:30 pm – 8:00pm  
**Activity** | This support group is open to those coping with gambling as an addiction. For immediate support contact the GA hotline: 855-222-5542.

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### Heart to Heart

**Who** | Staten Island University Hospital  
**What** | Heart to Heart  
**Where (1)** | 475 Seaview Ave, Conference room, 6\(^{th}\) floor tower  
**When (1)** | 2\(^{nd}\) Wednesday of the month, January 11\(^{th}\), 10:30 am – 12:00pm  
**Where (2)** | 375 Seguine Ave, Conference Room  
**When (2)** | 1\(^{st}\) Thursday of the month, January 5\(^{th}\), 8:00 pm- 10:00 pm  
**Activity** | This support group is open to all patients and families with any heart conditions ranging from heart attacks, heart surgeries, and more. Contact information: 718-356-7898 or larrygiv@aol.com

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### Hospital and Institutional Sub Committee

**Who** | Staten Island University Hospital  
**What** | Hospital and Institutional Sub Committee  
**Where** | 375 Seguine Ave, Board Room  
**When** | 3\(^{rd}\) Tuesday January 17\(^{th}\), from 7:00 pm – 9:00pm  
**Activity** | The purpose of the subcommittee is to bring information back on how previous presentations and attendance.

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### Maternal Bereavement Support Group

**Who** | Staten Island University Hospital  
**What** | Maternal Bereavement Support Group  
**Where** | 475 Seaview Ave, Regina McGinn Center/Diabetes Room  
**When** | 1\(^{st}\) Thursday of every month January 5\(^{th}\), from 7:30 pm  
**Activity** | Support Group for mother’s dealing with the loss of an infant. For more information please contact Ann Marie Catello (718) 226 - 8851

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*For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.*
Staten Island University Hospital
Support Groups
January 2017

Who
Staten Island University Hospital

What
Nar Anon: New Hope

Where
375 Seguine Ave, Board Room

When
Weekly Wednesday January 4th, 11th, 18th, 25th,
from 6:30 – 8:00 pm

Activity
Nar Anon family group provides support for the family and loved ones
of those addicted to drugs.

Who
Staten Island University Hospital

What
Nar Anon

Where
475 Seaview Ave, Regina McGinn Center

When
Weekly Fridays January 6th, 13th, 20th, 27th; 7:00– 8:30 pm

Activity
Nar Anon family group provides support for the family and loved ones
of those addicted to drugs.

Who
Staten Island University Hospital

What
Narcotics Anonymous: Staying Clean, Just for Today

Where
375 Seguine Ave, Conference Room

When
Thursdays, January 5th, 12th, 19th, 26th; from 5:30 -6:30 pm

Activity
NA is a nonprofit organization where addicts meet to help each other
stay clean through the 12 step proven program of recovery. NA is a
proven program of recovery where addicts can achieve long term
abstinence.

Who
Staten Island University Hospital

What
Narcotics Anonymous – Saturday Morning Wake up Group

Where
375 Seguine Ave, Board Room

When
Saturdays, January 7th, 14th, 21st, 28th; from 9:30 – 10:30 am

Activity
NA is a nonprofit organization where addicts meet to help each other
stay clean through the 12 step proven program of recovery. NA is a
proven program of recovery where addicts can achieve long term
abstinence.

For more information call Staten Island University Hospital, Department of Community Outreach,
718-226-1832 or 718-226-1911. Thank you.
Staten Island University Hospital
Support Groups
January 2017

Who
Staten Island University Hospital

What
Narcotics Anonymous: Together on Sunday

Where
375 Seguine Ave. Main Conference Room

When
Sundays January 1st, 8th, 15th, 22nd, 29th
From 9:30am – 11:00am

Activity
Nar Anon support group provides support for the family and loved ones of those addicted to narcotics.

Who
Staten Island University Hospital

What
Overeaters Anonymous (OA)

Where
375 Seguine Ave, Board Room

When
Saturdays – January 7th, 14th, 21st, 28th; from 10:30- 11:30am
Sundays January 8th, 15th, 22nd, 29th; from 10:30- 11:30am

Activity
People of all ages dealing with overeating are invited to attend an informational and supportive meeting. For more information, contact 718-605-1393 or email sioamail@gmail.com.

Who
Staten Island University Hospital

What
Overeaters Anonymous (OA)

Where
375 Seguine Ave, Board Room

When
Mondays, January 9th, 16th, 23rd, 30th; from 7:00 – 8:00pm

Activity
People of all ages dealing with overeating are invited to attend an informational and supportive meeting. For more information, contact 718-605-1393 or email sioamail@gmail.com.

Who
Staten Island University Hospital

What
Overeaters Anonymous (OA)

Where
475 Seaview Ave, Regina McGinn Center

When
Weekly Tuesday 3rd, 10th, 17th, 24th, 31st; 6:30 – 9:30 pm

Activity
People of all ages dealing with overeating are invited to attend an informational and supportive meeting. For more information, contact 718-605-1393 or email sioamail@gmail.com.

For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.
**Staten Island University Hospital**  
**Support Groups**  
**January 2017**

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<thead>
<tr>
<th>Who</th>
<th>Staten Island University Hospital</th>
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</thead>
<tbody>
<tr>
<td>What</td>
<td>Parents Without Partners</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave Main Conference Room</td>
</tr>
<tr>
<td>When</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; &amp; 3&lt;sup&gt;rd&lt;/sup&gt; Monday, January 16&lt;sup&gt;th&lt;/sup&gt;; from 7:30pm – 9:30pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Parents without Partners provides single parents with an opportunity for enhancing personal growth, self-confidence and sensitivity towards others by offering an environment for support, friendship and the exchange of parenting techniques.</td>
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<tr>
<th>Who</th>
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<tbody>
<tr>
<td>What</td>
<td>Relationships/Partnerships in Recovery</td>
</tr>
<tr>
<td>Where</td>
<td>375 Seguine Ave, Board Room</td>
</tr>
<tr>
<td>When</td>
<td>Saturdays, January 7&lt;sup&gt;th&lt;/sup&gt;, 14&lt;sup&gt;th&lt;/sup&gt;, 21&lt;sup&gt;st&lt;/sup&gt;, 28&lt;sup&gt;th&lt;/sup&gt;; from 7:30pm – 9:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>This support group is for couples affected by the disease of alcoholism or substance abuse.</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital (SIUH): Complementary Medicine</th>
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<tbody>
<tr>
<td>What</td>
<td>Smoking Cessation Support Group</td>
</tr>
<tr>
<td>Where</td>
<td>Nalitt Cancer Center, 256C Mason Avenue, 3d Fl., Ocean Breeze</td>
</tr>
<tr>
<td>When</td>
<td>Thursdays, January 5&lt;sup&gt;th&lt;/sup&gt;, 12&lt;sup&gt;th&lt;/sup&gt;, 19&lt;sup&gt;th&lt;/sup&gt;, 26&lt;sup&gt;th&lt;/sup&gt; from 5:30 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Trying to quit smoking? Need support? Join this group for the education, resources and support you need to help you reach your goal; call 718-226-6125 for more information.</td>
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<tr>
<th>Who</th>
<th>Staten Island University Hospital: Rehabilitation</th>
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<tbody>
<tr>
<td>What</td>
<td>Stroke Support Group</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, 4A Day Room, Ocean Breeze</td>
</tr>
<tr>
<td>When</td>
<td>Wednesdays, January 4&lt;sup&gt;th&lt;/sup&gt;, 11&lt;sup&gt;th&lt;/sup&gt;, 18&lt;sup&gt;th&lt;/sup&gt;, 25&lt;sup&gt;th&lt;/sup&gt;; 3:00pm – 4:00 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Education and support for the stroke patient. For more information, call 718-226-3519.</td>
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<th>Who</th>
<th>Staten Island University Hospital</th>
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<tr>
<td>What</td>
<td>Taking Care of the Baby</td>
</tr>
<tr>
<td>Where</td>
<td>475 Seaview Ave, Regina McGinn Center</td>
</tr>
<tr>
<td>When</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; Wednesday of the month January 4&lt;sup&gt;th&lt;/sup&gt; from 7:00 – 9:00 pm</td>
</tr>
<tr>
<td>Activity</td>
<td>Support and information offered to parents and families who are nurturing babies. For more information, contact Kathy Gilingham at 718-226-9533</td>
</tr>
</tbody>
</table>

*For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.*
Staten Island University Hospital
Support Groups
January 2017

Who
Staten Island University Hospital
What
Toastmasters, New Day
Where
475 Seaview Ave, Regina McGinn Center
When
First Thursday January 5th; from 7:00 pm-9:00 pm
Activity
Further information is available from 718 979-5154/nanhaz@aol.com

Who
Staten Island University Hospital
What
Toastmasters, Smedley
Where
375 Seguine Ave. Main Conference Room
When
Last Tuesday of the month January 31st from 7:00 pm – 9:00 pm
Activity
Toastmasters assist you to become a confident public speaker in a supportive learn by doing environment.

Who
Staten Island University Hospital
What
Toastmasters, Richmond County
Where
475 Seaview Avenue 2nd floor Diabetic Conference Room
When
1st & 2nd Wednesday of the month January 4th, 18th
From 7:00 – 9:00 pm
Activity
Toastmasters assist you to become a confident public speaker in a supportive learn by doing environment.

Who
Staten Island University Hospital
What
Who takes Care of the Care Giver?? The Care Giver Support Group
Where
Nalitt Cancer Center
256C Mason Ave Library Conference Room – 2nd fl
When
Monday, January 23rd from, 12:00pm -1:00pm
Activity
This group is for the Care GIVER, you also have your own needs, concerns and questions that need to be answered. Please bring with you to this group anything you would like to discuss.

For more information call Staten Island University Hospital, Department of Community Outreach, 718-226-1832 or 718-226-1911. Thank you.