



MONTHLY COMMUNITY HEALTH PROMOTION PROGRAMS



2016

OCTOBER

2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Additional events not listed on this calendar are announced separately. For more information call 718-270-3739						1
Domestic Violence Awareness Month	Breast Cancer Awareness Month		DONATE TODAY to the American Cancer Society's Making Strides Against Breast Cancer http://main.acsevents.org/goto/communityhealth			
2 MENTAL HEALTH AWARENESS WEEK Oct. 2 – 8, 2016	3 Breastfeeding Support Group 9:00 – 11:00 am 718-270-2116 Rosh Hashana	4 *FREE Baby and Me Group (for mothers with new babies) 1:30 pm - 3:30 pm 718-270-1636 *Expectant Family Education Program 6:30 pm – 9:00 pm 718-270-8846	5 *SUNY Downstate Free Cardiac and Asthma Screening 470 Clarkson Ave, Suite C, Brooklyn, 11 am – 3:30 pm, 718-270-3739 *Medgar Evers College Kickoff Breast Cancer Discussion on Breast Health 1638 Bedford Ave., EOJ Auditorium, Brooklyn, 11 A – 2 P, (718) 270-6240 *SUNY Downstate Cancer Support Group 445 Lenox Rd., Room ALL1-367 (Basement), 1 – 2 pm, 718-270-1593 *The Brooklyn Diabetes Club at SUNY Downstate Medical Center Health Science Ed. Building, 395 Lenox Rd, Lecture Hall 1A, Brooklyn, NY 6:00 pm – 7:30 pm, 718-270-3739 *Expectant Family Education Program, 6:30 - 8:30 P, 718-270-8245	6 *FREE Mental Health Support Group SUNY Downstate Health Science Ed. Bldg. 395 Lenox Road Classroom 1B, Brooklyn 6 – 8 pm, 718-613-8753 *Babies-R-Us Breastfeeding 101 8973-95 Bay Pkwy Brooklyn, NY 6 – 9 pm, 718-372-4646	7	8 *Babies-R-Us Breastfeeding 101 395 Gateway Drive Brooklyn, NY 1:00 pm – 4:00 pm 347-572-3184 *Rehoboth Open Bible Church Breast Health Education 5012 Ave. D Brooklyn, NY 4-6 pm, 718-864-4061
*Brooklyn Take 9 Steps for Crohn's and Colitis 2016 Walk Prospect Park Bandshell Brooklyn, NY 11:30 am 646-388-9285 *Bethesda Church of God Health Fair 1280 Flatbush Ave. Brooklyn, NY 1:00 pm - 5:00 pm 718-374-2095	10 Columbus Day	11 *Abe Stark Senior Citizen Center 10315 Farragut Rd, Brooklyn 9:00 A – 12:30 P, 718-272-9515 *Christopher Blenman Senior Center Breast Health Ed. 720 E. NY Ave., Brooklyn 1:30 – 2:30 P, 631-842-1122 *FREE Baby and Me Group (for mothers with new babies) 1:30 - 3:30 pm, 718-270-1636 *Expectant Family Education Program 6:30 - 9:00 P, 718-270-8846	12 *SUNY Downstate Blood Donation Drive Sodexho Court (Cafeteria Area) at 445 Lenox Rd. Brooklyn, NY 9:00 am – 6:00 pm, 718-270-1036 *SUNY Downstate Free Cardiac and Asthma Screening 470 Clarkson Ave., Suite C, Brooklyn, NY 11203 11:00 am – 3:30 pm, 718-270-3739 *FREE Brooklyn Alzheimer's Disability Assistance Center 370 Lenox Rd., Brooklyn, NY, 2:00 pm – 3:30 pm, 718-287-4806 *Expectant Family Education Program, 6:30 - 8:30 P, 718-270-8245 Yom Kippur	13 Medgar Evers College 4 th Annual Benefits Fair 1150 Carroll St. Gym Brooklyn, NY 11225 11:00 am – 2:00 pm 718-270-6945 WORLD SIGHT DAY	14	15 Chinese American Planning Council Community Health Event 4101 8 th Ave. Brooklyn, NY 10 am – 2 pm 718-685-3305
16 American Cancer Society Making Strides Against Breast Cancer Walk The Nethermead Prospect Park Brooklyn, NY 10 am – 12 pm 718-270-3739	17 Breastfeeding Support Group 9:00 – 11:00 am 718-270-2116 National Healthcare Quality & Education Week	18 FREE Baby and Me Group (for mothers with new babies) 1:30 pm - 3:30 pm 718-270-1636	19 *SUNY Downstate Free Cardiac and Asthma Screening 470 Clarkson Ave., Suite C, Brooklyn, NY 11203 11:00 am – 3:30 pm, 718-270-3739 *5 O'clock Children's Diabetes Club SUNY Downstate, 395 Lenox Rd, Classroom 1B, Brooklyn, NY 5:00 pm – 6:30 pm, 718-270-7647 or 718-270-3739	20 FREE Mental Health Support Group SUNY Downstate Health Science Ed. Bldg., 395 Lenox Rd. Classroom 1B, Brooklyn 6:00 pm – 8:00 pm 718-613-8753	21	22
23 Holy Cross RC Church Health Fair 2530 Church Ave. Brooklyn 10:00 A – 2:00 P 718-469-5900	24 *Breastfeeding Support Group 9:00 – 11:00 am 718-270-2116 *Midwood Senior Center 4815 Ave. I, Brooklyn 10:00 am – 1:00 pm 718-253-5557	25 *Renaissance Adult Day Service "Vision Care" 2625 Bedford Ave. Brooklyn, NY 12:30 pm – 2:00 pm 718- 408-8891 ext 1302 *Expectant Family Education Program 6:30 – 9 P, 718-270-8846	26 *SUNY Downstate Free Cardiac and Asthma Screening 470 Clarkson Ave., Suite C, Brooklyn, 11:00 am – 3:30 pm, 718-270-3739 *Christopher Blenman Senior Center Cancer Prevention Discussion 720 E. NY Ave., Brooklyn, NY, 12:00 P – 2:30 P, 631-842-1122 *FREE Brooklyn Alzheimer's Disability Assistance Center 370 Lenox Rd., Brooklyn, NY, 2:00 pm – 3:30 pm, 718-287-4806 *SUNY Downstate Community Lecture: "Fibroids" 6 – 7:30 P, 395 Lenox Rd., Lecture Hall 1A, Brooklyn, 718-270-3739 *Expectant Family Education Program, 6:30 - 8:30 P, 718-270-8245	27 Temple Shalom in Mill Basin Nutrition Education 2075 E. 68 th St. Brooklyn, NY 12:00 pm – 1:00 pm 718-251-0370	28 Downstate Stroke Club 445 Lenox Rd. Nursing Station 71 (7 th Floor) Patient Lounge Brooklyn, NY 6:30 – 7:30P 718-270-3739	29 Annual Military Retiree Appreciation Day Post Theater Fort Hamilton Military Base Brooklyn, NY 9 A, 718-630-4552
30 Brooklyn Kidney Club SUNY Downstate 395 Lenox Road Brooklyn, NY 2–4 P, 718-270-1548	31 Breastfeeding Support Group 9:00 – 11:00 am 718-270-2116	Cancer Services Program of Brooklyn (FREE for New York Residents Only With No Health Insurance or Under-insured) Clinical Breast Exam, Mammogram, Pap and HPV test for women ages 40 and older. Colon Cancer FIT Kit Stool test for men and women ages 50 and older. To enroll call 718-270-8846 or 718-270-3739 or 718-270-8245				