**SI BEAGLE LEARNING CENTERS PROGRAM**

WWW.UFT.ORG VOLUME 34, NUMBER 1 FALL 2019/INTERSESSION 2020

### HOW TO REGISTER

**FALL LEARNING CENTER CLASS SCHEDULE**

**Start date:** Monday, September 9, 2019  
**End date:** Tuesday, November 19, 2019

- **Registration deadline:** Friday, August 16, 2019

#### ELIGIBILITY / REGISTRATION FEES

- **COURSES**
  - The maximum number of courses you may register for is three.
  - You MUST register for the course(s) in advance. We will not accept payment the day of the course.
  - Unless otherwise noted in the description, courses have a $10 non-refundable and non-transferable fee.
  - Write one check/money order for courses.

- **SEMINARS**
  - Unless otherwise noted in the description, seminars have a $2 non-refundable and non-transferable fee.
  - No fee for benefit seminars (e.g. legal plan, health benefits).
  - You MUST register for all seminars in advance to guarantee seating.
  - Write one check/money order for seminars.

- **TRIPS**
  - You may register for up to three trips.
  - The price shown is the complete fee for each trip.
  - Write a separate check/money order for each trip.

- **Trips**
  - New courses, seminars and trips are added periodically in our Intersession programs.

#### INTERSESSION SCHEDULE

**Start date:** Tuesday, January 7, 2020  
**End date:** Thursday, February 6, 2020

- **Registration deadline:** Friday, December 13, 2019

### BY MAIL ONLY

- UFT Retiree Programs  
  - Si Beagle Learning Centers  
  - 52 Broadway, 17th Floor  
  - Brooklyn, NY 11201  
  - Please note: We CANNOT check to see if we received your registration. Allow eight weeks for processing from the date we receive it in the office.
  - Any other questions, please call the main office at 212-598-6879 from July 8, 2019–August 30, 2019.

### GENERAL INFORMATION

- Your course selection coupon will be stamped either with a green “ENTERED” or a red “SORRY COURSE, SEMINAR OR TRIP FULL” and returned to you in the mail. Bring the coupon to every course, seminar, trip if it is marked in green. It serves as your admission ticket. If your coupon is stamped in red it indicates that you will not be admitted and your name will be put on a WAIT LIST. WAIT LISTED retirees, registered domestic partners, AFT, NYSUT and PSC members will be notified of course openings by a Retiree Programs staff member according to the date registration was received.

### THEATER EXPERIENCE

- Enclose a separate check/money order for $10 payable to UFTWF Retiree Programs.
- Individual checks for different shows to be collected at each session.

### DINE AROUND

- Enclose a separate check/money order for $10 payable to UFTWF Retiree Programs.
- Individual checks for different shows to be collected at each session.

### SPECIAL EVENTS

- Enclose a separate check/money order payable to UFTWF Retiree Programs.
- Refunds are contingent upon policy of the vendor.

### NEW!!! DEFENSIVE DRIVING

Please see details on page 2.

NB: View Si Beagle offerings online at www.uft.org, click chapters/retirees/programs, then scroll to bottom of page to view the Si Beagle and downloadable coupon to send in for registration.

### KEEP THIS ISSUE!

After you have sent in your registration, keep this issue as a reminder of the dates of your courses, seminars and trips.
**DINE AROUND & THEATRE EXPERIENCE**

There is a $10 fee for Dine Around and Theatre Experience. Write separate check/money orders payable to UFTWF Retiree Programs. All fees are NON-REFUNDABLE and NON-TRANSFERREABLE.

**BRONX: XF 851 THEATER EXPERIENCE**

Attend dramas, plays, musicals, on Broadway or off-Broadway at discounted prices. Bring your checkbook and calendar to each session. Payments are made during class. Three Friday sessions: Sept. 20; Oct. 11; Nov. 8. 10:30-2:30. C. Bing-Howard.

**XF 951 DINE AROUND**

Enjoy different cuisines at three different restaurants in the Bronx and/or Westchester areas. Bring your checkbook to the orientation session on Thursday, Sept. 12. Registration is required for each restaurant at that time. 10:30-12. C. Bing-Howard.

**MANHATTAN: MF 851 THEATER EXPERIENCE**

On and off Broadway shows at a discount. Bring your checkbook and calendar to each session. Three Thursday sessions: Sept. 12; Oct. 10; Nov. 7. 10:15-12:15. R. Demarco.

**MF 951 DINE AROUND**

Enjoy cuisine for lunch at different restaurants on a Monday or Friday. List of restaurants will be mailed to you. R. Victor.

**STATE NEW JERSEY: RF 951 EPICUREAN DELIGHT: DINE AROUND**

Enjoy a variety of cuisines at three well-known New Jersey restaurants on a Monday or Friday. List of restaurants will be mailed to you. R. Rosenstein.

**SAVE THE DATE! 2019 STATEN ISLAND CANASTA TOURNAMENT**

Are you competitive? Register with a UFT partner and be our 2019 UFT Canasta champ! Prices, refreshments and fun. Bring your own cards and tray. Thursday, November 14th, 10 a.m.-1 p.m. $5. Instructors: S. Siegel, U. Mackler and C. Patelksy. DO NOT SEND MONEY OR FORM AT THIS TIME. Registration takes place at the Staten Island Learning Center beginning Tuesday, October 8, 2019.

**SPECIAL EVENTS**

Enclose a separate check/money order payable to UFTWF Retiree Programs. All fees are NON-REFUNDABLE and NON-TRANSFERREABLE.

**BRONX: XF 651 HOLIDAY PARTY**

Friday, Nov. 22. 12-3. The Original Crab Shanty, 361 City Island Ave., Bronx. $47. Advance registration required no later than Nov. 1. C. Bing-Howard/R. Fernandez/E. Harris.

**BROOKLYN: KB 651 SHOW & SCHMOOZE**

Wednesday, Nov. 20. 11-3. $22. Advance registration required no later than Nov. 8. E. Dorell/E. Oliver/C. Richardson.

**STATE NEW JERSEY: RF 651 END TERM PARTY**

Join us at Li Greci’s Staaten, 697 Forest Avenue. Wednesday, Dec. 4. 12 noon. $44. Advance registration required no later than Nov. 18. Open seating. J. Casanovas/P. Munno/A. Zimring.

**NASAAU: NF 600 NOT BACK TO SCHOOL LUNCHEON**

Wednesday, Sept. 4, Verdi’s of Old Country Rd., Westbury. 12:30 p.m. $43. Advance registration required no later than Aug. 16. N. Tribute.

**NEW JERSEY: JF 600 SO. NEW JERSEY ANNUAL LUNCHEON**


**RETIREE SOCIAL SERVICES/LEGAL PLAN SEMINARS**

These meetings provide information on the UFT Welfare Fund Retiree Social Services and the UFT Welfare Fund Legal Plan benefits. The Hospital Stay in Touch, Telephone Reassurance and other Retiree Social Services programs are discussed in detail. Caregiving, home care and aging issues are also addressed. A Legal Plan attorney will discuss power of attorney, free simple wills, health care proxies and how to access the plan from different states. An elder law attorney will be at the meeting to talk about elder law supplement, elder law issues and estate planning and trusts. **No Fee.**

**MANHATTAN: MF 803 Thursday, Sept. 26, 10:30-12:30. UFT Headquarters, 52 Broadway, 19th Floor, Rooms D & E.**

**NASAAU/SUFFOLK: UF 803 Tuesday, Nov. 19, 10:30-12:30. NYU UFT Headquarters—Suffolk Regional Office, 100 Vanderbilt Motor Parkway, Suite 306 in Hauppauge.**

**NORTHERN NEW JERSEY: JA 001 Thursday, Jan. 30, 10 a.m.–1 p.m. Bronx Learning Center, 2500 Halsey St.**

**BEFORE YOU KNOW IT**

Have a thriving community in Boerum Hill and growing population in the late 19th and early 20th centuries. Walk the dignified streets of the city that reflect life and the community that shaped the future of the city that reflect life and the community that shaped the future of Manhattan.

**FRI 901 TOUR WITH ANTHONY GRIFA**

Tuesday, Sept. 24, 10:30-1:30. Anthony’s Grifa’s, 130 Grand St. Lower Manhattan. Cost: $40. Meet on the South Street Seaport walkway. A guided tour focuses on the historical buildings and points of interest in the Seaport and Lower Manhattan neighborhoods. The cost includes lunch and the tour.

**NATIVE AMERICAN SKYLINE WITH DEBORAH ZELCER**

Guided tour focuses on the historical issues of the Kahnawake Mohawks, who once held a thriving community in Boerum Hill and whose history were forever changed.

**Garden of St. Luke’s and Gay Street. Meet on 11 Broadway in front of the Library.**

**NASAAU: NF 901 THE FAR WEST VILLAGE WALKING TOUR WITH ANTHONY GRIFA**

See the Old Sheriffs Israel Cemetery, The Old Speak Easy and many other sites. Walk in the Garden of St. Lukes and Gay Street. Meet on the NW corner of Bleecker St. and 7th Ave. in Manhattan. Saturday, Oct. 10 at 10 a.m. for a 11 a.m. tour.

**UFT DEFENSIVE DRIVING COURSES**

The UFT Activities Department is teaming with the UFTWF Retiree Programs and offering only a weekend schedule for Defensive Driving. You will register through the UFT Activities Department/just for Fun only. The Defensive Driving cost is $40. The dates will be available in the NY Teacher and online at www.uft.org/our-benefits/defensive-driving. Informational flyers will be available at the Learning Centers.
FALL 2019 / 3
QF 904 THE NORTHERN HIGH LINE & HUD- SON YARDS WALKING TOUR WITH ANTHONY GRIFA
Discusses the fascinating history of the places and events that shaped NY’s 400 year history and the people who made the city possible as we walk along the 1.5 mile tour. Meet in this guided tour. Meet inside the entrance of the S.I. Ferry terminal (at the bottom of the escalators on the left), Whitehall St. in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. Tuesday, Oct. 22, 11:15 a.m.-12:15 p.m. $14 E. Oliver.

MF 907 AFRICAN BURIAL GROUND NATIONAL MONUMENT/LUNCH AT GRAN MORSI Enjoy a lecture led tour that includes a site film, a led tour and memorial talk. The site contains the remains of more than 419 Africans in what was the largest colonial-era cemetery for people of African descent. Meet in the lobby of 165 Midtown Park East in Manhattan at 10:45 a.m. for an 11:30 a.m. tour. Tuesday, Oct. 22, 11:15 a.m.-12:30 p.m. $14 E. Oliver.

MF 908 DOWNTOWN MANHATTAN/WHAT'S IN A NAME WITH JOE SVEHLAK Discuss the fascinating history of the places and events that shaped NY’s 400 year history and the people who made the city possible as we walk along the 1.5 mile tour. Meet in this guided tour. Meet inside the entrance of the S.I. Ferry terminal (at the bottom of the escalators on the left), Whitehall St. in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. Tuesday, Oct. 22, 11:15 a.m.-12:15 p.m. $14 E. Oliver.

MF 909 CHANNEL THIRTEEN-WNET-NY PUBLIC MEDIA TOUR/LUNCH AT THE PALM-WEST SIDE I Visit post-production audio and video editing facilities, the control room, the sound booth and the engineers who work in these areas on our guided tour of Channel Thirteen. Bring a government issued photo ID. Meet at the rear entrance of the building in the open plaza (bet. 46th & 47th Sts.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. Tuesday, Oct. 29, 10:45 a.m.-12:45 p.m. $40 J. DeNave.

MF 912 JAPANESE TEA CEREMONY AT THE KEETON CENTER, 56 W. 45TH ST. (6TH AVE.), 4TH FLOOR, CAFFE AL MONUMENT/LUNCH AT GRAN MORSI, 222 E. 6TH ST. (2ND AVE.), NY, at 11 a.m. for an 11:15 a.m. tour. Tuesday, Nov. 12, 10:45 a.m.-3:45 p.m. $64 S. Eisenberg.

MF 913 THE WESTCHESTER BROADWAY THEATRE PRODUCTION OF AN AMERICAN IN PARIS & LUNCH IN ELMSFORD, NY Enjoy a three-course meal at Westchester Broadway Theatre followed by Gershwin’s award winning musical An American In Paris. Meet at the theatre, 1 Broadway Plaza, in Elmsford, NY, at 11 a.m. for a 12 noon for family style lunch and a 12:30 p.m. tour. Thursday, Nov. 7, 10:45 a.m.-3:30 p.m. $66 S. Eisenberg.

MF 914 GRAND CENTRAL TERMINAL WALKING TOUR WITH JOE SVEHLAK Guided walking tour not only of the architecture but provides a real story about little known secrets, anecdotes, archival material and operations of one of the world’s biggest train terminals. Learn the secrets of The Kissinger Gallery and The Whispering Gallery. Meet in the main concourse near Track 29, E. 42nd St. (Park Ave.) in Manhattan at 10:15 a.m. for a 10 a.m. tour. Monday, Nov. 8, 10:15 a.m.-12:30 p.m. J. DeNave.

MF 915 ARCHITECT PAUL RUDOLPH’S spikes, groom the beard and select some of the mistletoe for decorating purposes. The guide will explain the history and design of the building. The guide will also explain the significance of the materials used in the construction of the building. The guide will also discuss the architectural elements of the building.

MF 916 THE ART OF RAVIOLI MAKING Enjoy making the three variations of beef, chicken and spaghetti with a variety of teas, pastries, scones, tea sandwiches and macaroons at this adorable tea parlor. Meet at the facility, 354 Hunter St. (betw. Bowery & Lafayette St.) in Manhattan at 10:45 a.m. for an 11:30 a.m. tour.


MF 918 BOSIE TEA PARLOR Enjoy high tea with a variety of teas, pastries, scones, tea sandwiches and macaroons at this adorable tea parlor located in the West Village. Meet at Bosie Tea Parlor, 506 LaGuardia Pl. (between Bleeker St. & W. Houston St.) in Manhattan at 11 a.m. for a 11:30 a.m. tour. Tuesday, Nov. 29, 11:45 a.m.-1 p.m. $46 J. DeNave.

MF 919 TOUR & WORKSHOP AT UKRAINIAN MUSEUM/LUNCH AT VESELKA Guided tour includes an exhibition of the Avant-Garde period of Ukrainian artist Mykhallo Yarogyryi. A contemporary artist whose works are in the permanent collections of the Museum as well as the Memorial Art Museum in Jerusalem. Four hands are involved in making these all-occasion ornament workshops. Meet at the Museum, 222 E. 6th St. (2nd Ave.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. Friday, Nov. 1, 11:15 a.m.-3:45 p.m. $49 J. DeNave.

MF 920 GRAMERCY PARK: STYLE & ELAN WALKING TOUR WITH ANTHONY GRIFA Tour one of the NYC’s most elegant

MF 921 WAY TO A CHOCOLATE LOVERS ROUGH WALKING TOUR WITH ALEX LEAF, Learn how fine chocolate is made from bean to bar, makes you a Grand Chocolate Master. Enjoy a taste of chocolate and learn about chocolate-making techniques.

MF 922 BIZARRE TEA CEREMONY AT THE KEETON CENTER, 56 W. 45TH ST. (6TH AVE.), 4TH FLOOR, CAFFE AL MONUMENT/LUNCH AT GRAN MORSI, 222 E. 6TH ST. (2ND AVE.), NY, at 11 a.m. for an 11:15 a.m. tour.

MF 923 THE ART OF RAVIOLI MAKING Enjoy making the three variations of beef, chicken and spaghetti with a variety of teas, pastries, scones, tea sandwiches and macaroons at this adorable tea parlor located in the West Village. Meet at Bosie Tea Parlor, 506 LaGuardia Pl. (between Bleeker St. & W. Houston St.) in Manhattan at 11 a.m. for a 11:30 a.m. tour. Tuesday, Nov. 29, 11:45 a.m.-1 p.m. $46 J. DeNave.

MF 924 JAPANESE TEA CEREMONY AT THE KEETON CENTER, 56 W. 45TH ST. (6TH AVE.), 4TH FLOOR, CAFFE AL MONUMENT/LUNCH AT GRAN MORSI, 222 E. 6TH ST. (2ND AVE.), NY, at 11 a.m. for an 11:15 a.m. tour.

MF 925 THE ART OF RAVIOLI MAKING Enjoy making the three variations of beef, chicken and spaghetti with a variety of teas, pastries, scones, tea sandwiches and macaroons at this adorable tea parlor located in the West Village. Meet at Bosie Tea Parlor, 506 LaGuardia Pl. (between Bleeker St. & W. Houston St.) in Manhattan at 11 a.m. for a 11:30 a.m. tour. Tuesday, Nov. 29, 11:45 a.m.-1 p.m. $46 J. DeNave.

MF 926 JAPANESE TEA CEREMONY AT THE KEETON CENTER, 56 W. 45TH ST. (6TH AVE.), 4TH FLOOR, CAFFE AL MONUMENT/LUNCH AT GRAN MORSI, 222 E. 6TH ST. (2ND AVE.), NY, at 11 a.m. for an 11:15 a.m. tour.

MF 927 THE ART OF RAVIOLI MAKING Enjoy making the three variations of beef, chicken and spaghetti with a variety of teas, pastries, scones, tea sandwiches and macaroons at this adorable tea parlor located in the West Village. Meet at Bosie Tea Parlor, 506 LaGuardia Pl. (between Bleeker St. & W. Houston St.) in Manhattan at 11 a.m. for a 11:30 a.m. tour. Tuesday, Nov. 29, 11:45 a.m.-1 p.m. $46 J. DeNave.
Courses

Unless otherwise noted, courses in all boroughs will begin on Monday, September 9 and conclude Tuesday, November 19 and have a $10 fee (which is non-refundable and non-transferable).

Nassau/ Suffolk Sections

Monday


NF 402 Beginners Mah Jongg Learn the rules of Mah Jongg and gain basic knowledge and skills. More advanced players welcome. Bring your own Mah Jongg card and set (if you have one). Plainview Old Bethpage Library, 99 Old Country Road, Plainview. Four sessions. No class Oct. 17.

NF 708 Peach Tart Take home a 9" peach tart made from scratch. Bring a crust and crumb while the peaches bring this whole desert together in your oven. Bring a cookie sheet (if you have one). Freeport Memorial Library, 144 W. Merrick Rd., Freeport. Bring quarters for metered parking.

Tuesday

NF 401 Canasta Learn the basics while playing and developing your skills. More advanced players welcome. Plainview Old Bethpage Library, 99 Old Country Road, Plainview. Eight sessions. No class Oct. 17.

NF 806 Stommboli Make this oven-ready stuffed bread from left overs and/or odds and ends from your fridge. A rolling pin (if you have one). Freeport Memorial Library, 144 W. Merrick Rd., Freeport. Bring quarters for metered parking.

Wednesday

NF 916 Behind-the-Scenes at the Players Club/Lunch in the Banquet Hall Guided tour of the most private and prestigious clubs in NY – the Player’s Club which is typically reserved only for members. The Club was founded in 1888 by Edwin Booth known as the greatest American actor of his time and the brother of John Wilkes Booth. Dress Code: Must wear proper business casual attire. No jeans, sneakers, short pants, backpacks or large bags. Meet at the Player’s Club, 16 Gramercy Park (South) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. Friday, Nov. 15, 10:15 a.m.-2 p.m. $70. E. Harris.

WF 911 When NY was Nieuw Amsterdam Stroll along the old Dutch streets and the original Dutch settlement, their legacy of commerce and tolerance and the diverse immigrant population. Meet inside the entrance to the S.I. Ferry (Whitehall St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. Friday, Nov. 15, 10:15 a.m.-3:45 p.m. $82. J. DeNave.

WF 906 NY Brolyn New York Botanical Gardens (NYBG) Tour Lunch at Stone Mill Take a private tram tour of the renowned gardens and architecture of NYBG. Stops include: dramatic rock formations, a river and waterfall, ponds, rolling hills, various gardens and collections. Meet at the Visitor’s Center, 2900 Southern Blvd. in the Bronx at 9:45 a.m. for a 10 a.m. tour. Tuesday, Oct. 15, 9:45 a.m.-1 p.m. $87. R. Fernandez.

WF 905 NJ Bus Trip to the Newark & Paterson Museums/Great Falls of Paterson/Lunch at Justin’s Visit the Newark and Paterson Museums and the Great Falls of Paterson on our tour of NJ. Learn why Alexander Hamilton founded Paterson, the exploits of Lou Costello, the city’s great locomotive and machinery industries. Meet the bus at the entrance to the Guggenheim Museum, 1071 5th Ave. (betwn 88th & 89th Sts.) in Manhattan at 9 a.m. for a 9:30 a.m. depart. Wednesday, Oct. 16, 9 a.m.-5 p.m. $97. S. Eisenberg.

WF 904 Bus Trip to the Long Island Winery/Lunch at Jerry & the Mermaid in Riverhead, NY Enjoy a day of wine tasting at Baiting Hollow Farm Vineyards, a three-course lunch, a visit to Briermere’s Farms and pastries, muffins made from fruit grown on the farm and live music. Meet the bus in front of the Guggenheim Museum, 1071 5th Ave. (betwn 88th & 89th Sts.) in Manhattan at 9 a.m. for a 9:30 a.m. depart. Wednesday, Oct. 16, 8:30 a.m.-6 p.m. $100. E. Oliver.

WF 910 Bus Trip to the Royal Manor in Garfield, NJ for a Sam Cooke Tribute & Family-Style Lunch Have a party Sam Cooke style! Enjoy lunch and this sweet celebration of his greatest hits with a live band and dancing to hits such as “Send Me, Onlly Sixteen.” Meet the bus in front of the Bronx Learning Center, 2500 Halsey St. in the Bronx at 8:30 a.m. for a 9 a.m. departure. Wednesday, Oct. 30, 8:30 a.m.-6 p.m. $85. E. Harris.

Fall 2019 / 5
UNLESS OTHERWISE NOTED, ALL SEMINARS HAVE A $2 FEE (WHICH IS NON-REFUNDABLE AND NON-TRANSFERABLE).

UNLESS OTHERWISE NOTED, ALL COURSES HAVE A $10 FEE (WHICH IS NON-REFUNDABLE AND NON-TRANSFERABLE).

WESTCHESTER/ROCKLAND/PUTNAM SECTION

UNLESS OTHERWISE NOTED, ALL COURSES HAVE A $2 FEE (WHICH IS NON-REFUNDABLE AND NON-TRANSFERABLE).

FRIDAY


WF 806 ZUMBA GOLD Learn this dance program inspired by Latin rhythms that have been modified for retirees to suit their needs for a fit and healthy lifestyle. Wear comfortable clothes and shoes. Northeast Jewish Center, 11 Salisbury Rd. (off Tuckahoe Rd. across from Bally’s parking lot), Yonkers. Wednesday, Sept. 11. 10:30-12:30. A. Hunter.

WF 807 LET’S PLAY PINOCHLE Have fun learning to play modern day pinochle. Guaranteed to become a game you will love to play. Greenburgh Public Library, 500 Tarrytown Rd., Elmsford. Sept. 12 (Thursday) & Sept. 17 (Tuesday). 10-12. 10-12. $4. I. Angelillo.

WF 808 RETIREE BOOK CLUB Join us if you love to read and discuss books! Read the best modern and current Mah Jongg card (if you have one). Monmouth County Library, 125 Symmes Road, Manalapan. 10-12. S. Levine.

WF 809 INTRDUTO TO SELF HYPNOSIS Learn the basic premises of hypnosis and how it can give you access to use their power of your subconscious mind to relax and encourage healthy behaviors like better sleep, proper food intake and greater focus. Bronxville Women’s Club, Tea Room, 135 Midland Ave., Bronxville. Wednesday, Sept. 18. 10-12. $15. D. Hoist.

WF 810 QUIRKY COMEDIES Watch and share laughs over comedies featuring seasoned actors at the Library, 1500 Central Park Ave., Auditorium, Yonkers. Sept. 19 (Thursday) & Oct. 23 (Wednesday). 10-1- J. Angelillo.

WF 811 NYACK NEWS/ROCKLAND READERS! Join us if you love to read and discuss books! Read The Autumn of Her Years by Kathleen Kubik before first class. Other books chosen by group. Nyack Library, Maker Space Rm., 59 S. Broadway, Nyack. Three Monday sessions: Sept. 23; Oct. 21, Nov. 11. 5-6. S. Bates-Bates.

WF 812 DORE WOP Listen to the music and hear the stories of the groups that came from Pittsburgh. Grinton I. Will Library, 1500 Central Park Ave., Projection Rm.(Mezzanine level), Yonkers. Tuesday, Sept. 24, 10:30-12:30. H. Bloc.


WF 816 MUST READ WITH WESTCHESTER AUTHOR Meet and discuss Some Nerve: Lessons Learned with author Patty Chang Anker. Learn how she pushed herself out of life’s comfort zone and so can you. Grinton I. Will Library, 1500 Central Park Ave., Auditorium, Yonkers. Thursday, Nov. 7. 10-12. 10-12. $4. K. Lu.

WF 820 WATERCOLOR: INTERMEDIATE/ADVANCED Expand your knowledge and watercolor techniques: wet-on-wet, wet on dry, dry brush etc. Individual guidance given for necessary techniques and complete paintings. Bring a Strathmore 140 lb. watercolor paper, watercolor paints and brushes. Photos provided or bring photos of subjects of interest. 10-12. S. Baruchowitz.

WF 821 COLD COLLAGE Use recycled materials such as magazines and junk mail. Contact lyn.lospenuso@ufyw.org for a supply list prior to first class. 10-12. I. Rosenberg.

WF 825 KNIT ONE...PURL TWO...FOR BEGINNERS ONLY! Learn to do some of the most popular lines from The Wobble and more. You may register for only one Rhythm & Blues Line Dancing class. 12:30-2:30. K. McCarthy.

XF 101 BRAIN GAMES Research shows learning new skills help create neural networks that can help stave off the onset of Alzheimer’s. Expand your mind and challenge your brain playing classic word games like Scrabble, Upwords and more. 10-12. S. Baruchowitz.

XF 102 BASIC STITCHES FOR CROCHETING, KNITTING & NEEDLEWORK Learn the basic stitches for crocheting, knitting and needlework. Bring in your own projects. 10-12. C. Rodriguez.

XF 103 MAH JONGG For those new to the game will receive instruction based on rules sanctioned by the National Mah Jongg League. All levels. Bring your own set. 10-12. M. Schuster.


XF 106 INTERMEDIATE QUILTING Work on various quilting techniques using either hand, machine or both. Continue working on projects that you started or experiment with new materials. 10-12. C. Hoist.

XF 107 CREATIVE WRITING Develop and share your family stories, poetry, memoir anecdotes and short stories. Weekly prompts along with encouragement from fellow writers and the instructor help guide the way. 12:30-2:30. F. McKinnon.

XF 108 EXERCISE PLUS Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobics and lifestyle tips to enhance well-being included. Bring light hand weights, bands and a sticky floor mat to first class. 12:30-2:30. D. Schuster.

XF 109 QULTING FOR BEGINNERS Create items using needles, thread and all kinds of fabrics. Make a 9 Patch Pillow. Contact lyn.lospenuso@ufyw.org for a supply list prior to first class. 12:30-2:30. J. Goldberg.

XF 110 OPERA Audio and video excerpts of great scenes from operas. See a free final dress rehearsal of a complete opera at the Metropolitan Opera House. Optional backstage visit to the Met (additional fee). Seven sessions. No class: Oct. 21. $20 includes registration and materials. 12:30-2:30. J. Dzik.

XF 111 INTERMEDIATE BRIDGE Learn to use strong and weak opening bids and responses, hand play and defense, overcalls and doubles. $15 includes registration and materials. 12:30-2:45. F. Mehta.

XF 112 CANASTA Beginners receive instruction on the fundamentals of the Modern American version of the game. All levels. 12:30-3. M. Schuster.

TUESDAY

JF 201 LINE DANCING: BEGINNERS TO EASY INTERMEDIATE Learn the basic steps and dances such as The Cowboy Charleston, Bartender Stomp and others. No partner needed. Join us every week. 10-12. J. Weir.

JF 202 SHORT STORIES Read and discuss a short story each week which explores the world and ourselves. Purchase 50 Great Short Stories by Milton Crane for the first class. 10-12. D. Hammitt.

JF 203 WATERCOLOR: INTERMEDIATE/ADVANCED Expand your knowledge and watercolor techniques: wet-on-wet, wet on dry, dry brush etc. Individual guidance given for necessary techniques and complete paintings. Bring a Strathmore 140 lb. watercolor paper, watercolor paints and brushes. Photos provided or bring photos of subjects of interest. 10-12. S. Baruchowitz.

JF 204 COLD COLLAGE Use recycled materials such as magazines and junk mail. Contact lyn.lospenuso@ufyw.org for a supply list prior to first class. 10-12. I. Rosenberg.

JF 205 KNIT ONE...PURL TWO...FOR BEGINNERS ONLY! Learn to cast on, knit, purl and bind off. Project: Garter stitch scarf. Bring a super chunky yarn (200 yards) and knitting needles (US 13). No class. 10-12. D. Hammitt.

JF 206 MOSAICS: INTERMEDIATE/ADVANCED Expand your knowledge and techniques in two and three dimensional mosaics. Stained glass and multimedia embellishments are used. Must use your own tools and supplies. Safety goggles mandatory. Not for beginners. 10-12.5. P. O’Connell.

JF 207 BEGINNERS RHYTHM & BLUES LINE DANCING Learn to do some of the most popular line dances such as The Booty Call, The Wobble and more. You may register for only one Rhythm & Blues Line Dancing class. 12:30-2:30. K. McCarthy.

JF 208 LET’S DANCE Increase your stamina and improve your balance and shed the pounds by dancing to the rhythms of Salsa and The Hustle. 12:30-2:30. N. DeLaLuz.

JF 209 AMERICAN HISTORY/AMERICAN STUDIES Read about America’s history and its people. 10-12. W. Stage.

JF 210 MUSIC LESSONS: VARIOUS GENRES Individually selected lessons. Contact lyn.lospenuso@ufyw.org for a supply list prior to first class. 12:30-2:30. M. Schuster.
WEDNESDAY

XF 301 ADVANCED BEGINNERS/INTERMEDIATE BRIDGE Course takes a new direction: minimal book presentation with more supervised play including defense, hand signalization and analysis and more declarer strategy. $15 includes registration and materials. 10-12. G. Hudson.

XF 302 THE WONDERFUL WORLD OF KNITTING FOR ADVANCED KNITTERS Must know the basic skills: casting on, knit and purl and binding off. Incorporation of reading patterns, using circular needles, increasing and decreasing and more. Project: Handbag. Contact lynn.lospenuso@uftwf.org for a supply list prior to first class. Field trips to a yarn store and Convention by Stitches East (optional). 10-12. J. Parker.

XF 303 PRACTICAL SPANISH FOR EVERYDAY USE Discover common language expressions, idioms, writing and conversational skills. All levels. 10-12. M. Salaman.


XF 305 ZUMBA GOLD Combination of Latin and International dance rhythms such as Salsa, Merengue, Tango and Cha Cha into an energetic, lung-cardio workout that is an effective total body workout. Movements can be modified to accommodate physical limitations. Wear comfortable clothing. 10-12. M. Aybar.

XF 306 FILM DIRECTORS: ROBERT REDFORD Discuss his life and works, his style, his limitations. Wear comfortable clothing. 10-12. M. Stevenson.

XF 307 WRITING WORKSHOP For writers to edit and polish works in progress. Readings are eight minutes maximum per writer. Class critiques are constructive, non-repetitive and non-anecdotal. Poets must duplicate their pieces for the class. 12:30-2:30. C. Mason.


XF 309 TAI CHI Continue the practices and basic principles of this ancient art of exercise. All levels. 12:30-2:30. Y. H. Wang.

XF 310 PIANO FOR BEGINNERS Class enables you to play simple classical, jazz or pop tunes. Bring a small, portable keyboard to class. Available at Sam Ash stores. 12:30-2:30. N. Zamcheck.

XF 311 BASIC DRAWING Sketch still-life, portraits and landscapes. Emphasis on tonal contrast and creating textures in realistic drawings. Field trip: weather permitting. Bring a drawing pad, #2 or #4 pencils, erasers and your favorite photos/pictures to first class. 12:30-2:30. A. Strinsky.

XF 312 ADVANCED BEGINNERS BRIDGE For those who have taken the beginner course. Continuation of techniques in bidding, declarer play and defense. Supervised play with declarer strategy. $15 includes registration and materials. 12:30-2:45. G. Hudson.

THURSDAY

XF 401 HATHA YOGA Learn to develop self-awareness, strength, flexibility and a sense of calm. Bring an exercise mat, a large towel and small pillow to class. 10-12. M. Gladwin.

XF 402 SENIORS NEED TO EXERCISE! Feel better and stronger with simple seated and standing exercises that improves strength, balance and flexibility. 10-12. M. Aybar.

XF 403 DUPLICATE BRIDGE Learn the basics including scoring and how to compete while improving your success in this game. $15 includes registration and materials. 10-12. A. Knight.

XF 404 JEWELRY CREATIONS Create jewelry that not only looks great, but also shows your own unique style. Learn the skills needed to construct and repair jewelry items and provide freedom to create your own jewelry components. Beginners welcome. 10-12. R. Demers.

XF 405 INTERMEDIATE/ADVANCED ACRYLIC PAINTING Continue to develop your personal style and creativity through the acrylic medium. 10-12. M. Mooney.

XF 406 PIANO FOR ADVANCED BEGINNERS For those who learn at a faster pace. Continue to play simple classical, jazz or pop tunes. Prerequisite: XF 310. Bring a portable keyboard to first class. 10-12. N. Zamcheck.

XF 407 RHYTHM & BLUES LINE DANCING/ADVANCED Fast-paced urban line dancing consisting of fancy, intricate footwork with bopping and turning. Lots of energy required. Prerequisite: XF 207. You may register for only one Rhythm & Blues Line Dancing class. 12:30-2:30. K. McCarthy.

XF 408 ACRYLIC PAINTING: BEGINNERS/INTERMEDIATE Explore your creativity learning simple brush techniques and color theory. Contact lynn.lospenuso@uftwf.org for a supply list prior to first class. 12:30-2:30. M. Mooney.

XF 409 DOO WOP: BILLBOARD’S GREATEST GROOVE Listen to the music and stories of this most Top 40 Billboard hits. 12:30-2:30. H. Bloch.

XF 410 ZUMBA GOLD Combination of Latin and International dance rhythms such as Salsa, Merengue, Tango and Cha Cha into an energizing cardio workout. Safe and effective total body workout. Movements can be modified to accommodate physical limitations. Wear comfortable clothing. 1-2. M. Stevenson.

FRIDAY

XF 501 MIDDLE EASTERN DANCE Enjoy Arabian, North African and Turkish movements while listening to beautiful music and dancing with a veil. All levels. 10-12. A. Beeeman.

XF 502 EXERCISE PLUS Blend of exercises designed to tone, strengthen and increase flexibility. Explore low-impact aerobics and lifestyle tips to enhance your well-being included. Bring light hand weights, bands and a sticky floor mat to first class. 12-1. D. Delaney.

XF 503 PHOTOGRAPHY INTO SCRAPBOOKING Learn to put together a coordinated scrapbook without a lot of fuss. Use the camera of your choice to take photos and turn them into wonderful memories. Contact: lynn.lospenuso@uftwf.org for a supply list sent prior to first class. Field trips: Bronx Zoo and Sight Seeing Tours around NYC (optional). 10-12. J. Parker.

XF 504 CHAIR YOGA A gentle form of Yoga which combines breathing, movement and meditation to develop a stronger, healthier body, mind and spirit. Practice sitting on a chair or standing using the chair for support. All levels. 12:30-2:30. A. Beeeman.

XF 505 THE MYRACLE OF MINDFULNESS & MEDITATION A series of guided meditation exercises that can be used at work or home during stressful times in one’s life. 12:30-2:30. F. DeJesus.

XF 506 AEROBIC GOLD BY JOYCE For the young at heart, low-impact aerobics including stretching, toning and aerobics to your favorite tunes. 1:15-2:15. J. Parker.

SATURDAY

Unless otherwise noted, all seminars have a $2 fee (which is non-refundable and non-transferable).

XF 805 INTRODUCTION TO SELF-HYPNOSIS Learn the basic principles of hypnosis and how you can access the power of your subconscious mind to improve critical areas in your life. Explore ways to use hypnosis to affirm behaviors such as healthy and sustaining weight loss, stress reduction and “mind over mood” techniques. Friday, Sept. 27, 10-12. R. Demers.

XF 806 MAKE OVER Enhance your make-up skills. Learn to apply make-up for your skin tone using basic products. Make-up tips for smokey eyes and party looks. Friday, Oct. 4, 10-12. J. Parker.

XF 807 PARTY TIME Learn the latest line dances done at weddings and on cruises such as the Wobble, the Cupid Shuffle, the Biker’s Shuffle and Body Language. Friday, Oct. 11, 12:30-2:30. K. McCarthy.

XF 808 OLE, OLE Learn the lyrics to the Latin songs that are used in class. Sing along and perhaps dance! Friday, Nov. 1, 12:30-2:30. C. Horn.

XF 809 FROM PHONE TO PRINTED PICTURE Learn to download your phones photos, edit and print them. Bring your laptop to first class. Three Thursday sessions: Oct. 17, 24. 12:30-3:30. $6. M. Egege.
KY 405 JEWELRY MAKING & SEED EMBELLISHMENT. Learn to make bracelets, necklaces and pendants. 12:30-3. E. Esses.

KY 406 CROCHET: BEGINNING/INTERMEDIATE. Learn basic stitches to make beautiful projects. All levels. Contact lynn.lospeso@uwtwf.org for a supply list prior to first class. $20 includes registration and materials. 12-30-3. P. Williams.

KY 407 INTRO TO THE APPLE IPAD. Learn to use the pre-installed programs and discover new possibilities from the app store. Bring your Apple iPad with username/password to help. 12-30-3. P. Williams.

KY 408 LINE DANCING. Enjoy the pleasure and exercise of line dance. All levels. 1-3. J. Zarba.

KY 409 INTERMEDIATE SPANISH. Communication and comprehension are the objectives. Practice conversation through contemporary experience and readings. Some background in Spanish is beneficial. 1-3. E. Drayton.

KY 501 BEGINNERS TAI CHI/CHAIR QI GONG/FOOT EXERCISES. Introduction to basic principles and movement. 10-12. J. He.

KY 502 QUITING: INTERMEDIATE/ADVANCED. Create beautiful works of art: hand sewn quilts, decorative accessories and pillows. Supply list sent prior to first class. $20 includes registration and some materials. 10-12. P. Pryor-DeRanieri.

KY 503 CHORUS. Perform in a group and learn to sing multi-part compositions with other singers. $15 includes registration and materials. 10-12. J. DeRanieri.

KY 504 ACRYLIC PAINTING & PASTELS. Introduction to basics of painting that emphasizes drawing, composition, value and color theory. Explore techniques of creating with pastels and acrylics. Bring drawing pads, charcoal pencil, kneaded eraser and paint supplies to class. 10-12-12. J. Lippmann.

KY 505 STRETCH & RELAX. Improve flexibility and balance with gentle exercise. Learn relaxation techniques. Bring a large towel or mat to first class. 1-3. P. Pratt.

KY 506 DOLLMAKING. Explore cloth dollmaking from start to finish. All levels welcome as long as you have basic sewing skills. 1-3. N. Cangiano.

KY 507 INTERMEDIATE LACE. Learn to read crochet patterns and complete projects. Three Friday sessions: Oct. 19 & 26; Nov. 2. $25 includes registration and materials. S. Friedman.

KY 508 POLYMER CLAY: BEGINNERS/INTERMEDIATE. Learn how to condition clay and techniques to create pendants, earrings and brooches. $30 includes registration and materials. 1-3. V. Hall.

KY 601 CROCHET YOUR JEWELRY: BEGINNERS/INTERMEDIATES. Learn to crochet beautiful earrings, bracelets and necklaces to accessorize your outfits. Contact lynn.lospeso@uwtwf.org for a supply list prior to first class. $25 includes registration and materials. 10-12. P. Williams.

KY 602 PHOTOGRAPHY ON THE APPLE IPAD/IPHONE OR ANDROID DEVICES. Learn to take better photos with your devices and transfer them to a digital app on your phone or computer and create a photo book. Bring your device(s) to first class. $30 includes registration and some materials. 10-12. J. Griffith.

KY 603 TAP DANCE. Introduction to tap dancing. Bring tap shoes, if available. 10-12. N. Cangiano.

KY 604 OPERA & SYMPHONIES. An in-depth analysis of selected operas and symphonic masterpieces. See a dress rehearsal at the Metropolitan Opera House (free) and a dress rehearsal by the NY Philharmonic (additional fee). $50 includes registration and materials. 10-12-30. J. Dzik.

KY 605 JEWELRY MAKING & SEED BEADING: BEGINNERS/INTERMEDIATES. Learn various techniques of jewelry making. Supply list provided at first class. You may register for only one Jewelry Making class.

KY 606 SHORT STORY INTO FILM. Read a short story for each class and view the screen adaptation of the short story the following week. Discuss the merits of both the literary story and the movie after each film. $20 includes registration and materials. 9-30-12. W. Wyss.

KY 607 DUPLICATE BRIDGE. Must be an experienced player. $15 includes registration and materials. 9-45-12-15. E. Lee.

KY 608 EUROPEAN & AMERICAN MODERN ART HISTORY. A survey of modern art featuring Picasso, Kandinsky and others. You may register for MF 104 or MF 110, but not both. 10-12. S. Friedman.


KY 610 EUROPEAN & AMERICAN MODERN ART HISTORY. A survey of modern art featuring Picasso, Kandinsky and others. You may register for MF 104 or MF 110, but not both. 10-12-30. D. Becker.

KY 611 RUBBER STAMPING & PAPER CRAFTS. Basic techniques to create handmade items: greeting cards, stationary, scrapbook paper, one-of-a-kind gifts. Different project each week. $35 includes registration and materials. 12-30-20. C. Nguyen.

KY 612 YIDDISH LANGUAGE & CULTURE. Conversation, reading, storytelling, Jewish songs and more. Some knowledge of Yiddish required. $16 includes registration and materials. 12-30-20. M. Leberstein.


MF 210 SHORT STORIES Discussion of short stories and their style and significance. Required book: Best American Short Stories 2017 (Meg Wolitzer, editor). Read Maidencane and Are We Not Men before first class. You may register for 206 or 210, but not both. 12:30-2:30. A. Zuckerberg.


MF 212 MIDDLE EASTERN DANCING Ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music. All levels. 12:30-2:30. A. Beeman.

WEDNESDAY

MF 301 STAINED GLASS Learn glass cutting and construction. Safety goggles mandatory. Some stained glass provided. Bring a Toyo pistol grip glass cutter, breaker plier or combination plier to first class. All levels. $50 includes registration and some materials. 9:30-12:30. K. Pierre.

MF 302 BRIDGE: BEGINNERS/INTERMEDIATE Learn basic bidding with a light color worsted weight yarn (scarf pattern supplied) for first class. 12:30-2:30. P. Siudzinski.

MF 303 COMEDY APPRECIATION Explore the psychological and philosophical issues in developing a comic perspective focusing on stand-up comedy. Guest comedians and improvisations. 12:30-2:30. P. Herzenberg.


MF 305 CREATIVE WRITING Use exercises and sound material to encourage the “creative imperative” within you. All levels. $13 includes registration and materials. 10-12. M. Glenn.

MF 306 TAI CHI Introduction to basic principles and movements of this ancient Chinese exercise to improve balance. 10-12. J. He.

MF 307 POLITICS/HISTORY IN FILM View and analyze these films: The Lion in Winter, Nixon, A Face in the Crowd and more. 12:15-2:45. C. Friedman.


MF 309 CANASTA Learn strategies to improve your play. Different plans for beginning, middle and end play; when to signal your partner and when to play those special hands. All levels. $12 includes registration and materials. 12:15-2:45. J. Kotkin.
QF 105 CROCHET & KNIT: BEGINNERS
Learn the basics. Four sessions: crochet instructions, Bring a J crochet hook and worsted weight yarn to first class. Last four sessions (starts Oct 21): knitting instructions. Bring #8 knitting needles, worsted weight yarn and a “big eye” yarn needle. Patterns provided. Supply list mailed prior to first class. Begins Sept. 17. 12:45-2:45. B. DeCeglie.


QF 108 YOGA Learn to relieve stress while building, re-energizing and more flexible practicing Ashtanga yoga. Adapted poses are for beginners to experienced yogis, those with injuries and illnesses as well as the elderly. Wear comfortable clothes and fit. You may register for only one Yoga class. 12:45-2:45. M. Mancini.


QF 202 ORIGAMI: JAPANESE ART OF PAPER FOLDING Projects include gift containers, flowers, butterflies, birds, other animals and more. Items may be used as gifts. Materials discussed at first class. 10:15-12:15. R. Malinconico.

QF 203 TAI CHI: MODERN INTERPRETATION A modern interpretation where you learn specific sequences for build strength, flexibility, and coordination for improved health. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. 10:15-12:15. K. Sullivan.


QF 205 MAH JONGG Beginners will learn this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your own Mah Jongg card and set (if you have one). Ingredients provided. Supply list sent prior to first class Two Wednesday sessions: Oct. 23 & 30. $24. J. Kalish.

QF 301 GOLDEN SNEAKERS Get the most out of breathing and stretching exercises. Learn basic dancing movements and combinations. Wear comfortable clothes and sneakers. 10-12. J. Maleque.

QF 302 CREATIVE WRITING Dream of publishing your own novel, poem, short story, memoir, essay or play? Learn key strategies, techniques and valuable feedback to help get your work published. $23 includes registration and materials. 10-12. J. Cunningham.

QF 303 BRIDGE: ADVANCED BEGINNERS Learn various strategies to enter the auction after opponents have opened the bidding. Develop further techniques for declarer play and defense. Must have knowledge and an understanding of bridge game basics. Required textbook: Bridge Basics 2 by Audrey Grant. (ISBN: 90-939460-91-2). $12 includes registration and materials. 10:15-1-15. D. Wukasch.

QF 304 FUN & EASY QUILTING Want to improve mental focus, manual dexterity and fine motor skills? Learn the art of quilting: rolling, cutting, pinning and sewing. Bring colorful strips of paper into decorative items with unique patterns and designs which can be displayed in a shadow box. Supply list mailed prior to first class. 10:15-1-15. L. Canlas.

QF 305 PASTEL PAINTING Drawing skills, understanding design concepts and color theory are stressed as you paint with pastels. Program is developed from photos students choose. Supply list mailed prior to first class. 10:15-1-15. C. Oberfegg.

QF 306 STAINED GLASS Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete their own projects. Experienced students receive guidance on more advanced creations. Safety goggles mandatory. Supply list mailed prior to first class. $25 includes registration and materials. You may register for only one Stained Glass course. 10:30-2:30. L. Carbone.

QF 307 PIANO KEYBOARD: BEGINNERS/INTERMEDIATE Note reading, chord playing and a variety of music is covered. Bring your own keyboard (61 keys) and head phones. (10-12. M. Paterson.)

QF 308 DOO WOP: BILLBOARD’S BEST Listen to the music and view videos of great groups who had more than six Top 40 hits. 12:30-3. H. Bloch.

QF 309 ZUMBA GOLD Learn this dance program inspired by Latin rhythms that have been modified for retirees and beginners in their exercise routine. Wear comfortable clothes and shoes. You may register for only one Zumba Gold course. 12:30-2:30. J. Maleque.

QF 401 MATURE MOVES Lively and energizing easy to do aerobic and dance exercises which tone and stretch your body so you can live an independent, pain-free life. Dynamic movements for all levels is used to improve each individual’s posture, balance, strength, breathing and coordination. Wear comfortable clothing. 10:15-12:15. J. Miggiano.

QF 406 ACRYLIC PAINTING Application and technique with emphasis on individual expression, the use of color, composition and design. Be ready to paint at first class. Bring either vinyl, latex or non-rubber gloves. 10:15-12:15. C. Murrell.

QF 407 PAINTING IN WATERCOLORS Work from a different still-life each week. Explore a range of watercolor techniques such as wet-on-wet, resist and glazing. Bring photos or fresh paint. Cutting board and paper to use. 10:15-2:15. C. Rickey.

QF 408 MAH JONGG Beginners enjoy learning this ancient game involving skill and luck. More experienced players gain expertise in fine points. Bring your Mah Jongg card and set (if you have one). 12:45-2:45. L. Cohen.

QF 409 ZUMBA GOLD Learn this dance program inspired by Latin rhythms that have been modified for retirees and beginners in their exercise routine. Wear comfortable clothes and shoes. You may register for only one Zumba Gold course. 12:45-2:45. J. Ramirez.


QF 502 YOGA Learn how to release stress while becoming stronger and more flexible. The adapted poses allow everyone from beginners to experienced yogis, those with injuries and illnesses, and the physically fit to enjoy the class. You may register for only one Yoga class. 10:15-12:15. M. Mancini.

QF 503 BRIDGE: 2 OVER 1 GAME FORCE If you mastered the Standard American Bridge system, then the next step is to improve your game by moving on to Two-Over-One. Learn to play these hands to reach close games or slams, how to get the right contract during competitive auction, defensive and declarer strategy that will awe opponents and make you the bridge table’s top gun. 10:15-12:15. G. Hudson.

QF 504 OPERA & SYMPHONIES An in-depth analysis of selected operas and symphonic masterpieces. See a dress rehearsal at the Metropolitan Opera House (free) and a dress rehearsal by the NY Philharmonic (additional fee). $20 includes registration and materials. 10:15-12:45. J. Dzik.

QF 505 PAINTING WITH CONFIDENCE FOR BEGINNERS Create your masterpiece following the color theory and brush techniques using inexpensive acrylic paint. Supply list sent prior to first class. 10:15-2:15. R. Cooper.

QF 506 FILMS WITH JEWISH THEMES View and discuss films that portray Jewish connections in America, anti-Semitism, the Holocaust and other Jewish themes. Films include: 1945, Itzhak, Aida’s Secrets and more. 10:30-2:45. M. J. T. Johnson.


QF 508 STAY ACTIVE WITH SAIL Stay Active and Independent for Life (SAIL) is a fitness program for seniors that help improve strength and balance. SAIL exercises can be done standing or sitting. 1-3. M. Gonzalez.

Unless otherwise noted, all seminars have a $2 fee (which is non-refundable and non-transferable).

QF 805 ONE STROKE PAINTING Learn the basic strokes of a special art technique using glass, tile, wood and other materials to make a personalized work of art. Decorate your own glass cutting board and use it at home. Supply list sent prior to first class Two Wednesday sessions: Sept. 11 & 18. 10:15-12:15. $4. S. Swinburne.

QF 806 THE BAKING COACH: RAVIOLI Learn how to make this classic dessert and 12-18 raviolis ready to take home to a pot of boiling water. Bring your apron and rolling pin (if you have one). Ingredients provided. Friday, Sept. 20. 10:30-12:30. $28 includes registration and materials. L. Basini.

QF 807 OSTEOPOROSIS Review the common signs, symptoms, risk factors and preventative measures. Wednesday, Sept. 25. 10:30-12:30. FREE! UFT nurses.

QF 808 WHY IS THE DOCTOR SENDING ME FOR ALL THESE TESTS Learn about the many tests the doctor sends you for, why they are recommended, what’s involved in preparing for them, what to expect. Wednesday, Oct. 2. 10:30-12:30. No Fee. UFT Nurses.

QF 809 THE BAKING COACH: HALLOWEEN CUPCAKE DECORATING Learn to make eight spooky cupcakes using fondant and buttercream icing. Take home your creations in a pastry box. Ingredients provided. Friday, Oct. 18. 10:30-12:30. $28 includes registration and materials. L. Basini.

QF 810 TRASH TO TREASURE Personalize and decorate “useless” objects to add charm to your home. Bring a cardboard box (any size) to class and turn it into an attractive piece of storage. Two Wednesday sessions: Oct. 23 & 30. 10:30-12:15. $4. J. Kalish.

QF 811 THE BAKING COACH: APPLE PIE Learn to make this classic dessert and leave with a 9 inch pie ready to bake in the oven. Bring an apron and rolling pin (if you have one). Ingredients provided. Friday, Nov. 1. 10:30-12:30. $28 includes registration and materials. L. Basini.

QF 812 PLANT WORKSHOP Learn tips on how to care for fresh flowers and houseplants. Create your own floral arrangement and take a lovely house plant to tend to at home. Wednesday, Nov. 6. 10:30-12:30. $24 includes registration and materials. D. Temkin.
RF 101 MOSAICS Learn basic designs and techniques for this art form. All levels. Contact azimring@uft.org for a supply list prior to first class. $25 includes shared supplies. Meets in annex. 9:30-12. P. Webster.

RF 102 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one Chair Yoga class. Meets in annex. 10-12. I. Dubeau.

RF 103 ITALIAN: INTERMEDIATE For those who speak and read Italian and want to improve their comprehension, pronunciation and conversation skills. Emphasis on reading and grammatical principles. Meets in annex. $12 includes registration and materials. 10-12. R. Caputo.

RF 104 CANASTA: BEGINNERS For those who have never played the game. Do not register if you had more than three semesters as a beginner. 10-12. S. Stanley.

RF 105 CANASTA: PLAYLAB I For the experienced player. Provide your own cards and tray. 10-12. S. Siegel.

RF 106 CANASTA PLAY LAB II For those who play, but would like to become more experienced. Provide your own cards and tray. 10-12. S. Siegel.

RF 107 JEWELRY & BEADING DESIGN: BEGINNERS/INTERMEDIATE For those who have little or no experience using the tools necessary to create jewelry with beads. Individual attention given to new participants. Purchase materials with instructor’s guidance. You may register for only one Jewelry class. 10-12. G. Catanzaro.

RF 108 INTRODUCTION TO GERMAN Learn the culture of Germany, Austria, Switzerland and the language common to all. Extra attention available for those with little or no previous knowledge of German. All levels. Meets in annex. 12:15-2:15. J. Rueckert.

RF 109 JEWELRY DESIGN & BEADING: ADVANCED Those with prior beading experience will learn how to use beads creatively through their own designs with instructor guidance. Contact azimring@uft.org for a supply list prior to first class. You may register for only one Jewelry class. $12 includes registration and pattern fee. 12:15-2:15. N. Krey.

RF 110 MAH JONGG: BEGINNERS For those who wish to learn the game. Bring a Mah Jongg card to first class. Do not register if you had more than three semesters as a beginner. 12:15-2:15. R. Entis.

RF 111 MAH JONGG PLAY LAB I For those who play the game. Bring your own set and card. 12:15-2:15. S. Doctor.

RF 112 MAH JONGG PLAY LAB II For those who play the game. Bring your own set and card. 12:15-2:15. S. Siegel.

RF 113 YOGA AEROBICS In order to register for only one Jewelry class. $12 includes registration and materials. 12:15-2:15. R. Caputo.

RF 204 LINE DANCING Learn the basics and enjoy this mind and body stimulating activity. 10-11. K. Warner.

RF 206 BELLY DANCING Come shimmy, shake, shake and have fun while dancing to exotic Middle Eastern tunes. All are welcome. 12:15-2:15. J. Lamonica.

RF 207 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one Chair Yoga class. 12:15-2:15. C. Dubeau.

RF 208 CONVERSATIONAL ITALIAN For those who have taken at least one year of Italian and want to gain confidence or improve their skills and discover Italian culture. Begin building communication skills through a thematic approach. $12 includes registration and materials. 12:15-2:15. R. Caputo.


RF 300 IN SEARCH OF THE ANCIENT HEBREW PATRIARCHS Placing Old Testament patriarchs in history, archaeology and culture. Look at ancient Canaanite, Syrian, Mesopotamian, Egyptian and Hebrew life and the meaning of patriarch narratives for the writers. $20 includes registration and materials. 9:45-11:45. L. Warner.

RF 302 QUILTING: BLOCKS OF THE WEEK Each week, different class members will present two quilt blocks for the class to try, indicating techniques for each member to put together their own quilt. Must have knowledge of basic sewing techniques, but new quilters welcome. Purchase your own supplies with instructor’s guidance. Six sessions. No class: Sept. 25; Oct. 2; Nov. 13-10. 12. P. Ehrich.

RF 303 BROADWAY MUSICALS Experience the enchantment of Broadway while singing the best-loved tunes and viewing historic and contemporary musicals including masterpieces by Stephen Sondheim, Cole Porter and Rodgers & Hart. Eight consecutive sessions. 12:15-2:15. F. McKinnon.

RF 304 CHORALEERS Share the joy of group singing and learn the basics of music in the process. Course culminates with a performance at the end term party on Dec. 4. $15 includes registration and materials. 10-12. D. DeOrio.

RF 305 WATERCOLORS For those who have completed a Beginners’ Watercolors class. Techniques include use of the study of color using landscape as the subject matter focusing on sky studies, tree studies and aerial perspective. Contact azimring@uft.org for a supply list prior to first class. Meets in annex. 10-12. K. Fieramosca.

RF 306 WOMEN’S FICTION Discuss the suspensful tale of two women in London in the 1600’s and the present. Read the first three chapters of The Weight of Ink by Rachel Kadiash for first class. $12 includes registration and materials. 10-12. A. Zuckerberg.

RF 307 THE LIFE & WORK OF CHARLES DARWIN Following Darwin’s life and his times, the Voyages of the Beagle and his conversion from theologian to geologist and evolutionary scientist. $20 includes registration and materials. 12:15-2:15. L. Warner.

RF 308 WRITER’S WORKSHOP Develop and share your family stories, poetry, memoir anecdotes and short stories. Weekly prompts help writers work along with encouragement from the instructor and fellow writers. Eight consecutive sessions. Meets in annex. 12:15-2:15. F. McKinnon.

RF 309 DRAWING Learn the basic techniques of drawing from observation that are used in all art forms. All levels. Beginners must bring a #2HB pencil to first class. Supply list will be distributed. 12:15-2:15. M. Corti.

RF 310 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one Chair Yoga class. Meets in annex. 12:15-2:15. K. Paholek.

RF 311 TAI CHI: BEGINNERS Learn the basic principles of Tai Chi. For those with little or no experience. 12:15-2:15. R. Yuen.

RF 312 AEROBICS Variety of low impact aerobic exercises and movements to build cardiovascular endurance. Breathing, posture and form are emphasized. Sneakers required. Bring an exercise ball (approx. 5”) and small weights to first class. You may register for only one Aerobics class. 12:15-2:15. K. Paholek.

RF 401 FINDING BIRDS IN S.I. DURING THE FALL MIGRATION First walk meets at Clove Lakes Park at Royal Oak Rd. (near Rice Ave.) at 9 a.m. on Sept. 12. You will be provided the eight additional locations at first walk. Rain cancels all bird walks. Binoculars mandatory. Contact azimring@uft.org for a supply list prior to first class. $15 includes registration and materials. 9:30-12. P. Bartels.

RF 402 SEWING For those with little or no hand or sewing machine experience and those who want to learn to use a sewing machine with instructor’s guidance. Six sessions. No class: Sept. 25; Oct. 2; Nov. 13-10. 12. P. Ehrich.

RF 403 YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. Wear proper yoga attire. Bring a mat to first class. 10-12. K. Paholek.

RF 404 CANASTA PLAY LAB III For those who wish to gain more experience. 10-12. C. Patelsky.

RF 405 ACRYLIC PAINTING: INTERMEDIATE Bring out your creative side by painting. 10-12. A. Nelson.

RF 406 ZUMBA GOLD PLUS & ZUMBA GOLD TONING The original Zumba program has been modified so that adults of any age and fitness level can achieve success. More intense movements offered for those who choose to advance. Appropriate footwear required. Toning sticks recommended. No fee. 10-12. M. Deturris.


RF 408 KNOW YOUR ANTIQUES & COLLECTIBLES Explore the history of objects and eras and learn how to use eBay. Bring an item for research/appraisal. Meets in annex. 10-12. L. Davis.
INTERSESSION

Unless otherwise noted, the registration fee is $10.00 for the course (which is non-refundable and non-transferable).

BRONX

Coordinator: Cheryl Bing-Howard. All sessions will be held at the Bronx Learning Center, 2500 Halsey Street.

TUESDAY

Jan. 7, 14, 21, 28; Feb. 4
XI 214 JAZZ DRUMS PLUS A blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobic and yoga segments. Bring light hand weights, bands and sticky floor mats to class. 10-12. D. Dolan
XI 215 CANASTA Beginners receive instruction on the fundamentals of the Modern American version of this popular game. All levels. 10-12. M. Schuster
XI 216 QUILTING Different theme each week. Bear’s Paw & Swamp Angel; Shawtooth Star & Madison House Tree; Memory Square & Star: Heart & Kaleidoscope and Making Peace with your UFO’s (unfinished projects). 10-2. H. Whitaker
XI 217 BRAIN GAMES Expand your mind and challenge your brain by playing classic word games such as Scrabble, Bananagrams, Upwords and more. 12:30- 2:30. D. Dolan
XI 218 MAH JONG Supervised play for those already familiar with the rules of the game. 12:30- 5. M. Schuster
XI 219 FUN WITH CARD EMBOSING Different card project each week. Use the dry embossing technique followed by heat embossing with instruction on how to use the machine safely. Leave with samples at the end of each class. Bring your basic craft supplies kit along with a ruler, glue, tape, scissors etc. $20 includes registration and other materials. 12:30-3. VA Barrow

WEDNESDAY

Jan. 8, 15, 22, 29; Feb. 5
XI 313 TAI CHI FOR BEGINNERS Introduction and practice of the basic principles of Tai Chi. Wear comfortable clothing. 10-12. Y.H. Wang
XI 314 PIANO FOR NOT JUST BEGINNERS Learn to play simple classical, jazz or pop tunes. Bring a small portable keyboard to first class. Inexpensive keyboards available at Sam Ash music stores. 10-12. N. Zamcheck
XI 315 KNITTING OBSESSION Continue working on basic skills: casting on, knitting one, purl two, increasing/decreasing and binding off. Have fun with a mystery project. 10-12. J. Parker
XI 316 INTERMEDIATE & ADVANCED BRIDGE Continuation of techniques in bidding, declarer play and defense. $15 includes registration and materials. 10-12:15. G. Hudson
XI 317 INTERMEDIATE & ADVANCED MOSAICS Continue “on going” projects or begin “new advanced” projects. Bring your own tools and supplies. NOT for beginners. 10-1:30. P. O’Connell
XI 318 ROBERT REDFORD Learn and discuss his early life and works as an actor. View one fulllength film and a show. $5. 10-3. $18 includes a light lunch. D. Hammitt
XI 319 SCRAPBOOKING/PHOTOGRAPHY Learn to take professional photos using a camera, mirror or camera of choice and turn them into beautiful memories through scrapbooking. 12:30-2:30. J. Parker
XI 320 DUPLICATE BRIDGE Learn the basics on scoring and how to compete while playing duplicate games. $15 includes registration and materials. 12:30-2:45. G. Hudson

BROOKLYN

Coordinator: Kathy Giannou. All sessions will be held at the Brooklyn Learning Center, 335 Adams Street, 24th Floor.

WEDNESDAY

Jan. 8, 15, 22, 29; Feb. 5
KI 311 STAINED GLASS Work on projects using a glass cutter, soldering iron and glass grinder. Adult Safety goggles mandatory. $35 includes registration and materials. You may register for only one Stained Glass course. 9:30-12:30. G. Hammitt
KI 312 CHAIR YOGA A gentle form of yoga using a chair for support or sitting in a chair to deepen the flexibility and strengthen the body’s awareness at any fitness level. 10-12. A. Beeman
KI 313 BETTER SLEEP THROUGH MEDITATION Learn to practice researchbased, deep relaxation techniques during the day to promote better sleep quality at night. 10-12. T. Pratt
KI 314 CHORUS Types of music and level of complexity are determined in class. Music and materials will be taught with or without music sheets. $15 includes registration and some materials. 10-12:30. J. DeRanieri
KI 315 QUILTING: INTERMEDIATE/ADVANCED Create beautiful works of art: hand sewn quilts, pillows and decorative accessories. Supply list sent prior to first class. $15 includes registration and some materials. 10-12:30. D. Pryor-Holland
KI 316 FOR LAUGHING OUT LOUD! Watch a class full of films (comedies) each week followed by a discussion. Laugh away the winter blues! 12:30-3. M. Eiler
KI 317 BOLLYWOOD & BELLYDANCE Enjoy sampling Bellydance and Bollywood dance movements. All levels, 1-3. A. Beeman
KI 318 INTRO TO THE APPLE IPAD Learn to use your pre-installed programs and discover new possibilities from the Apple App store. Bring your Apple iPad (with user guide) and copy of class. $15 includes registration and some materials. 1-3. J. Griffith
KI 319 POLYMER CLAY: BEGINNER/INTERMEDIATE Learn to condition clay to create pendants, earrings and brooches. $25 includes registration and materials. 1-3. V. Hall
KI 320 YOGA Learn a set of mental and physical exercises using breath, movement and meditation. Bring a yoga mat and towel to first class. 1-3. C. LaBue

THURSDAY

Jan. 9, 16, 23, 30; Feb. 6
KI 410 STAINED GLASS Work on projects using a glass cutter, soldering iron and glass grinder. All levels. Safety goggles mandatory. $35 includes registration and materials. You may register for only one Stained Glass course. 9:30-12:30. D. Johnson
KI 411 PHOTOGRAPHY USING THE APPLE IPAD, IPHONE OR ANDROID DEVICES Learn to take better photos with your devices and transfer them to a computer to make a photo book. Bring your Apple iPad, iPhone or Android device(s) to class. $25 includes registration and materials. 10-12. J. Griffith
KI 412 JAZZERCISE Stretching and dancing to Jazz, Rhythm & Blues, Cha-Cha, Swing, Salsa and Mambo. 10-12. K. Sanborn
KI 413 WRITE YOUR OWN MEMOIR! Have fun recalling, writing and sharing the precious and/or mundane moments of your life. 10-12:30. M. Eiler
KI 414 CROCHET Learn basic stitches to make beautiful projects. Contact Lynn, lospenuoso@utwf.org for a supply list prior to first class. $15 includes registration and some materials. 10-12:30. P. Williams
KI 415 INTRODUCTION TO JEWELRY MAKING: BEGINNERS ONLY Learn the basic techniques of making beaded jewelry: wire wrapping, bead stringing and stitching, crimping and more. $20 includes registration and materials. 1-3. K. Koppinger
KI 416 TAI CHI & QI GONG EXERCISES Principles and movements of Tai chi and Qi Gong. All levels. 1-3. J. He
KI 417 KNITTING: BEGINNERS/INTERMEDIATE Beginners learn the basics; intermediates select a project and receive assistance in new techniques. Beginners: Bring size 8 needles and light colored worsted weight yarn to class. $15 includes registration and some materials. 1-3. P. Williams
KI 418 SKETCHING & PAINTING WITH GEORGE Explores and use different types of media including acrylics, pastels, oils and more. Bring a sketch pad, pencils, charcoal, eraser (pastels, watercolor, acrylic paint – optional) to first class. 1-3. G. Kerastositi
KI 419 ZUMBA GOLD Focus on toning and improving muscle strength, posture, mobility and conditioning. 1-3. T. Gilbert

MANHATTAN

Coordinator: Jo-Ann Hauptman. All sessions will be held at the Manhattan Learning Center, 50 Broadway, 2nd Floor.
**WEDNESDAY**

RI 313 ZUMBA GOLD PLUS TONING

Modified Zumba program for the active adult to achieve fitness success. Sneakers required. You may register for only one Zumba class.

RI 314 STUDY OF THE NEOLOGISTIC AGE

Detailed look at the birth of farming around 9000 B.C., mainly in the Fertile Crescent of the Middle East including the earliest villages, towns, and cities that sprang up around it. $16 includes registration and materials. 9:45-10:45. L. DeRosa

**THURSDAY**

FI 404 MAH JONG

Begin with a short lesson followed by supervised play. Bring a 2019 Mah Jong card to first class.

FI 405 FILMS FROM EASTERN EUROPE

View a different film each week followed by a Q&A session.

**FRIDAY**

FI 503 FILMS: THE IMMIGRANT EXPERIENCE

View a different film each week followed by a Q&A session.

**FLORIDA OFFICE SEMINARS**

All seminars have a $2 fee (which is non-refundable and non-transferable).

**FLORIDA OFFICE INTERSESSION COURSES**

All courses have a $10 fee (which is non-refundable and non-transferable).

**FLORIDA TRIPS**

FI 901 SARASOTA OPERA HOUSE

Enjoy a guided backstage tour of the Opera House. Lunch not included. Meet at the Opera House, 61 North Pineapple Ave., Sarasota, at 10:15 a.m. for a 10:30 a.m. tour. Monday, Dec. 9, 10:15 a.m.-12 noon. $72. S. Cohen.

FI 902 DELRAY BEACH PLAYHOUSE

Enjoy a performance of Fascinating Rhythm, the Songs of George Gershwin at the Playhouse. Lunch not included. Meet at the Playhouse, 950 NW 9th St., at 1:45 p.m. for a 2 p.m. performance. Wednesday, Dec. 18. $25. F. Kassler.

FI 903 BIRDWATCHING 101 AT Loxahatchee National Wildlife Refuge

View various birds on this guided walk of the Marsh Trail. Learn now to use your binoculars to enhance your viewing prior to the walk. Rain or shine. You must wear closed-toe, closed-heel flat shoes. Meet in the visitors’ parking lot, 10216 Lee Rd. in Boynton Beach at 8:15 a.m. for an 8:30 a.m. walk. Thursday, Jan. 9, 8:15 a.m.-10:30 a.m. Walk: $2. Parking fee: $5. America the Beautiful pass-holders: no fee for parking. G. Herskovitz.
Please follow instructions on page one carefully.

UFT retirees will be registered before spouses, domestic partners, AFT NYSUT and PSC members. Members of AFT, NYSUT and PSC must provide their full Social Security Number and local number in order to register. Each registrant must complete separate registration coupons along with separate checks/money orders for Fall 2019 and Intersession 2020 as well as Florida’s Fall 2019 and Intersession 2020 programs. Duplicate separate registration coupons for your spouse. You must send separate checks/money orders for the following categories: courses, seminars, trips, special events, dine arounds and theatre experience.

Fall 2019 Course Registration

You must present this registration form at every course, seminar and trip.

Check one: UFT member ☐ Spouse (use separate coupon)

Make checks/money orders payable to: UFTWF Retiree Programs, SI Beagle Learning Centers, 52 Broadway, 17th Floor, New York, NY 10004

Inter Session Registration 2020

You must present this registration form at every course, seminar and trip.

Check one: UFT member ☐ Spouse (use separate coupon)

Make checks/money orders payable to: UFTWF Retiree Programs, SI Beagle Learning Centers, 52 Broadway, 17th Floor, New York, NY 10004

A separate check must be sent for intersession courses.

Inter Session Registration 2020

You must present this registration form at every course, seminar and trip.

Check one: UFT member ☐ Spouse (use separate coupon)

Make checks/money orders payable to: UFTWF Retiree Programs, SI Beagle Learning Centers, 52 Broadway, 17th Floor, New York, NY 10004

Please print member name

SS (last 4 digits) or UFT member ID no. (6 digits)

E-mail address

Spouse name (if registering)

Address

City State Zip

Phone

Number Title Fee (if any)

1.
2.
3.
4.
5.

DID YOU REMEMBER TO:

☒ Sign your check(s)/money order(s)
☒ Make the check(s)/money order(s) payable to UFTWF Retiree Programs
☒ Complete the information on the coupon

Number Title Fee (if any)

1.
2.
3.
4.
5.

DID YOU REMEMBER TO:

☒ Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s)
☒ Do not fill information in for spouse, unless he/she is registering for programs
☒ Do not staple or tape your checks to the coupon
☒ You must send in a separate form for your spouse
☒ Members cannot pay for other members

Members cannot pay for other members.
Honor a Former Colleague in an Obituary on the UFT Website

If a UFT member passes away, you can share their life story and remember their union and school contributions in an obituary on the UFT website. To submit an obituary, please use the new online form at www.uft.org/send-obit; so we have all the information we need to post the obituary. To read obituaries of recently deceased UFT members, see the obituary page under NEWS on the UFT website.

UFT/WF Retiree Programs Florida Course Registration

FALL 2019 AND INTERSESSION 2020

CHECK ONE: ☐ UFT MEMBER ☐ SPOUSE
CHECK ONE: ☐ NYSUT ☐ AFT ☐ PSC

Local #

Make checks payable to: UFTWF RETIREE PROGRAMS, 3200 North Military Trail, Suite 100, Boca Raton, FL 33431.

<table>
<thead>
<tr>
<th>MEMBER NAME (PLEASE PRINT)</th>
<th>SS (LAST 4 DIGITS) OR UFT MEMBER ID NO. (6 DIGITS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMAIL ADDRESS</td>
<td></td>
</tr>
<tr>
<td>SPOUSE NAME (IF REGISTERING)</td>
<td></td>
</tr>
<tr>
<td>ADDRESS</td>
<td>APT. #</td>
</tr>
<tr>
<td>CITY</td>
<td>STATE  ZIP</td>
</tr>
<tr>
<td>CELL PHONE/FLORIDA PHONE NO.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NUMBER</th>
<th>TITLE</th>
<th>FEE (IF ANY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

COURSE REGISTRATION FEE IS $10, UNLESS OTHERWISE NOTED.

DID YOU REMEMBER TO:
✓ Sign your check(s)/money order(s)
✓ Make the check(s)/money orders(s) payable to UFTWF RETIREE PROGRAMS
✓ Complete the information on the coupon
✓ Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s)
✓ Do not fill information in for spouse, unless he/she is registering for programs
✓ Do not staple or tape your checks to the coupon
✓ You must send in a separate form for your spouse
✓ Members cannot pay for other members

REFUNDS ARE MADE UPON WRITTEN REQUEST UP TO FOUR WEEKS PRIOR TO TRIP DATE.

Mail refund request to: UFTWF Retiree Programs, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gino Giustra, Director.

HOW TO REGISTER FOR FLORIDA
• UFT retirees will be registered first before spouses, domestic partners, AFT, NYSUT and PSC members. You must include your local number in order to register.
• Each participant must complete a separate registration coupon.
• Each registration requires separate check(s)/money order(s).
• Write a separate check/money order for FF courses and FI courses.
• Make check(s)/money order(s) payable to UFTWF RETIREE PROGRAMS and enclose payment with your registration form.
• Include on your check/money order the course number exactly as it appears in course description.
• All courses have a $10 non-refundable and non-transferable registration fee.
• All seminars have a $2 non-refundable and non-transferable registration fee.
• Mail registration form and checks to the Florida Office, 3200 North Military Trail, Suite 100, Boca Raton, FL 33431.