Resources from the Samaritans of New York

Suicide is a topic that can make even the most experienced healthcare professional uncomfortable. And, responding to a student who has lost a loved one to suicide is something social workers, psychologists and other student support personnel acknowledge is challenging and often makes them feel ill-equipped.

- **New York City Guide for Survivors of Suicide Loss**
- **Suicide Grief: Healing After a Loved One's Suicide**. From the Mayo Clinic, a comprehensive review of the impact of suicide loss and how to help.
- **Supporting Survivors of Suicide Loss**. From Harvard Medical School, a more detailed examination of mental health issues, behaviors to practice, impact on practitioners of clients' suicide.
- **Suicide Prevention Resources for Survivors of Suicide Loss**. From the Suicide Prevention Resource Center, a variety of articles, organizations, issues like finances, support groups, etc.
- **Parents at Risk After Child's Suicide**. From the Archives of General Psychiatry, a clinical and statistical look at impact on surviving parents' health
- **What to Tell Children**. From Suicide Awareness Voices of Education, a basic overview of issues that arise for children after a suicide, how to explain the loss and language to use.
- **Sibling Survivors of Suicide**. From Michelle Linn-Gust, Ph. D. (past president, American Association of Suicidology), an overview of the key issues that impact those who lose siblings to suicide.
- **Samaritans survivor support group**. Only for those who have lost a loved one to suicide. Participants must be 18 or older.
- **Samaritans confidential 24-hour suicide prevention hotline**