



Complete this record prior to the visit to your doctor. Please list all prescription and over-the-counter medications you may be taking (e.g., aspirin, headache or pain medications). To protect your privacy, do not write your name on this form.

Name of medications you are **currently** taking:

Medicine: _____ Dosage: _____ (times per day) _____

Medicine: _____ Dosage: _____ (times per day) _____

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Medicine: _____ Dosage: _____ (times per day) _____

Medicine: _____ Dosage: _____ (times per day) _____

Medicine: _____ Dosage: _____ (times per day) _____

If your doctor prescribes a “**new**” medication, ask the questions below and write the answers in the spaces provided.

Name of medication: _____ Dosage: _____

Is this drug a brand or generic? _____

Can I use a generic? _____

How and when should I take this drug? _____

What is this medicine for and what effects should I expect? _____

Is this drug replacing a medicine I have been using? _____

Will there be any problems (interactions) taking this drug with my other medications?

Are there any possible side effects? What should I do if a side effect occurs?

Should I avoid any foods, activities or supplements with this drug? _____

Members should photocopy this form and keep it available for future visits.