

# Indoor Heat/Temperature Requirements

New York City Department of Health regulations require the following:

From October 1 through May 31, the indoor temperature must be 68.0 °F or above when the temperature outside is less than 55.0 °F between the hours of 6 AM and 10 PM.

From 10 PM to 6AM, the temperature inside must be at least 55.0 °F when the temperature outside is less than 44.0 °F.