



UNITED FEDERATION OF TEACHERS

How to Manage Grief and Loss

Safety and Health Victim Support Program

Have you experienced a difficult loss in the last year?

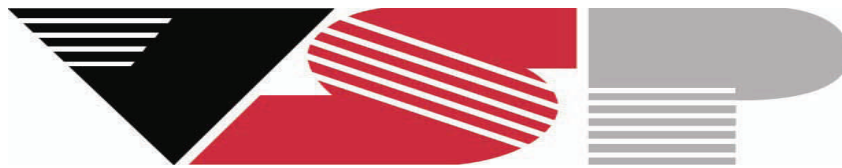
The UFT Victim Support Program (VSP) is offering counseling groups to assist you in managing your grief and adjusting to the loss of a family member, significant other, friend or colleague

Mondays

October 19 and 26
November 2, 9, 16, and 23

4:30 pm.—6:00 pm.

UFT—52 Broadway—15 Floor
New York, NY 10004



Enrollment is limited to 10 participants

Please email Lois Rice at lrice@uft.org before **Monday, October 12th** for registration information