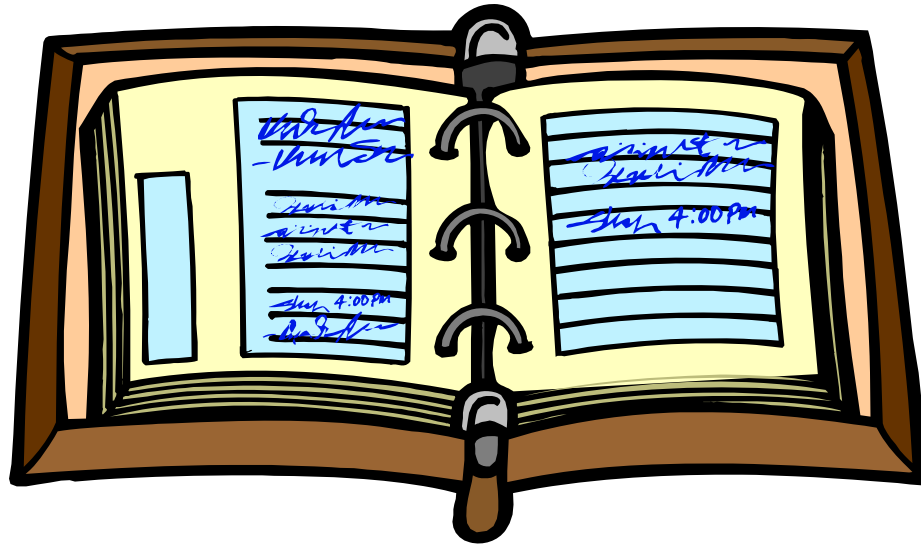


# *The Resource Guide*



*A Guide for Students, Professionals and Families Listing  
Support Services in the New York Metropolitan Area*

**Compiled by students of Special Issues in School Counseling Course  
Queens College  
Fall 2009  
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# Eating Disorders

## Hotlines & Websites

### Eating Disorders Center

☎ (888) 236-1188

### National Eating Disorder Referral and Information Center

☎ (858) 481-1515

[www.edreferral.com/edreferral@edreferral.com](http://www.edreferral.com/edreferral@edreferral.com)

### National Eating Disorders Association

☎ (800) 931-2237

### Overeaters anonymous

Find a meeting near

you <http://www.oa.org/meetings/find-a-meeting.php>

### HelpGuide.Org

[www.helpguide.org/mental/eating\\_disorder\\_treatment.htm](http://www.helpguide.org/mental/eating_disorder_treatment.htm)

### Pale Reflections

Website: [www.pale-reflections.com/](http://www.pale-reflections.com/)

### Something Fishy

<http://www.something-fishy.org>

866.690.7239

## Manhattan

### Eating Disorders Resource Center (EDRC)

☎ (212) 989-3987

Address: 24 East 12<sup>th</sup> Street

New York, N.Y. 10003

**Population:** Males, females, children, adolescents, and adults

**Services:** Offers psychotherapy referral services. Professional treatment (individual, group, family and couples) available for problematic eating behaviors, food obsessions, and body image concerns.

\$. Offers free support groups, consultations. Fees and some insurance accepted.

Website: <http://www.edrcnyc.org/>

### Grace Square Hospital

☎ (212) 988-4400

Address: 420 E 6<sup>th</sup> St. New York, NY 10021

**Population:** Low income

**Services:** Low cost treatment

\$. Free/suggested donation \$5-\$7.

Website: [www.therapistunlimited.com](http://www.therapistunlimited.com)

### The Institute for Contemporary Psychotherapy/Center for the Study of Anorexia and Bulimia

☎ (212) 333-3444

Fax (212) 333-5444

Address: 1841 Broadway, 4<sup>th</sup> Floor

New York, NY 10023

**Population:** Children, adolescents, adults

**Services:** CSAB promotes better awareness of eating disorders. This organization provides open houses monthly for teen parents in helping stop eating problems. They also provide public and professional seminars, individual & group treatment, outreach and prevention.

\$. Seminars are free. Sliding scale.

Website: [www.csabnyc.org](http://www.csabnyc.org) & [www.icpnyc.org/](http://www.icpnyc.org/)

### National Eating Disorders Association

☎ (212) 575-6200

Address: 165 W. 46<sup>th</sup> St. #1108

New York, NY 10036

**Population:** Individuals, groups, families

**Services:** Psychotherapy or psychological counseling, coupled with careful attention to medical and nutritional needs. Treatment tailored to the individual and will vary according to both the severity of the disorder and the patient's problems, needs, and strengths.

Website: <http://www.nationaleatingdisorders.org>

### William Alanson White Institute

☎ (212) 873-7070

Fax: (212) 362-6967

Address: 20 West 74th Street

New York, NY 10023

**Population:** Children, adolescents and adults.

**Services:** The Eating Disorders Compulsions and Addictions Service of the William Alanson White Institute offers: assessment, individual psychotherapy, psychoanalysis, workshops, group therapy, family/couples therapy, referrals, and child adolescent therapy.

\$. Sliding scale/assistance based on need.

Website:

[www.wawwhite.org/clinical\\_services/eating\\_disorders.htm](http://www.wawwhite.org/clinical_services/eating_disorders.htm)

**Renfrew Center**

☎ (800) RENFREW

Fax (212) 686-1865

Address: 11 East 36 Street

New York, NY 10016

**Population:** Children 14+, adults

**Services:** Programs are tailored to the needs of each client and they offer full care for individuals and their families. This is a residential treatment center. The center specializes in the treatment of eating disorders (anorexia, bulimia, binge eating). Medication can be prescribed. Nutritional counseling available. There is inpatient and outpatient treatment, group therapy, family therapy, and support groups.

\$. Renfrew has contracts with most insurance companies and accept some Medicare/Medicaid programs. Payments are based on a sliding scale.

Website: [www.RenfrewCenter.com](http://www.RenfrewCenter.com)

**New York State Psychiatric Institute Eating Disorders Clinic**

☎ (212) 543-5739

Address: 1051 Riverside Drive

New York, NY 10032

**Population:** Teens through adults.

**Services:** The clinic provides inpatient and outpatient services. Treatment sessions typically involve cognitive-behavioral therapy with medication management if appropriate.

\$. Varied depending on insurance.

Website:

[www.columbia.edu/eatingdisorders.com](http://www.columbia.edu/eatingdisorders.com)

**New York-Presbyterian/Weill Cornell - Payne Whitney Psychiatric Clinic**

☎ (888) 694-5700

Address: 525 East 68th Street, 11th floor

New York, NY 10021

**Population:** All Ages

**Services:** Out patient care for individuals suffering from eating disorders.

\$. Insurance/Sliding Scale

Website: <http://www.cornellpsychiatry.org>

**Queens/Long Island****Schneider Children's Hospital, LIJ Medical Center**

☎ (718) or (516) 470-3000

Address: 269-01 76 Ave

New Hyde Park, NY 11040

**Population:** Children and adolescents.

**Services:** Consultation, evaluation, inpatient and outpatient services.

\$. Insurance

**Long Island Consultation Center**

☎ (718) 896-3400

Address: 97-29 64th Road 1st floor

Rego Park, NY 11374

**Population:** All ages

**Services:** Eating Disorder Counseling.

\$. Accepts Medicaid, sliding scale fee/ assistance based on need

**Eating Disorders Associates**

☎ (631) 724-7152 Hauppauge office.

☎ (516) 794-7328 Westbury office.

Address: 111 Smithtown Bypass, Hauppauge, NY & 900 Merchants Concourse, Westbury NY.

**Population:** Children, adolescents and adults

**Services:** Individual, family, couples counseling, group therapy, support groups and workshops.

\$. Cash/check, sliding scale, insurance.

Website: [www.eatingdisorderassociates.net](http://www.eatingdisorderassociates.net)

**Diane Morgenroth, RD,CDN**

☎ (516) 569-3842

Address: 7 Franklin Ave

Lynbrook, NY 11563

**Population:** Children, adolescents and adults.

**Services:** Individualized treatment based on needs.

\$. Cash, check, sliding scale, Medicare.

# Sexual Identity

## Hotlines & Websites

### Gay and Lesbian National Hotline

☎ (888) THE-GLNH or (212) 989-0999

### Long Island Crisis Center

☎ (516) 679-1111

### Empty Closets (Forum)

[www.emptyclosets.com](http://www.emptyclosets.com)

### New York Public Library

Website: <http://lgbt.nypl.org/>

## Manhattan

### The Door

☎ (212) 941-9090

Address: 121 Avenue of the Americas  
New York, NY 10013

**Population:** Lesbian, gay, bisexual, transgender and questioning youth.

**Services:** Individual and group counseling for LGBTQ. They also provide crisis counseling, coming out therapy and creative arts therapy.  
\$: Free.

Website: <http://www.door.org>

### The Lesbian, Gay, Bisexual & Transgender Community Center

☎ (212) 620-7310

Fax: (212) 924-2657

Address: 208 West 13<sup>th</sup> Street  
New York, NY 10011

**Population:** All ages.

**Services:** Provides groundbreaking social service, public policy, educational and cultural recreational programs. Birthplace of AIDS activist group ACT UP and the Gay and Lesbian Alliance against Defamation (GLADD).  
\$: Sliding scale.

Website: [www.gaycenter.org](http://www.gaycenter.org)

### The New York City Anti-Violence Project (Gay & Lesbian)

☎ (212) 714-1184 or (212) 714-1141  
(24 hours and bilingual)

☎ TTY: (212) 714-1134

Address: 240 W. 35th Street, Suite 200  
New York, NY 10001

**Population:** Lesbian, gay, transgender, bisexual and HIV-positive victims of violence.

**Services:** Short and long-term individual counseling as well advocacy and referrals.

\$: Call for fee

Website: [www.avp.org](http://www.avp.org)

### Planned Parenthood Federation of America

☎ 1-800-230-PLAN (1-800-230-7526)

☎ (212) 541-7800

Fax: (212) 245-1845

Address: 434 West 33rd Street  
New York, NY 10001

**Population:** Youth and adults.

**Services:** LGBT services include drop-in centers, education, hormonal treatments for transgender clients, resources, service referrals, support groups. High-quality, sensitive, and appropriate reproductive health, general health, and sexual health services to all LGBT patients.  
\$: Varies.

Website: <http://www.plannedparenthood.org>

### Lambda Legal - Help Desk/National Headquarters

☎ (212) 809 - 8585 Ask for Help Desk

☎ (212) 809 - 0055

Address: 120 Wall Street, New York, NY 10005

**Population:** Young adults, adolescents & adults.

**Services:** Offers the LGBT community and HIV/AIDS+ individuals legal advocacy and assistance, including a legal help desk providing legal information and assistance with discrimination related to sexual orientation, gender identity and expression, and HIV status.  
\$: Free.

Website: <http://www.lambdalegal.org>

### Hispanic AIDS Forum (HAF)

☎ (212) 563 - 4500

☎ (212) 868 - 6237

Address: 213 West 35th Street, 12th Floor  
New York, NY 10001

**Population:** Adolescents and adults 18+.

**Services:** Provides NYC Latinos infected with or affected by HIV/AIDS with testing, counseling, case management, prevention education, a rental assistance program for non-HASA-eligible HIV+ individuals, referrals for health care, youth and LGBT services, and specialized support services for transgender Latinas.  
\$: Free

Website: <http://www.hafnyc.org>

**Hetrick Martin Institute**

☎ (212)-674-2400

Address: 2 Astor Place  
New York, NY 10003

**Population:** Teens.

**Services:** Educational and supportive services for at-risk and LGBTQ youth.

\$. Free

Website: <http://www.hmi.org>

**Queens****Queens Community House Generation Q**

☎ (718) 204-5955

Address: 30-74 Steinway Street, 2<sup>nd</sup> Floor  
Astoria, NY 11103

**Population:** Teens & young adults up to age 22

**Services:** Support groups, activities & programs for LGBT teens.

\$. Free

Website: [www.queenscommunityhouse.org](http://www.queenscommunityhouse.org)

**Queens Pride House- The Diversity Center of Queens**

☎ (718) 429-5309

Address: 76-11 37th Ave, Suite 206  
Jackson Heights, NY 11372

**Population:** Youth, adults, families.

**Services:** Provides health referral hotline, drop-in center, free computer and internet services and support groups.

\$. Free

Website: [www.queenspridehouse.org](http://www.queenspridehouse.org)

**Long Island****Gay and Lesbian Switchboard of Long Island**

☎ (631) 665-3700

Address: GLSB of Long Island

P.O. Box 1321

Ronkonkoma, NY 11779

**Population:** Gay, lesbian, bisexual, and transgender communities on LI.

**Services:** Provides peer counseling and information services for gay, lesbian, bisexual and transgender communities of LI and its surrounding areas.

\$. Free.

Website: <http://www.glsbli.com/>

**Pride for Youth (part of LI Crisis Center)**

☎ (516) 679-1111 (Hotline)

☎ (516) 826-0244

Address: 2740 Martin Avenue

Bellmore, NY 11710

**Population:** Youth under the age of 21.

**Services:** Pride for Youth offers short term counseling to lesbian, gay, bisexual and transgender youth and those questioning their sexual identity. Weekly support groups for young people as well as other social events.

\$. Free.

Website: <http://www.longislandcrisiscenter.org/counselingandservices.htm>

# Bereavement

## Manhattan:

### **Cognitive Therapy Associates**

☎ (212) 258-2577

Locations throughout Manhattan.

**Population:** Parents, family and friends.

**Services:** Experienced therapists specializing in highly effective Cognitive Behavioral Therapy (CBT).

\$. Call for fee.

Website: <http://www.cognitive-therapy-associates.com/aboutus/>

### **A Caring Hand**

☎ (212) 561-0622

Address: 305 7<sup>th</sup> Ave

New York, NY 10001

**Population:** Children and their families.

**Services:** This program focuses on remembering, coping, and community building—the essential components of grief work. The goal is to meet the family's needs in a caring environment.

\$. Free

Website: [www.acaringhand.org](http://www.acaringhand.org)

### **A Little HOPE**

☎ (516) 639-6727

Address: 360 East 72<sup>nd</sup> Street, Suite C2300

New York, NY 10021

**Population:** Children and their families.

**Services:** Our mission is to help provide grief counseling and bereavement support services to those who have experienced the loss of a parent or loved one.

\$. Free

Website: [www.alittlehope.org](http://www.alittlehope.org)

### **Center for Loss & Renewal**

☎ (212) 874-4711

Address: 168 West 86<sup>th</sup> Street

New York, NY 10021

**Population:** Children and adults.

**Services:** Professionally led groups and individual counseling, working with both adults and children who are dealing with the loss of a loved one.

\$. Call for fees.

Website: [www.lossandrenewal.com](http://www.lossandrenewal.com)

### **The Compassionate Friends**

☎ (212) 217-9647 or

☎ National office (877) 969-0010

Fax: (630) 990-0246

Address: 3 West 29<sup>th</sup> St. New York, NY 10010

**Population:** Parents, grandparents and siblings of children who have died.

**Services:** Assist families in resolving their grief due to a death of a child and to provide information to help others be supportive. A self-help support organization that offers help, hope and understanding to bereaved families.

\$. Free/donations.

Website: [www.compassionatefriends.org/](http://www.compassionatefriends.org/)

### **Friends in Deed, Inc.**

☎ (212) 925-2009

Fax: (212) 925-2688

Address: 594 Broadway, Suite 706

New York, NY 10012

**Population:** Adolescents.

**Services:** Friends in Deed offers bereavement support groups in big groups. In addition to Big Groups, we offer a range of one-on-one services including crisis counseling, workshops & seminars.

\$. All services are free of charge.

Website: [www.friendsindeed.org](http://www.friendsindeed.org)

### **Greenwich Village Center for Separation and Loss (Dr. Robert Gangi)**

☎ (212) 380-8059

Address: 25 East 10<sup>th</sup> St., Suite 2F NY, NY

**Services:** Individual sessions are typically once-weekly. Groups meet for an hour and typically consist of 5 to 7 members.

Website: [www.gvsl.org](http://www.gvsl.org)

### **Jewish Board of Family and Children's Services, Inc.**

☎ (212) 582-9100

☎ (888) 523-2769 (888-JBFCS-NY)

Fax (212) 399-2475

Address: 120 W. 57<sup>th</sup> St. New York, NY 10019

**Population:** Children, adolescents and families.

**Services:** Bereavement support group program by licensed mental health professionals and social workers.

\$. Sliding scale, free.

Website: [www.jbfcs.org](http://www.jbfcs.org)

### **Loss and Bereavement Program for Children and Adolescents**

☎ (212) 632-4665

Fax: (212) 307-7896

Address: 120 W. 57<sup>th</sup> St. New York, NY 10019

**Population:** Children and adolescents.

**Services:** Provides bereavement groups designed to help children and adolescents cope with the death of a parent or caregiver. These groups are held at JBFCS sites throughout the city. Individual and group counseling are also available for surviving caretakers.

### **Brooklyn:**

#### **Catholic Charities Brooklyn & Queens Bereavement Center for Support and Healing**

☎ (718) 722-6214

Address: 66 Boerum Place  
Brooklyn, NY 11201

**Population:** All ages, teens included.

**Services:** Individual and group talks offered every 2<sup>nd</sup> and 3<sup>rd</sup> Saturday @ 10 am.

\$: Free.

Website: [www.ccbq.org](http://www.ccbq.org)

#### **Metropolitan Jewish Hospital**

☎ (718) 921-7900 or (718) 759-4492

Fax: (718) 759-4181

Address: 6323 7<sup>th</sup> Ave  
Brooklyn, NY 11220

**Population:** Teens along with their loved ones.

**Services:** Counseling and support on an individual as well as group basis. Every 1<sup>st</sup> Monday @ 6:30.

\$: Free.

Website: [www.mjhs.org](http://www.mjhs.org)

### **Queens:**

#### **Peninsula Hospital Center-Main Office**

☎ (718) 734-2000

Address: 51-15 Beach Channel Drive  
Far Rockaway, NY 11691

**Population:** Family members or friends who have lost a loved one.

**Services:** Provides comprehensive inpatient and outpatient health care for the community offering a wide range of clinical services.

\$: Call for fee.

Website: <http://www.peninsulahospital.org/>

### **Hospice Care Network**

☎ Queens (718) 939-CARE

**Population:** Individuals of all ages and circumstances in need of bereavement services.

**Services:** Support groups for adults and children. The children's bereavement program is called The Healing Circle, which provides counseling, peer interaction group support and education as children and their parents/caregivers are grieving. Support groups are located in Fresh Meadows.

\$: \$60 fee for support groups but is negotiable.

Website: [www.hospicecarenetwork.org](http://www.hospicecarenetwork.org)

### **Long Island:**

#### **Advisory Council for the Youth of Mineola, Inc.**

☎ (516) 742-1715

Fax: (516) 747-5690

Address: 450 Jericho Turnpike, Suite 201  
Mineola, NY 11501

**Population:** Children, adolescents and adults.

**Services:** Provides individual, family and group counseling (such as Rap, parent support, bereavement). Bi-lingual social worker is available.

\$: Sliding scale fee.

Website: [www.mineolayouth.org](http://www.mineolayouth.org)

#### **Bereavement and Trauma Services**

☎ (516) 626-1971

Fax: (516) 626-8043

Address: 480 Old Westbury Road  
Roslyn Heights, NY 11577

**Population:** Those who have experienced loss and death.

**Services:** Working to integrate loss and traumatic events into the fabric of one's lives. Assessment and intervention through individual, family or group modalities by using mind and body to work through bereavement, suicide and other traumatic grief.

\$: Free, insurance, sliding scale.

Website: [info@northshorechildguidance.org](mailto:info@northshorechildguidance.org)



**Brookhaven Memorial Hospital Medical Center-Little Stars Children's Bereavement Support Group**

☎ (631) 687-2960

Fax: (631) 687-2970

Address: Carrol and Henrietta Swezey Medical Pavillion, 105 West Main St. Patchogue, NY 11772-3003

**Population:** Children.

**Services:** Provides a bereavement support group for children ages 4-12 years old. Meets for eight sessions, Tuesday evenings. Registration is required. Call for information/schedule.

\$. Call for fee.

Website: <http://www.brookhavenhospital.org/services/supportgroups.html>

**Cognitive Therapy Associates**

☎ (212) 258-2577(Call for referral)

Locations in Nassau County (Garden City, Rockville Centre) and Suffolk County (Miller Place/Port Jefferson)

**Population:** Parents, family and friends.

**Services:** Experienced therapists specializing in highly effective Cognitive Behavioral Therapy (CBT).

\$. Call for fee.

Website: <http://www.cognitive-therapy-associates.com/aboutus/>

**Hospice Care Network**

☎ Nassau (516) 832-7100

☎ Suffolk (631) 666-6863

Various locations throughout Nassau and Suffolk counties.

**Population:** Individuals of all ages and circumstances in need of bereavement services.

**Services:** Support groups for adults and children. The children's bereavement program is called The Healing Circle, which provides counseling, peer interaction group support and education as children and their parents/caregivers are grieving. Support groups are located in Fresh Meadows.

\$. \$60 fee for support groups but is negotiable.

Website: [www.hospicecarenetwork.org](http://www.hospicecarenetwork.org)

**North Shore Child and Family Guidance Center**

☎ (516) 299-5373 Ext. 236

Contact Kathi Morse, Coordinator.

Address: 480 Old Westbury Road, Roslyn Heights, NY 11577

**Population:** Families of children ranging from 0-24 years of age.

**Services:** Offers individual counseling, psychiatric evaluation, support groups, and crisis intervention for children, adolescents, and family members to help with the process of mourning. Groups geared to special traumatic situations are available. The center also addresses abuse prevention and treatment providing clinical outreach services to victims and families suffering from or involved in patterns of abuse or neglect.

\$. Call for fee.

# Child Abuse and Neglect

## All Boros, Westchester & Rockland Counties

### New York Foundling

**Main Address:** 590 Avenue of the Americas  
New York, NY 10011

☎ (212) 633-9300 Main #: (212) 886-4000  
Parent Helpline: (212) 472-8555,  
(800) HELP-553

**Website:** <http://www.nyfoundling.org/>

**Population:** Children and families.

**Services:** Consultation, on-site evaluation, telephone referrals, short-term counseling, training & workshops on child abuse, awareness & prevention.

\$. Free

## Manhattan

### Safe Horizon Child Advocacy Centers

☎ (646) 695-6100  
Address: 1753 Park Ave  
New York, NY 10035

**Population:** Children and their families.

**Services:** Medical examinations and mental health services and support.

\$. Free.

**Website:** [www.safehorizon.org](http://www.safehorizon.org)

### New York State Office of Family Services

☎ (212) 383-1788  
Fax (212) 383-1811  
Address: 80 Maiden Lane, 24<sup>th</sup> Floor  
New York, NY 10038

**Population:** Adults and children.

**Services:** Report child abuse, get resources and information, adoption assistance, foster care, prevention services.

\$. Most services are free.

**Website:** [:http://www.ocfs.state.ny.us/main](http://www.ocfs.state.ny.us/main)

### The New York Center for Children

☎ (212) 517-3012  
Fax: (212) 517-6738  
Address: 333 East 70 St. NY, NY 10021

**Population:** Children & families.

**Services:** Evaluations, medical examinations, therapy, individual crisis intervention counseling, educational programs.

\$. Free

**Website:** [www.newyorkcenterforchildren.org](http://www.newyorkcenterforchildren.org)

### Greenwich House Children's Safety Project

☎ (212) 242-4140 x237  
Fax: (212) 366-4226  
Address: 27 Barrow Street, 2nd floor  
New York, NY 10014-3823

**Population:** Children and adolescents under the age of 21, parents, older adults.

**Services:** Counseling for children, adolescents, and young adults up to 21 who have been physically or sexually abused, or victim or

witness to a crime. It offers individual, family and group counseling, parent support groups and classes, and child safety classes for children.

\$. Treat all patients regardless of ability to pay; Sliding scale

**Website:** <http://www.greenwichhouse.org/safety.htm>

### Child Abuse Prevention Program (CAPP)

☎ (212) 344-1902  
Fax: (212) 344-1923  
Address: 5 Hanover Square, 15<sup>th</sup> Floor  
New York, NY 10004

**Population:** Children & adults

**Services:** Training & workshops to teach children to recognize, resist and report physical & sexual abuse.

\$. Free

**Website:** [www.childabusepreventionprogram.org](http://www.childabusepreventionprogram.org)

## Queens, Brooklyn, Staten Island

### Safe Horizon Child Advocacy Centers

**Queens Address:** 112-25 Queens Blvd.  
Forest Hills, NY 11375

☎ (718) 275-3948

**Brooklyn Address:** 320 Schermehorn St.  
Brooklyn, NY 11217

☎ (718) 330-5400

**Staten Island Address:** 130 Stuyvesant Place  
Staten Island, NY 10301

☎ (718) 556-4095

**Population:** Children and their families.

**Services:** Medical examinations and mental health services and support.

\$. Free.

**Website:** [www.safehorizon.org](http://www.safehorizon.org)

**Child Center of New York**

☎ (718) 651-7770 ext 202

Various locations

Main Office: 60-02 Queens Blvd

Woodside, NY 11377

**Population:** Child victims (under 18yrs old) and their families.

**Services:** Family intervention, child and youth programs, counseling & home visits.

\$. Free

Website: [www.childcenterny.org](http://www.childcenterny.org)

**Law Offices of Donald Mastrodomencio****Judy Elizabeth Lukose, Attorneys at Law**

☎ (718) 268-8111

Fax: (718) 268-7382

Address: 107-19 71<sup>st</sup> Ave

Forest Hills, NY 11375

**Population:** All ages

**Services:** Family law, domestic violence, child abuse/neglect etc..

\$. Free in-depth consultation. Low fees on services rendered.

**Long Island:****Coalition Against Child Abuse and Neglect**

☎ (516) 747-2966

Fax: (516) 747-5065

Address: 229 Seventh Street, Suite 00,

Garden City, NY 11530

**Population:** Child victims (under 18 years old) and their families; community and professional agencies.

**Services:** Child advocacy, peer support groups, therapy, training and education on child abuse.

\$. Free & families must be TANF eligible for some services.

Website: [www.ccanli.org](http://www.ccanli.org)

**Peninsula Counseling Center** (Programs for Children and the Adam Cohen and Jonah Richman Adolescent Center)

☎ (516)569-6600

Fax: (516) 374-2261

Address: 50 West Hawthorne Ave

Valley Stream, NY 11580

**Population:** Children & adolescents.

**Services:** Individual, family & group therapy, child abuse prevention & treatment programs.

\$. Insurance, uninsured people w/ limited finances pay a modest fee.

Website: [www.peninsulacounseling.org](http://www.peninsulacounseling.org)

**CAPS – Child Abuse Prevention Services**

☎ (516) 621-0552

Fax: (516) 621-3767

Address: P.O. Box 176 Roslyn, NY 11576

**Population:** Children and adolescents.

**Services:** CAPS has programs addressing the varied forms of child abuse, bullying, sexual harassment, date rape and online exploitation.

\$. Free

Website: [www.capsli.org](http://www.capsli.org)

**Family and Children’s Association**

☎ (516) 746-0350

Fax: (516) 294-0198

Address: 100 East Old Country Rd.

Mineola, NY 11501

**Population:** Children, families, and communities.

**Services:** Various services for children, youth, adults & seniors including counseling, case management, referrals, community resources, residential services and short-term crisis intervention.

\$. Free

Website: [www.familyandchildrens.org](http://www.familyandchildrens.org)

**Westchester:****Child Abuse Prevention Center of NY, Inc.**

☎ (914) 997-2642

☎ Parent Help Line: (914) 682-CARE (24/7)

Fax: (914) 997-1241

Address: 7 Holland Ave

White Plains, NY 10603

**Population:** Parents.

**Services:** Help line, parent aids and workshops.

\$. Free

Website: [www.preventchildabuse.net](http://www.preventchildabuse.net)

# Crisis Counseling

## Hotlines:

### Long Island Crisis Center

☎ (516) 679-1111

### National Runaway Switchboard Hotline

☎ (777) 880-9860 1-800-RUNAWAY

### National Youth Crisis

☎ (800) 448-4663

### New York Suicide and Crisis Hotline

☎ (800) 784-2433 or (800) 273-8255

### Rape, Abuse & Incest National Network

☎ (202) 544-1034

### Samaritans Suicide Prevention Hotline

☎ (212) 673-3000

## Manhattan

### AIDS Service Center of NYC

☎ (212) 645-0875

Fax: (212) 645-0705

Address: 41 East 11<sup>th</sup> Street, 5<sup>th</sup> floor.

New York, NY 10003

**Population:** All ages.

**Services:** AIDS service NYC provides individualized case management services. They have support groups. They provide basic needs such as food and clothing.

\$: Free.

Website: <http://www.ascnyc.org>

### Community Service Society of New York

☎ (212) 614-5484

Address: 105 East 22<sup>nd</sup> Street

New York, NY 10010

**Population:** Adults, children, and families.

**Services:** Provides individual and families in need with emergency assistance in such areas as eviction prevention, advocacy for public benefit recipients, job and housing searches. The Social Services Department meets the needs of low income New Yorkers and those in temporary crisis.

\$: Free.

Website: <http://www.cssny.org/index.html>

### Crisis Counseling Center (Pace University)

☎ (212) 346-1523

Address: 156 William Street, 12<sup>th</sup> floor

New York, NY 10038

**Population:** All ages.

**Services:** Crisis intervention offers immediate, intensive, and brief professional assistance to people who have a traumatic experience.

\$: Free.

Website: <http://appserv.pace.edu/execute/page>

### Metropolitan New York Coordinating Council on Jewish Poverty

☎ (212) 453-9500

Fax: (212) 453-9600

Address: 80 Maiden Lane, 21<sup>st</sup> floor.

New York, NY 10038

**Population:** Addresses the needs of Jewish people who are in crisis situations and needs arising from domestic violence.

**Services:** They assist with: emergency shelter, rental assistance, emergency food, clothing, and short term counseling.

\$: Call for fee.

### Safe Space

☎ (212) 226-3536

Address: 295 Lafayette Street, Suite 920

New York, NY 10012

**Population:** At-risk youth and families.

**Services:** Safe Space works with the city's most at-risk youth and families to prevent foster care placement, build strong families and promotes self-sufficiency. Our mission remains urgent: to protect kids, keep them safe and help them grow.

\$: Free.

Website: <http://www.safespacenyc.org/>

### Samaritans Suicide Prevention Hotline

☎ (212) 673-3000

Address: P.O. Box 1259

Madison Square Station, New York, NY 10159

**Population:** Individuals of all ages and circumstances in need of crisis intervention.

**Services:** The suicide prevention hotline provides a crisis response/training team that supplies feedback and support to those touched by suicide, and awareness and prevention workshops. Free monthly "peer" support meetings for those who have lost a loved one to suicide.

\$: Free.

## Brooklyn

### Catholic Charities of Brooklyn

☎ (718) 722-6001

Address: 191 Joralemon Street  
Brooklyn, NY 11201

**Population:** Families, adults and children.

**Services:** Emergency financial assistance, food, shelter, entitlement assistance and advocacy. Social workers and other trained staff make referrals and advocate with programs to meet specific needs in substance abuse, child and spousal abuse, employment, housing and other social service problems.

\$. Free.

Website: <http://www.ccbq.org/>

### Community Counseling Mediation

☎ (718) 858-0666

Fax: (718) 858-9493

Address: 1 Hoyt St., 7<sup>th</sup> floor,  
Brooklyn, NY 11201

**Population:** 4 years and up.

**Services:** Mental health, foster care agency, therapeutic services, aids and other support groups.

\$. Medicaid, HIP, Metro Plus, and Medicare, \$35 per session without insurance.

Website: [www.ccmnyc.org](http://www.ccmnyc.org)

### LI College Hospital

☎ (718) 780-1459

Fax: (718) 780-2942

Address: 339 Hicks St., Brooklyn, NY 11207

**Population:** Services are provided to survivors of crime ages 12 and older.

**Services:** Offers rape crisis intervention and victims of violence programs.

\$. Free.

Website: [www.rcipvovop.org](http://www.rcipvovop.org)

### Ohel Children's Home and Family Services

☎ (888) 311-OHEL

Address: 4510 16<sup>th</sup> Avenue  
Brooklyn, NY 11204

**Population:** Children, family, adults, senior citizens, people with special needs in the Jewish community.

**Services:** Provides homes for abandoned families, counseling, school programs, and sexual abuse services.

Website: [www.ohelfamily.org](http://www.ohelfamily.org)

### Rape Crisis Intervention/Victims of Violence Program (RCIP/VOVP)

☎ (718) 780-1459

Address: Long Island College Hospital,  
339 Hicks Street, Brooklyn, NY 11201

**Population:** Services are provided to female and male survivors, 12 and older.

**Services:** Individual and group counseling to survivors of violent crime, particularly survivors of rape, sexual assault, and domestic violence. Short term counseling, 12-15 sessions.

\$. Free.

Website: <http://www.ccanli.org/index.htm>

## Queens

### Salvation Army

☎ (718) 497-4356

Contact: Envoys Eduardo/Eugene Turbanos

Address: 69-23 Cypress Hills Street  
Ridgewood, NY 11385

\*Additional communities served.

**Population:** Americans seeking the basic necessities of life: food, shelter and warmth.

**Services:** Adult program services, emergency assistance, family counseling services, older adult services, worship center, & youth services.

\$. Free.

Website: [http://www.salvationarmyusa.org/usn/www\\_uns.nsf](http://www.salvationarmyusa.org/usn/www_uns.nsf)

### Child Center of NY

**Formerly known as: Queens Child Guidance**

☎ (718) 651-7770

Fax: (718) 651-5029

Address: 71-50 Parsons Blvd  
Flushing, NY 11365

**Services:** Crisis intervention & leadership skills.

\$. Not for profit.

Website: [www.childcenterny.org](http://www.childcenterny.org)

## Long Island

**The Compassionate Friends**

☎ (516) 868-8457

Address: Temple Judea, 333 Searington Road  
Manhasset, NY 11030

**Population:** Bereaved parents and siblings ages  
16 and older.

**Services:** Offers group help to bereaved parents  
and siblings. Special groups for adult siblings,  
parents of suicide and suicide survivors.

\$. Free.

Website: [www.compassionatefriends.org](http://www.compassionatefriends.org)

or <http://www.tcfomanhasset.org/index.htm>

**Long Island Crisis Center**

☎ (516) 826-0244

Address: 2740 Martin Avenue  
Bellmore, NY 11710

**Population:** Youth, homeless, and runaways.

**Services:** Counseling and support groups,  
community education, distribution of food,  
water, shelter and hygiene products,  
transportation to shelters, case management,  
suicide prevention.

\$. Free.

Website: [www.longislandcrisiscenter.org](http://www.longislandcrisiscenter.org)

**North Shore Child & Family Guidance  
Center**

☎ (516) 626-1971

Fax: (516) 626-8043

Address: 480 Old Westbury Road  
Roslyn Heights, NY 11577

**Population:** Children and families.

**Services:** Support groups and services that  
address the emotional and developmental needs  
of children, youth, and families whose  
functioning is or is at risk of being impaired due  
to psychological or environmental factors.

Website: <http://www.northshorechildguidance.org/index2.html>

# Sexual Issues

## Hotlines:

### National HIV/AIDS and STD Hotline

☎ (800) 342-AIDS, 24 hours/day, 7 days/week  
☎ (800) 344-SIDA Spanish language, 8 am-2pm EST

☎ (800) 243-7887 TTY for the deaf, Mon-Fri, 10am-10pm EST

**Services:** Anonymous, confidential HIV/AIDS and STD information including referrals to appropriate services, local hotlines, counseling and testing sites, etc.

Website: [www.cdc.gov](http://www.cdc.gov)

### NYC Department of Health and Mental Hygiene

☎ (800) 825-5448

Serving all five boros.

**Population:** Adolescents and adults.

**Services:** HIV counseling and Rapid HIV testing, viral hepatitis services are offered.

Emergency contraception and pregnancy testing available.

### New York State Coalition against Sexual Assault (NYSCASA)

☎ 800-942-4248

☎ Linea Directa en Espanol: 1-800-942-6908

Fax: (518) 482-4248

Website: <http://www.nyscasa.org/>

### Children of Hope Safe Haven

☎ (877) 796-4673 (HOPE)

**Services:** Free anonymous and confidential counseling, information and referrals are available 24/7 to pregnant women and those who have just given birth and who wish to relinquish their newborns under the Safe Haven Law of New York State.

Website: [www.safeplacefornewborns.com](http://www.safeplacefornewborns.com)

### Sex Addicts Anonymous

☎ (800) 477-8191

Sex Addicts Anonymous is a 12 step program for those who have a desire to stop addictive sexual behavior.

\$. Free, donations are welcome.

Website: <http://saa-recovery.org/index.htm>

## Manhattan

### The Body

Address: 250 West 57<sup>th</sup> Street  
New York, NY 10107

**Population:** Parents, family, and friends.

**Services:** Their mission is to lower barriers between patients and clinicians through human connection and educate people on sexual issues.

Website: <http://www.thebody.com/content/art40482.html>

### Carrera Adolescent Pregnancy Prevention Program/Children's Aid Society

☎ (212) 949-4800

Address: 105 East 22<sup>nd</sup> St. New York, NY 10010

**Population:** Infants, children, teens & parents.

**Services:** Education on preventing pregnancy, programs for adolescents that include sex education and pregnancy prevention.

\$. Free.

Website: <http://www.stopteenpregnancy.com>

### Covenant House New York

☎ (212) 613-0300

Address: 460 West 41<sup>st</sup> Street  
New York, NY 10036

**Population:** Crisis centers provide emergency shelter for homeless youth under the age of 21.

**Services:** Provides young people with support and services in their own communities.

Counseling, referrals, educational and vocational programs, medical services, legal services, youth leadership opportunities and outreach services for young people on the streets are provided for all Centers.

\$. Free.

Website: [www.covenanthouseny.org](http://www.covenanthouseny.org)

### The Door

☎ (212) 941-9090

Fax (212) 914-0714

Address: 121 Ave of the Americas  
New York, NY 10013

**Population:** Ages 12-21.

**Services:** Provides comprehensive, integrated services to empower young people to reach their potential by providing comprehensive youth development services in a diverse and caring environment.

\$. Free.

Website: <http://www.door.org/index/html>

**Inwood House Teen Parent Training and Support**

☎ (212) 861-4400

Address: 320 E. 82<sup>nd</sup> St., New York, NY 10028

**Population:** Homeless pregnant teens and pregnant teens in foster care.

**Services:** Inwood provides a safe home, supportive community, education and counseling to young, pregnant teens.

\$. Free if accepted.

Website: [www.inwoodhouse.com/research.html](http://www.inwoodhouse.com/research.html)

**NY Presbyterian Clinics: Family Planning, Young Adults, & Young Men's Center for Community Health & Education**

☎ (212) 342-3232

**Population:** Women and men under 30.

**Services:** Family planning services, contraception, GYN exams, pregnancy testing, nutritional counseling, health education, referrals (including abortion), Medicaid/PCAP, enrollment; STD/HIV testing, counseling and treatment, HIV specific social and medical services.

\$. Free.

Website: <http://www.nyc.gov>

**Planned Parenthood of New York City**

☎ (212) 541-7800 or (800) 230-7526

Address: 26 Bleeker Street  
New York, NY 10012-2413

**Population:** Teens, adults, parents, educators.

**Services:** Adult Role Model Programs and workshops to teach parents how to talk to their children about sex.

\$. Education and training for parents is free.

Website: <http://www.plannedparenthood.org/nyc/index.htm>

**SIECUS NY Office**

☎ (212) 819-9770

Fax: (212) 819-9776

Address: 90 John Street, Suite 704  
New York, NY 10038

**Population:** All ages.

**Services:** Works to make sure that information, knowledge, and skills are within everyone's reach. Each year SIECUS distributes print and electronic resources to educators, advocates, parents, researchers, physicians, and others working to expand sexual health programs, policies, and understanding.

\$. Free.

Website: <http://www.siecus.org/school/std/stds001.htm>

**Brooklyn**

**MIC-Womans Health Services (Bushwick)**

☎ (718) 443-9300

335 Central Avenue, Brooklyn, NY 11221

**Population:** Adolescents, adults, & females.

**Services:** Birth control, emergency contraception, GYN care, HIV testing, pregnancy testing, prenatal care, STD testing.

\$. Most insurance, Medicaid, no insurance (call for complete list).

Website: <http://www.mhra.org/mic/find.cfm>

\*Spanish speaking interpreter services available.

**New York City Family Justice Center**

☎ (800) 621-4673 or (800) 810-7444

Address: 350 Jay Street, Brooklyn, NY 10007

**Population:** Brooklyn domestic violence victims.

**Services:** Legal information, children activities, safety planning, counseling, support groups, services for elderly/disabled, assistance with shelter/housing, language interpretation, spiritual support.

\$. Free.

Website: [www.nyc.gov/domesticviolence](http://www.nyc.gov/domesticviolence)

**Safe Horizon**

☎ (212) 577-7700

Address: 2 Lafayette St., Brooklyn, NY 10007

**Population:** Those who have experienced domestic violence, stalking, rape and sexual assault, child abuse and incest, homicide, trafficking, homeless youth, 911 victims.

**Services:** Individual and group counseling, support groups, educational classes, assists in finding resources, hotline, legal assistance, distributes meals for the homeless youth.

\$. Free/fee for some classes.

Website: [www.safehorizon.org](http://www.safehorizon.org)

**Queens**

**Queens Comprehensive Prenatal Council Inc.**

☎ (718) 558-9121

Fax: (718) 558-9121

Address: 106-46 Guy R. Brewer Blvd.  
Jamaica, NY 11488

**Population:** Women, pregnant women and parenting children.

**Services:** Health education workshops and referrals.

\$. Free.

Website: [www.qcrc.org](http://www.qcrc.org)



**South Queens Community Health Center**

☎ (718) 558-9121

Fax: (718) 558-9121

Address: 114-02 Guy R. Brewer Blvd.  
Jamaica, NY 11434

**Population:** Teens.

**Services:** Health education and counseling sessions, free HIV and pregnancy tests Mon-Fri., 9-5. Teen nights: Tuesdays 4-7 p.m., by appointment.

\$: Health First, Metro Plus, GHI, HIP & No insurance required for confidential teens.

Website: affiliated

with [www.nyhealth&hospitalcooperation.org](http://www.nyhealth&hospitalcooperation.org)

**Bronx****Adolescent and Family Comprehensive**

**Services (A.F.C.S)**

☎ (718) 299-2327

Fax (718) 299-2327

Address: 45-67 West Tremont Ave.

Bronx, NY 10453

**Population:** Adolescents

**Services:** Comprehensive services to pregnant, at-risk parenting adolescents, young fathers, children and their extended families in the Bronx. Services include but are not limited to the case management, individual/group counseling, and educational workshops.

Website: [www.neighborhoodlink.com/org/afcs](http://www.neighborhoodlink.com/org/afcs)

**Teen Pregnancy Clinic @ St. Barnabas Hospital, Union Community Center**

☎ (718) 220-2020 Ext. 9110

Address: 290 E. 188<sup>th</sup> St., 3<sup>rd</sup> Floor OB/GYN,  
Bronx, NY 10458

**Population:** Teen girls.

**Services:** Offers pregnant teens with psychiatric support, STD prevention, postpartum contraception, WIC referrals, prenatal care, financial assistance, educational videos, nutritional counseling, etc.

\$: Free.

Website: [www.stbarnabashospital.org/Services/ambcare/teenpreg.htm](http://www.stbarnabashospital.org/Services/ambcare/teenpreg.htm)

**Long Island****Brentwood Family Health Center**

☎ (631) 853-3400

Address: 1869 Brentwood Road  
Brentwood, NY 11717

**Population:** All

**Services:** AIDS testing, breast clinic, community outreach, HIV education and counseling, family planning, prenatal care, public health, STD testing and information, WIC.

\$: Insurance, sliding scale, free.

Website: [www.co.suffolk.ny.us](http://www.co.suffolk.ny.us)

**Planned Parenthood**

☎ (631) 361-7526

Fax (361)-7678

Address: 70 Maple Ave  
Smithtown, NY 11787

**Population:** All

**Services:** Adoption counseling and placement, abortion services, annual exams. Birth control/family planning, pills, condoms, Depo-Provera, blood tests, breast exams, cancer screening, male health services, pregnancy testing, prenatal care, etc.

\$: Insurance, sliding scale, free.

Website: [www.plannedparenthood.org](http://www.plannedparenthood.org)

# Suicide

## Hotlines & Websites

### Samaritans Suicide Prevention Hotline

☎ (212) 673-3000

### Lifenet

☎ (800) 543-3638, Spanish; (877) 298-3372;  
Asian (877) 990-8585

### National Suicide Prevention Lifeline

☎ (212) 614-6309 or (800) 273-TALK (8255)  
Website: : [www.suicidepreventionlifeline.com](http://www.suicidepreventionlifeline.com)

### Covenant's House Nineline

☎ (800) 999-9999

Website: [www.nineline.org](http://www.nineline.org)

### National Hopeline Network

☎ (1-800)-SUICIDE (784-2433)

### Long Island Crisis Center

☎ (516) 679-1111

## Manhattan

### A Caring Hand

#### The Billy Esposito Foundation

☎ (212) 229-CARE (2273)

Address: 305 Seventh Avenue, 16<sup>th</sup> floor  
New York, NY 10001

**Population:** Children and adults.

**Services:** Bereavement center whose goal is to meet a child and family in a caring environment. The program focuses on remembering, coping, and community building-the essential components of grief work.

\$. Free.

Website: <http://www.acaringhand.org/>

### American Foundation for Suicide Prevention

☎ (212) 363-3500

Fax (212) 363-6237

Address: 120 Wall Street, 22<sup>nd</sup> floor  
New York, NY 10005

**Population:** All ages and profession.

**Services:** Survivor outreach program helps cope with loss, educational resources, support groups.

\$. Free.

Website: <http://www.afsp.org>

### The Door

☎ (212) 941-9090

Fax: (212) 941-0714

Address: 555 Broome Street  
New York, NY 10013

**Population:** Youth (12-21 years of age).

**Services:** Provides youth services and unmet legal services. Counseling, recreation, arts, education and crisis intervention.

\$. Free.

Website: [www.door.org](http://www.door.org)

### Jewish Community Center in Manhattan

☎ (212) 339-2320 ext 215

Address: 334 Amsterdam Avenue (at West 76St)  
New York, NY 10023

**Population:** Mainly people who have a Jewish background.

**Services:** Rabbi leads groups for families or people who have attempted suicide. Also provides individual counseling.

\$. Free.

Website: <http://www.jccmanhattan.org>

### The Samaritans

☎ (212) 673-3000

Address: PO Box 1259, Madison Square Station  
New York, NY 10159

**Population:** Suicidal people or friends and family of suicide victims.

**Services:** Provide support to individuals and groups who are in crisis, have lost someone to suicide or are feeling suicidal.

\$. Free.

Website: [www.samaritansnyc.org](http://www.samaritansnyc.org)

### Survivors of a Loved One's Suicide

☎ (212) 246-3111 (call for meeting place)

Address: 350 W. 55<sup>th</sup> St., New York, NY 10019

**Population:** All ages.

**Services:** Provides bereavement services for family members of suicide victims.

\$. Free.

Website: <http://www.afsp.org/index.cfm?fuseaction>

## Queens

### Elmhurst Hospital

#### Psychiatric Walk-in-Clinic-3<sup>rd</sup> floor

☎ (718) 334-3826

Address: 79-01 Broadway, Elmhurst, NY

**Population:** Adolescents and adults, males and females.

**Services:** Students in crisis and who need to be immediately evaluated for a severe emotional problem.

\$: Most insurance accepted.

Website: <http://nyc.gov/html/hhc/qhn/home.htm>  
[1](#)

## Bronx

### Support Group for Survivors of Suicide Loss

☎ (718) 547-6655

Address: 333 East 206 St., Bronx, NY

**Population:** Support group for survivors of suicide loss. Serves Bronx, Manhattan, Westchester counties.

\$: Free.

## Long Island

### Long Island Crisis Center

☎ (515) 826-0244

Address: 2740 Martin Avenue  
Bellmore, NY 11710

**Population:** All ages.

**Services:** 24/7 hotline, crisis intervention hotline, walk-in intervention counseling, internet counseling, a Suicide Outreach Team, and suicide prevention workshops in local schools and community locations.

Website: <http://www.longislandcrisiscenter.org/LICCmission.htm>

### Nassau Long Island Survivors of Suicide

☎ (516) 488-7697 or (516) 625-4012

Address: 125 Minneola Avenue, Ste. 106  
Roslyn Heights, NY 11577

**Population:** All.

**Services:** Suicide prevention and crisis services.  
\$: Sliding Scale.

Website: <http://www.suicidology.org>

### Response of Suffolk County

☎ (631) 751-7500

Address: P.O. Box 300, Stony Brook, NY 11790

**Population:** Any individual in need of crisis intervention.

**Services:** Provides a 24/7 crisis intervention and suicide prevention hotline as well as online crisis counseling.

\$: Free.

Website: [www.responsehotline.org](http://www.responsehotline.org)

### The Compassionate Friend

☎ (516) 868-8457

Address: Temple Judea, 333 Searington Road  
Manhasset, NY 11030

**Population:** Bereaved parents and siblings age 16+.

**Services:** Offers group help to bereaved parents and siblings (ages 16+). Special groups for adult siblings, parents of suicide and suicide survivors.  
\$: Free.

Website: [www.crdli.org](http://www.crdli.org)

# Substance Abuse

## Hotlines & Websites

### Nassau County Department of Drug and Alcohol Addiction

☎ (516) 481-4000

### Teens Health

<http://kidshealth.org>

### The Partnership for a Drug Free America

[www.drugfree.org](http://www.drugfree.org)

### National Alcohol Substance Abuse Information Center

☎ (800) 784-6776

[www.addictioncareoptions.com](http://www.addictioncareoptions.com)

### SAMHSA's Substance Abuse Treatment Services

☎ (800) 662-HELP(4357)

☎ Spanish (800) 662-9832

<http://findtreatment.samhsa.gov>

### Substance Abuse Services

☎ (800) 877-HOPE(4673)

### LIFENET

☎ (800) 543-3638 or Spanish (877) 298-3373

### Phoenix House

☎ (800) HELP-111, (212) 831-1555 ext.7500

<http://www.phoenixhouse.org/NewYork>

### Treatment Centers

Addiction Helpline 1-877-335-HOPE

[www.treatmentcenters.com](http://www.treatmentcenters.com)

### Addiction Treatment Center

☎ 877.248.3026

<http://www.addiction-treatment-centers.com>

### Parents: the anti-drug

<http://www.theantidrug.com>

### Manhattan:

#### Partnership for a Drug-free America

☎ 212-922-1560

Address: 405 Lexington Avenue, Suite 1601  
New York, NY 10174

**Population:** Parents and teens.

**Services:** Information and referrals.

\$. Free

### Daytop Village

☎ (718) 474-3800 or (212) 904-1500

Address: Various facilities in Manhattan, Queens, and Brooklyn.

**Population:** Adolescents, adults, and families.

**Services:** Various inpatient and outpatient programs for adolescents, adults, and families.

\$. Health insurance or charges on a sliding scale.

Website: <http://www.daytop.org>

### Prescription Drug Addiction Center

☎ (212) 431-4431

Address: 50 Varick Street  
New York, NY

**Population:** Everyone.

**Services:** Help center.

\$. Insurance

### Veritas Therapeutic Community Inc

☎ (212) 666-1411x124; (212) 663-1356

Address: 68 West 106th Street  
New York, NY 10025

**Population:** Adolescents, women and men.

**Services:** Substance abuse treatment; Residential long-term treatment (more than 30 days)

\$. Self payment, Medicaid, Medicare, State financed insurance (other than Medicaid), Private health insurance

Website: <http://www.asapnys.org>

### Inwood Community Services Inc Comp Outpatient Addiction Program

☎ (212) 942-0043x132

Address: 651 Academy Street, 3rd floor  
New York, NY 10034

**Population:** Adolescents, persons with co-occurring mental and substance abuse disorders, women and men.

**Services:** Substance abuse consultation and evaluation. Treatment for alcohol, cocaine, and other substance abuse. Individual, group, and couples therapy. Relapse prevention and moderation coaching for non-alcoholic drinkers. Provides outpatient individual, group and family therapy as well as psychopharmacological treatment.

\$. Self payment, Medicaid, Private health insurance. Sliding fee scale (fee is based on income and other factors). Payment assistance (Check with facility for details).

Website: <http://www.inwoodcs.org>

### Saint Lukes/Roosevelt Hospital Center CAPA Clinic

☎ (212) 523-7233; (212) 523-3083

Address: 411 West 114th Street, Suite 3-C  
New York, NY 10025

**Population:** Adolescents, persons with co-occurring mental and substance abuse disorders, gays and lesbians.

**Services:** Mix of mental health and substance abuse services; Outpatient, Partial hospitalization/day treatment.

\$: Self payment, Medicaid, state financed insurance (other than Medicaid), private health insurance

Website: <http://www.addictioninstituteny.org>

### **Addiction Institute of New York**

☎ (212) 523-7156

Adolescent Program  
411 West 114th Street  
New York, NY 10025

**Population:** Adolescents, adults & families.

**Services:** Provide services in evaluation, inpatient, and outpatient treatment options as well as a host of programs and services to aid in the rehabilitation process.

\$: Call for fee.

Website: <http://www.addictioninstituteny.org>

### **Brooklyn, Queens & Long Island**

#### **Outreach Project**

☎ (718) 847-9233

Address: 117-11/15 Myrtle Ave.  
Richmond Hill, NY 11418

\* **Facilities in Greenpoint, Brooklyn, Bellport & Brentwood, LI and Ridgewood, Queens.**

**Population:** Adolescents ages 12-18 and their families.

**Services:** Provides residential chemical dependency treatment services for adolescents. After school and evening program is specifically designed to address the individual developmental needs of substance abusing and high risk adolescents and their families.

\$: Cash/check, sliding scale, insurance.

Website: <http://www.opiny.org/>

### **Housing Works Inc**

### **Chemical Dependence OP Service**

☎ (718) 827-8700

Address: 2640 Pitkin Avenue  
Brooklyn, NY 11208

**Population:** Persons with co-occurring mental and substance abuse disorders

**Services:** Substance abuse treatment, Halfway house, Outpatient

\$: Self payment, Medicaid, Medicare, private health insurance, military insurance (e.g., VA, TRICARE)

Payment Assistance: Sliding fee scale (fee is based on income and other factors), Payment assistance (Check with facility for details)

Website: <http://dasis3.samhsa.gov/>

### **Long Island**

#### **Nassau County Department of Drug and Alcohol Addiction**

☎ (516) 227-7007

Address: 600 Hempstead Turnpike  
West Hempstead, NY 11552

**Population:** Adolescents and young adults.

**Services:** Individual and group counseling for personal, family, and drug/alcohol abuse problems.

\$: Sliding scale.

#### **Rockville Centre Narcotics/Drug Abuse**

☎ (877) 335-4673

Address: 30 Hempstead Ave Suite H-6  
Rockville Centre, NY 11570

**Population:** Adolescents, males & females.

**Services:** Substance abuse treatment

\$: Sliding scale

Website: [www.treatment-centers.net](http://www.treatment-centers.net)

## **Cyber-Bullying**

**National Crime Prevention Council**

[www.ncpc.org/topics/cyberbullying](http://www.ncpc.org/topics/cyberbullying)

**NYS Division of Criminal Justice Services**

[http://criminaljustice.state.ny.us/missing/i\\_safety/cyberbullying.htm](http://criminaljustice.state.ny.us/missing/i_safety/cyberbullying.htm)

**Center for Safe and Responsible Internet Use**

[www.cyberbully.org](http://www.cyberbully.org)

**National Center for Victims of Crime**

[www.nvc.org](http://www.nvc.org)

**Cyber bully 411**

[www.cyberbully411.org](http://www.cyberbully411.org)

**Stop Cyber Bullying**

[www.stopcyberbullying.org](http://www.stopcyberbullying.org)

**Stop Bullying Now**

[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)

**Wired Safety**

[www.wiredsafety.org](http://www.wiredsafety.org)

**CyberSmart**

[www.cybersmartcurriculum.org/cyberbullying/NBA/](http://www.cybersmartcurriculum.org/cyberbullying/NBA/)

**Bully Beware**

☎ (888) 552-8559,

Website: [www.bullybeware.com](http://www.bullybeware.com)

**National Service**

Reputation Defender

☎ (888) 720-9800

**Population:** Children and adolescents

**Services:** Performs searches for parents to help avoid cyber-bullying.

\$: \$14.95 per month

**Long Island**

Nassau Counseling

☎ (516) 491-0668

Address: 2415 Jerusalem Avenue

North Bellmore, NY 11710

**Population:** Teens and families

**Services:** Individual and family counseling

\$: Call

Website: [www.nassaucounseling.com](http://www.nassaucounseling.com)

## Self-Injury

## Hotlines & Websites

### Self-Mutilators Anonymous

**Population:** Children and adolescents.

**Services:** An on-line community of men and women who have the desire to stop mutilating themselves physically. SMA takes a 12 step approach similar to AA.

Website: <http://selfmutilatorsanonymous.org>

### Long Island Crisis Center

☎ (516) 679-1111

Website: <http://www.longislandcrisiscenter.org/index/htm>

### S.A.F.E. ALTERNATIVES

☎ (800) DONT CUT

Website: [http://www.selfinjury.com/referrals\\_the\\_rapistreferrals.htm](http://www.selfinjury.com/referrals_the_rapistreferrals.htm)

☎ 1-800-SUICIDE (784-2433)

Website: <http://www.hopeline.com>

## Manhattan

### Weill Cornell Medical College - Psychiatry

☎ (888) 694-5700

Address: 525 East 68th Street  
New York, NY 10065

**Population:** Child and adolescents

**Services:** Dialectical Behavior Therapy for self-injuring teens. Short-term treatment for lifetime skills.

\$: Insurance accepted.

Website: [www.cornellpsychiatry.com](http://www.cornellpsychiatry.com)

### New York City Depression & Mood Disorder Group

☎ (917) 445-2399

Address: 100 LaSalle Street, #5-A  
New York, NY 10027

**Population:** Everyone.

**Services:** Provides support to persons diagnosed with mood disorder, depression, and bipolar disorder. Self-injury and cutting is highly associated with depression and mood disorders.

\$: Free.

Website: <http://hometown.aol.com/nycmtsina>

### Self-Help

☎ (212) 971-7600

Address: 520 Eighth Avenue  
New York, NY 10018

**Population:** All ages.

**Services:** Provides two types of home programs that you can directly access and four other contracted services through other agencies.

\$: Non-profit.

Website: [http://www.selfhelp.net/thml/homeCar\\_e.shtm](http://www.selfhelp.net/thml/homeCar_e.shtm)

### Self Mutilators Anonymous

☎ (646) 354-0173

Address: 210 West 31<sup>st</sup> Street  
(btwn 7<sup>th</sup> & 8<sup>th</sup> Aves) New York, NY 10001

**Population:** Adolescents 11 to 17 years of age.

**Services:** A 12 step program for teen self-injurers.

\$: Contribution.

Website: [http://selfmutilatorsanonymous.org/?page\\_id=8](http://selfmutilatorsanonymous.org/?page_id=8)

## Queens

### New Horizon Counseling Center

☎ (718) 845-2620

Fax: (718) 845-9380

Address: 108-19 Rockaway Blvd  
Ozone Park, NY 11420.

**Population:** Teenagers, adults and children.

**Services:** Provides diagnostic evaluation, psychotherapeutic and after care for those experiencing depression, anxiety, phobias, psychosomatic or emotional stresses. May be related to learning difficulties, struggles with adolescence, child-parent difficulties.

\$: Sliding scale.

## Long Island

### Institute for Bio-Behavioral Therapy and Research

☎ (516) 487-7116

Address: 935 Northern Blvd

Great Neck, NY 11021

**Population:** Individuals.

**Services:** A psychological approach that focuses on the present and future of the patient rather than the past. Emphasis on nutrition and physical exercise, family participation (if necessary), and educating patients and relatives about their problems.

\$: Call for fee.

### **Long Island Crisis Center**

☎ (516) 826-0244

Address: 2740 Martin Avenue  
Bellmore, NY 11710

**Population:** Students and educators.

**Services:** Offers community education workshops to students and young people, as well as for faculty, administration and youth on a variety of topics. Workshops for students and young people include: depression and suicide prevention and understanding self-injury.

\$: Free.

Website: <http://www.longislandcrisiscenter.org/LICCcommunity.htm>

### **South Shore Child and Family Guidance Center**

☎ (516) 868-3030

Fax: (516) 868-3374

Address: 17 West Merrick Rd.  
Freeport, NY 11520.

**Population:** Children and adolescents ages 5-18.

**Services:** Provides comprehensive outpatient behavioral health services to children and families residing in Nassau County.

\$: Free.

Website: [www.southshorechildguidance.org](http://www.southshorechildguidance.org)

### **North Shore Family Guidance**

☎ (516) 626-1971

Fax: (516) 626-8043

Address: 480 Old Westbury Rd.  
Roslyn Heights, NY 11577.

**Population:** Adolescents up to 24 years of age and their families.

**Services:** Provides diagnosis and treatment for children, youth, and families. Offers individual, group, and family counseling.

\$: Free.

Website: [www.Northshorechildguidance.org](http://www.Northshorechildguidance.org)

# Abusive



## Hotlines & Websites

### National Teen Dating Abuse Helpline

☎ (866) 331-9474

[www.loveisrespect.org](http://www.loveisrespect.org)

### National Youth Crisis Line

☎ (800) 448-4663

### Teen Helpline

☎ (800) 400-0900

### TeenLine

☎ (800) 522-8336

### Childhelp USA

☎ (800) 422-4453

### [www.loveisnotabuse.com](http://www.loveisnotabuse.com)

Liz Claiborne's dating violence prevention.

### [www.seeitandstopit.org](http://www.seeitandstopit.org)

1800-799-SAFE

A teen organization dedicated to preventing dating violence.

### [www.breakthecycle.org](http://www.breakthecycle.org)

1-888-988-TEEN

A site dedicated to empowering youth to end domestic violence.

### [www.knowtheredflags.com](http://www.knowtheredflags.com)

Interactive website discussing warning signs, excessive jealousy and how control turns to violence.

### [www.endabuse.org](http://www.endabuse.org)

The Family Violence Prevention Fund

### [www.uhavetheright.net](http://www.uhavetheright.net)

Information on teen dating violence awareness.

### [www.thesafespace.org](http://www.thesafespace.org)

Comprehensive source to learn about dating violence.

## Brooklyn

### Arad-American Family Support

☎ (718) 643-8000

Fax: (718)797-0410

Address: 150 Court Street, 3rd floor  
Brooklyn, NY 11201

**Population:** Immigrant teens.

**Services:** Crisis counseling and group counseling.

\$: Free

Website: [www.aafscny.org](http://www.aafscny.org)

### CAMBA

☎ (718) 282-5575

Fax: 718-282-5997

Address: 1720 Church Ave, 2nd floor  
Brooklyn, NY 11226

**Population:** Teens.

**Services:** Crisis counseling, individual counseling, same-sex relationship service, and services for immigrants.

\$: Free

Website: [www.camba.org](http://www.camba.org)

### Brooklyn Child Advocacy Center

☎ (718) 575-1342

Fax: (718) 575-1645

Address: 320 Schermerhorn Street  
Brooklyn, NY 11217

**Population:** Children.

**Services:** Crisis counseling.

\$: Free

Website: [www.safehorizon.org](http://www.safehorizon.org)

## Queens

### Mayor's Office to Combat Domestic Violence: NYC Healthy Relationship Training Academy

☎ (718) 575-4502

Address: NYC Family Justice Center  
126-02 82<sup>nd</sup> Ave

Kew Gardens, NY 11415

**Population:** Youth, schools, agencies.

**Services:** Workshops on healthy relationships.

\$: Free

Website: [www.nyc.gov/domesticviolence](http://www.nyc.gov/domesticviolence)

## Relationships

## Manhattan and Bronx

### Children's Aid Society T.A.R.A. (Teens Against Relationship Abuse) Family Wellness Program

☎ (212) 503-6842  
Fax: (212) 972-7790  
Address: Offices in midtown Manhattan,  
Harlem, and South Bronx  
**Population:** Children and teens.  
**Services:** Individual and group counseling.  
\$: Free  
Website:  
[www.childrensaidsociety.org/familywellness](http://www.childrensaidsociety.org/familywellness)

## All Boros

### Center Against Domestic Violence

☎ (718) 254-9134  
Fax: (718) 254-9132  
Address: 25 Chapel Street, Suite 904  
Brooklyn, NY 11201  
**Population:** Teens  
**Services:** Relationship Abuse Prevention  
Program (RAPP) for teens located in schools  
throughout NYC.  
\$: Free  
Website: [www.centeragainstdv.org](http://www.centeragainstdv.org)

### Safe Horizon

☎ (212) 577-7700  
Fax: (212) 577-3897  
Address: 2 Lafayette Street, 3<sup>rd</sup> flr  
New York, NY 10007  
**Population:** Youth, family and community.  
**Services:** Youth support through counseling,  
youth council & activities.  
\$: Free  
Website: [www.safehorizon.org](http://www.safehorizon.org)

# Divorce

## Websites

The following websites provide tips and resources to help cope with divorce.

**Divorce360**  
[www.divorce360.com](http://www.divorce360.com)

**Parent's Magazine**  
[www.parents.com/parenting/divorce/coping/](http://www.parents.com/parenting/divorce/coping/)

**National Association of School Psychologists**  
[www.nasponline.org/resources/parenting/divorce/ho.aspx](http://www.nasponline.org/resources/parenting/divorce/ho.aspx)

**HelpGuide**  
[www.helpguide.org](http://www.helpguide.org)

**Family Guide: Keeping Youth Mentally Healthy and Drug Free**  
[www.family.samhsa.gov/be/counseling.aspx](http://www.family.samhsa.gov/be/counseling.aspx)

## Manhattan

**The Single Parent Resource Center**  
☎ (212) 951-7030  
Fax: 212-951-7037  
Address: 228 East 45th Street  
New York, NY 10017  
**Population:** Single parents.  
**Services:** Programs include: Single Fathers Program, Single Parents in Recovery, Kids Club, Youth Leadership.  
\$: Free  
Website: [www.singleparentusa.com/](http://www.singleparentusa.com/)

**Marriage and Family Therapists of NY**  
Address: 19 West 34th Street  
New York, NY  
☎ (516) 764-2526  
**Population:** Couples and families.  
**Services:** Group sessions, workshops, individual and family counseling, training for schools and businesses.  
\$: Insurance (out-of-network)  
Website: <http://www.nymft.com/index.html>

**Single Mothers By Choice**  
☎ (212) 988-0993

Address: PO Box 1642 New York, NY 10028  
**Population:** Single women w/ children or opting to conceive or adopt w/o a partner.  
**Services:** Support and information to single mothers and peer group support for their children.  
\$: \$55 annual membership.  
Website: [www.singlemothersbychoice.com](http://www.singlemothersbychoice.com)

**Karen Horney Clinic**  
Address: 329 East 62nd Street  
New York, NY 10021  
☎ (212) 838-4333  
Fax: (212) 838-7158  
**Population:** Children, young adults, adolescents, and adults.  
**Services:** Individual, group, and family therapy; children's play therapy; a foster care program; and a treatment center for incest and abuse.  
\$: Accepts Medicaid, Accepts Medicare, Accepts Child Health Plus, Accepts Family, Health Plus, Sliding fee scale/assistance based on need, Self-pay fees range from \$75-\$150 per session  
Website: <http://www.karenhorneyclinic.org>

## Queens

**Samuel Field YM & YWHA- Singles Services and the Single Parent Center**  
Address: 58-20 Little Neck Parkway  
Little Neck, NY 11362  
☎ (718) 225 - 6750 ext. 243  
Fax : (718) 423 - 8276  
**Population:** Children, young adults, adolescents and adults.  
**Services:** Support groups and workshops, including a separation-divorce group, children from separated/divorced families group, bereavement group for loss of a parent or spouse, personal growth-relationship group, older adult group, parenting workshops, and couples and family counseling.  
\$: Flat rates are charged for groups and workshops. A sliding scale may be applied to most services.  
Website: [www.sfy.org](http://www.sfy.org)

**Community Adolescent Alternative Program**  
Address: I.S. 73, 70-02 54th Avenue  
Maspeth, New York 11378  
☎ (718) 205-4402  
Fax: (718) 205-4214

**Population:** Students with Families in District 24, Queens; areas include Long Island City, Elmhurst, East Elmhurst, Corona, Jackson Heights, Maspeth, Ridgewood and Glendale.  
**Services:** Family counseling for students and families of the district; part of the Drug Prevention and Intervention Program in the district.  
Hours of operation: Tuesdays & Thursdays; 1PM-8PM  
\$: None.

**Steinway Children and Family Services**  
Address: 22-15 43<sup>rd</sup> Avenue  
Long Island City, NY 11101  
☎: (718) 389-5100  
**Population:** Children and families.  
**Services:** Counseling.  
Website: [www.steinway.org](http://www.steinway.org)

**Hillside Eastern Queens Mental Health Center (HEQ)**  
Address: 221-10 Jamaica Avenue  
Queens Village, NY  
☎: (718) 740-3310  
**Population:** All.  
**Services:** Counseling, psychological evaluations.  
\$: Call for fee.  
Website: [www.northshorelij.com](http://www.northshorelij.com)

Roslyn Heights, NY 11577  
☎: (516) 626-1971  
Fax : (516) 626-8043  
**Population:** Children, young adults, adolescents and adults.  
**Services:** Bereavement and trauma services, single parent support services, foster family training, child learning center, support for at-risk youth, home- and center-based support for emotionally disturbed or homeless youth, care coordination for youth at risk for out-of-home placement, and mental health care.  
Single Parent Action Network (SPAN) - discussion and workshops for single parents.  
\$: Accepts Medicaid, Sliding fee scale/assistance based on need.  
Please call for specific payment policies for individual programs; no one will be turned away due to inability to pay.  
Website: [www.northshorechildguidance.org](http://www.northshorechildguidance.org)

**Marriage and Family Therapists of NY**  
Address: 542 Lakeview Avenue  
Rockville Center, NY 11570  
☎ (516) 764-2526  
**Population:** Couples and families.  
**Services:** Group sessions, workshops, individual and family counseling, training for schools and businesses.  
\$: Insurance (out-of network)  
Website: <http://www.nymft.com/index.html>

## Long Island

North Shore Child & Family Guidance Center  
Address: 480 Old Westbury Road