

Mental Health & Social Services For NYC Youth

Helpful Phone Numbers & Hotlines

AIDS Hotline NYC
212-614-5552

Child Abuse Reporting NYS
800-637-1522

Children's Single Point of
Access (CSPOA)
888-277-6258

Coordinated Children's
Service Initiative
212-920-5334

Crime Victim's Board
212-577-7777

Domestic Violence Hotline
800-621-4673

Drug Abuse Hotline
800-522-5353

Food and Hunger Hotline
212-533-6100

Immigrant Hotline (NYC)
718-899-4000

LifeNet
800-LIFENET
Spanish
877-298-3373

Asian
877-990-8585
Deaf/Hearing Impaired
212-982-5284

NYC DYCD Youthline
800-246-4646

Rape & Sexual Assault
212-227-3000

Runaway Hotline
212-619-6984

Teen Pregnancy Hotline
(PCAP)
800-522-5006



- Toll-free and confidential Mental Health Information and Referral Line with access to Mobile Crisis Team
- Staffed by trained Social Workers 24 hours, 7 days per week, 365 days per year
- **1-800-LIFENET** (see column for languages)
- <http://www.800lifenet.org>
- <http://www.hitesite.org>

Mobile Crisis

- Provide evaluation and short term (3-4 sessions) mental health services to clients that either refuse or cannot go to ER's for assessments
- Will see a client in crisis within 24-48 hours of request and make 4 follow up visits
- Have the ability to facilitate hospitalization for individuals in an acute crisis (involuntary hospitalization through the court)
- There are 24 teams citywide, 17 teams have child serving capacities.
- Referrals can be made directly to Crisis Teams through **1-800-LIFENET**

Families on the Move, Inc. (FOTM)

- Up-to-date information and State-of-the-Art care and treatment
- Support to children and youth with emotional, behavioral and/or mental health challenges and their families
- Advocacy in the public forum comprehensive, coordinated, community-based, culturally-competent and family-driven services
- Training and educational forums to increase awareness and skills.
- State-wide Resource: **212-837-7905**

Children's Single Point of Access (CSPOA) 1-888-277-6258

- Children's SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:
 - Case management
 - Home/community based waiver
 - Children's ACT team
 - Community residence
 - Family based treatment

Parent's Resource Center

- Provide Parent-to-Parent Support
- Specially trained staff who are aware of problems families have with children with emotional/behavioral difficulties.
- Provide education, support and advocacy to parents.
 - **Manhattan Zone 3:** Olga Vazquez, 212-410-1820
 - **Manhattan Zone 4:** Janet Rosa, 212-964-5253
 - **Bronx Zone 1:** Wanda Greene, 718-220-0456
 - **Bronx Zone 2:** Yvette Pena, 718-220-0456
 - **Queens Zone 5:** Lorraine Jacobs, 718- 651-1960
 - **Queens Zone 6:** Kathy Gardini, 718-474-2070
 - **Brooklyn Zone 7:** Terri Johnson, 718-290-8100
 - **Brooklyn Zone 8:** Denise Stephenson, 718-859-4500
 - **Staten Island:** Deborah Miller, 718 -698-5307

Office of Safety First 718-543-7233

Follow-up resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Register.

More information about school-based support for mental and behavioral health, contact:

Scott Bloom, LCSW,
Director of School Mental Health Services
SBloom5@schools.nyc.gov or 212-374-6846

ADOLESCENT SKILL CENTER LOCATIONS

Bronx:

Mental Health Assoc. of NYC (MHA)

- Career Development Center: 718-742-6181 (14-18 years old)
- Adolescent Skills Center South: 718-292-7800 (16-21 years old)
- Adolescent Skills Center West: 718-329-8796 (16-21 years old)

Riverdale Mental Health Assoc.

- Bronx WAVE (Work, Achievement, Values & Education) (17-24 years)
Handle It! Career Program (17-24 years)
718-432-8099

BROOKLYN:

Brooklyn Bureau of Community Service

- Adolescent Employment & Education Program (16-21 years): 718-566-0305

MANHATTAN:

International Center for Disabled (ICD)

- Youth Employment Services: 212-585-6043

QUEENS:

The Child Center of NY

- JobNet Youth Program (16-21 years): 718-206-9670

PSCH, Inc

- Adolescent Skills Center (16-21 years): 718-762-3834

STATEN ISLAND

Staten Island Mental Health Society

- SafeTYnet9 Youth Achieving Independence: 718-984-6218

Resources for Youth with Mental Health and Behavior Disorders

Adolescent Skill Centers

- Provides adolescents (15-21 years old) with emotional and behavioral disorders educational remediation, GED prep and vocational training, coaching and placement
- Provides internships and opportunities for paid employment
- Teaches adolescents life management skills such as budgeting, socialization, etc.
- Referrals to be made directly to Skill Centers (*locations on the left*)

Online Resources & WebPages



National Community of Practice on Collaborative School Behavioral Health - The focus of the national community is bridging the differences across education and mental health to support youth. National organizations, state and local agencies, and technical assistance providers come together and define pressing problems in school behavioral health services. Log onto: www.sharedwork.org

NYC Teen Mindspace campaign to engage teens dealing with depression, drugs and violence, and encourages them to seek help:

www.myspace.com/nycteen_mindspace.

Department of Youth and Community Development—Search by zip code to find after school program near your school:

- http://www.nyc.gov/html/dycd/html/afterschool/neighborhood_development_area.shtml

School Mental Health: provides comprehensive information for clinicians, administrators, families and students.

- <http://www.schoolmentalhealth.org>

UCLA's Center for School Mental Health: training materials, printable resources and a technical assistance center

- <http://smhp.psych.ucla.edu/>

The Center for Health and Health Care in Schools: educates on mental health in schools

- <http://www.healthinschools.org/>

The Center for School Mental Health: technical assistance center and resources

- <http://csmh.umaryland.edu/>

The American Psychological Association's Help Center: printable info for parents and educators

- <http://apahelpcenter.org/>

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