Mental Health & Social Services
For NYC Youth

Helpful Phone Numbers & Hotlines

AIDS Hotline NYC
212-614-5552

Child Abuse Reporting NYS
800-637-1522

Children’s Single Point of Access (CSPOA)
888-277-6258

Coordinated Children’s Service Initiative
212-920-5334

Crime Victim’s Board
212-577-7777

Domestic Violence Hotline
800-621-4673

Drug Abuse Hotline
800-522-5353

Food and Hunger Hotline
212-533-6100

Immigrant Hotline (NYC)
718-899-4000

LifeNet
800-LIFENET

Spanish
877-298-3373

Asian
877-990-8585

Deaf/Hearing Impaired
212-982-5284

NYC DYCD Youthline
800-246-4646

Rape & Sexual Assault
212-227-3000

Runaway Hotline
212-619-6984

Teen Pregnancy Hotline (PCAP)
800-522-5006

More information about school-based support for mental and behavioral health, contact:
Scott Bloom, LCSW,
Director of School Mental Health Services
SBloom5@schools.nyc.gov or 212-374-6846

Children’s Single Point of Access (CSPOA) 1-888-277-6258

- Children’s SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:
  - Case management
  - Home/community based waiver
  - Children’s ACT team
  - Community residence
  - Family based treatment

Mobile Crisis

- Provide evaluation and short term (3-4 sessions) mental health services to clients that either refuse or cannot go to ER’s for assessments
- Will see a client in crisis within 24-48 hours of request and make 4 follow up visits
- Have the ability to facilitate hospitalization for individuals in an acute crisis (involuntary hospitalization through the court)
- There are 24 teams citywide, 17 teams have child serving capacities.
- Referrals can be made directly to Crisis Teams through 1-800-LIFENET

Families on the Move, Inc. (FOTM)

- Up-to-date information and State-of-the-Art care and treatment
- Support to children and youth with emotional, behavioral and/or mental health challenges and their families
- Advocacy in the public forum comprehensive, coordinated, community-based, culturally-competent and family-driven services
- Training and educational forums to increase awareness and skills.
- State-wide Resource: 212-837-7905

Office of Safety First
718-543-7233

Follow-up resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Register.
Resources for Youth with Mental Health and Behavior Disorders

Adolescent Skill Centers
- Provides adolescents (15-21 years old) with emotional and behavioral disorders educational remediation, GED prep and vocational training, coaching and placement
- Provides internships and opportunities for paid employment
- Teaches adolescents life management skills such as budgeting, socialization, etc.
- Referrals to be made directly to Skill Centers (locations on the left)

NYC City & State Websites
NYC School Based Mental Health Programs:
- http://schools.nyc.gov/Offices/Health

Child & Family Clinic Plus:
- http://bi.omh.state.ny.us/clinicplus/index

NY Office of Mental Health’s School Based Mental Health:
- http://www.omh.state.ny.us/omhweb/EBP/children_sbmhc.htm

Online Resources & WebPages

NYC Teen Mindspace campaign to engage teens dealing with depression, drugs and violence, and encourages them to seek help: www.myspace.com/nycteen_mindspace.

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