

Call the UFT. We can help!

The United Federation of Teachers provides free, short-term confidential counseling to union members. Our professionally trained counselors can assist you with family and marital problems, financial and legal difficulties, stress, emotional issues and substance abuse problems.

All services are confidential, professional, supportive and are independently offered.

**Assistance is free to members
and strictly confidential.**

Monday – Friday • 10 a.m. – 6 p.m.

As part of the UFT's commitment to improving the lives and well-being of its members, the union created the Member Assistance Program to help support members through various life changes.

We all experience challenges in our personal and professional lives from time to time. While people often handle these on their own, some issues can be difficult to manage without a helping hand.

The Member Assistance Program has trained, professional counselors on staff who guide you through the problems that can put your health and your job in jeopardy. You can expect our services to be confidential, professional and supportive.



United Federation of Teachers
A Union of Professionals

52 Broadway
New York, NY 10004
1-212-777-7500

Michael Mulgrew, President



United Federation of Teachers
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IN NEED OF ASSISTANCE?

Paraprofessionals Service Program

A free and confidential information and referral service for UFT paraprofessionals seeking social service assistance and professional counseling

AVAILABLE SERVICES

WORKERS' COMPENSATION IN NEW YORK STATE

Workers' Compensation is a form of insurance, paid for in advance by your employer, which entitles you to full medical coverage and part of your salary for job-related injuries and illnesses.

Benefits can include:

- All medical expenses, even if you do not lose any time from work (including tests, hospital visits, medication, physical therapy, equipment and even a home-care attendant, if essential, and your transportation costs to see doctors).
- Temporary benefits if you lose wages.

Where can I get help in filing for Workers' Compensation?

Safety & Health Department
WORKERS' COMPENSATION PROJECT

52 Broadway, 15th Floor, New York, NY 10004
Phone: 212-510-6460 • Fax: 212-331-6310
healthsafety@uft.org



MEMBER ASSISTANCE PROGRAM

What kinds of issues can MAP help me address?

- Finding community support groups or mental health services to meet your needs;
- Making referrals to appropriate substance abuse programs;
- Helping with marital or family relationship problems;
- Arranging assistance for victims of domestic violence;
- Offering referrals to legal or credit counseling services;
- Providing trauma and bereavement referrals;
- Suggesting treatment resources for eating disorders such as anorexia nervosa and bulimia; and
- Arranging counseling during times of suicidal crisis or emotional distress.

How do I contact the Member Assistance Program?

Please call our office at 1-212-701-9620. Your call will be returned within one business day.

Planning for a disability or service retirement? Contact the UFT Pension Department at 1-212-598-6866.

For all other inquiries, please contact the Paraprofessionals Chapter at 1-212-598-9291.

MEDICAL BUREAU — 2568 AND REASONABLE ACCOMMODATIONS

The UFT provides Medical Bureau representation for members who have **2568 exams** and for members who are victims of incidents such as harrasment, assault and reckless endangerment.

Any current or prospective employee who is a qualified individual with a disability may request a **reasonable accommodation** in order to continue performing the essential functions of his or her present assignment. Determinations regarding accommodations will be made by the Medical Bureau on an individual basis after a review.

UFT members who would like a representative to accompany them to a medical exam and interview for reasonable accommodation should contact the UFT at 1-212-598-7711.



WELFARE FUND

For disability and health benefits information, contact the UFT Welfare Fund at 1-212-539-0500.