The UFT, in partnership with the NYC Department of Health, is offering a smoking cessation program for our UFT members and staff.

You will get confidential assistance on how to quit smoking. If you are eligible*, we will provide you with nicotine medications (patch, gum) at no charge.

*You may not be eligible if you have high blood pressure, have had a heart attack in the past two weeks, have an irregular heart beat or are pregnant.

You must contact the UFT Smoking Cessation Hotline for confidential assistance and to make arrangements to pick up your nicotine medications.

To contact the UFT Smoking Cessation Hotline please call (212) 598-9287

To learn more about the NYC Department of Health’s ESCAPE program click here.