Sensory Tools for Healing Schools

Help your students get to that just right state of mind.

Sensory tools have the power to reduce anxiety, heighten awareness, improve creativity, promote relaxation and even decrease crisis. Sensory Toolkits are now available for all of the classrooms in your school. (One kit per classroom, please.)

Light filters
Tame harsh fluorescent lights, unpleasant flicker and glare with a calming blue hue that reduces sensory overload and creates a soothing environment.

Wiggle Seats/Cushions
Less obtrusive than a therapy ball, but just as helpful for curbing the wiggles. Lightweight and portable, these encourage weight shifting and provide a discrete outlet for movement during circle time, desk work or while eating. (Elementary school kits only.)

Pencil Fidgets
A simple way to keep restless fingers busy and minds calm and focused. Silent and can be transferred to other pencils.

Foot Fidget Bands
Slip these around the legs of a chair, and students can wiggle, fidget and stretch without distracting others. Promotes focus and supports kids with sensory integration disorder and ADHD.

Beans Bag Chairs
So many positive uses: the centerpiece of a comfortable, calming sensory corner, a lightweight seating solution for kids who need to wiggle or crave tactile stimulation and even a heavy work tossing item or landing pad for crashing. (Not included in high school kits.)

Noise Reducing
Reduce extraneous noises to sharpen focus during independent work or test taking and lower anxiety and stress in noisy situations. Especially effective for students with ADHD, auditory defensiveness, hyperacusis or sensory integration disorder.

Images for representation only; actual kit contents may vary slightly.