

Courses \$10
Seminars \$2
Unless otherwise
noted in description



SI BEAGLE LEARNING CENTERS PROGRAM

WWW.UFT.ORG

VOLUME 34, NUMBER 2

SPRING 2020

HOW TO REGISTER

SPRING LEARNING CENTER CLASS SCHEDULE

Start date: Monday, March 9, 2020

End date: Thursday, May 21, 2020

- Registration deadline: Friday, February 14, 2020

WEEK	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
1	3/9/20	3/10/20	3/11/20	3/12/20	3/13/20
2	3/16/20	3/17/20	3/18/20	3/19/20	3/20/20
3	3/23/20	3/24/20	3/25/20	3/26/20	3/27/20
4	3/30/20	3/31/20	4/1/20	4/2/20	4/3/20
5	4/6/20	4/7/20	4/8/20	—	—
6	—	—	—	—	—
7	4/20/20	4/21/20	4/22/20	5/23/20	4/24/20
8	4/27/20	4/28/20	4/29/20	4/30/20	5/1/20
9	5/4/20	5/5/20	5/6/20	5/7/20	5/8/20
10	5/11/20	5/12/20	5/13/20	5/14/20	5/15/20
11	5/18/20	5/19/20	5/20/20	5/21/20	—

- There will be no classes on the following days:

SPRING RECESS: Thursday, April 9-Friday, April 17

All registration **MUST** be received **BY MAIL ONLY** and sent to:

**UFTWF Retiree Programs
Si Beagle Learning Centers
52 Broadway, 17th Floor
New York, NY 10004**

Please note: We **CANNOT** check to see if we received your registration. Allow eight weeks for processing from the date it is received by the office.

Any other questions, please call the main office at 212-510-6310 from January 2, 2020-February 28, 2020.

❖ **ELIGIBILITY/ REGISTRATION FEES**

- UFT retirees will be registered before spouses, registered domestic partners, AFT, NYSUT and PSC members.
- All checks/money orders must be made payable to **UFTWF Retiree Programs** (no cash accepted). Use the appropriate registration coupon for all courses, seminars, trips, dine arounds, theatre experience and special events.
- There is a **\$10** fee for each course, including Dine Around and Theater Experience and **\$2** for each seminar. You must bring the registration form with you to all courses, seminars and trips. All fees are NON-REFUNDABLE and NON-TRANSFERABLE.

❖ **COURSES**

- The maximum number of courses you may register for is **three**.

- You **MUST** register for the course(s) in advance. We will not accept payment the day of the course.
- Write one check/money order for courses.
- Unless otherwise noted in the description, courses have a **\$10** non-refundable and non-transferable fee. In addition to the three courses you may register for:

❖ **SEMINARS**

- No fee for benefit seminars (e.g. legal plan, health benefits).
- You **MUST** register for all seminars in advance to guarantee seating.
- Write one check/money order for seminars.
- Unless otherwise noted in the description, seminars have a **\$2** non-refundable and non-transferable fee.

❖ **TRIPS**

- You may register for up to **three** trips.
- The price shown is the complete fee for each trip.
- Write a separate check/money order for each trip.**
- All trips are RAIN or SHINE.
- Wear comfortable shoes.
- REFUNDS ARE MADE UPON WRITTEN REQUEST UP TO **FOUR** WEEKS PRIOR TO TRIP DATE. Mail refund request to: UFTWF Retiree Programs, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gino Giustra, Director.

❖ **THEATER EXPERIENCE**

- Individual checks for different shows to be collected at each session.
- Enclose a **separate** check/money order for **\$10** payable to **UFTWF Retiree Programs** for Theatre Experience.

❖ **DINE AROUNDS**

- Individual checks for each restaurant will be collected at orientation session.
- Refunds are contingent upon policy of the vendor.
- Enclose a **separate** check/money order for **\$10** payable to **UFTWF Retiree Programs** for Dine Arounds.

❖ **SPECIAL EVENTS**

- Enclose a **separate** check/money order payable to **UFTWF Retiree Programs**.
- Refunds are contingent upon policy of the vendor.

❖ **NEW!!! DEFENSIVE DRIVING**

- Please see details on page 2

❖ **REGISTRATION PROCEDURE**

- Each registrant **must** complete a separate registration coupon with their name, UFT ID# or last four digits of social security number, address, phone number and course information.

- Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s).
- Spouses, registered domestic partners, AFT, NYSUT and PSC members are wait-listed. Do not enclose a payment for them. You must provide a separate coupon for you spouse if he/she is register.
- If a spouse is *not* registering for any of the programs, do not write his/her name in the line provided. If they are registering, you must provide a duplicate form for them.
- Each registrant must pay with his/her own checks/money order made payable to **UFTWF Retiree Programs**. Include on the checks/money orders the course number exactly as it appears in the course description. Enclose payment with the registration form.
- DO NOT** staple or tape your check to your registration coupon.
- DO NOT** send check/money orders without a registration coupon.
- MEMBERS CANNOT PAY FOR OTHER MEMBERS.**

NB: View Si Beagle offerings online at www.uft.org, click chapters/retirees/programs. View the Si Beagle and download coupon to send it in for registration.

❖ **GENERAL INFORMATION**

- Your course selection coupon will be stamped either with a green "ENTERED" or a red "SORRY COURSE, SEMINAR or TRIP FULL" and returned to you in the mail. Bring the coupon to every session your course, seminar, trip meets if it is marked in **green**. It serves as your admission card. If your coupon is stamped in **red** it indicates that you will not be admitted and your name will be put on a WAIT LIST. WAIT LISTED retirees, registered domestic partners, AFT NYSUT and PSC members will be notified of course openings by a Retiree Programs staff member according to the date registration was received.
- Overpayments will be issued in four to six weeks.
- We reserve the right to cancel any course that has fewer than 15 students registered by the registration deadline. Registered students will be notified and issued full refunds. Refunds will be issued in six to eight weeks.
- New courses, seminars and trips are added periodically in our Learning Centers. These are exempt from the three-course maximum. Look for announcements in the RTC column in each issue of the New York Teacher or on the UFT website.

KEEP THIS ISSUE!

After you have sent in your registration, keep this issue as a reminder of the dates of your courses, seminars and trips.

RETIREE PROGRAMS DEPARTMENT

Michael Mulgrew *President, UFT* • Tom Murphy *Chapter Leader, UFT-RTC* • Debra Penny *UFT Liaison to the RTC* • Gino Giustra *Director, UFTWF Retiree Programs*
Lynn Lospenuso, *Assistant Director, UFTWF Retiree Programs* • Christopher Chin, *LMSW, Director, UFTWF Retiree Social Services*

BOROUGH LEARNING CENTERS

UFT BRONX LEARNING CENTER 2500 Halsey St., Bronx, NY 10461 • (718) 862-6004/(718) 862-6068/(718) 862-6069 • Cheryl Bing-Howard, Robert Fernandez and Elizabeth Harris, Coordinators

UFT BROOKLYN LEARNING CENTER 335 Adams St., 24th Floor, Brooklyn, NY 11201 • (718) 722-6961/ (718) 722-6962 • Evelyn Dorell, Eurika Oliver and Cheryl Richardson, Coordinators

UFT MANHATTAN LEARNING CENTER 50 Broadway, 2nd Floor, New York, NY 10004 • (212) 510-6473/(212) 510-6474/(212) 510-6478/(212) 510-6479

Jo-Ann Hauptman, Carolyn Givens Lambert, Carol Melucci and William Richardson, Coordinators

UFT QUEENS LEARNING CENTER 118-35 Queens Blvd., 8th floor, Forest Hills, NY 11375 • (718) 830-5709/(718) 830-5710/(718) 830-5711

Luchie Canlas, Laurie Kingsberry-Ford, Margaret-Ann Stahl and Ray Taruskin, Coordinators

UFT STATEN ISLAND LEARNING CENTER 4456 Amboy Rd., Staten Island, NY 10312 • (718) 569-4014/718-569-4028 • Jeanne Casanovas, Peggy Munno and Audrey Zimring, Coordinators

OUTREACH SECTIONS

UFT NASSAU SECTION Nina Tribble, Coordinator • (516)350-0978 • **UFT NEW JERSEY SECTION** Judith Rosenstein, Coordinator • (908) 753-0013

UFT SUFFOLK SECTION Ira Faber, Coordinator • (516) 610-8811 • **UFT WESTCHESTER/ROCKLAND/PUTNAM SECTION** Rosanna Nesi, Coordinator • (914) 966-8873

DEFENSIVE DRIVING COURSES

The UFT Activities Department is teaming with the UFTWF Retiree Programs and offering a weekend schedule for Defensive Driving. You will register through the UFT Activities Department/Just for Fun only. The Defensive Driving cost is \$40. The dates will be available in the NY Teacher and online at www.uft.org/our-benefits/defensive-driving. Informational flyers will be available at the Learning Centers.

SPECIAL EVENTS

Enclose a separate check/money order payable to **UFTWF Retiree Programs**. All fees are non-refundable and non-transferable.

BRONX:

XS 651 SHOWCASE OF TALENT

FESTIVAL Thursday, May 28. 10-2. Bronx Learning Center, 2500 Halsey Street. Advance registration required no later than before DATE. C. Bing-Howard/ R. Fernandez/E. Harris.

BROOKLYN:

KS 651 SHOW & SCHMOOZE

Wednesday, May 20. 11-3. \$35. Brooklyn Learning Center, 335 Adams St., 24th Floor. Advance registration required no later than Friday, May 1. E. Dorell/E. Oliver/C. Richardson.

MANHATTAN:

MS 651 MUSIC & ART FAIR Tuesday, May 19. 10-1:30. 52 Broadway, 2nd Fl., Shanker Hall A & B. Advance registration required no later than Thursday, April 30. J. Hauptman/C. Lambert/C. Melucci/W. Richardson.

STATEN ISLAND:

RS 651 END TERM PARTY Join us at Li Greci's Staaten, 697 Forest Avenue. Tuesday, June 2. 12 noon. \$45. Advance registration required no later than Friday, May 15. J. Casanovas/P. Munno/A. Zimring.

NORTHERN N.J.:

JS 600 ANNUAL LUNCHEON Flyers will be mailed in March.

SUFFOLK:

US 600 ANNUAL LUNCHEON

Wednesday June 17. 12-3 Piccola Bussola, 970 W. Jericho Turnpike, Huntington. \$47. Advance registration required no later than Friday, May 29. I. Faber.

WESTCHESTER/ROCKLAND/PUTNAM:

WS 600 ANNUAL LUNCHEON

Wednesday, June 3. 12-3. Seashore Restaurant, 591 City Island Ave, Bronx. \$62. Advance registration required no later than Monday, May 18. R. Nesi.

DINE AROUND & THEATER EXPERIENCE

There is a \$10 fee for Dine Around and Theater Experience. Checks are payable to UFTWF Retiree Programs. All fees are NON-REFUNDABLE and NON-TRANSFERRABLE.

BRONX:

XS 851 THEATER EXPERIENCE

Attend dramas, musicals, on and off Broadway performances at discounted prices. Bring your calendar and checkbook to each session for purchase of tickets. Three Friday sessions: **March 13; April 24; May 22.** 12:30-2. C. Bing-Howard.

XS 951 DINE AROUND Enjoy different cuisines at three different restaurants in the Bronx and/or Westchester area for lunch. Bring your checkbook to the orientation session at the Bronx Learning Center, 2500 Halsey St. on **Thursday, March 12** from 10:30-12 as registration is required for the restaurants at that time. E. Harris/R. Fernandez.

MANHATTAN:

MS 851 THEATER EXPERIENCE On and off Broadway performances at discounted prices. Bring your checkbook to each session for the purchase of tickets. Class meets at UFT Headquarters, 52 Broadway, 19th floor, Rms. D&E. Tickets distributed at each class. Three Thursday sessions: **March 12; April 23; May 14.** 10:15-12:15. R. DeMarco.

MS 951 DINE AROUND Enjoy cuisine for lunch at different restaurants on a Monday or Friday. List of restaurants will be mailed to you. R. Victor.

STATEN ISLAND:

RS 951 EPICUREAN DELIGHT: DINE

AROUND Enjoy a variety of cuisines at 5 p.m. at three well known Staten Island restaurants. Bring checks for each restaurant to the orientation session on **Tuesday, March 10** as registration is required for the restaurants at that time. Meets in annex. 12:15-2:15. R. Zuckerberg.

WESTCHESTER:

WS 851 THEATER EXPERIENCE On and off Broadway performances at discounted prices. Bring your checkbook and calendar to each session for the purchase of tickets. All sessions are at the Northeast Jewish Center, 11 Salisbury Road (off Tuckahoe Rd. across from 24 Hour Fitness parking lot), Yonkers. Three Friday sessions: **March 27; April 24; May 29.** 12:30-2:30. S. Eisenberg.

WS 951 DINE AROUND Enjoy a variety of cuisines in Westchester and Rockland counties. Bring your checkbook to the orientation session in the lobby of the Grinton I. Will Library, 1500 Central Park Ave. in Yonkers on **Tuesday, March 10** from 11-1 as registration is required for the restaurants at that time. R. Nesi.

RETIREE SOCIAL SERVICES/LEGAL PLAN SEMINARS

These meetings provide information on the UFT Welfare Fund Retiree Social Services and the UFT Welfare Fund Legal Plan benefits. The Hospital Stay in Touch, Telephone Reassurance and other Retiree Social Services programs are discussed in detail. Caregiving, home care and aging issues are also addressed. A legal Plan attorney will discuss power of attorney, free simple wills, health care proxies and how to access the plan from different states. An elder law attorney will be at the meeting to talk about elder law supplement, elder law issues and estate planning and trusts. No Fee.

MANHATTAN: MS 803 Tuesday, April 7. 10:30-12:30. 52 Broadway, 19th Fl., Rooms D&E

QUEENS: QS 803 Wednesday, April 29, 10:30-12:30. Queens Learning Center, 118-35 Queens Blvd. 8th Floor.

NORTHERN NEW JERSEY: JS 803 Wednesday, March 18. 10:30-12:30. Ft Lee Recreation Center, 1501 8th St., Ft. Lee. Monmouth County Library, 125 Symmes Drive, Manalapan.

WESTCHESTER/ROCKLAND/PUTNAM: WS803 Thursday, May 7. 10:30-12:30. Grinton I. Will Library, 1500 Central Park Ave., Yonkers.

KNOW YOUR HEALTH BENEFITS SEMINARS

This seminar is designed for retirees who retired within the last three years and desire more information about transitioning from in-service health benefits to retiree health benefits. You may register for the Know Your Health Benefits Seminar or the Turning 65 Seminar, but not both. One per semester. No Fee. R. DiPalma/C. Monteleone.

BRONX: XS 820 Tuesday, March 31, 10:30-12:30. Bronx Learning Center, 2500 Halsey St., Bronx.

MANHATTAN: MS 820 Tuesday, March 17, 10:30-12:30. UFT Headquarters, 52 Broadway, 19nd Fl., Room D&E, NY.

QUEENS: QS 820 Wednesday, March 18, 10:30-12:30. Queens Learning Center, 118-35 Queens Blvd., 8th floor, Forest Hills.

STATEN ISLAND: RS 820 Friday, March 20, 10:30-12:30. Staten Island Learning Center, 4456 Amboy Rd., S.I.

TRIPS

ALL TRIPS ARE SEPARATED BY MONTH THEN DATE.

BUS TRIPS ARE LISTED AT THE END. PLEASE MAKE SURE YOU PUT THE CORRECT CODE & TITLE OF THE TRIP ON YOUR REGISTRATION FORM. BRING THE STAMPED REGISTRATION FORM WITH YOU ON ALL TRIPS.

Refunds will be made upon your written request, up to four weeks prior to trip date. Mail refund request to: UFTWF Retiree Programs,

52 Broadway, 17th Floor, NY, NY 10004. Attn: Gino Giustra, Director

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MARCH

US 901 OHEKA CASTLE TOUR & LUNCH

Explore this breathtaking Gold Coast Mansion, which rests on the highest point of L.I. and its formal gardens on a docent led tour followed by an award-winning cuisine designed to entice the senses. Meet at Oheka Castle, 135 West Gate Dr. in Huntington, L.I. at 12:15 p.m. for a 12:30 p.m. tour. **Wednesday, March 11.** 12:15 p.m.-3:45 p.m. \$67. I. Faber.

NS 901 SHEN YUN 2020 Shen Yun Performing Arts is the world premier classical Chinese dance and music company that was established by elite Chinese artists in 2006. Shen Yun was created to bring back the lost heritage and revived authentic Chinese culture through dance, costumes, animated backdrops, singing and music. Meet

in front of the David H. Koch Theatre at Lincoln Center, 20 Lincoln Center Plaza in Manhattan at 1:30 p.m. for a 2 p.m. show. **Wednesday, March 11.** 1:30 p.m.-4:30 p.m. \$78. N. Tribble.

MS 901 ALVIN AILEY STUDIO TOUR/ABA

LUNCH Enjoy an in-depth look at the legacy of Alvin Ailey and the history of the Alvin Ailey Dance Theater. View the foundation's archived art work, photographs and observe a professional division class. Meet in the Alvin Ailey Studios lobby, 405 W. 55 St. (9th Ave.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, March 19.** 10:45 a.m.-3:45 p.m. \$52. J. DeNave.

RS 901 WOMEN IN TELEVISION Guided tour of the Paley Center for Media and a private screening of Women in Television, one of over 160,000 TV and radio programs in its permanent collection. Meet at the Center's front desk, 25 W. 52nd St.(betwn 5th & 6th Aves.) in Manhattan

at 12:15 p.m. for a 12:30 p.m. tour. **Thursday, March 19.** 12:15 p.m.-3 p.m. \$7. M. Mammana.

WS 901 HANDS-ON COOKING CLASS AT THE ZWILLING COOKING STUDIO IN PLEASANTVILLE, NY Prep and cook all five parts of a Florentine menu under the guidance of the Zwilling cooking team. Meet at the cooking studio, 270 Marble Ave. in Pleasantville, NY at 10 a.m. for a 10:30 a.m. cooking class. **Friday, March 20.** 10 a.m.-3 p.m. **\$98.** S. Eisenberg.

RS 902 NATIONAL LIGHTHOUSE MUSEUM SITE WALK & LIGHT LUNCH Guided tour of the museum, headquarters and distribution center for materials and equipment used to maintain all U.S. lighthouses (1862-1939). Sample food prepared from recipes in The American Lighthouse Cookbook. Free parking on premises. Meet at the museum's main entrance, 200 The Promenade at Lighthouse Point in S.I. at 10:45 a.m. for an 11 a.m. tour. Follow directions on website not GPS. **Monday, March 23.** 10:45 a.m.-12:30 p.m. **\$17.** M. Mammana.

MS 902 THE AMERICAN IRISH HISTORICAL SOCIETY/LUNCH AT GIOVANNI VENTICINQUE This five-story beaux arts townhouse is the center of Irish culture and knowledge and is located on Manhattan's Museum Mile. Begin with a short history of the Irish in America and previous residents of the historic townhouse. Meet in the lobby, 991 5th Ave. (81st St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, March 24.** 10:45 a.m.-3:45 p.m. **\$87.** J. DeNave.

JS 901 MAYHEM POETS AT THE STATE THEATRE NEW JERSEY With words, humor and extreme hip-hop energy, the mayhem Poets raise poetry to a playful and powerful level. Home grown in NJ but recognized internationally, these beat boxing bards keep the rapid fire rhythms flying in a clever concert of words that will inspire with the power of poetic expression. Meet at the State Theatre New Jersey, 15 Livingston ave. in New Brunswick, NJ at 10 a.m. for a 10:30 a.m. show. **Tuesday, March 24.** 10 a.m.- 12 p.m. **\$10.** J. Rosenstein.

WS 902 MOMA GUIDED TOUR: MASTERWORKS OF THE COLLECTION/LUNCH AT 21 CLUB Tour the remodeled MOMA and note the changes in philosophies: mixing painting and sculpture with photography, print and architectural design. Meet in the main lobby (near the sculpture garden), 11 W. 53rd St. in Manhattan at 10 a.m. for a 10:20 a.m. tour. **Tuesday, March 24.** 10 a.m.-4 p.m. **\$128.** S. Eisenberg.

US 902 TOUR OF JEWISH HARLEM/LUNCH AT HARLEM TAVERN Walk through the sites of Jewish religious life in the remarkable settlement of Harlem, the 3rd largest community in the world (1870-1930). View legendary landmarks and talk about the people of this often-forgotten segment in Jewish history. Learn about Harlem's legendary institutions including the trendsetting Institutional Synagogue, the magnificent Temple Israel, Commandment Keepers (Harlem's Ethiopian Hebrew Synagogue), Ohab Zedek (synagogue of world famous cantor Yossele Rosenblatt) and Ansche Chesed (one of the oldest congregations in U.S.). Meet in front of the Adam Clayton Powell Statue, NE corner of Adam Clayton Powell Blvd. & 125th St. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Wednesday, March 25.** 10:15 a.m.-3 p.m. **\$59.** I. Faber.

KS 901 CATHEDRAL OF ST. JOHN THE DIVINE/LUNCH AT V & T RESTAURANT Explore the many highlights of the artwork, history, architecture and the little known facts about this landmark. See the largest Rose Window in the Western Hemisphere. Meet inside the Cathedral's main entrance, 1047 Amsterdam Ave. (112th St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, March 26.** 10:15 a.m.-3:30 p.m. **\$56.** E. Oliver.

QS 901 URBAN GLASS/LUNCH AT JUNIOR'S Guided tour of Brooklyn's glass working facility of experienced and professional artisans. See a glass blowing demonstration and other techniques. Meet at Urban Glass, 647 Fulton St. in Brooklyn at 10:45 a.m.- for an 11 a.m. tour. **Thursday, March 26.** 10:45 a.m. -3:30 p.m. **\$44.** M. Stahl.

RS 903 SUBWAY ART TOUR V WITH PHILIP DESIERE Starting in Manhattan then to Brooklyn to view public art in the subway system there, three are only a year old. You will need a Metro

card and comfortable shoes. Stairs involved. Meet at the Church St. entrance to the WTC Oculus in Manhattan at 12:45 p.m. for a 1 p.m. tour. **Thursday, March 26.** 12:45 p.m.-3 p.m. **\$22.** M. Mammana.

US 903 THE ARGYLE THEATER PRODUCTION OF THE AWARD WINNING MUSICAL, CABARET & DINNER AT THE BABYLON CARRIAGE HOUSE Meet at the Argyle Theater, 34 W. Main St. in Babylon at 1:45 p.m. for a 2 p.m. performance of Cabaret followed by a delicious three course dinner (one block over). **Thursday, March 26.** 1:45 p.m.-7 p.m. **\$98.** I. Faber.

JS 902 THE PATERSON MUSEUM Tour this museum associated with a large number of great names, gem stones, native American artifacts, a range of old guns (colt arms), unique Holland submarines, locomotive manufacturing and how it relates to the history of Paterson by showing its evolution as a machinery and textile center, the "Silk City". A history lesson coupled with great, natural beauty. Meet at the museum, 2 Market St. in Paterson at 10:15 a.m. for a 10:30 a.m. tour. **Friday, March 26.** 10:15 a.m.-12 p.m. **\$4.** J. Rosenstein.

KS 902 NEW YORK PUBLIC LIBRARY Docent led tour of the library plus any exhibit on view. Meet at the Library information desk in Astor Hall (1st floor), 5th Ave. & 42nd. St. in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Tuesday, March 31.** 11:15 a.m.-2 p.m. **\$2.** E. Oliver.

MS 903 CHANNEL THIRTEEN-WNET-NY PUBLIC MEDIA TOUR/LUNCH AT THE PALM-WEST SIDE I Visit post-production audio and video editing facilities, the Lincoln Center Studio control room, the sound booth and the engineers who work in these areas on our guided tour of Channel Thirteen. Bring a government issued photo I.D. Meet inside the WNET lobby, 825 Eighth Ave. (betwn 49th & 50th Sts.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, March 31.** 10:45 a.m.-3:15 p.m. **\$40.** J. DeNave.

MS 904 CHANNEL THIRTEEN-WNET-NY PUBLIC MEDIA TOUR/LUNCH AT THE PALM-WEST SIDE I Meet at the Palm, 250 W. 50th St. (Broadway & 8th Ave.) in Manhattan at 11:45 a.m. for a 12 noon lunch. Walk to Channel 13 at 1:15 p.m. for a 1:30 p.m. tour. Visit post-production audio and video editing facilities, the Lincoln Center Studio control room, the sound booth and the engineers who work in these areas on our guided tour of Channel Thirteen. Bring a government issued photo I.D. **Tuesday, March 31.** 11:45 a.m.-3:45 p.m. **\$40.** J. DeNave.

APRIL

NS 902 HIGH LINE & HUDSON YARDS WALKING TOUR WITH JEREMY WILCOX Take a journey from NY's past to its future! Guided tour of Manhattan's west side from the historic Meat Packing District to the growing Hudson Yards via the High Line Park. Meet at Chelsea market (back entrance) 10th Ave. betwn 15th & 16th Sts. at 10:45 a.m. for an 11 a.m. tour. **Wednesday, April 1.** 10:45 a.m.-1 p.m. **\$22.** N. Tribble.

WS 903 JAPANESE TEA CEREMONY AT URASENKE CHANOYU CENTER/ASIA SOCIETY TOUR/LUNCH AT GARDEN CAFE Enjoy the tradition of tea with an authentic and traditional Japanese tea ceremony. Then take a short walk to the Asia Society for a tour and lunch at the Garden Café. Meet at the Urasenke Chanoyu Center, 153 E. 69th St. (Lexington & 3rd Aves.) in Manhattan at 9:45 a.m. for a 10 a.m. tea ceremony. **Wednesday, April 1.** 9:45 a.m.-3:45 p.m. **\$79.** S. Eisenberg.

XS 902 THE WESTCHESTER BROADWAY THEATRE PRODUCTION OF ALL SHOOK UP & LUNCH IN ELMSFORD, NY Partake in a theatre musical along with lunch that will have you dancing all afternoon. Inspired by Shakespeare's Twelfth Night, the music is all Elvis and the result is an enchanting and a hilarious fun-filled afternoon. Meet at the Theatre, 1 Broadway Plaza in Elmsford, NY at 11 a.m. for an 11:15 a.m. lunch and show. **Thursday, April 2.** 11 a.m.-3 p.m. **\$67.** E. Harris.

KS 903 LINCOLN CENTER GUIDED TOUR/LUNCH AT POMODORO ROSSO Enjoy a

guided tour of the city's premier performing arts center and go backstage at available theaters. Meet at the David Rubenstein Atrium, Broadway betwn 62nd & 63rd Sts. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, April 2.** 10:15 a.m.-3:30 p.m. **\$75.** E. Oliver.

RS 904 HIDDEN HISTORY OF CITY HALL PARK WITH BOB GELBER Discover the history of one of the most historic locations in NYC related to the growth of commerce and modern conveniences. Stroll the perimeter of the park. Meet at the Fountain in the park, Broadway & Park Place in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, April 2.** 10:45 a.m.-12:30 p.m. **\$27.** M.Mammana.

XS 903 SUGAR-TOOTH/SWEETER THAN SUGAR CHELSEA & WEST VILLAGE DESSERT WALKING TOUR Slow down your afternoon with a delightful dessert walking tour. Learn about the city's culinary past as we stroll through Chelsea, High Line, Meat Packing District and the West Village while trying some of the greatest desserts the area has to offer. Create your own mini-cupcakes at Molly's Cupcakes. Meet in front of Valley National Bank, SW corner of 18th St. & 8th Ave. in Manhattan at 11:45 a.m. for a 12 noon tour. **Friday, April 3.** 11:45 a.m. -2p.m. **\$61.** E. Harris.

XS 904 UPTOWN TREASURES WITH ANTHONY GRIFA Visit the Hispanic Museum of America and view 360 degree Sorolla Room and tour the Academy of Letters that honors the most prestigious achievers in the fine arts. Stroll through the Audubon Terrace sculpture garden and Jon Audubon's gravesite at the Church of the Intercession. Meet at Broadway & 155th St. in Manhattan at 10:30 a.m. for a 10:45 a.m. tour. **Tuesday, April 7.** 10:30 a.m.-12:45 p.m. **\$22.** R. Fernandez.

MS 905 NATIONAL MUSEUM OF MATHEMATICS TOUR/HILL COUNTRY BARBECUE LUNCH Guided tour with headset with an expert tour guide leading the way tracks the many mathematical "Easter eggs" (hidden secrets) scattered throughout the museum. Meet at the museum, 11 E. 26th St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, April 7.** 10:45 a.m. 3:45 p.m. **\$93.** J. DeNave.

RS 905 SNUG HARBOR CULTURAL CENTER ART & ARCHITECTURE TOUR The architecture of the former Sailors' Snug Harbor includes six of the NYC landmarks and one of the finest collections of Greek revival style. Learn about the people responsible for constructing the 28 historic buildings and Snug Harbor's contemporary role as a major art destination on S.I. Meet at the end of Fillmore St. & Cottage Row in S.I. at 12:45 p.m. for a 1 p.m. tour. **Tuesday, April 7.** 12:45 p.m. -3 p.m. **\$8.** M. Mammana.

WS 904 SOLOMON R. GUGGENHEIM MUSEUM/LUNCH AT THE WRIGHT Explore the various exhibitions including *Countryside: The Future* which investigates urban planning outside the city and other frontiers which have remained unexamined by the city-focused architects. Meet at the Guggenheim, 1071 5th Ave. (89th St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Monday, April 6.** 10:15 a.m.-3:30 p.m. **\$94.** S. Eisenberg.

WS 905 THE JEWISH MUSEUM/LUNCH AT SARABETH'S EAST Tour the museum's cutting edge exhibitions. Explore *Scenes from the Collection* and the new *We Fight to Build a Free World: A Project by Jonathan Horowitz*. Meet at the Jewish Museum, 1109 5th Ave. (at 92nd St.) in Manhattan at 12:15 p.m. for a 12:30 p.m. tour. **Monday, April 20.** 12:15 p.m.-3:45 p.m. **\$70.** S. Eisenberg.

XS 905 MYSTERIES OF CHINATOWN WITH ANTHONY GRIFA Tour Chinatown during the Year of the Rat. Visit the Taoist & Buddhist Temple, Bloody Angle, the New England Hotel and more. Meet at the NE corner of Canal & Centre Sts. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, April 21.** 10:45 a.m.-1 p.m. **\$23.** R. Fernandez.

KS 904 NBC STUDIOS TOUR Get a behind-the-scenes glimpse of the broadcasting world in one of the most iconic buildings in entertainment history. Walk through the halls, get access to the studios of some of the most iconic NBC programs, learn the entire production process and experience it first-hand as you produce your own show. Meet at The Shop at NBC entrance, 30

Rockefeller Plaza (on 6th Ave.) in Manhattan at 11:25 a.m. for an 11:40 a.m. tour. **Tuesday, April 21.** 11:25 a.m.-2 p.m. **\$31.** E. Oliver.

NS 903 THE MERCHANT PRINCE OF THE 19TH CENTURY: A.T. STEWART & THE BUILDING OF GARDEN CITY, L.I. WALKING TOUR WITH DEBORAH ZELCER Walk the historic streets of Garden City, envisioned and created by NY's first major department store founder. Sites include: the Garden City Hotel, The Cathedral of the Incarnation, gracious homes and courtly avenues. Meet at the Garden City Train station (in front of the statue of A.T. Stewart), north parking lot on 7th St. (betwn Cathedral & Hilton Ave.) at 10:45 a.m. for an 11 a.m. tour. Park in library lot next door. **Tuesday, April 21.** 10:45 a.m.-1 p.m. **\$27.** N. Tribble.

JS 903 LIBERTY HALL MUSEUM & AFTERNOON TEA AT KEAN UNIVERSITY In the grand tradition of Mary Alice Kean, the last lady of the house, enjoy an exquisite afternoon tea with a sumptuous selection of scones, assorted pastries, traditional finger sandwiches and the freshest of fruits of the season. The event concludes with a guided tour of the museum - the home of the first NJ Governor, William Livingston. Meet at the museum, 1003 Morris Ave. in Union, NJ at 11:45 a.m. for a 12 noon tea. **Tuesday, April 21.** 11:45 a.m. -2:30 p.m. **\$42.** J. Rosenstein.

XS 906 UNITED NATIONS & THE DELEGATE'S DINING ROOM Begin with a prix-fixe three course lunch followed by a brief journey through the corridors with a multi-lingual tour guide. Photo I.D. required. Dress Code: Must wear proper business casual attire. No jeans, sneakers, short pants, backpacks or large bags. Meet the tour director in front of the U.S. Permanent Mission to the U.N. building, 799 United Nations Plaza (First Ave. & E. 45th St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, April 23.** 10:45 a.m.- 3:15 p.m. **\$125.** E. Harris.

MS 906 POSTER HOUSE/LUNCH AT LE ZIE TRATTORIA Docent-led tour of the new museum dedicated exclusively to posters. View two exhibits: 100 Years of Chinese Posters and The Swiss Grid. Meet at Poster House, 119 W. 23rd St. (betwn 6th & 7th Aves.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, April 23.** 10:45 a.m.-3:45 p.m. **\$54.** J. DeNave.

QS 902 NORTHERN HIGH LINE & HUDSON YARD WALKING TOUR WITH JEREMY WILCOX/LUNCH AT MERCADO LITTLE SPAIN Journey from the historic Meat Packing District to the Hudson Yards neighborhood via the High Line. Sites include fascinating historic architecture, new developments by Frank Gehry, Zaha Hadid, Thomas Heatherwick and others. View Hudson Yards, The Shed and The Vessel. Meet at the rear of Chelsea Market, 10th Ave. (betwn 15th & 16th Sts. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, April 23.** 10:45 a.m.-3 p.m. **\$81.** L. Kingsberry-Ford.

RS 906 ART WARS! THE MET, MOMA & THE WHITNEY WITH DEBORAH ZELCER Guided tour focuses on museum architecture as a reflection of the founders and the collections. View and discuss the exterior of the National Academy of Design, the Whitney Museum (uptown) as well as the landmarked facades of the Metropolitan and Gugenheim Museums. Meet on the NW corner of 82nd St. & 5th Ave. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, April 23.** 10:15 a.m.-12:30 p.m. **\$27.** M. Mammana.

XS 908 SACRED HAVENS WITH ANTHONY GRIFA Visit the Church of Notre Dame and tour the grounds and interior of the Cathedral of St. John the Divine. Stroll the campus of Columbia University, St. Paul's Chapel, Grant's Tomb and Riverside Church. Meet in front of the Cathedral, Amsterdam ave. & W. 112th St. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, April 28.** 10:15 a.m.-1 p.m. **\$28.** R. Fernandez.

QS 903 NBC STUDIO TOUR/LUNCH AT PASTA LOVERS Walk through the halls and studios of NBC operations with a historic behind-the-scenes tour. See these studios: Saturday Night Live, Tonight Show with Jimmy Fallon or Late, Late Night with Seth Meyers. Meet inside the NBC Experience Store (in the rear of store), 30 Rockefeller Plaza (entrance on 6th Ave. bet. 49th & 50th Sts.) in Manhattan at 10:30 a.m. for an 11 a.m. tour. Lunch after second tour ends (12:30 p.m.). **Tuesday, April 28.** 10:30

a.m.-3 p.m. \$77. R. Taruskin.

NS 904 ITALIAN FEAST AT CHEF ROCCO SACRAMONE’S TRATTORIA L’INCONTRO & TREATS WALKING TOUR WITH JO-ANN DEMAS Learn how fresh pasta is made at Cassinelli’s Food Products plus shopping. Enjoy and sample the best Margarita pizza at Rosario’s Deli and fresh gelato at Gelato & Co. followed by lunch. Meet at Cassinelli’s, 31-12 23rd Ave. in Astoria at 11:15 a.m. for an 11:30 a.m. tour. ***Tuesday, April 28.*** 11:15 a.m.-3 p.m. **\$49.** N. Tribble.

WS 906 CHOCOLATE LOVERS ROMP WALKING TOUR WITH ALEXANDRA LEAF Learn how fine chocolate is made from bean to bar, what makes a premier brand of chocolate “premier”, why is white chocolate white and dark chocolate heart healthy. Enjoy chocolate tastings. Meet at Le Pain Quotiden Bakery, 801 Broadway (11th St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. ***Tuesday, April 28.*** 10:15 a.m.-3:30 p.m. **\$68.** S. Eisenberg.

XS 909 MOUNT MORRIS WALKING TOUR WITH JOE SVEHLAK Tour Harlem’s Mount Morris Park Historical District. View the magnificent churches, century brownstones and civic buildings as we learn of its rich history from Dutch settlement to becoming the center of African-American arts and culture. Meet in the waiting room of the Metro North’s 125th St. & park Ave. Station at 10:15 a.m. for a 10:30 a.m. tour. ***Thursday, April 30.*** 10:15 a.m.-12 p.m. **\$12.** E. Harris.

MS 907 THE GRANDE HOTELS OF MANHATTAN’S GRAND ARMY PLAZA WALKING TOUR/LIGHT LUNCH AT PARK LANE HOTEL The opulent 5th Ave. luxury retail zone sits the still-reigning hospitality jewels of yesteryear. The surviving triumvirates are The Plaza, The Pierre and The Sherry Netherland Hotels are notable grand dames of hospitality. Hear tales beyond the creation of these landmarked abodes and their relationship with the evolving character of Millionaire’s Row. Meet in front of The Plaza Hotel, 59th St. & 5th Ave. at 10:15 a.m. for a 10:30 a.m. tour. ***Thursday, April 30.*** 10:15 a.m.-3:15 p.m. **\$79.** J. DeNave.

JS 904 AMERICAN LABOR MUSEUM AT THE BOTTO HOUSE Guided tour of the museum. View the permanent exhibit of the Paterson Silk Strike of 1913, stroll through restored period rooms and see the Old World that depicts the domestic life of immigrant workers of the early 20th century. The centennial of women’s suffrage takes place in 2020 and in response exhibits will explore the contributions of women. Wheelchair accessible. Meet at the museum, 83 Norwood St. in Haledon, NJ at 10:15 a.m. for a 10:30 a.m. tour. ***Thursday, April 30.*** 10:15 a.m. – 12 p.m. **\$7.** J. Rosenstein.

MAY

XS 910 DUMBO:THE MAGNIFICENT BROOKLYN WATERFRONT TOUR WITH JOE SVEHLAK Begin with a walk through historic Brooklyn Heights to the Brooklyn Bridge Park and stopping at the Fulton Historic District. View many renovations, galleries and trendy shops in Dumbo. See the restored Jane’s Carousel with its many great views of the harbor, and the Brooklyn, Manhattan and Williamsburg Bridges. Meet outside the Hotel St. George, Clark & Henry Sts. in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. ***Friday, May 1.*** 10:15 a.m.-12:30 p.m. **\$14.** E. Harris.

XS 911 WHEN NEW YORK WAS NEW AMSTERDAM WITH JOE SVEHLAK What’s left of old NY? Where were the windmills and canals, the first church and fort? Tour downtown’s old colonial streets and original shoreline. Learn about our Dutch legacy of commerce and tolerance. Meet inside the entrance to the S.I. Ferry Terminal at South Ferry by the bottom of the escalators on the left side in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. ***Tuesday, May 5.*** 10:15 a.m.-12:30 p.m. **\$14.** R. Fernandez.

KS 907 DOWN THE HIGH LINE WITH DEBORAH ZELCER Discuss the industrial, architectural and social history of Manhattan’s gorgeous overhead park. Learn how the High Line’s history is still shaping its future while

becoming familiar with the surrounding neighborhoods and the prominent old and new buildings nearby. Meet on the corner of 10th Ave. & W. 26th St. in Manhattan at 9:45 a.m. for a 10 a.m. tour. ***Tuesday, May 5.*** 9:45 a.m.-12 p.m. **\$27.** E. Oliver.

QS 904 CHELSEA ART GALLERY TOUR WITH VIDA SCHREIBMAN Interpreting artworks in Chelsea Galleries: What is the artist trying to communicate – narrative, story, theme or inspiration? Questions and more will be answered as we tour top art exhibitions and discuss the latest trends and sample the very best of the Spring season. Meet outside the Jim Kempner Fine Art Gallery, corner of 10th Ave. & 23rd St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Tuesday, May 5.*** 10:45 a.m.-12:30 p.m. **\$20.** M. Stahl.

RS 907 BROOKLYN BRIDGE & DUMBO TOUR WITH GARY DENNIS Guided tour of the Brooklyn Bridge that linked two cities and is the pinnacle of late 19th century engineering. Hear stories of perseverance and sacrifice in the effort to get the bridge built. Tour some of DUMBO before ending at the Fulton Landing in Brooklyn Bridge Park. Meet in front of the Municipal Building, 1 Centre St. in Manhattan at 9:45 a.m. for a 10 a.m. tour. ***Tuesday, May 5.*** 9:45 a.m.-12:30 p.m. **\$10.** M. Mammana.

NS 905 ROCK HALL MUSEUM: NASSAU’S HIDDEN TREASURE Rock Hall is a fully furnished Georgian colonial landmark house located on the south shore of L.I. in the village of Lawrence. Tour the house as you explore and learn about its heirs dating back to colonial American history and the American Revolution. Meet at the museum, 199 Broadway in Lawrence (next to Lawrence Middle School) at 1:15 p.m. for a 1:30 p.m. tour. The white gates lead to the entrance of the museum’s property. ***Wednesday, May 6.*** 1:15 p.m.-2:30 p.m. **\$2.** N. Tribble.

JS 905 DRUMTHWACKET RESIDENCE, GARDENS & OLDEN HOUSE (1759) Explore Drumthwacket, the official residence of NJ’s governor and a renowned NJ historic site. Docent-led tour includes the six public rooms used by the governor for meetings and receptions as well as the gardens (weather permitting) and the Thomas Olden House. Tour highlights the history, architecture and the collection of fine art and antiques which fill each appointed room. Bring a government issued photo I.D. with you. No food, drink or gum allowed on premises. Afterwards don’t miss out exploring historic Princeton. Meet at the front gate, 354 Stockton St. in Princeton, NJ at 11:30 a.m. for an 11:45 a.m. tour. ***Thursday, May 6.*** 11:30 a.m.-1 p.m. **\$2.** J. Rosenstein.

XS 912 HUDSON YARDS/HIGH LINE/CHELSEA MARKET TOUR WITH PHILIP DESIERE Guided walking tour on Manhattan’s West Side. Built from the ground up, it’s a triumph of culture, commerce and cuisine. Meet outside the #7 train at Hudson Yards, 11th Ave. & 34th St. at 11:45 a.m. for a 12 p.m. tour. ***Thursday, May 7.*** 11:45 a.m.-2 p.m. **\$22.** E. Harris.

RS 908 CENTRAL PARK WALK WITH BOB GELBER Guided tour of several iconic spots in this beautiful park. Learn the history and significance of Delacorte Clock, Bethesda Fountain, Arsenal and Ramble. Tour ends at Bethesda Castle. Meet at the General Sherman Statue, 60th St. & 5th Ave. in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Thursday, May 7.*** 10:45 a.m.-12:30 p.m. **\$27.** M. Mammana.

MS 908 GOOD HOUSEKEEPING RESEARCH INSTITUTE TOUR/LUNCH AT ABBA Tour the labs and test kitchen of the Good Housekeeping Research Institute. Chemists and editors explain the process required for a product to meet GHRI’s exacting standards. Meet at the Hearst Tower, 300 W. 57th St. (entrance on 8th Ave.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. ***Friday, May 8.*** 11:15 a.m.-3:45 p.m. **\$48.** J. DeNave.

QS 905 THE AFRICAN-AMERICAN FREEDOM TRAIL WALKING TOUR & VISIT TO THE AFRICAN BURIAL GROUND MUSEUM/LUNCH AT EATALY RESTAURANT Walk the route of the African-American freedom trail and visit sites prominent in colonial and early African-American history. Tour includes many “first” events for African-Americans: where the slaves arrived, where the slaves revolts of 1712 & 1741 occurred, the first printed newspaper and

more. Conclude with a self-guided tour of the African Burial Ground Museum. Meet at the South entrance of Bowling Green across from #1 Broadway in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Friday, May 8.*** 10:45 a.m.-3 p.m. **\$106.** L. Kingsberry-Ford.

KS 909 FROM BROOKLYN HEIGHTS DOWN TO DUMBO WITH JOE SVEHLAK Get a taste of Brooklyn Heights with its rich literary and social history, magnificent architecture and its spectacular views from the Promenade. Explore the historic district with its renovated galleries, shops, water-front park and more. Meet outside the Hotel St. George (corner of Clark & Henry Sts.) in Brooklyn at 10:45 a.m. for an 11 a.m. tour. ***Tuesday, May 12.*** 10:45 a.m.-1 p.m. **\$14.** E. Oliver.

JS 906 GEORGE STEET PALYHOUSE PRODUCTION OF A WALK ON THE MOON Enjoy the musical adaption of the film, *A Walk on the Moon*. A story about a summer affair between a housewife/mother and the free spirited traveling salesman who meet while on vacation in the Catskills. Music and lyrics by Paul Scott Goodman. Meet at the George St. Playhouse at the New Brunswick Performing Arts Center, 9 Livingston Ave. in New Brunswick, NJ at 1:30 p.m. for a 2 p.m. show. ***Wednesday, May 13.*** 1:30 p.m.-4:30 p.m. **\$55.** J. Rosenstein.

MS 909 ALEXANDER HAMILTON U.S. CUSTOM HOUSE/LUNCH AT ANTICA RISTORANTE Tour the Custom House, home of the National Museum of the American Indian in NY. Highlights include: history discussion of the site, architect Cass Gilbert and sculptor Daniel Chester French. The building’s interior includes an elliptical rotunda and maritime murals. Meet at the Custom House East Visitor’s service desk (take elevator to 2nd floor), One Bowling Green (betwn State & Whitehall Sts.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Thursday, May 14.*** 10:45 a.m.-3:45 p.m. **\$73.** J. DeNave.

RS 909 WINE O 101 EVENT Taste four to five different wines with cheese pairings. Learn how to look, smell and taste like a sommelier through interactive activities and blind tastings. Meet at the WineO Club, 8 E. 36th St., 3rd floor (betwn 5th & Madison Aves.) in Manhattan at 12:45 p.m. for a 1 p.m. event. ***Thursday, May 14.*** 12:45 p.m.-3 p.m. **\$52.** M. Mammana.

QS 906 TALES OF TRIBECA WALKING TOUR WITH ANTHONY GRIFA/LUNCH AT SARABETH’S Guided tour covers the history, architecture and the famous residents of this trendy area and more. Meet on the NE corner of Broadway & Chambers St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Friday, May 15.*** 10:45 a.m. – 3:30 p.m. **\$73.** M. Stahl.

WS 908 THE GREAT NYC ICE CREAM CHALLENGE WALKING TOUR WITH ALEXANDRA LEAF Play food critic using a scoring sheet to evaluate quality, flavor and craftsmanship as you eat your way through some of the city’s best ice cream shops. Learn the history and culture of ice cream, gelato and sorbet. Meet outside Fresco Gelateria, 138 2nd Ave. (9th St.) in Manhattan at 12:15 p.m. for a 12:30 p.m. tour. ***Friday, May 15.*** 12:15 p.m.-4:30 p.m. **\$68.** S. Eisenberg.

KS 910 EAST MEETS WEST: 15 CENTRAL PARK WEST & THE NEW UPTOWN ARISTOCRACY WITH DEBORAH ZELCER Explore how the two major avenues flanking the park competed, clashed and copied each other from the 1800’s to present. Meet at Richard Morris Hunt Memorial (directly across 5th Ave. from the Frick Museum, 70th St. & 5th Ave. (west side of street) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. ***Monday, May 18.*** 10:15 a.m.-12:30 p.m. **\$27.** E. Oliver.

QS 907 HISTORIC HARLEM WALKING TOUR/LUNCH AT DINOSAUR BAR-B-QUE IN HARLEM Discover the history of Harlem from its origins as rural village in Dutch colonial times through its growth in the Gilded Age to its evolution during Harlem Renaissance where it became the center of African-American culture in NYC. Site include: Mt. Morris Park Historic District, Grandscale Mural Project, Harriet Tubman Memorial, the Apollo Theatre and more. Meet inside the 125th St. Metro-North Station, 125th St. & Park Ave. in Manhattan at 10:45 a.m. for an 11 a.m. tour. ***Monday, May 18.*** 10:45 a.m.-3 p.m. **\$60.** L. Kingsberry-Ford.

MS 910 CASTLES IN THE AIR: HUDSON

YARDS & ITS HISTORICAL UNDERPINNINGS/ LUNCH AT BOTTINO Explore the world’s largest private mixed use real estate development whose foundations are literally a rail yard. Walk through the new upscale retail mall and the public plaza area to view The Shed and The Vessel. Meet on NW corner of 30th St. & 10th Ave. in the courtyard in front of 10 Hudson Yards in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. ***Tuesday, May 19.*** 10:15 a.m.-3:45 p.m. **\$85.** J. DeNave.

US 904 GOWANUS (BROOKLYN) WALKING TOUR: CONTRASTS & CONTRADICTIONS Nestled alongside a narrow, picturesque, 19th century canal and warehouses; an old community of working class Italians is slowly disappearing and a new generation of entrepreneurs, tech workers and a French colony is moving into luxury buildings and chilling in trendy bars and restaurants. The only hiccup: the canal is a toxic waste site. Walk through select portions of Gowanus and see some beautiful row house in Carroll Gardens. Meet at Hungry Ghost Café, 343 Smith St. (corner of Carroll St.) in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. ***Tuesday, May 19.*** 10:15 a.m.- 12:45 p.m. **\$19.** I. Faber.

NS 906 SPRING FLING!: A LA CARTE Prepare some wonderful dishes of Spring: ricotta dump-lings w/asparagus, Spring minestrone, vegetable pasta, fresh beet hummus, topped off with straw-berry basil shortcakes. Meet at A la Carte Culinary Service, 32 Atlantic Ave. in Lynbrook. Free parking around the corner. ***Wednesday, May 20.*** 2 p.m.-4 p.m. **\$71.** N. Tribble.

US 905 WILLIAMSBURG, BROOKLYN WALKING TOUR/LUNCH AT GOTTLIEB’S KOSHER RESTAURANT Journey through an area of Brooklyn that is constantly changing. Tour focuses on Chasidic life and the hipster world which is now part of Williamsburg culture. Please dress modestly and be respectful of all. Meet at Gottlieb’s, 352 Roebling St. in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. ***Wednesday, May 20.*** 10:15 a.m.-3 p.m. **\$68.** I. Faber.

NS 907 THE SECRETS OF CENTRAL PARK WALKING TOUR WITH TONY GRIFA Central Park is the most remarkable of NYC’s wonders with its inspired landscaping and recreation variety. Sites include: Wollman Rink, Bethesda Terrace, The Carousel, The Dairy and the Bow Bridge. Visit Olmstead Garden. Stroll through the Cathedral of Elms and the Literary Walk. Conclude with a visit to Wagner Cove and Strawberry Fields. Meet in front of the General Sherman Statue, 5th Ave. & W. 59th St. (near Plaza Hotel) at 10:45 a.m. for an 11 a.m. tour. ***Thursday, May 21.*** 10:45 a.m.-1 p.m. **\$22.** N. Tribble.

US 906 SMITHTOWN CENTER FOR PERFORMING ARTS PRODUCTION OF THE AWARD WINNING IN THE HEIGHTS/LUNCH AT MANNINO’S Meet at Mannino’s Restaurant, 40 E. Main St. in Smithtown at 11:15 a.m. for an 11:30 a.m. lunch followed by a production of In the Heights at the Smithtown Center. Tony Award winner for best musical, best score, best choreography and best orchestration. Music, lyrics conceived by Lin-Manuel Miranda. ***Thursday, May 21.*** 11:15 a.m.-4:45 p.m. **\$62.** I. Faber.

WS 909 SLEEPY HOLLOW CEMETERY WALKING TOUR/LUNCH AT RIVER MARKET BAR & KITCHEN Tour guide regales us with stories of people such as Washington Irving, Andrew Carnegie, Samuel Gomper who reside at the cemetery and learn the reason why the cemetery is so famous. Compare the architecture of the south and north ends of the grounds. Meet at the south gate, 430 North Broadway in Sleepy Hollow, NY at 10 a.m. for a 10:30 a.m. tour. Free parking within the gate. ***Friday, May 22.*** 10 a.m.- 4 p.m. **\$84.** S. Eisenberg.

JUNE

MS 911 THEODORE ROOSEVELT BIRTHPLACE/LUNCH AT ALMOND Guided tour starts with a film that depicts the life and accomplishments of a U.S. President who was born and raised in NYC and became immortalized on Mount Rushmore. View the restored period rooms and the exhibit galleries containing artifacts as well as a political

cartoon collection (stairs involved). Meet at the Roosevelt Birthplace, 28 E. 20nd St. (betwn Broadway & Park Ave. So.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. *Thursday, June 4.* 10:15 a.m.-3:15 p.m. \$42. J. DeNave.

WS 910 TOKYO IN NYC: A CULINARY WALKING TOUR WITH ALEXANDRA LEAF Start with a sit-down bento box lunch and a “meet and greet” with the owner. Stops include: Japanese supermarket, MUJI, a popular Japanese life-style department store; Japanese bakery and taste and learn about sake. Meet at Hanamazuki, 143 W. 29th St. (betwn 6th & 7th Aves.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. *Friday, June 5.* 10:45 a.m.-3:45 p.m. \$68. S. Eisenberg.

MS 912 NAUTICAL CITY ISLAND WALKING TOUR/LUNCH AT LOBSTER BOX City Island is a touch of New England tucked between L.I. Sound and the shores of the Northeast Bronx. Learn its rich history, historic sites and architectural features. Meet at the City Island Historical Society and Nautical Museum, 190 Fordham St. in the Bronx at 10:15 a.m. for a 10:30 a.m. tour followed by a City Island walking tour. *Tuesday, June 9.* 10:15 a.m.-3:45 p.m. \$78. J. DeNave.

BUS/TROLLEY TRIPS

XS 901 BUS TRIP TO THE YOGI BERRA MUSEUM/CHARLIE BROWN’S STEAKHOUSE LUNCH IN MONTCLAIR, NJ Enjoy a docent led tour of artifacts, photos and documents that pays tribute to the Baseball Hall of Famer followed by a three-course lunch. Meet the bus at the Bronx UFT Office, 2500 Halsey St. in the Bronx at 9:30 a.m. for a 10 a.m. departure. *Thursday, March 26.* 9:30 a.m.-5 p.m. \$123. E. Harris.

KS 905 BUS TRIP TO GRAMMY MUSEUM/ LUNCH AT CASA VASCA IN NEWARK, NJ View and explore the enduring legacy and influence of Motown Records premier recording artist whith the *Legends of Motown: Celebrating the Supremes* with rare artifacts from the private collection of founding member, Mary Wilson. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 10 a.m. for a 10:30 a.m. departure. *Thursday, April 23.* 10 a.m.- 5:30 p.m. \$78. E. Oliver.

XS 907 WOODLAWN CONSERVANCY TROLLEY/WALKING TOUR Take a trolley ride of Woodlawn Cemetery to explore

this national historic landmark and one of the largest cemeteries in NYC. The guide interprets the history of cemetery and the individuals that are laid to rest. Wear comfortable shoes. Meet at the Jerome Ave. & Bainbridge Ave. gatehouse entrance in the Bronx at 9:45 a.m. for a 10 a.m. tour. *Friday, April 24.* 9:45 a.m.-12 p.m. \$27. E. Harris.

KS 906 HISTORIC HUGUENOT STREET/LUNCH AT GARVAN’S Historic Huguenot St. has the largest number of stone houses from the 17th century in the US. Experience over 300 years of history: visit period rooms and exhibits that tell the stories of a French Huguenot settlement over time, the history of the area’s Native Americans, enslaved African people and Dutch settlers. Involves walking and standing. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 9 a.m. for a 9:30 a.m. departure. *Friday, May 1.* 9 a.m.- 6:30 p.m. \$94. E. Oliver.

WS 907 GROUNDS FOR SCULPTURE & HINDU TEMPLE/LUNCH AT VILLE BARONE IN ROBINSVILLE, NJ BUS TRIP Visit the Grounds for Sculpture, a creation by renowned artist, Seward Johnson. View creations by Henry Moore, George Segal and other contemporary

artists. Stop at the largest Hindu Temple in the U.S. Meet the bus at the Hotel Pennsylvania, 7th Ave. & 32nd. St. in Manhattan at 8:30 a.m. for a 9 a.m. departure. *Thursday, May 7.* 8:30 a.m.-5 p.m. \$110. S. Eisenberg.

KS 908 QUILTER’S FIELD TRIP/LUNCH AT SHADY MAPLE SMORGASBORD IN LANCASTER, PA Visit the Log Cabin Quilt Shop and Fabrics, the Old Country Store and Zooks Quilts and Crafts. Shop at Kitchen Kettle Village. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 7 a.m. for a 7:30 a.m. departure and in front of UFT Headquarters, 52 Broadway in Manhattan at 8 a.m. for an 8:30 a.m. departure. *Friday, May 8.* 7 a.m.-7:30 p.m. \$82. E. Oliver.

XS 913 HUDSON RIVER CRUISE/LUNCH AT ’76 HOUSE BUS TRIP Enjoy an elegant three course lunch followed by a narrated cruise along the Hudson River on the River Rose, an authentic 100 foot paddle boat from New Orleans. Sites include West Point, World’s End, Bannerman’s Island, the Catskill Water Aqueduct and more. Meet the bus at the Bronx UFT Office, 2500 Halsey St. in the Bronx at 9:30 a.m. for a 10 a.m. departure. *Friday, May 15.* 9:30 a.m.-5 p.m. \$154. E. Harris.

COURSES

Unless otherwise noted, courses in all boroughs will begin on Monday, March 9 and conclude Thursday, May 21 and have a \$10 fee (which is non-refundable and non-transferable)

NASSAU/ SUFFOLK SECTIONS

MONDAY

NS 101 RETIREES READ-BOOK CLUB Read and discuss one book a month. Participants are contacted via email with first book title. Group chooses the other books: fiction and non-fiction. Freeport Memorial Library,144 W. Merrick Rd., Freeport. Bring quarters for metered parking. Three sessions: *March 16; April 20; May 11.* 10:30-12:30. \$12 includes registration and materials. B. Mignano.

THURSDAYS

NS 401 CANASTA Learn the basics while playing and developing your skills. More advanced players welcome. Plainview Old Bethpage Library, 999 Old Country Road, Plainview. Eight sessions. No class: *May 21.* 1-3. \$12 includes registration and materials. R. Biren.

NS 402 BEGINNERS MAH JONGG Learn the basics and continue to build your knowledge and skills. More advanced players welcome. Bring your own Mah Jongg card and set (if you have one).Plainview Old Bethpage Library, 999 Old Country Road, Plainview. Eight sessions. No class: *May 21.* 1-3. \$12 includes registration and materials. A. Seligson.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

NS 805 THE BAKING COACH: PRETZEL BAKING Learn how to make delicious and yummy pretzel dough and twist into a classic shape with a hands-on workshop from Baking Coach. Ingredients and materials provided. Freeport Memorial Library, 144 W. Merrick Rd., Freeport. Bring quarters for metered parking. *Monday, March 9.* 12-1:30. \$19 includes registration and materials. L. Basini.

NS 806 POLYMER CLAY JEWELRY MAKING Polymer clay is a fun and easy product to mold

and form into a variety of jewelry components. Learn the basics of designing and creating your “one of a kind” pieces. Create a lovely pendant and a pair of earrings to complete your ensemble. Freeport Memorial Library,144 W. Merrick Rd., Freeport. Bring quarters for metered parking. Two Monday sessions: *March 23 & 30.* 10:30-1:30. \$12 includes registration and materials. R. Demers.

NS 807 DOO WOP HITS FROM PITTSBURGH Listen to the music and stories of the great groups from Pittsburgh: the Del-Vikings, Marcells, Skyliners, Tempos and Vogues. Freeport Memorial Library,144 W. Merrick Rd., Freeport. Bring quarters for metered parking. *Monday, April 27.* 10:30-1. H. Bloch.

US 805 THE ART OF GREAT FILMS & FILM DIRECTORS One person that is always overlooked by moviegoers is the director. View video clips from a variety of classic movies that demonstrate how essential good direction is to the overall film experience. Examine how directors make use of key elements such as montage, tracking, editing and musical cues to make their films enjoyable even after repeated viewings. NYSUT Headquarters - Suffolk, 100 Vanderbilt Motor Parkway, 3rd floor in Hauppauge. *Wednesday, March 18.* 10-2:30 (30 min. lunch break included). \$4. R. Knox.

US 806 THE BEATLES: THE END OF AN ERA OR WAS IT? Explore the final two Beatles albums: Abbey Road and Let It Be. Why was Let It Be their last album and why do Beatle historians consider Abbey Road their final album? Delve into the clues given to us on Abbey Road including their rooftop concert at Apple Studios and the many reasons the Beatles still managed to give us a memorable and unique final “public” performance even though they were coming apart at the seams. NYSUT Headquarters - Suffolk, 100 Vanderbilt Motor Parkway, 3rd floor in Hauppauge. *Wednesday, April 22.* 10-2:30 (30 min. lunch break included) \$4. E. Sinclair.

NEW JERSEY SECTION

WEDNESDAY

JS 301 ACRYLIC PAINTING Basic, intermediate and advanced techniques of

paint, brushes, composition and subject matter. Materials needed for first class: set of six basic acrylic paints, a variety of brushes, pad of canvas paper, canvas board and/or canvas. Additional materials list distributed in class. Monmouth Worship Center, 37 Venderberg Road, Marlboro. 10-12. D. Rosen.

JS 302 LINE DANCING Dance for exercise, fitness and fun. All levels. Wear comfortable clothing. Monmouth Worship Center, 37 Venderberg Road, Marlboro.12:30-2:30. A. Meringolo.

THURSDAY

JS 401 MAH JONGG Beginners enjoy learning this ancient game that involves skill, strategy and luck. Experienced players gain expertise in finer points. Bring a set and current Mah Jongg card (if you have one). Sons of Israel, 33 Gordons Corner Road, Manalapan. 10-12. S. Levine.

JS 402 CANASTA Learn the fine points of the game while learning new strategies on the road to becoming a master canasta player. All levels. Sons of Israel, 33 Gordons Corner Road, Manalapan. 12:15-2:15. S. Levine.

JS 403 PICKLEBALL Learn the new and up-and-coming game of Pickleball. A paddleball sport that combines elements of tennis, badminton, and table tennis using paddles and a perforated polymer ball (similar to a Wiffle Ball) over a net. All levels. Materials supplied, but feel free to bring your own. Minnie Veal Recreation Center, 1070 Grove Avenue, Edison. 1:15-3. G. Chernow.

WESTCHESTER/ ROCKLAND/ PUTNAM SECTION

FRIDAY

WS 501 MAH JONGG Beginners receive instruction based on rules sanctioned by the National Mah Jongg League. Bring your own Mah Jongg card and set (if you have one). All levels. Grinton I. Will Library, 1500 Central

Park Ave., Yonkers in the projection room (mezzanine level). 10-12. M. Schuster.

WS 502 CANASTA Beginners receive instruction on the fundamentals of the Modern American version of this popular game. All levels. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). 12:30-2:30. M. Schuster.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

WS 805 EARLY BIRDS BOOK CLUB Read *Lucky Boy* by Shanti Sekaran for first class. Other books chosen by class. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. in the projection room (mezzanine level). Three Monday sessions: *March 9; April 6; May 11.* 10-12. \$6. B. Corcoran.

WS 806 AFTERNOON BOOK CLUB Read *A Woman is No Man* by Etaf Rum for first class. Other books chosen by class. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. in the projection room (mezzanine level). Three Monday sessions: *March 9; April 6; May 11.* 12:30-2:30. \$6. B. Naliboff.

WS 807 COMPUTER BOOTCAMP Learn how to get the most out of your computer and keeping your private information private. All levels welcome. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. in the computer room. Three Tuesday sessions: *March 10; April 7; May 5.* 10-12. \$6. D. Sabol.

WS 808 INTRO TO MEDITATION Release stress and improve your health and enjoy life. Demistify the process of relaxing the mind and body. Greenburgh Public Library, 300 Tarrytown Rd. Three Wednesday Session: *March 11, 25; April 1.* 10:30-12:30. K. Lu.

WS 809 POLYMER CLAY Learn to use polymer clay to make one of a kind creation. Take home a finished pendant and earring set as well as other items. Bronxville Womens Club (tea room), 135 Midland Ave., Bronxville, Two Monday sessions: *March 16; April 27.* 10:30-12:30. \$16 Includes registration and material. R. Demers.

WS 810 ZUMBA GOLD Learn this dance program inspired by latin rhythm that have been modified for retirees to suit their needs for a fit and healthy lifestyle. Where comfortable clothes and shoes. Tuckahoe Community

Center, 71 Columbus Ave., Tuckahoe. Two Tuesday sessions: **March 17, 31** . 10:30-11:30. \$4. A. Hunter.

WS 811 PARLI ITALIANO? Learn the basics of properly pronouncing Italian phrases. Fun phrases will be taught and Italian specialties will be sampled. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Two Thursday sessions: **March 19, 26** . 12:30-2:30. \$4. J. Ferrari.

WS 812 SPRING CRAFTS We're getting crafty again! Work on decorating bird houses and wreaths for Springtime. Supply list sent prior to first class. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). Two Thursday sessions: **March 19, 26**. \$4. J. Angelillo.

WS 813 ROCKLAND BOOK CLUB Read *The Lost Girls of Paris* by Pam Jenoff for first class. Other books will be chosen by group. Nyack Library, 59 South Broadway in Nyack. Three Monday sessions: **March 23; April 20; May 18**. 11-1. \$6. S. Cerrati-Bates.

WS 814 ALFRED HITCHCOCK MOVIES Watch and discuss films that span the length of Hitchcock's cinematic career. Grinton I. Will Library, 1500 Central Park Ave., Yonkers Three Tuesday sessions: **March 24; May 12, 19**. 10-1. J. Angelillo.

WS 815 THEODORE ROOSEVELT: THE MAN AND HIS PRESIDENCY Learn about the man-his life and times as well as his presidency. Two Wednesday sessions: **April 8** - Greenburgh Public Library, 300 Tarrytown Rd.; **April 22**- Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level).10-12. \$4. L. Hartstein.

WS 816 BLING'S THE THING Learn to make earrings with a wide variety of materials . Both fun and relaxing. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). **Wednesday, April 22**. 12:30-2:30. \$7 includes registration and materials. J. Lloyd.

WS 817 DOO WOP: THE MID-WEST SOUND Listen to the music and stories of the great groups from Cleveland, Chicago, Detroit and many more. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). **Tuesday, April 28**. 10-12. H. Bloch.

WS 818 GENTLE YOGA Enjoy a mix of Vinyasa and Hatha yoga, meditation, stretching and restorative poses. Develop self-awareness, strength, flexibility and a sense of calm. Bring a yoga mat to class. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). Three Wednesday sessions: **April 29; May 6, 20**. 10:30-11:30. \$6. L. Madsen.

WS 819 LOCAL AUTHORS: MEET & GREET Many famous authors are Westchester, Putnam or Rockland County natives. Meet three of them: Patty Chang Anker, Irene Abruzzese and James McSherry. Grinton I. Will Library, 1500 Central Park Ave., Yonkers in the projection room (mezzanine level). Three Wednesday sessions: **April 29; May 6, 20**. 12-2. \$6. R. Nesi.

BRONX

MONDAY

XS 101 TAI CHI: SELF-DEFENSE Instruction and practice of the basic principles and movement of this ancient Chinese exercise while incorporating its used in self defense. 10-12. G. Reyes, Jr.

XS 102 BASIC STITCHES Basic stitches for those interested in crocheting, knitting, looming or other thread arts. Beginners or advanced. Beginners – bring a light colored #4 worsted yarn and US K-11 crochet hook, US 10 or 11 knitting needles or circular or long loom set to first class. All others – bring your “UFOs (unfinished objects) or materials for a project of your choice. 10-12. C. Poindexter-Curry.

XS 103 MAH JONGG Those new to the game will receive instruction based on rules sanctioned by the National Mah Jongg League. Bring your own Mah Jongg set and card (if you

have one). All levels. 10-12. M. Schuster.

XS 104 SPANISH: INTERMEDIATE/ADVANCED Review and refresh your knowledge of the Spanish language and culture. Learn communication skills and popular Spanish/Latin-American songs. One year of Spanish recommended. 10-12. R. Hollingsworth.

XS 105 LET'S MOVE! Moderate exercises for seniors and those who want to improve fitness, mobility, strength, balance and general health and wellness by working out together in a supportive atmosphere. Tips on better sleep, nutrition and health discussed. 10-12. J. Strauss.

XS 106 INTERMEDIATE QUILTING Work on various quilting techniques using either hand sewing or machines or both. Work on small projects that can be used as gifts. New quilting tools and patterns introduced. 10–12. C. Hoist.

XS 107 EXERCISE PLUS Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobic included. Lifestyle tips to enhance total well-being. Bring light hand weights, bands and sticky floor mat to first class. 12:30-2:30. D. Dolan.

XS 108 QUILTING FOR BEGINNERS Create your own projects using needles, thread and all kinds of fabrics. Make a 9 patch pillow. Materials needed for first class: ½ yard of two contrasting cotton fabrics, white cotton quilting thread, quilting needles (size 8-12), pins with thick heads, ¼” tape and scissors. 12:30-2:30. J. Goldberg.

XS 109 OPERA Great scenes from operas through audio and video excerpts. See a free final dress rehearsal of a complete opera at the Metropolitan Opera House (April 24th). Optional backstage tour of the Met (additional fee). 12:30-2:30. \$20 includes registration and materials. J. Dzik.

XS 110 CREATIVE WRITING Develop and share your family stories, poetry, memoir anecdotes and short stories. Encouragement from fellow writers and the instructor help guide the awy varies genres discussed. 12:30-2:30. M. K. Johnson.

XS 111 INTERMEDIATE BRIDGE Learn to use strong and weak opening bids and responses, hand play and defense, overcalls and doubles. \$15 includes registration and materials. 12:30-2:45. P. Mehta.

XS 112 CANASTA Beginners receive instruction on the fundamentals of the Modern American version of this popular game. All levels. 12:30-3. M. Schuster.

TUESDAY

XS 201 LINE DANCING: BEGINNERS TO EASY INTERMEDIATES Not just country music. Learn basic steps and dances such as The Cowboy Charleston, Bartender Stomp and others. No partner needed. 10-12. J. Rombawa.

XS 202 SHORT STORIES Read and discuss a short story weekly and explore the world and ourselves. Required book: 50 Great Short Stories by Milton Crane.10-12. D. Hammitt.

XS 203 WATERCOLOR: INTERMEDIATE/ADVANCED Expand your knowledge and watercolor techniques including wet-on-wet, wet-on-dry, dry brush and more. Students encouraged to bring photos of subjects of interest or instructor will provide photos to choose from as well. Individual guidance given for techniques necessary to complete their paintings. Bring a Strathmore 140 lb. watercolor paper, watercolor paints and brushes to first class. 10-12. S. Baruchowitz.

XS 204 CREATIVE COLLAGE Create collage art using recycled materials such as magazines and junk mail. Bring magazines, junk mail, pencil, eraser,scissors and permanent glue stick to first class. 10-12. I. Rosenberg.

XS 205 MOSAICS: INTERMEDIATE & ADVANCED Explore advanced techniques in two and three dimensional mosaics. Stained glass and multimedia embellishments are used Must use your own tools and supplies. Safety goggles mandatory. NOT for beginners. 10-12:15. D. Livson.

XS 206 BEGINNERS RHYTHM & BLUES LINE DANCING Learn some of the most popular line dances including The Booty Call, The Wobble and more. You may register for only one Line Dancing class, but not both. 12:30-2:30. K. McCarthy.

XS 207 LET'S DANCE Increase your stamina, improve your balance and shed some pounds by dancing to rhythms of Salsa and Hustle. 12:30-2:30. N. DeLaLuz.

XS 208 AMERICAN HISTORY/AMERICAN PRESIDENTS: TAFT THROUGH HOOVER A continuing look at and analysis of U.S. Presidents especially during the “reform age” and the beginning of the 20th Century in the U.S. and WWI and its aftermath. 12:30-2:30. L. Hartstein.

XS 209 WATERCOLOR: BEGINNER/INTERMEDIATE Learn the art of watercolor painting while exploring and expressing your inner artist. Bring a Strathmore 140 lb. watercolor pad, pencil, kneaded eraser, mid-priced watercolor set and good quality round brushes (#8 & #10) to first class. Additional materials discussed at first class. \$12 includes registration and materials. 12:30-2:30. I. Rosenberg.

XS 210 RUBBER STAMPING & PAPER CRAFTS Basic rubber stamping techniques are used to create handmade items: greeting cards, stationery and scrapbook paper. Different project each week. \$35 includes registration and materials. 12:30-2:30. C. Nguyen.

XS 211 MOSAICS: INTERMEDIATE/ADVANCED Learn both design and technique using glass as the primary medium. Glass and multimedia accents are used to produce two and three dimensional art projects. Safety goggles mandatory. 12:30-2:45. D. Livson.

XS 212 MOSAICS: BEGINNERS ONLY Learn both design and technique using glass as the primary medium. Glass and multimedia accents are used to produce two and three dimensional art projects. Safety goggles mandatory. Supply list sent prior to first class and discussed in class before purchase.12:30-2:45. D. Livson.

WEDNESDAY

XS 301 WRITING WORKSHOP Editing and polishing works in progress. Readings are eight minutes maximum for each writer. Constructive, non-anecdotal and non-repetitive critiques are given by the class. Poets must duplicate their pieces for class. 10-12. C. Mason.

XS 302 THE WONDERFUL WORLD OF KNITTING: ADVANCED For those that know the basic skills, casting on, knit and purl and binding off. Incorporate reading patterns, using circular needles, increasing and decreasing and more. The project is a handbag. Bring Super bulky yarn (#6), knitting needles (size 15), two purse handles, ¼ yarn of lining fabric and a yarn needle to first class. Field trip to a yarn store and the Marriott Knitting Convention by Vogue in January (additional fee). 10-12. J. Parker.

XS 303 PRACTICAL SPANISH FOR EVERYDAY USAGE Discover the joy of learning expressions, idioms, writing and conversational skills. All levels. 10-12. M. Salaman.

XS 304 TAI CHI Introduction and practice of the basic principles and movements of this ancient Chinese exercise. 10-12. Y. H. Wang.

XS 305 ZUMBA GOLD Combine Latin and International dance rhythms such as Salsa, Merengue, Tango and Cha Cha into an energizing cardio workout. Movements can be modified to accommodate physical limitations. Wear comfortable clothing. 10:30-12. M. Stevenson.

XS 306 INDEPENDENT FILM DIRECTORS Watch a film. Discuss the life and work, actors, choice of script, cinematography, special effects and lighting. 12-3. D. Hammitt.

XS 307 TAKE THE LEAD Dance to the rhythms of Salsa and Bacha Tango. Enjoy the flow and dance your stress away. 12:30-2:30. N. DeLaLuz.

XS 308 TAI CHI Continue the practice and basic principles of this ancient art of exercise. All levels. 12:30-2:30. Y. H. Wang.

XS 309 PIANO FOR BEGINNERS Learn to play simple classical, jazz or pop tunes. Classical and Jazz concepts, and theory are interegrated. Bring a small portable keyboard to first class. Inexpensive keyboards are available at Sam Ash music stores and Guitar Outlet. 12:30-2:30. N. Zamcheck.

XS 310 KNIT ONE..PURL TWO..FOR BEGINNERS ONLY Learn to cast on, knit, purl and bind off. Project: Garter stitch scarf. Bring a super chunky yarn (200 yds.) and knitting needles (US19) to first class. Field trips to a knitting store and a knitting convention (optional). 12:30-2:30. J. Parker.

XS 311 BASIC DRAWING Sketch still-life, landscapes and portraits. Emphasis on tonal contrast and creating textures in realistic drawings. Field trip, weather permitting. Bring a drawing pad, favorite photos/pictures to share, #2 & #4 pencils, ruler and erasers to first class. 12:30-2:45. A. Strinsky.

THURSDAY

XS 401 HATHA YOGA Learn to develop self-awareness, strength, flexibility and a sense of calm. Bring an exercise mat, large towel and small pillow to first class. 10-12. M. Gladwin.

XS 402 SENIORS NEED TO EXERCISE! Feel better and stronger with simple seated and standing exercises that improve strength, balance, mobility and flexibility. 10-12. M. Aybar.

XS 403 DUPLICATE BRIDGE Learn the basics of duplicate bridge including scoring and how to compete while improving your success in this game. \$15 includes registration and materials. 10-12. R. Thompson.

XS 404 JEWELRY DESIGN Basic and advanced jewelry making instruction provided for various items including necklaces, earrings, pins and bracelets. Create jewelry using a variety of materials: polymer clay, wire, fabric and beads. Weekly projects are provided. 10-12. R. Demers.

XS 405 INTERMEDIATE/ADVANCED ACRYLIC PAINTING Continue to develop your personal style and creativity through the acrylic medium. 10-12. M. Mooney.

XS 406 PIANO FOR ADVANCED BEGINNERS For those who learn at a faster pace and must have taken two semesters of Piano for Beginners (XF 310). Continue to play simple classical, jazz or pop tunes. Jazz and classical concepts will be intergrated. Bring a small portable keyboard to first class. 10-12. N. Zamcheck.

XS 407 RHYTHM & BLUES LINE DANCING: ADVANCED Fast paced urban line dancing that consists of fancy, intricate footwork along with bouncing and turning. Lots of energy is required. You may register for only one Line Dancing class, not both. 12:30-2:30. K. McCarthy.

XS 408 ACRYLIC PAINTING: BEGINNER/INTERMEDIATE Explore your creativity, learn simple brush techniques and color theory. Bring a canvas board, Acrylic starter set (2 oz.-4 oz.), slow-dry blending medium (4 oz.) and an acrylic brush set to first class. 12:30-2:30. M. Mooney.

XS 409 ZUMBA GOLD Combination of Latin and International dance rhythms such as Salsa, Merengue, Tango and Cha Cha into an energizing cardio workout. Safe and effective total body workout. Movements can be modified to accommodate physical limitations. Wear comfortable clothing. 1-3. M. Stevenson.

FRIDAY

XS 501 MIDDLE EASTERN DANCE Enjoy Arabic, North African and Turkish movements and learning to play its rhythms on the zills (finger cymbals). All levels. 10-12. A. Beeman.

XS 502 EXERCISE PLUS Blend of exercises designed to tone, strengthen and increase

stamina and flexibility. Low impact aerobics included. Lifestyle tips to enhance total well-being. Bring light hand weights, bands and sticky floor mat to first class. 10-12. D. Dolan.

XS 503 PHOTOGRAPHY INTO SCRAPBOOKING Learn how to put together a coordinated scrapbook without a lot of fuss! Use the camera of your choice to take photos and turn them into wonderful memories. Supply list mailed prior to first class. Field trip to Botanical Gardens or Wave Hill (additional fee). 10-1. J. Parker.

XS 504 CHAIR YOGA A gentle form of Yoga which combines breathing, movement and meditation to develop a stronger, healthier body, mind and spirit. Practiced sitting on a chair or standing using the chair for support. All levels. 12:30-2:30. A. Beeman.

XS 505 AEROBIC GOLD BY JOYCE For the young at heart, low impact aerobics which includes stretching and toning to your favorite tunes. 1:15-2:5. J. Parker.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

XS 805 MAKE OVER Have fun as you learn to enhance your looks with make-up! Boost your confidence as well. Focus on enhancement for a party or an after 5 pm event. *Tuesday, March 24.* 10-12. J. Parker.

XS 806 BROOKLYN DODGERS ARE FOREVER Discuss the significance of the Brooklyn Dodgers to the borough of Brooklyn during the post-WWII years. Discussion by a Brooklyn Dodgers fan, who has every Dodger autograph on the roster from 1946-1957. *Thursday March 26* 12:30-2:30. J. Goldman.

XS 808 ENLIVEN YOUR RETIREMENT LIFE STYLE Share ideas and learn about a variety of retirement options. Examine the research of Erik Erickson and others. Initiate a plan for retirement consisting of life-enriching, meaningful activities with a Lifetime of Activities Summary Chart. Folder of ideas from literature to use as a resource for on-going planning included. *Friday, April 24.* 10-12. L. Gendelman.

XS 809 PARTY TIME Come learn the latest line dances like those done on cruises and at weddings like The Wobble, DJ Beat That SHHH..... If I Back It Up and more. *Friday, April 24.* 12:30-2:30. K. McCarthy.

XF 810 THEY WROTE THE SONGS Listen to the music and stories of the great song writing teams of the 50's and 60's including Lieber & Stoller, Pomus & Schuman, King & Goffin, Mann & Weil and more. Three Thursday sessions: *April 23, 30; May 7.* 12:30-3. \$6. H. Bloch.

BROOKLYN

MONDAY

KS 101 STAINED GLASS Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. All levels. \$50 includes registration and materials. You may register for only one Stained Glass class. 9:30-12:30. K. Pierre.

KS 102 CHAIR YOGA A gentle form of yoga performed while using a chair for sitting or for support while standing. Deepens flexibility and supports balance at any fitness level. 10-12. A. Beeman.

KS 103 BEGINNER/INTERMEDIATE LINE DANCING Enjoy dancing and exercise at the same time. Classic line dances and a mix of new and traditional line dances. 10-12. C. Montgomery.

KS 104 JAZZERCISE Stretching and dancing to Jazz, Rhythm & Blues, Cha Cha, Swing, Salsa and Mambo. 10-12. K. Sanson.

KS 105 MAH JONGG Enjoy playing this popular game with tiles. Instruction given to beginners. All levels. 12:30-3. E. Scheff.

KS 106 ADVANCED BEADING Materials list distributed at first class. \$15 includes registration and materials. Not for beginners. 12:30-3. C. Horn.

KS 107 THE PLEASURES OF POETRY Discuss and read aloud poems that explore love, aging, friendship and the human condition. \$15 includes registration and materials. 1-3. M. Glenn.

KS 108 YOGA Learn a set of physical and mental exercises. Bring a yoga mat and towel to first class. 1-3. C. LaBue.

KS 109 SKETCHING & PAINTING WITH GEORGE Explore and use different types of media including acrylics, pastels, oils and more. Bring a sketch pad, pencils, charcoal and eraser to first class. (optional-pastels, watercolor, acrylic paints). 1-3. G. Kerasiotis.

TUESDAY

KS 201 KNITTING: ALL LEVELS Beginners learn the basics. Intermediate/Advanced students will select a project and receive assistance in new techniques. Beginners: Bring a size 8 needle and worsted weight yarn in a light color to first class. 10-12. L. Broudy.

KS 202 INTRODUCTION TO MANDARIN CHINESE Learn how to speak Mandarin Chinese. \$15 includes registration and materials. 10-12. C. Ng.

KS 203 BEGINNING JEWELRY MAKING Learn the basic beginner techniques for making beaded jewelry: wire wrapping, bead stringing and stitching, crimping and more \$25 includes registration and materials. 10-12:30. K. Koppinger.

KS 204 INTERMEDIATE/ADVANCED BRIDGE Basic training to improve playing skills. 10-12:30. R. Goldman.

KS 205 SKETCHING & DRAWING Elements of design using various graphic materials. Bring an 11" x 14" Strathmore drawing pad, HB pencil and kneaded eraser to first class. 10-12:30. E. Comins.

KS 206 BEGINNERS ONLY LATIN DANCE Improve coordination, memory and develop stamina while working out to great music. 12:15-2:15. B. Sayegh.

KS 207 INTERMEDIATE CONVERSATIONAL ITALIAN Focus on conversation, with some readings and grammar. Required book: *Altenate Italian Beginner-Intermediate 1st edition (ISBN-13:978-1400009671)*. 1-3. E. Kraft.

KS 208 P.A.C.E. Low impact exercise program. 1-3. T. Pratt.

KS 209 JAZZ: A CULTURAL ICON Study the influence of Jazz on other musical genres, art, advertising, fashion, television and film. \$15 includes registration and materials. 1-3. J. Hirsch.

KS 210 WATERCOLOR WORKSHOP Various techniques of watercolor explored. Bring a 9" x 12" watercolor pad (cold-pressed), set of watercolor transparent paints, #8 round brush, 1 inch flat brush and ½ inch artist's tape to first class. 1-3. E. Comins.

WEDNESDAY

No classes May 20.

KS 301 STAINED GLASS Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. All levels. \$50 includes registration and materials. You may register for only one Stained Glass class. 9:30-12:30. G. Fishman.

KS 302 MEDITATION Learn the art of meditation and deep breathing. 10-12. T. Pratt.

KS 303 SHAKESPEARE Read and discuss the play *Pericles*. 10-12. J. Trachten.

KS 304 BOLLYWOOD & BELLYDANCING Enjoy sampling dance movements from the Mid-East and from Bollywood movies. 10-12. A. Beeman.

KS 305 FREE-FORM BEAD WRAPPING Basic and free-form wire wrapping around beads to make bracelets, necklaces and pendants. Bring

a small needle nose plier, chain nose plier, wire cutter, 22 gauge wire, one strand of 6mm beads and one spring lock to first class. 10-12:30. P. Valentin.

KS 306 ZUMBA GOLD Focus on toning and improving muscle strength, posture, mobility and conditioning. 12:15-2:15. B. Sayegh.

KS 307 CREATIVE WRITING Learn specific techniques and receive support in preparing and polishing your creative materials like memoirs, poems, fiction and essays. 12:30-3. D. White.

KS 308 MYSTERY & FILM NOIR Screen and discuss: *The Counterfeit Traitor; Notorious; The Holcroft Covenant; Laura and The Gun for Hire*. 12:30-3. R. Romer.

KS 309 BEADING WORKSHOP: NOT FOR BEGINNERS Make beautiful jewelry using beads. Must know the peyote stitch. Bring #8 hex beads and several colors of #11 cylinder beads. 1-3. T. Gesuele.

THURSDAY

KS 401 TAP DANCE An introduction to tap dancing. Bring tap shoes (if you have them). 10-12. N. Cangiano.

KS 402 STRETCH & RELAX Improve flexibility and balance with gentle exercise. Learn relaxation techniques. Bring a large towel or mat to first class. 10-12. T. Pratt.

KS 403 CROCHET YOUR JEWELRY: BEGINNER/INTERMEDIATE Learn to crochet beautiful earrings, bracelets and necklaces to accessorize your outfits. Bring DK weight yarn, size 10 crochet thread, "C" or "D" crochet hook, size 7 steel crochet hook and size 6 beads to first class. \$20 includes registration and some materials. 10-12. P. Williams.

KS 404 OPERA An in-depth analysis of selected operas by Mozart, Beethoven, Rossini and others. See a dress rehearsal of Puccini's Manon Lescaut at the Metropolitan Opera House (free). \$20 includes registration and some materials. No class: March 26. 10-12:30. J. Dzik.

KS 405 CROCHET: BEGINNER/INTERMEDIATE Learn basic stitches to make beautiful projects. Bring "F" & "H" crochet hooks, skein of solid color worsted weight yarn, measuring tape and small clipper to first class. All levels. \$20 includes registration and some materials. 12:30-3. P. Williams.

KS 406 INTERMEDIATE SPANISH Communication and comprehension are the objectives. Practice conversation through contemporary experience and readings. Some background in Spanish is beneficial. 1-3. E. Drayton.

KS 407 LINE DANCING Enjoy the pleasure and exercise of line dance. All levels. 1-3. N. Cangiano.

FRIDAY

KS 501 BEGINNERS TAI CHI/CHAIR QI GONG/FOOT EXERCISES Introduction to basic principles and movement. 10-12. J. He.

KS 502 QUILTING: INTERMEDIATE/ADVANCED Create beautiful works of art: hand sewn quilts, decorative accessories and pillows. Supply list sent prior to first class. \$20 includes registration and some materials. 10-12:30. D. Pryor-Holland.

KS 503 CHORUS Perform in a group and learn to sing multi-part compositions with other singers. \$15 includes registration and materials. 10-12:30. J. DeRanieri.

KS 504 ACRYLIC PAINTING & PASTELS Introduction to the basics of painting that emphasize drawing, composition, value and color theory. Techniques of creating with acrylics and pastels explored. Bring drawing pad, charcoal, kneaded eraser and paint supplies to first class. 10-12:30. J. Lippman.

KS 505 DOLLMAKING Explore cloth doll making from start to finish. All levels welcome as long as you have basic sewing skills. Supply list sent prior to first class. 1-3. N. Rabatin.

KS 506 ADVANCED TAI CHI/CHAIR QI GONG EXERCISES Advanced knowledge of basic

moves is required. Improve and perfect your movements. 1-3. J. He.

KS 507 POLYMER CLAY: BEGINNER/INTERMEDIATE Learn how to condition clay and develop techniques to create pendants, earrings and brooches. \$30 includes registration and materials. 1-3. V. Hall.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

KS 805 RETIREE BOOK CLUB Read the following books for class: *Women in Love* by D.H. Lawrence (March 9); *The Testament* by Margaret Atwood (April 6); and *The Eustace Diamonds* by Anthony Trollope (May 4). Three Monday sessions: *March 9; April 6; May 4.* 10-12:30. \$6. S. Rauschenbusch.

KS 806 MANDALA Learn the history of mandalas, how to create and use them. Create your personal mandalas. Bring 12"x 8" drawing paper to first class. Other materials needed are discussed in class. Two Friday sessions: *March 13, 20.* 10-12. \$4. T. Pratt.

KS 807 SCARF DESIGNING Learn to create beautiful one-of-a-kind hand crafted scarves using simple lines and geometric shapes with Sharpie markers. \$40 includes registration and materials. Three Monday sessions: *March 16, 23, 30.* 10-12. A. Gaskin Feurich.

KS 808 AMERICAN ART MASTERWORKS AT THE BROOKLYN MUSEUM Discuss and tour (via slides) surveying the museum's collection of American Art featuring works by Coply, Stuart, Peale, Cole and others. Two Thursday sessions: *March 19-lecture; March 26-Brooklyn museum trip.* 10-12. \$4. R. Lubell.

KS 809 MOSAIC CROCHET Learn this impressive technique that creates the appearance of crochet color work with the need to switch colors at the edge. Supply list sent prior to first class. Three Friday sessions: *March 27; April 24; May 1.* 10-12. \$6. P. Williams.

KS 810 EMBOSSED CROCHET Learn this crochet technique that creates texture by working front and back post-crochet stitches and crochet design look as if they were knitted. Most design work with this technique are inspired by nature with a 3D effect. Three Friday sessions: *March 27; April 24; May 1.* 1-3. \$6. P. Williams.

KS 811 WHY IS THE DOCTOR SENDING ME FOR THESE TESTS? Learn about the many tests that the doctor sends you for, why they are recommended, what's involved in preparing for them, what happens during them and what to expect from them. *Thursday, April 2.* 10-12. No Fee. UFT Nurses.

KS 812 INTRODUCTION TO SOGETSU IKEBANA (JAPANESE FLOWER ARRANGING) Learn the history as we create a simple arrangement that can be disassembled and take it home. Discuss the different parts and the placement of flowers. Must bring garden shears to class. \$35 includes registration, flowers and materials. *Wednesady, April 8.* 11:30-2:30. E. M. Smith-Beauchamp.

KS 813 INTRODUCTION TO INTERIOR DESIGN/COLOR COORDINATION Learn how specific colors can effect an environment and help create a certain mood. Provides students with practical methods to access and improve their existing interior by applying new color palletes. *Monday, April 20.* 10-12. A. Gaskin Feurich.

KS 814 BEADING: ITS ALL ABOUT THE CLOSURE Learn the basic skills and techniques of making beaded jewelry: knowledge of various tools, bead types, wires, stringing and more. Bring a chain nose plier, round nose plier, flat nose plier and wire cutters to first class. Two Thursday sessions: *April 23, 30.* \$15 includes registration and some materials. 10-12. I. Carson.

KS 815 NUTRITION: EAT WELL FOR BETTER HEALTH Learn how you can empower yourself to a healthy lifestyle by creating a personal food plan using plant based food. *Monday, April 27.* 10-12. M. Wright.

KS 816 THE LINCOLN CENT Explore the value of the cent, its production statistics, markings on the coins and the rewards of collecting. *Thursday, May 7.* 10-12. M. Marcus.

MANHATTAN

MONDAY

MS 101 CLASSIC WORLD FILMS Discuss and analyze these films: *L'Aventura* (Italian); *The Last Picture Show*, *Cruel Intentions*, *Zorba the Greek* and more. 9:30-12. R. Romer.

MS 102 SHORT STORY INTO FILM Read a short story for each class and view the screen adaptation the following week. Discuss the merits of both the literary story and the movie after each film. \$20 includes registration and materials. 9:30-12. W. Wyss.

MS 103 DUPLICATE BRIDGE Must be an experienced player. \$13 includes registration and materials. 9:45-12:15. E. Lee.

MS 104 BIRDWATCHING IN CENTRAL PARK – GROUP C Bring binoculars to the orientation session on *Monday, March 9* at 50 Broadway, 2nd fl. from 10 a.m.-12 p.m. Walks begin *March 16* from 10 a.m. -12 p.m. Exact locations, dates and times for nine (one to two mile) walks sent via email. You may register for only ONE Bird-watching group. M. Rakowski.

MS 105 MAJOR ARTWORKS IN MAJOR MUSEUMS A look at art masterpieces in The Louvre, The Met and The National Gallery in London. You may register for **MS 105** or **MS 111**, but not both. 10-12. D. Becker.

MS 106 CALLIGRAPHY Copperplate calligraphy with a pointed pen: review basics, plus variations, flourishes, greeting cards and envelope design. Beginners welcome. Supplies needed for first class: Canson Marker Layout Pad, Higgins Eternal Ink, Hunt 101 nib, and penholder (oblique for righties; straight for lefties). 10-12. C. Nguyen.

MS 107 DANCE AEROBICS Dance and exercise for fitness and fun. Learn a variety of low impact aerobic and dance movements. Sneakers required. 10-12. K. Paholek.

MS 108 LET’S SPEAK ITALIAN Learn “La Bella Lingua” through reading, writing, listening, speaking and student interaction as well as grammar, vocabulary and everyday expressions and phrases. Required books: *Italian Made Simple* by Cristina Mazzoni and *Short Stories in Italian for Beginners Vol. 1* by Olly Richards. 12:30-2:30. J. Zarba.

MS 109 YOGA CORE & MIND Learn this slow yoga practice while strengthening your core using chairs, mats, standing poses and guided meditation. 12:30-2:30. K. Paholek.

MS 110 VOCAL TECHNIQUE WORKSHOP Singing makes you happy. Take lessons, find your voice and use it as a means of communication and interpretation. Six sessions: *March 9, 23; April 6, 20; May 4, 11.* 12:30-2:30. B. Haspel.

MS 111 MAJOR ARTWORKS IN MAJOR MUSEUMS A look at art masterpieces in The Louvre, The Met and The National Gallery in London. You may register for **MS 105** or **MS 111**, but not both. 12:30-2:30. D. Becker.

MS 112 RUBBER STAMPING & PAPER CRAFTS Basic techniques to create handmade items: greeting cards, stationery, scrapbook paper, one-of-a-kind gifts. Different project each week. \$35 includes registration and materials. 12:30-2:30. C. Nguyen.

MS 113 YIDDISH LANGUAGE & CULTURE Conversation, reading, stories, poems and songs. Some knowledge of Yiddish required. \$16 includes registration and materials. 12:30-2:30. M. Leberstein.

MS 114 BRIDGE: INTERMEDIATE Instruction and free play. Bring your own cards. 12:45-2:45. E. Lee.

TUESDAY

No classes May 19.

MS 201 PAINTING ON FABRIC Turn cloth

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such as silk, cotton and synthetic blends into beautiful works of art. Techniques include textile painting, tie-dyeing, wax batik, stenciling, appliqueing, mounting and resist technique (silk). Bring synthetic flat and round brushes for acrylic and a 1” sponge brush to first class. \$20 includes registration and materials. 9:45-12:15. P. Jacobs.

MS 202 WIRE BEAD WRAPPING Basic and free-form wire wrapping around beads to make bracelets, necklaces and pendants. Contact Lynn.Lospenuso@uftwf.org for a supply list prior to first class. 9:45-12:15. P. Valentin.

MS 203 INTERMEDIATE SPANISH Learn to understand and speak fluent Spanish. Emphasis on grammar and vocabulary. Knowledge of reading, writing and speaking some Spanish is required. Required book: *Advanced Spanish Step-By-Step* by Barbara Bregstein. NOT for beginners. 10-12. P. Orleman.

MS 204 SING! SING! SING! Have fun singing along in a group to a wide variety of music. Learn harmony and perform some medleys. \$15 includes registration and materials. 10-12. J. DeRanieri.

MS 205 CHAIR YOGA Use breathing, movement and meditation to develop a strong, healthy body, mind and spirit. Chairs are used for support. 10-12. A. Beeman.

MS 206 SHORT STORIES Discussion of short stories, their style and significance. Required book: *The O. Henry Prize Stories: 2018*. Read *The Tomb of Wrestling and Counterblast* before first class. You may register for **MS 206** or **MS 210**, but not both. 10-12. A. Zuckerberg.

MS 207 GOLDEN VOICES The beauty and thrill of great operatic voices: Joseph Calleja, Jessye Norman, Beverly Sills. Six sessions: *March 10, 24; April 7, 21; May 5, 12.* 12:15-2:15. B. Haspel.

MS 208 CONVERSATIONAL SPANISH FOR BEGINNERS An introduction to the Spanish language and culture with emphasis on grammar and conversational skills. Required book: *Easy Spanish Step-by-Step* by Barbara Bregstein. 12:30-2:30. P. Orleman.

MS 209 ITALIAN: INTERMEDIATE/ADVANCED Grammar, reading and conversation are covered. Required book: *Italian, A Self-Teaching Guide* by Edoardo A. Lebano (2nd edition) and *In Italiano* (Edizioni Guerra-Perugia) by Angelo Chiuchiu et al. NOT for beginners. 12:30-2:30. A. DeGennaro.

MS 210 SHORT STORIES Discussion of short stories, their style and significance. Required book: *The O. Henry Prize Stories: 2018*. Read *The Tomb of Wrestling and Counterblast* before first class. You may register for **MS 206** or **MS 210**, but not both. 12:30-2:30. A. Zuckerberg.

MS 211 MAH JONGG: ADVANCED INTERMEDIATE & ADVANCED For the experienced player. Bring a current National Mah Jongg League card to class. 12:30-2:30. H. Rothman.

MS 212 MIDDLE EASTERN DANCING Ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music. All levels. 12:30-2:30. A. Beeman.

WEDNESDAY

MS 301 STAINED GLASS Learn glass cutting and construction. Some stained glass provided. Safety goggles mandatory. Bring a Toyo pistol grip glass cutter, breaker plier or combination plier to first class. All levels. \$50 includes registration and some materials. 9:30-12:30. K. Pierre.

MS 302 BRIDGE: BEGINNER/INTERMEDIATE Learn basic bidding with supervised elementary play. \$12 includes registration and materials. 9:45-11:45. J. Kotkin.

MS 303 COMEDY APPRECIATION Explore the psychological and philosophical issues involved in developing a comic perspective that focuses on stand-up comedy. Guest comedians and classic videos. 10-12. P. Herzich.

MS 304 LATIN DANCE MOVES Low impact cardio workout to the sounds of popular Latin music. Dancing promotes physical fitness and

improves balance and coordination. 10-12. C. Mateu.

MS 305 CREATIVE WRITING Use exercises and source material to enhance the “creative imperative” within you. All levels. \$13 includes registration and materials. 10-12. M. Glenn.

MS 306 TAI CHI Introduction to basic principles and movements of this ancient Chinese exercise which improves balance. 10-12. J. He.

MS 307 POLITICS/HISTORY IN FILM View and analyze classic movies such as *Cry Freedom*, *Born on the Fourth of July*, *The Queen* and more. 12:15-2:45. C. Friedman.

MS 308 RECORDER/INSTRUMENT ENSEMBLE: INTERMEDIATE & ADVANCED Improve your technique and ensemble playing. Instruments include Recorder, Flute, Violin and Cello. \$14 includes registration and materials. 12:15-2:45. R. Zeitlin.

MS 309 CANASTA Learn strategies for improving your play. Different plans for beginning, middle and end of play, when to signal your partner and when to play those special hands. \$12 includes registration and materials. 12:15-2:45. J. Kotkin.

MS 310 MAH JONGG: BEGINNER/INTERMEDIATE Learn the game and brush up on prior skills. Bring a current National Mah Jongg League card to class. 12:30-2:30. J. Somerville.

MS 311 QI QONG (TAI CHI) DEEP BREATHING EXERCISES First hour standing up; second hour sitting on chairs. 12:45-2:45. J. He.

THURSDAY

MS 401 BIRDWATCHING IN CENTRAL PARK – GROUP A Bring binoculars to the orientation session on *Thursday, March 12* at 50 Broadway, 2nd fl. from 9 a.m.-11 a.m. Walks begin March 19 from 8 a.m. -10 a.m. Exact locations for nine (one to two mile) walks sent via email. You may register for only ONE Birdwatching group. M. Rakowski.

MS 402 BIRDWATCHING IN CENTRAL PARK – GROUP B Bring binoculars to the orientation session on *Thursday, March 12* at 50 Broadway, 2nd fl. from 12 p.m.-2 p.m. Walks begin March 16 from 11 a.m. -1 p.m. for nine (one to two mile) walks sent via email. You may register for only ONE Birdwatching group. M. Rakowski.

MS 403 THE JOY OF OPERA Explore, discuss and view operas based on historic people. Operas include: Mozart’s *La Clemenza di Tito*; Borodin’s *Prince Igor*; Cilea’s *Adriana Lecouvreur* and other operas with legendary singers. \$15 includes registration and materials. 9:30-12. E. Godfrey.

MS 404 YOGA Gentle stretching and relaxation practices which bring about a feeling of peace and well-being in the mind, body and spirit. 9:45-11:45. D. Scott.

MS 405 DRAWING FROM THE MASTERS Experience the tradition of artists who make copies of master drawings. Advance your skills by copying drawings of famous masters. Bring HB/6B pencils, kneaded eraser and a Strathmore 11” x 14” medium surface drawing pad (400 series only) to first class. 10-12. R. Baumann.

MS 406 FALL PREVENTION Learn strategies to prevent falls and perform targeted exercises to develop muscle strength, increase flexibility and improve balance based on the nationally recognized Fall Stop Move Strong program. Exercises are done standing or seated in chairs. \$15 includes registration and materials. 10-12. G. Lichter.

MS 407 ZUMBA GOLD FITNESS Improve stamina, balance and memory while having fun. Dance combined with fitness exercises, stretching and light weights. 12:15-2:15. B. Sayegh.

MS 408 BEADING: BEGINNERS Learn basic bead weaving skills to make jewelry. Must be able to thread a fine needle. Contact Lynn.Lospenuso@uftwf.org for a supply list prior to first class. Project list distributed in class. 12:15-

2:45. Z. Tyson.

MS 409 QUILTING Create beautiful quilts, pillows and decorative accessories. \$15 includes registration and materials. 12:15-2:45. D. Pryor-Holland.

MS 410 DRAWING TO WATERCOLOR Express yourself and develop your artistic skills. Bring drawing paper, 2H, HB and 2B pencils, a kneaded eraser and your imagination to first class. \$15 includes registration and materials. 12:15-2:45. A. Massini.

MS 411 ACTING Let your spirit flow with acting exercises. Have your heart opened with acting scenes. Use improvisations to display your life’s wisdom. \$13 includes registration and materials. 12:30-2:30. K. Solway.

FRIDAY

MS 501 INTERNATIONAL CINEMA View and discuss thought-provoking films from various countries around the world. Discuss readings on the films in class. 9:45-12:15. J. Worth.

MS 502 BEAD WEAVING: BEGINNER TO INTERMEDIATE Learn basic to intermediate beading skills to create jewelry. Bring two colors of 11/o or 8/o seed beads, Fireline 6 or 8 lbs, #10 beading needle, smooth cloth to bead on and scissors to first class. Supply list given for each project. 9:45-12:15. E. Esses.

MS 503 GOLDEN SNEAKERS Low impact aerobics combined with mobility strength training. Work on full range of motion. 10-12. J. Maleeq.

MS 504 ASIAN BRUSH PAINTING Learn the meditative art of Asian brush painting. Bamboo and orchids will flow from your brush. All levels. Bring rice paper, Sumi ink and brushes to first class. 10-12. P. Siudzinski.

MS 505 LEARN TO PLAY THE PIANO Bring your own electronic keyboard to class. Work on the ABC’s of piano playing. Beginners and intermediates welcome. Required book: John Thompson’s Adult Piano Course, Book One. 10-12. A. Zamcheck.

MS 506 PLAYWRITING Learn to create dramatic characters and develop a strong plot while writing short scenes and plays. Constructive feedback is offered. Seasoned or first-time playwrights. Bring a notebook to class. \$13 includes registration and materials. 10-12. M. Polsky.

MS 507 RETIREES READ-BOOK CLUB Read and discuss one book approximately every three weeks. Read *American Rust* by Philipp Meyer for first class. Other selections are chosen by group. Four sessions: *March 13; April 3, 24; May 15.* 12:30-2:30. M. Garvey.

MS 508 KNITTING Beginners learn the basics. Intermediate/Advanced will select a project and receive assistance in new techniques. Beginners must bring a size 8 needle and a light colored worsted weight yarn (scarf pattern supplied) for first class. 12:30-2:30. L. Broudy.

MS 509 WATERCOLOR PAINTING Develop your artistic ability painting landscapes, animals and flowers. All levels. Bring watercolor set, brush and pad to first class. 12:30-2:30. P. Siudzinski.

MS 510 IMPROVISATIONAL THEATER Create characters, scenes and even full plays using your imagination and working together. \$13 includes registration and materials. 12:30-2:30. M. Polsky.

MS 511 YOGA & MEDITATION Release stress and tension with yoga postures and a short guided meditation practice. 12:30-2:30. D. Scott.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

MS 805 MOTOWN MEMORIES Relive the 1960’s through the music of Detroit. Sing along to the hits and some that did not make it to the top of the charts. Three Wednesday

sessions: *March 18, 25; April 1.* 10-12. \$6. P. Orleman.

MS 806 RELAXATION WORKSHOP Learn relaxation techniques to help us deal with stress in daily life. Activities include gentle stretches on a chair, meditation, breathing practice, deep relaxation and eye movement. Two Wednesday sessions: *March 18, 25.* 12:30-2:30. \$4. E. Takamori.

MS 807 EXPERIMENTS IN MONO PRINTING Learn the technique of mono printing. Come with an open mind and your imagination. Create a realistic or abstract portrait or landscape. Three Tuesday sessions: *March 24, 31; April 7.* 12:30-2:30. \$10 includes registration and materials. D. Green.

MS 808 SING ALONG/HISTORY OF JEWISH-AMERICAN COMPOSERS Journey through the music while we sing and learn the history of Jewish-American composers from Berlin to Bernstein. Participants receive a packet of lyrics. *Tuesday, March 31.* 12:30-2:30. \$5 includes registration and materials. E. Ratner.

MS 809 TRAVEL THROUGH HISTORY Travel the world and experience past cultures and civilizations while creating a new perspective on our own heritage. Three Thursday sessions: *April 2, 23, 30.* 10-12. \$6. J. Rossi.

MS 810 AFRO BEATS DANCE CLASS Learn basic traditional African dance movements set to contemporary Afro Beats music. Take a trip around the diaspora in movement and music. No prior dance experience necessary. *Wednesday, April 8.* 9:45-11:45. D. Scott.

MS 811 CONQUER THE CLUTTER! The need to be organized is all around us - organize your home, garage, basement, even your bills, mail and finances. “Ask the Organizer.” *Monday, April 20.* 52 Broadway, 19th floor, Rm. G. 12:30-2:30. L. Gessert.

MS 812 DOO WOP EXPERIENCE See performances and learn the history behind the 50’s and 60’s groups: The Five Satins, Shirelles, Angels, Johnny Maestro, Little Anthony & The Imperials and more. Includes a sing-along. Two Wednesday sessions: *April 22, 29.* 10-12. \$4. D. Isoldi.

MS 813 DOO WOP: THE BRONX Listen to the music of groups from the Bronx including the Chords, Chantels, Belmonts, Earls and more. *Tuesday, April 28.* 12:30-2:30. W. Elovitch.

MS 814 DOO WOP COMES TO PITTSBURGH Listen to the music and stories of The Del Vikings, The Marcells, The Skyliners and The Vogues. *Friday, May 1.* 12:30-2:30. H. Bloch.

MS 815 INTRODUCTION TO ASTRONOMY Learn about the wonders of the universe! From nearby, beautiful planets and moons to distant, mysterious black holes and galaxies. Two Wednesday sessions: *May 6, 13.* 10-12. \$4. B. Mancinelli.

MS 816 ITALIAN RENAISSANCE Explore the main cities and the most powerful ruling families of the Italian Renaissance along with the art, music, poetry, fashion and traditions of this era. Three Thursday sessions: *May 7, 14, 21.* 10-12. \$9 includes registration and materials. D. Gorreri.

QUEENS

MONDAY

QS 101 TAI CHI: ANCIENT CHINESE MARTIAL ART Practice the basic principles and movements of this ancient Chinese exercise. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. 10-12. Y.H. Wang.

QS 102 CRITICS CHOICE View and discuss the best of independent films including: *Dogville, The Imposters, Girlfriends, Baghdad Café* and more. 10-12:30. G. Piraino.

QS 103 CROCHET & KNIT Learn the basics of knitting and crocheting. First five sessions: crochet instructions. Bring a J crochet hook and worsted weight yarn to first class. Last five sessions: knitting instructions (starts

4/20). Bring #8 knitting needles, worsted weight yarn and a “big eye” yarn needle to first class. Patterns provided. \$12 includes registration and materials. 10-12. J. Kotkin.

QS 104 ART WITH AN IMPRESSIONIST FLAIR USING ACRYLICS & OILS Learn how to paint in the impressionistic style using still life and photos. Each class begins with a demonstration. Supply list sent prior to first class. See **QS107.** 10-12. B. DeCeglie.

QS 105 BRIDGE: INTERMEDIATE Review, reinforce and expand bidding knowledge. Preset hands provide for application of the basics to declarer and defender card play. Required textbook: Improving Your Judgement I: Opening the Bidding by Audrey Grant (ISBN: 0-939460-37-8). 10:15-1:15. D. Woo.

QS 106 APPLE IPAD PROJECTS Review basic Apple apps. Create projects combining photos and videos. Share the projects using other devices and social media. Bring your Apple iPad to class. 10:30-1:30. A. Cumba.

QS 107 ART WITH AN IMPRESSIONIST FLAIR USING ACRYLICS & OILS Continuation of **QS104.** Learn how to paint in the impressionistic style using still life and photos. Each class begins with a demonstration. Supply list sent prior to first class. Not included in 3 course limit. 12:30-2:30. B. DeCeglie.

QS 108 YOGA Help enhance your strength, flexibility and balance with this mind and body practice based on Hatha Yoga. Breath work and mindfulness meditation will calm the mind and reduce stress. 12:45-2:45. E. Takamori.

QS 109 GUITAR: ALL LEVELS Note reading, chord progressions and finger picking patterns. Songs from old and popular genres included. Bring your own guitar, preferably with nylon strings. 12:45-3. M. Patelson.

TUESDAY

QS 201 TAI CHI A modern interpretation of Tai Chi exercises to build strength, flexibility and coordination for improved health. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. No class: *May 19.* 10-11. K. Sullivan.

QS 202 SPANISH: ADVANCED BEGINNERS/INTEMEDIAE Improve basic Spanish skills using conversational games and exercises. Focus on pronunciation, vocabulary building, grammar and syntax. Required textbook: *Easy Spanish Step-by-Step* by Barbara Bregstein. 10-12. J. Kalish.

QS 203 DRAWING & SKETCHING: BEGINNERS Use elements of drawing composition, perspective and values. Supply list sent prior to first class. 10-12. B. DeCeglie.

QS 204 CLASSIC FILMS Movies you may have missed. View and discuss featured films featuring *Please Stand By; Big Night; Rehearsal for Murder* and more. 10-12:30. G. Piraino.

QS 205 QUILTING Beginners learn the art of quilting by creating place mats/table runners by hand and/or machine. Advanced beginners/intermediates create quilts using jelly rolls or work on their own projects. Supply list sent prior to first class. \$15 includes registration and materials. See **QS209.** 10:15-12:15. R. Cooper.

QS 206 STAINED GLASS Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete projects. Experienced students receive guidance on more advanced creations. Safety goggles mandatory. Supply list sent prior to first class. \$65 includes registration and materials. You may register for only one Stained Glass class. 11-2:30. L. Carbone.

QS 207 TAI CHI A modern interpretation of Tai Chi exercises to build strength, flexibility and coordination for improved health. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. No class: *May 19.* 11:15-12:15. K. Sullivan.

QS 208 DRAWING & SKETCHING: INTERMEDIATE Use charcoal and pencil. Explore black and white media. Supply list sent prior to first class. 12:30-2:30. B. DeCeglie.

QS 209 QUILTING Continuation of **QS205.** Beginners learn the art of quilting by creating place mats/table runners by hand and/or machine. Advanced beginners/intermediates create quilts using jelly rolls or work on their own projects. Supply list sent prior to first class. \$15 includes registration and materials. Not included in 3 course limit. 12:30-2:30. R. Cooper.

QS 210 SPANISH:ADVANCED In-depth exploration of the Spanish language. Practice reading, writing, speaking and listening skills. Required textbooks: *Advanced Spanish Step-by-Step* by Barbara Bregstein and *Better Reading Spanish* by Jean Yates (2nd edition). 12:30-2:30. J. Kalish.

QS 211 MAH JONGG Beginners learn this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your own Mah Jongg card and set (if you have one). 12:45-3. R. Feldman.

QS 212 LINE DANCING: BEGINNERS Exercise by learning dances in a variety of musical styles: old and new, Cha Cha, Mambo, Tango and Waltz. No partners or experience necessary. 1-3. R. Malinconico.

WEDNESDAY

QS 301 GOLDEN SNEAKERS Get the most out of breathing and stretching exercises. Learn basic dance routines. Wear comfortable clothes and sneakers. 10-12. J. Morris.

QS 302 BRIDGE: ADVANCED BEGINNERS Learn various strategies to enter the auction after the opponents have opened the bidding. Develop further techniques for declarer play and defense. Must have knowledge and an understanding of beginner bridge. Required textbook: *Bridge Basics 2* by Audrey Grant (ISBN: 0-939460-91-2). \$12 includes registration and materials. 10-1. D. Woo.

QS 303 FUN & EASY QUILLING Want to improve mental focus, manual dexterity and fine motor skills? Learn the art of quilling – rolling, curling, crimping, looping, combing, fringing and turning colorful strips of paper into decorative items with unique patterns and designs which can be displayed in a shadow box. Supply list sent prior to first class. 10-1. L. Canlas.

QS 304 PIANO KEYBOARD: BEGINNER/INTERMEDIATE Note reading, chord playing and a variety of music is covered. Bring your own keyboard (61 keys) and headphones to first class. 10:30-1:30. M. Patelson.

QS 305 PASTEL PAINTING Drawing skills, understanding design concepts and color theory are stressed as you paint using pastels. Paintings are developed from photos students choose. Supply list sent prior to first class. 10-2. C. Obergfell.

QS 306 STAINED GLASS Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete projects. Experienced students receive guidance on more advanced creations. Safety goggles mandatory. Supply list sent prior to first class. \$65 includes registration and materials. You may register for only one Stained Glass class. 11-2:30. L. Carbone.

QS 307 ZUMBA GOLD Learn this dance program inspired by Latin rhythms that have been modified for retirees and beginners in their exercise routine. Wear comfortable clothes and shoes. You may register for only one Zumba Gold class. 12:30-2:30. J. Morris.

THURSDAY

QS 401 MATURE MOVES Lively and energizing easy-does-it aerobic and calisthenics workout. Loose clothing and sneakers required. Check fitness with your doctor. 10:15-12:15. J. Morris.

QS 402 CANASTA Learn to play Canasta. Enjoy playing and developing your skills. 10:15-12:15. L. Cohen.

QS 403 CREATIVE POETRY & PROSE Open the door to a creative inner self. Have fun expressing yourself through poetry and short prose. No experience necessary. 10:15-12:15. J. Cunningham.

QS 404 FIT FOR LIFE Learn fitness activities and life skills designed to “bullet proof” your body so you can live an independent, pain-free life. Dynamic movements for all levels is used to improve each individual’s posture, balance, strength, breathing and coordination. Wear comfortable clothing. 10:15-12:15. J. Miglino.

QS 405 ACRYLIC PAINTING Application and technique with emphasis on individual expression, the study of color, composition and design. Be ready to paint at first class. Bring vinyl, latex, non-latex or rubber gloves to first class. See **QS408.** 10:15-12:15. C. Murrell.

QS 406 PAINTING IN WATERCOLORS The luminosity and nuance of watercolor makes it perfectly suited for still-life. Work from a different still life each week to explore a range of watercolor techniques such as wet-on-wet, resist and glazing. You may bring your own photos/prints for source material. All levels. See **QS407.** 10:15-12:15. C. Rickey.

QS 407 PAINTING IN WATERCOLORS Continuation of **QS406.** The luminosity and nuance of watercolor makes it perfectly suited for still-life. Work from a different still life each week to explore a range of watercolor techniques such as wet-on-wet, resist and glazing. You may bring your own photos/prints for source material. All levels. 12:30-2:30. C. Rickey.

QS 408 ACRYLIC PAINTING Continuation of **QS405.** Application and technique with emphasis on individual expression, the study of color, composition and design. Be ready to paint at first class. Bring vinyl, latex, non-latex or rubber gloves to first class. Not included in 3 course limit. 12:30-2:30. C. Murrell.

QS 409 CANASTA Learn the basics of the game Enjoy playing and developing your skills. 12:45-2:45. A. Dryshpel.

QS 410 MAH JONGG Beginners will enjoy learning this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your Mah Jongg card and set (if you have one). 12:45-2:45. L. Cohen.

QS 411 ZUMBA GOLD Learn this dance program inspired by Latin rhythms that have been modified for retirees and beginners in their exercise routine. Wear comfortable clothes and shoes. You may register for only one Zumba Gold course. 12:45-2:45. J. Ramirez.

QS 412 CREATIVE WRITING Dream of publishing your own novel, short story, memoir, essay or play? Learn key strategies, techniques and valuable feedback to help get your work published. \$23 includes registration and materials. 12:45-2:45. J. Cunningham.

FRIDAY

QS 501 PLEASURES OF READING Read and discuss contemporary short stories from *The Best American Short Stories 2019* (Anthony Doerr, editor). Read the first two stories before first class. 10:15-12:15. M. Levinson.

QS 502 CHAIR YOGA Learn how to relax and calm the mind by practicing how to breathe and gently stretching on the chair. Develop flexibility and strengthen your muscles. 10:15-12:15. E. Takamori.

QS 503 BRIDGE: 2 OVER 1 GAME FORCE If you mastered the Standard American Bridge system, then the next step is to improve your game by moving on to 2 Over 1. Learn the techniques the experts use to reach close games or slams and how to get the right contract during competitive auction. 10:15-12:15. W. Fuchs.

QS 504 OPERA An in-depth analysis of selected operas. See a dress rehearsal of Puccini's *Manon Lescaut* at the Metropolitan Opera House (free) on **April 24**. \$20 includes registration and materials. No class: March 27. 10:15-12:45. J. Dzik.

QS 505 PAINTING WITH CONFIDENCE Create your masterpiece following step-by-step instructions. Explore color theory and brush techniques using inexpensive acrylic paint. Designed for beginners. Materials list sent prior to first class. 10:15-2:15. R. Cooper.

QS 506 FILMS WITH JEWISH THEMES View and discuss films that portray Jewish connections in America, anti-Semitism, the Holocaust and other Jewish themes. Films include: *Time of Favor*; *Where's My Roy Cohn*; Presenting Princess Shaw and more. 12:30-2:45. M. Levinson.

QS 507 BRIDGE WORKSHOP: ADVANCED Supervised practice with limited instruction for experienced players. Discussion of modern methods of bidding and play. Learn defensive and declarer strategy and the many bridge tools that will give you the upper-hand and awe your opponents. 12:45-2:45. W. Fuchs.

QS 508 STAY ACTIVE WITH SAIL Stay Active and Independent for Life (SAIL) is a fitness program for seniors that helps improve tone and balance issues. SAIL exercises can be done standing or sitting. Suitable for those with physical limitations. 1-3. M. Gonzalez.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

QS 805 RELAXATION WORKSHOP Learn what stress is, the stress response and relaxation response, relaxation techniques and how to deal with it in daily life. Includes gentle stretches on a chair, meditation, breathing practice, deep relaxation and eye movement. **Friday, March 13**. 12:45-2:45. E. Takamori.

QS 806 MINDFUL LIVING, MEDITATION & MOVEMENT A kind and compassionate safe space will be created. Focus on yourself beginning with breath through the practice of mindfulness. Grounded in the appreciation of love and kindness practices, explore what brings you joy and stirs the creativity manifesting in productivity through mindfulness exercises and meditation. **Friday, March 20**. 10-1. K. Wilkinson.

QS 807 PLANT WORKSHOP Learn tips on how to care for fresh flowers and houseplants. Create your own flower arrangement and take a lovely houseplant to tend to at home. **Wednesday, April 1**. 11:30-2:30. \$24 includes registration and materials. D. Temkin.

QS 808 MAGIC FOR SENIORS Learn some magic basics and the self-working trick that will delight and amaze your family and friends. Bring a deck of cards and four quarters to the first class. Two Friday sessions: **April 24; May 1**. 10:15-12:15. \$4. S. Gertzman.

QS 809 PHOTO SKILLS Explore how to take photos on an Apple iPhone or iPad. Learn how to compose and capture a great shot, share techniques for taking photos in any environment and how to share them. Get hands-on experience. **Friday, May 8**. 10:15-12:15. A. Cumba.

QS 810 PHOTO EDITING WITH APPLE PRODUCTS Learn editing techniques such as cropping, using filter adjustments, manipulating levels of light, adding color and more with the photos app on the Apple iPhone and iPad. **Friday, May 15**. 10:15-12:15. A. Cumba.

STATEN ISLAND

MONDAY

RS 101 MOSAICS Learn basic designs and techniques for this art form. All levels. Contact azimring@uft.org for a supply list prior

to first class. Meets in annex. \$25 includes shared supplies. 9:30-12. P. Wasserstein.

RS 102 CANASTA: BEGINNERS For those who want to learn the game. Do NOT register if you had more than three semesters as a beginner. 10-12. S. Stanley.

RS 103 CANASTA PLAY LAB I For the experienced player. Provide your own cards and tray (if you have them). You may register for only one Canasta play lab. 10-12. G. DeMeo.

RS 104 CANASTA: PLAYLAB II For those who play, but would like to become a more experienced player. Provide your own cards and tray. You may register for only one Canasta play lab. 10-12. S. Siegel.

RS 105 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair Yoga class. Meets in annex. 10-12. I. Dubeau.

RS 106 ITALIAN: INTERMEDIATE For those who speak and read Italian and want to improve their comprehension, pronunciation and conversation skills. Emphasis on reading and grammatical principles. Meets in annex. 10-12. R. Caputo.

RS 107 JEWELRY & BEADING DESIGN: BEGINNER/INTERMEDIATE For those with little or no experience using the tools necessary to create jewelry with beads. Individual attention given to new participants. Purchase materials with instructor's guidance. You may register for only one Jewelry class. 10-12. G. Catanzaro.

RS 108 MOSAICS II Learn basic designs and techniques for this art form. All levels. Contact azimring@uft.org for a supply list prior to first class. Meets in annex. \$25 includes shared supplies. 12:15-2:45. P. Wasserstein.

RS 109 YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. Wear proper yoga attire. Bring a yoga block and mat to first class. 12:15-2:15. I. Dubeau.

RS 110 MAH JONGG: BEGINNERS For those who would like to learn the game. Bring a Mah Jongg card to first class. Purchase one at www.nationalmahjongg.org. Do NOT register if you had more than three semesters as a beginner. 12:15-2:15. P. Rogozin.

RS 111 MAH JONGG PLAY LAB I For those who play the game. Bring your own set and card (If you have them). You may register for one Mah Jongg play lab. 12:15-2:15. S. Doctor.

RS 112 MAH JONGG PLAY LAB II For those who play the game. Bring your own set and card. You may only register for only one Mah Jongg play lab. 12:15-2:15. S. Siegel.

RS 113 INTRODUCTION TO GERMAN Learn the culture of Germany, Austria, Switzerland and the language common to all. Extra attention available for those with little or no previous knowledge of German. All levels. Meets in annex. 12:15-2:15. J. Rueckert.

RS 114 JEWELRY & BEADING DESIGN: ADVANCED Those with prior beading experience will learn how to use beads creatively through their own designs with instructor guidance. Contact azimring@uft.org for a supply list prior to first class. You may register for only one Jewelry class. \$12 includes registration and pattern fee. 12:30-2:30. N. Keay.

TUESDAY

RS 201 STAINED GLASS For those who have some experience using basic stained glass tools and equipment to work on projects independently. Safety goggles mandatory. \$15 includes registration and use of large equipment. 9-12. C. Pato.

RS 202 ITALIAN CINEMA Italian films of social, political and comedic themes including operas and documentaries from WWII to the present. Films include: *Big Deal of Madonna Street*, *Two Women* and more. 9:45-12. F. Corti.

RS 203 NEEDLEPOINT FOR BEGINNERS

Learn basic stitches and techniques. \$15 includes shared supplies for the first project. Meets in annex. 10-12. B. Maslansky.

RS 204 GREAT BOOKS: CLASSICS & POPULAR LITERATURE Class will choose the books from a list of various genres provided by the instructor. Discuss weekly reading in a lively and informative atmosphere. 10-12. L. Baum.

RS 205 LINE DANCING Learn the basics and enjoy this mind and body stimulating activity. 10-12. L. Kalipetes.

RS 206 AEROBICS Variety of low impact aerobic and dance movements to build cardiovascular endurance and strength. Breathing, posture and form are emphasized. Sneakers required. Bring an exercise ball (approx. 5") and small weights to first class. You may register for only one Aerobics class. 10-12. K. Paholek.

RS 207 BELLY DANCING Release your inner goddess! Come shimmy, shake, snake and have fun while dancing to exotic Middle Eastern tunes. All are welcome. 12:15-2:15. J. Lamonica.

RF 208 CONVERSATIONAL ITALIAN For those who have taken at least one year of Italian and want to gain confidence or improve their skills and discover Italian culture. Develop basic communication skills through a thematic approach. \$12 includes registration and materials. 12:15-2:15. R. Caputo.

RS 209 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair Yoga class. 12:15-2:15. C. Devito.

WEDNESDAY

RS 301 IN SEARCH OF THE ANCIENT HEBREW PATRIARCHS Placing the Old Testament patriarchal age represented by the narratives of Abraham, Isaac, Jacob and Joseph into history and culture through the use of archaeology, biblical scholarship and the writings of ancient Canaanites, Mesopotamians and Egyptians. \$20 includes registration and materials. 9:45-11:45. L. Warner.

RS 302 QUILTING: WATERCOLOR QUILTS Learn the different techniques in creating watercolor inspired quilts. Must have knowledge of basic sewing techniques. All levels. Purchase your own supplies with guidance from instructor. Eight consecutive sessions. **Meets in annex**. 10-12. M. Grenier.

RS 303 WATERCOLORS Watercolor techniques and the study of color using landscape as the subject matter. Focus on sky studies, tree studies and aerial perspective. Prerequisite: Completion of a Beginners watercolor class. Contact azimring@uft.org for a supply list prior to first class. 10-12. K. Fieramosca.

RS 304 WOMEN'S FICTION Discuss the book, *Where the Light Falls: Selected Stories of Nancy Hale* (edited by Lauren Groff). Read *The Earliest Dreams* and *Those Are as Brothers* for first class. 10-12. A. Zuckerberg.

RS 305 CHORALEERS Share the joy of group singing and learn the basics of music in the process. Course culminates with a performance at the end term party on June 2. 10-12. D. DeOrio.

RS 306 BROADCAST MEDIA Examine the historical, social and ethical issues related to broadcast media. Electronic media, radio, TV, cinema, news and advertising are discussed. 12:15-2:15. D. Frankel.

RS 307 DRAWING Learn basic concepts for drawing from observation. Explore various drawing materials and art styles from realism to abstraction. All levels. Beginners: Bring a #2HB pencil and eraser to first class. Supply list distributed in class. 12:15-2:15. M. Corti.

RS 308 THE LIFE & WORK OF CHARLES DARWIN Study the life and times of Darwin after his return from the *Voyage of the Beagle* leading to his writing of the *Origin of Species*. \$20 includes registration and materials. 12:15-2:15. L. Warner.

RS 309 CHAIR YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair Yoga class. Meets in annex. 12:15-2:15. I. Dubeau.

RS 310 TAI CHI: BEGINNERS Learn the basic principles of Tai Chi. For those with little or no experience. 12:15-2:15. R. Yuen.

RS 311 AEROBICS Variety of low impact aerobic and dance movements to build cardiovascular endurance. Breathing, posture and form are emphasized. Sneakers required. Bring an exercise ball (approx. 5") and small weights to first class. You may register for only one Aerobics class. 12:15-2:15. K. Paholek.

THURSDAY

RS 401 FINDING BIRDS IN S.I. DURING THE SPRING MIGRATION First walk meets at Mount Loretto Unique area off of Hylan Blvd. at 9 a.m. on **Thursday, March 19**. You will be provided the four additional locations at first walk. Rain cancels all bird walks. Binoculars necessary. Sneakers/light hiking boots mandatory for each two hr. walk. Five sessions: **March 19, 26; April 2, 23, 30**. 9-11. H. Fischer.

RS 402 SEWING For those with little or no hand or sewing machine experience and those who want to brush up. All levels. Purchase supplies with instructor's guidance. Meets in annex. \$15 includes registration and materials. 9:30-12. P. Bartels.

RS 403 CANASTA PLAY LAB III For those who wish to gain more experience. You may register for only one Canasta play lab. 10-12. C. Patelsky.

RS 404 YOGA Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. Wear proper yoga attire. Bring a mat to first class. 10-12. K. Paholek.

RS 405 ZUMBA GOLD PLUS & ZUMBA GOLD TONING The original Zumba programs have been modified so adults of any age and fitness level can achieve success. More intense movements offered for those who choose to advance. Appropriate footwear required. Toning sticks recommended. No weights permitted. 10-12. M. Deturris.

RS 406 ACRYLIC PAINTING: INTERMEDIATE Bring out your creative side by painting. 10-12. A. Nelson.

RS 407 EASY-BREEZY FITNESS Enjoy this class that incorporates aerobic movement and weights. Stretching and balancing techniques included. For beginners and those who want a gentle experience. Proper footwear required. 12:15-2:15. L. Martinez.

RS 408 YOU CAN SPEAK ITALIAN TOO! FOR BEGINNERS Focus on vocabulary applicable to travel in Italy. Be able to live, shop and eat like an Italian. Required book: *Barron's E-Z Italian*. 12:15-2:15. P. Orleman.

RS 409 MAH JONGG PLAY LAB For those who play the game. Sets are no longer provided. Bring your own set and card (if you have them). You may register for only one Mah Jongg play lab. 12:15-2:15. C. Patelsky.

RS 410 KNOW YOUR ANTIQUES & COLLECTIBLES Explore the history of antiques/collectibles and bygone eras. Bring an item for research/appraisal. Meets in annex. \$12 includes registration and materials. 12:15-2:15. M. Mandel.

RS 411 TAI CHI: INTERMEDIATE For those who have at least two years of experience. 12:15-2:15. R. Yuen.

FRIDAY

RS 501 STAINED GLASS FOR BEGINNERS Learn to use a glass cutter, grinder, foiler and soldering iron to create unique projects. Purchase your own supplies. Supplies may cost upward of \$100. Contact azimring@uft.org for a supply list prior to first class. Safety goggles mandatory. \$15 includes registration and use of large equipment. 9:30-12:30. C. Pato.

PLEASE FOLLOW INSTRUCTIONS ON PAGE ONE CAREFULLY.

UFT retirees will be registered first before spouses, domestic partners, AFT, NYSUT & PSC members. Members of AFT, NYSUT & PSC must provide their local number in order to register. Each registrant must complete separate registration coupons along with separate checks/money orders for Spring 2020 as well as Florida's Spring 2020 programs. Duplicate separate registration coupons for your spouse. You must send separate checks/money orders for the following categories: Courses, seminars, trips, special events, dine-arounds and theater experience.

SPRING 2020

SPRING 2020 COURSE REGISTRATION

You must present this registration form at every course, seminar and trip.

CHECK ONE: ☐ UFT MEMBER ☐ SPOUSE (use separate coupon)

CHECK ONE: ☐ NYSUT ☐ AFT ☐ PSC

Make checks/money orders payable to: UFTWF RETIREE PROGRAMS, 52 Broadway, 17th Floor, New York, NY 10004

MEMBER NAME (PLEASE PRINT)		
SS (LAST 4 DIGITS)	UFT ID#	PHONE
E-MAIL ADDRESS		
SPOUSE NAME (IF REGISTERING)		
ADDRESS		APT #
CITY	STATE	ZIP

Seminars, special events, theater, dine-arounds (not included in three-course limit).		
NUMBER	TITLE	FEE (IF ANY)
1.		
2.		
3.		
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5.		

DID YOU REMEMBER TO:

- ✓ Sign your check(s)/money order(s)
- ✓ Make the check(s)/money orders(s) payable to **UFTWF RETIREE PROGRAMS**
- ✓ **Complete the information on the coupon**
- ✓ Provided the correct course/seminar/trip code(s) and course/seminar/trip title(s)

RS 502 THE SPANISH CONQUEST OF THE AMERICAS A study of the Spanish conquest of the Caribbean islands, Mexico and South America. Four sessions: *March 13, 20, 27; April 3*. \$13 includes registration and materials. 9:45-12:45. L. Warner.

RS 503 KNITTING & CROCHETING II Beginners learn the basics to complete a project and those with experience will receive instruction to further their skills. Bring worsted weight yarn #4 on label, # 8 needles (for knitting) or H hook (for crocheting) to first class. Meets in annex. You may register for only one Knitting & Crocheting class. 10-12. R. Soloway.

RS 504 KNITTING & CROCHETING II Beginners learn the basics to complete a simple project. Those with experience will be exposed to more advanced techniques. Bring one package of light colored 4 ply worsted yarn and either a size H crochet hook or size 8 knitting needles (10 in. in length). Meets in annex. You may register for only one Knitting & Crocheting class. 10-12. C. Bellitti.

RS 505 THE HISTORY OF STATEN ISLAND An extensive study beginning with the Lenape Indians through the present. Topics include: immigration, environment, culture, architecture, the people and more. Four sessions: *April 24; May 1, 8, 15*. 10-1. P. Salmon.

SEMINARS

Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).

RS 805 HERBAL BEAUTY – INSIDE & OUT

Treat yourself with natural products made with simple ingredients for a beautiful you – inside and out. Make samples of several products to take home and recipes for other products. *Friday, March 13*. 10-12. \$9 includes registration and materials. S. Griffith-Suter.

RS 806 THE GIRL GROUP STORY Revisit the music of the 60's as you learn the history of the female groups pre and post British invasion. Popular and obscure recording stars featured. *Friday, March 13*. 10-12. P. Orleman.

RS 807 ALIGNMENT, BREATH WORK & SOUNDS IN YOGA Coordinating yoga sounds and breathing techniques with proper alignment to enhance the yoga experience *Friday, April 3*. 10-12. K. Paholek.

RS 808 THE BURT BACHRACH & HAL DAVID COMPOSITIONS Go back in time and relive the joy of listening to their esteemed work for Dionne Warwick and many other artists. *Friday, April 24*. 10-12. P. Orleman.

RS 809 DOLLS WE HAVE KNOWN & LOVED An overview of antique to contemporary dolls. Bring a doll for identification and an informal appraisal. *Friday, April 24*. 10-12. H. Wasserman.

RS 810 FALL PREVENTION Learn strategies to prevent falls and perform targeted exercises to develop muscle strength, increase flexibility and improve balance based on the nationally recognized Fall Stop Move Strong program. No floor exercises. Bring 2 or 3 lb. hand weights to first class. Three Friday sessions: *April 24; May 1, 8*. 11-1. \$8 includes registration and materials. G. Lichter.

RS 811 INTRODUCTION TO MEDITATION An introduction..breadth and walking, sitting and

You may register for up to 3 courses only. Add 2 alternates in case first choices are filled. List in order of preference:

NUMBER	TITLE	FEE (IF ANY)
1.		
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3.		
ALTERNATES:		
4.		
5.		

You may register for only *three* trips. Add 2 alternates in case first choices are filled. List in order of preference:

NUMBER	TITLE	FEE (IF ANY)
1.		
2.		
3.		
ALTERNATES:		
4.		
5.		

- ✓ Do not fill information in for spouse, unless he/she is registering for programs
- ✓ Do not staple or tape your checks to the coupon
- ✓ You must send in a separate form for your spouse
- ✓ MEMBERS CANNOT PAY FOR OTHER MEMBERS

singing and a silent meditation with breaks in-between. Bring a yoga or exercise mat to class. *Friday, May 1*. 9:30-12:30. C. LaBue.

RS 812 YOUR COINS...GENUINE OR COUNTERFEIT? Explore the methods used to determine a coin's authenticity. Time given for grading your coins. Bring several coins with you for analysis. *Friday, May 1*. 10:30-1. L. Selman.

RS 813 TAKE ME OUT TO THE BALL GAME Examine the evolution of the NY Yankees from their inception to the present. Trivia questions and the outlook for the 2020 season. *Friday, May 8*. 10-12. R. Casanovas.

RS 814 HEARING HEALTH How to identify and treat hearing loss, ringing in the ears and vertigo. *Friday, May 8*. 10-1. Dr. E. Bernstein.

RS 815 THE PROS & CONS OF DOWNSIZING Learn about the many aspects of downsizing as well as aging in place for those who want to remain in their home and what to expect. Topics include emotional clearing, the benefits of right sizing and more.. *Friday, May 15*. 10-12. K. Barzal.

FLORIDA

UFT-RTC Florida Office, 3200 N. Military Trail, Suite 100, Boca Raton, FL 33431. Local #: (561) 994-4929 Fax #: (561) 994-4530 or 994-6120. All others call collect.

SECTION COORDINATORS

BOCA/DELRAY Florence Fidell
(561) 731-4695

BROWARD Al Guastafeste (954) 255-9161

DADE Leon Brum (305) 864-4318

OCALA Stanley Greenblum (561) 459-7071

ORLANDO Donesa Jackson (407) 359-3459

TAMPA BAY Lynne Winderbaum
(727) 289-5720

WEST PALM BEACH Lois Porcella
(561) 968-7777

WEST COAST Stewart Cohen
(941) 685-6361

FS 600 FLORIDA 41st ANNUAL LUNCHEON
Tuesday, February 25. 11 am- 2:30 pm. Royal Fiesta Event Center in The Cove Shopping Center, 1680 SE 3rd Court,Deerfield Beach. *Keynote Speaker:* Michael Mulgrew, UFT President. **Cost:** \$34.00 per person. More details to follow in the NY Teacher.

BS 600 FLORIDA WEST COAST ANNUAL LUNCHEON
Thursday, February 27. 12:30 pm- 3:30 pm. Maggiano's Little Italy, Tampa, 203 Westshore Plaza, Tampa. *Guess Speaker:* Dr. Jamie Fernandez. Topic: Keeping your Mind Sharp and Healthy. **Cost:** \$25.00 per person. More details to follow in the NY Teacher.

FLORIDA OFFICE SPRING COURSES

All courses have a \$10 fee (which is non-refundable and non-transferable). All checks/money orders must be payable to UFTWF Retiree Programs and send along with your registration coupon

SPRING 2020 / 11

to: UFT-RTC Florida Office, 3200 N. Military Trail, Suite 100, Boca Raton, FL 33431.

MONDAYS

FS 106 THE MUSIC OF TCHIKOVSKY Learn the techniques and meanings behind some of Tchaikovsky’s favorite pieces. *March 9, 16, 23, 30; April 6, 20, 10-12.* A. Guastafeste

FS 107 THE HISTORY OF JAZZ Learn the different styles of Jazz such as ragtime, swing and bebop. *April 27; May 4, 11, 18; June 1.* 10-12. A. Guastafeste

TUESDAYS

FS 209 CANASTA Learn and/or sharpen your playing skills. Brief lesson followed by supervised play. *March 3, 10, 17, 24, 31; April 7.* 10-12. S. Goldstein

FS 210 DOO WOP: THE MIDDLE-WEST SOUND Here the music of groups from Pittsburgh (The Skyliners, Marcells), Cleveland (The Moonglows) and Chicago (The Flamingos). *March 3, 10, 17, 24, 31.* 10-12. H. Bloch

FS 211 CANASTA Learn and/or sharpen your playing skills. Brief lesson followed by supervised play. *April 21, 28; May 5, 19, 26.* 10-12. S. Goldstein

WEDNESDAYS

FS 308 OPERA View a different opera each week followed by a Q&A session. *March 11, 18, 25; April 1, 8, 22.* 10-12. M. Minzer

FS 309 THE GREAT 2020 VOTER INFORMATION Discuss the various

sources of information (positive and negative) being made available to voters. Participants may want to bring their own cell phones, tablets or laptops to class. *March 11, 18, 25; April 1, 8.* 10-12. E. Weinstein

FS 310 DOCUMENTARY FILMS View a different film each week followed by a Q&A session. *March 11, 18, 25; April 1, 8.* 10-12. B. Wolk

THURSDAYS

FS 406 MAH JONGG Brief lesson followed by supervised play. Bring a 2019 Mah Jongg card to class. *March 5, 12, 19, 26; April 2.* 10-12. B. Salamon

FS 407 FILMS FROM EASTERN EUROPE View a different film each week followed by a Q&A session. *March 5, 12, 19, 26; April 2.* 10-1. R. Presser

FRIDAYS

FS 507 CANASTA FOR INTERMEDIATES Brief lesson followed by supervised play. For those individuals who wish to improve their skills. *March 20, 27; April 3, 24; May 1.* 10-12. F. Kassler

FS 508 NEEDLEPOINT Learn different stitches while working with a plastic matrix to make a number of small projects. *March 6, 13, 20, 27; April 3.* 10-12. B. Orville

FS 509 MUSICAL FROM THE 70S AND BEYOND View different film each week followed by a Q&A session. *March 6, 13, 20, 27; April 3.* 10-1. R. Presser

FLORIDA OFFICE SEMINARS

All courses have a \$10 fee (which is non-refundable and non-transferable). All checks/money orders must be payable to UFTWF Retiree Programs and send along with your registration coupon to: UFT-RTC Florida Office, 3200 N. Military Trail, Suite 100, Boca Raton, FL 33431.

FS 810 STORY TELLING Learn the techniques of oral story telling. Bring an experience that you would like to share with the group. *Thursday, March 5.* 10-12. J. Becker

FS 811 WRITING YOUR HISTORICAL MEMOIRS If you enjoy telling stories that start with “When I was your age” or “When I was growing up” then shake loose those events in your life and share them. *Wednesday, March 11.* 10-12. J. Becker

FS 812 THE 1950’S: THE GOLDEN AGE OF AMERICA Let’s take a look at life where we grew up, our time in school, the friends that influenced us and what made the society and culture of the 1950’s. *Friday, March 13.* 10-12. J. Becker

FS 813 BETTER LIFE, BETTER LIVING THROUGH SIMPLE PHILOSOPHY Asking the right questions and using critical thinking, we develop a useful vision of reality which may help get us through life’s situations. *Friday, March 19.* 10-12. J. Becker

FS 814 USING YOUR TEACHING SKILLS IN OTHER ENDEAVORS Use your skills acquired during or after your teaching careers and translate these skills into another job. *Thursday, March 26.* 10-12. J. Becker

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- HOW TO REGISTER
- UFT retirees will be registered first before spouses, domestic partners, AFT, NYSUT and PSC members. You must include your local number in order to register.
 - Spouses, registered domestic partners, AFT, NYSUT and PSC members are wait-listed. Do not enclose a payment for them.
 - Each participant must complete a separate registration coupon.
 - Make check(s)/money order(s) payable to **UFTWF RETIREE PROGRAMS** and enclose payment with your registration form.
 - Include on your check/money order the course number exactly as it appears in course description
 - All courses have a **\$10** non-refundable and non-transferable registration fee.
 - All seminars have a **\$2** non-refundable and non-transferable registration fee.
 - Mail registration form and checks to the Florida Office, 3200 North Military Trail, Suite 100, Boca Raton, FL 33431.

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COURSE REGISTRATION FEE IS \$10 UNLESS OTHERWISE NOTED.

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