



Considerations for Recommending Toilet Training or Toileting Assistance

Toilet Training

Toilet Training is a short-term instructional service that prepares a student for independence in toileting. Toilet Training intervention includes planning with the student's teachers and parents. A student may be recommended for Toilet Training when all of the following criteria are demonstrated:

- inability to remain continent with regard to bodily functioning (e.g., wetting, soiling) during the school day and the physiological ability to do so;
- cognitive ability to respond to a specific behavioral change program that schedules toileting and leads to independent toileting; and
- physical ability to complete toileting tasks independently after receiving training.

Instruction is provided by a paraprofessional who schedules, instructs and assists the student to independence in toileting (for students in a special class this can be the classroom para, teacher's assistant, or teacher's aide). Individual differences may affect the length of time necessary for successful instruction. The outcome of instruction is independence in toileting. If toilet training is not accomplished, toileting assistance should be considered.

Toileting Assistance

Toileting Assistance is appropriate for students who

- require help in transferring to or using toilets, commodes or potties;
- cannot adjust their clothing or complete related appropriate personal hygiene routines; and/or
- cannot become continent due to physical or cognitive status and require assistance for diaper changing, etc.

Toileting Assistance is generally programmatic for students in self-contained classes in special education schools (i.e., D75) and therefore should not have a paraprofessional listed on the IEP.

Documenting Toilet Training or Toileting Assistance on the IEP

- Specify in both the ***Present Levels of Performance*** and ***Management Needs*** sections of the IEP whether the student requires Toilet Training or Toileting Assistance.
- If the student will not be in a special class that already has an additional adult (classroom para, teacher's assistant, or teacher's aide), then list the paraprofessional in the Supplementary Aides and Services section of the IEP as follows:
 - Choose "Paraprofessional", then choose "Toileting".
 - List the Service Delivery Recommendations as "Individual".
 - List Duration as "0.2".