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Some titles of interest:

- *The Little Book of Hygge*, by Meik Wiking
- *Braving the Wilderness*, by Brené Brown
- *Grit: The Power of Passion and Perseverance*, by Angela Duckworth
- *Year of Yes: How to Dance It Out, Stand In the Sun and Be Your Own Person*, by Shonda Rhimes
- *Gmorning, Gnight!: Little Pep Talks for Me & You*, by Lin-Manuel Miranda
- *Lightly: How to Live a Simple, Serene, and Stress-free Life*, by Francine Jay
- *Make Your Bed: Small Things That Can Change Your Life... and Maybe the World* by Admiral William H. McRaven

Education-related titles:

- *See Me After Class: Advice for Teachers by Teachers*, by Roxanna Elden
- *Bad Boys: Public Schools in the Making of Black Masculinity*, by Ann Arnett Ferguson
- *How Children Succeed: Grit, Curiosity and the Hidden Power of Character*, by Paul Tough
- *Feeling Good: The New Mood Therapy*, by David D. Burns, M.D.