



United Federation of Teachers
A Union of Professionals

HOW TO MANAGE GRIEF AND LOSS

Have you experienced a difficult loss in the last year?

The UFT Member Assistance Program (MAP) offers counseling groups to assist you in managing your grief and adjusting to the loss of a family member, significant other, friend or colleague.

THURSDAYS, 4:30 – 5:45 P.M.

FALL 2018:

Session I: Oct. 4, 11, 18, 25; Nov. 1

Session II: Nov. 8, 15, 29; Dec. 6, 13

WINTER 2019:

Jan. 17, 24, 31; Feb. 7, 14

SPRING 2019:

Session I: Feb. 28; March 7, 14, 21, 28

Session II: May 2, 9, 16, 23, 30



ENROLLMENT IS LIMITED

PLEASE EMAIL mapinfo@uft.org

OR CALL **212-701-9620**

FOR REGISTRATION INFORMATION

REGISTRATION IS REQUIRED



Member Assistance Program

50 Broadway
New York, NY 10004