

# SI BEAGLE LEARNING CENTERS PROGRAM

WWW.UFT.ORG

VOLUME 32, NUMBER 1

FALL 2017

## HOW TO REGISTER

### FALL LEARNING CENTER CLASS SCHEDULE

**Start date:** Monday, September 11, 2017

**End date:** Friday, November 17, 2017

- Registration deadline: Friday, August 18, 2017

WEEK	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
1	9/11/17	9/12/17	9/13/17	9/14/17	9/15/17
2	9/18/17	9/19/17	9/20/17	—	—
3	9/25/17	9/26/17	9/27/17	9/28/17	9/29/17
4	10/2/17	10/3/17	10/4/17	10/5/17	10/6/17
5	—	10/10/17	10/11/17	10/12/17	10/13/17
6	10/16/17	10/17/17	10/18/17	10/19/17	10/20/17
7	10/23/17	10/24/17	10/25/17	10/26/17	10/27/17
8	10/30/17	10/31/17	11/1/17	11/2/17	11/3/17
9	11/6/17	—	11/8/17	11/9/17	11/10/17
10	11/13/17	11/14/17	11/15/17	11/16/17	11/17/17

- There will be no classes on the following days:  
September 21-22 - Rosh Hashanah  
October 9 - Columbus Day  
November 7 - Election Day

### INTERSESSION SCHEDULE

**Start date:** Tuesday, January 9, 2018

**End date:** Thursday, February 8, 2018

- Registration deadline: Friday, December 8, 2017

WEEK	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
1	—	1/9/18	1/10/18	1/11/18	—
2	—	1/16/18	1/17/18	1/18/18	—
3	—	1/23/18	1/24/18	1/25/18	—
4	—	1/30/18	1/31/18	2/1/18	—
5	—	2/6/18	2/7/18	2/8/18	—

All registration **MUST** be received **BY MAIL ONLY** and sent to:

**UFTWF Retiree Programs  
Si Beagle Learning Centers  
52 Broadway, 17th Floor  
New York, NY 10004**

Please note: We **CANNOT** check to see if we received your registration. Allow eight weeks for processing from the date we receive it in the office.

Any **other** questions, please call the main office at 212-598-6879 from July 5, 2017-September 1, 2017.

### ❖ ELIGIBILITY

UFT retirees will be registered before spouses, registered domestic partners, AFT, NYSUT and PSC members.

### ❖ REGISTRATION FEES

### **ALL CHECKS/MONEY ORDERS MUST BE MADE PAYABLE TO UFTWF RETIREE PROGRAMS (NO CASH ACCEPTED).**

Use the registration coupon for all courses, seminars, trips, special events and Defensive Driving. There is a **\$10** fee for each course, including Dine Around and Theater Experience and \$2 for each seminar. All fees are NON-REFUNDABLE and NON-TRANSFERABLE.

### ❖ COURSES

- The maximum number of courses you may register for is **three**.
- You must register for the course(s) in advance. We will not accept payment the day of the course.
- Write one check/money order for courses.

In addition to the three courses you may register for:

### ❖ SEMINARS

- No fee for benefit seminars (e.g. legal plan, health benefits).
- You **MUST** register for all seminars in advance to guarantee seating.
- Write one check/money order for seminars.

### ❖ TRIPS

- You may register for up to **three** trips.
- The price shown is the complete fee for each trip.
- Write a separate check/money order for **each** trip.
- All trips are RAIN or SHINE.
- Wear comfortable shoes.
- REFUNDS ARE MADE UPON WRITTEN REQUEST UP TO **FOUR** WEEKS PRIOR TO TRIP DATE. Mail refund request to: **UFTWF Retiree Programs**, 52 Broadway, 17th Floor, NY, NY 10004. Attn: Gerri Herskowitz, Director.
- Refunds will be issued in four to six weeks.

### ❖ THEATER EXPERIENCE

- Individual checks for different shows to be collected at each session made payable to **UFTWF Retiree Programs**.
- Enclose a separate check/money order for **\$10** payable to UFTWF Retiree Programs.

### ❖ DINE AROUNDS

- Individual checks for each restaurant will be collected at orientation session made payable to **UFTWF Retiree Programs**.
- Refunds are contingent upon policy of the vendor.
- Enclose a separate check/money order for **\$10** payable to UFTWF Retiree Programs.

### ❖ UFT DEFENSIVE DRIVING

- Enclose a separate check/money order for **\$35** payable to UFTWF Retiree Programs.

### ❖ TO REGISTER

- Each registrant must complete separate registration coupon(s) for Fall 2017 and Intersession 2018 with their name, last four digits of social security number, address, phone number and course information.

- You must send separate checks for Fall 2017 and Intersession 2018.
- Provide the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- Spouses, registered domestic partners, AFT, NYSUT and PSC members are wait-listed. Do not enclose a payment for them.
- If a spouse is not registering for any of the programs, do not write his/her name in the line provided.
- Each registrant must pay with his/her own checks/money order made payable to **UFTWF Retiree Programs**. Include on the checks/money orders the course number exactly as it appears in the course description. Enclose payment with the registration form.
- DO NOT** staple or tape your check to your registration form.
- MEMBERS CANNOT PAY FOR OTHER MEMBERS.**

**NB:** View Si Beagle offerings online at [www.uft.org](http://www.uft.org), click chapters/retirees/programs, then scroll to bottom of page to view the Si Beagle and download coupon to send it in for registration.

### ❖ GENERAL INFORMATION

- Your course selection coupon will be stamped either with a green "ENTERED" or a red "SORRY COURSE, SEMINAR or TRIP FULL" and returned to you in the mail. Bring the coupon to every course, seminar, trip if it is marked in green. It serves as your admission card. If your coupon is stamped in red it indicates that you will not be admitted and your name will be put on a WAIT LIST. WAIT LISTED retirees, registered domestic partners, AFT, NYSUT and PSC members will be notified of course openings by a Borough Section Coordinator according to the date registration was received.
- Queens and Manhattan retirees will be sent UFT ID cards. Sign these ID cards and present them to enter the buildings.
- Overpayments will be issued in four to six weeks.
- We reserve the right to cancel any course that has fewer than 15 students registered by the registration deadline. Registered students will be notified and issued full refunds. Refunds will be issued in four to six weeks.
- New courses, seminars and trips are added periodically in our Learning Centers. These are exempt from the three-course maximum. Look for announcements in the RTC column in each issue of the New York Teacher or on the UFT website.

### KEEP THIS ISSUE!

After you have sent in your registration, keep this issue as a reminder of the dates of your courses, seminars and trips.

## RETIREE PROGRAMS DEPARTMENT

Michael Mulgrew *President, UFT* • Tom Murphy *Chapter Leader, UFT-RTC* • Debra Penny *UFT Liaison to the RTC* • Gerri Herskowitz *Director, UFTWF Retiree Programs*  
Christopher Chin, *LMSW Acting Director, UFTWF Retiree Social Services* • Lynn Lospenuso *Retiree Communications Coordinator*

## BOROUGH LEARNING CENTERS

**UFT BRONX LEARNING CENTER** 2500 Halsey St., Bronx, NY 10461 • (718) 862-6069/ (718) 862-6004 • Cheryl Bing-Howard, Elizabeth Harris, Coordinators

**UFT BROOKLYN LEARNING CENTER** 335 Adams St., 24th Floor, Brooklyn, NY 11201 • (718) 722-6961/ (718) 722-6962 • Evelyn Dorell, Kathy Giannou and Regina Olff, Coordinators

**UFT MANHATTAN LEARNING CENTER** 50 Broadway, 2nd Floor, New York, NY 10004 • (212) 510-6478/ (212) 510-6479 • Jo-Ann Hauptman, Esta Heitner, Carolyn Givens Lambert and Carol Melucci, Coordinators

**UFT QUEENS LEARNING CENTER** 97-77 Queens Blvd., 8th Floor, Rego Park, NY 11374 • (718) 830-5711/ (718) 830-5710 • Laura Chin, Margaret-Ann Stahl and Ray Taruskin, Coordinators

**UFT STATEN ISLAND LEARNING CENTER** 4456 Amboy Rd., Staten Island, NY 10312 • (718) 605-1400 • Jeanne Casanovas, Peggy Munno and Audrey Zimring, Coordinators

## OUTREACH SECTIONS

**UFT NASSAU SECTION** Nina Tribble, Coordinator • (516) 350-0978 • **UFT NEW JERSEY SECTION** Brenda Long-Fladger, Coordinator • (908) 400-9326  
**UFT SUFFOLK SECTION** Ira Faber, Coordinator • (516) 610-8811 • **UFT WESTCHESTER/ROCKLAND/PUTNAM SECTION** Irene Rabinowitz, Coordinator • (917) 689-0563

## DINE AROUND & THEATRE EXPERIENCE

There is a **\$10** fee for Dine Around and Theater Experience. Write separate checks/money orders payable to **UFTWF Retiree Programs**. All fees are NON-REFUNDABLE and NON-TRANSFERRABLE.

**BRONX: XF 851 THEATER EXPERIENCE** Attend dramas, musicals, dance and concerts at discounted prices. Bring your checkbook to each session. Three Friday sessions: Oct. 6, 27; Nov. 17. 12:30-2. C. Bing-Howard.

**XF 951 DINE AROUND** Join us to learn about the three restaurants that we will be “dining-around” at on Oct. 5, Oct. 26 & Nov. 16. Bring your checkbook to the orientation session on Wednesday, Sept. 13 at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers as registration is required for the restaurants at that time. 10:30-12:30. C. Bing-Howard/I. Rabinowitz.

**MANHATTAN: MF 851 THEATER EXPERIENCE** Attend plays, concerts and operas at discount. Bring your checkbook to each session. Three Thursday sessions: Sept. 14; Oct. 19; Nov. 16. 10:15-12:15. J. DeNave.

**MF 951 DINE AROUND** Enjoy cuisine for lunch at different restaurants on a Monday or Friday. List of restaurants will be mailed to you. R. Victor.

**STATEN ISLAND: RF 951 EPICUREAN DELIGHT: DINE AROUND** Enjoy a variety of cuisines at three well-known Staten Island restaurants at 5 p.m. Bring your checkbook to the orientation session on Thursday, Sept. 14. Registration is required for the restaurants at that time. 12:30-2:30. R. Zuckerberg.

**WESTCHESTER: WF 851 THEATER EXPERIENCE** Attend on and off Broadway performances at discounted prices. Bring your checkbook to each session. All sessions are at the Northeast Jewish Center, 11 Salisbury Road (off Tuckahoe Rd. across from Bally’s parking lot), Yonkers. Three Friday sessions: Sept. 15; Oct. 20; Nov. 17. 12:30-2:30. S. Eisenberg.

**WF 951 DINE AROUND** Join us to learn about the three restaurants that we will be “dining-around” at on Oct. 5, Oct. 26 & Nov. 16. Bring your checkbook to the orientation session on Wednesday, Sept. 13 at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers as registration is required for the restaurants at that time. 10:30-12:30. I. Rabinowitz/C. Bing-Howard.

## UFT DEFENSIVE DRIVING COURSES

For credit you must attend one full-day course or both parts of a two session course, in sequence. You may take a course only once every three years for insurance reduction benefits and once every 18 months for point reduction. Bring your license to the first session. *Participants must attend all sessions.* Contact Esta Heitner or Jo-Ann Hauptman, Manhattan Learning Center, 1-212-510-6478 or 6479 (Monday-Thursday) from September 11-November 15 with any questions.

The cost is **\$35**. The standard \$10 course registration fee is waived. Write a separate check/money order payable to **UFTWF RETIREE PROGRAMS**. Please remember to write the course number on your check/money order.

**BRONX: XF 701** Friday, Oct. 20. 10 a.m.-5 p.m. One session. Bronx Learning Center, 2500 Halsey St. B. Levine.

**MANHATTAN: MF 701** Two Fridays, Nov. 3 & 10. 10:30 a.m.-2:30 p.m. Manhattan Learning Center, 50 Broadway, 2<sup>nd</sup> Floor. N. Remland.

**QUEENS: QF 701** Two Fridays, Oct. 6 & 13. 10:15 a.m.-2:15 p.m. Queens Learning Center, 97-77 Queens Blvd., 8<sup>th</sup> Floor. N. Remland.

**STATEN ISLAND: RF 701** Friday, Dec. 1. 10 a.m.-5 p.m. One session. Staten Island Learning Center, 4456 Amboy Rd. B. Levine.

## SAVE THE DATE! 2017 STATEN ISLAND CANASTA TOURNAMENT

Are you competitive? Register with a UFT partner and be our 2017 UFT Canasta champs! Prizes, refreshments and fun. Bring your own cards and tray. Friday, November 17th. 10 a.m.-1p.m. **\$5**. Instructors: S. Siegel, U. Mackler and C. Patelsky. **DO NOT SEND MONEY OR FORM AT THIS TIME.** Registration takes place at the Staten Island Learning Center beginning October 3, 2017.

## SPECIAL EVENTS

*Enclose a separate check/money order payable to UFTWF Retiree Programs. All fees are NON-REFUNDABLE and NON-TRANSFERRABLE.*

**BRONX: XF 651 HOLIDAY PARTY** Information will be available in October at the Bronx Learning Center and in the *New York Teacher*. C. Bing-Howard/E. Harris.

**BROOKLYN: KF 651 SHOW & SCHMOOZE** Wednesday, Nov. 15. 11:30-3. **\$30**. Advance registration required no later than Nov. 1. E. Dorell/K. Giannou/R. Olff.

**STATEN ISLAND: RF 651 END TERM PARTY** Join us at Li Greci’s Staaten, 697 Forest Avenue. Wednesday, Dec. 6. 12 noon. **\$38**. Advance registration required no later than Nov. 17. Open seating. (If you want to sit with a certain group/class, please submit the coupons with separate checks in one envelope (table of 12 only). We will try to accommodate your request.) J. Casanovas/P. Munno/A. Zimring.

**NASSAU: NF 600 NOT BACK TO SCHOOL LUNCHEON** Wednesday, Sept. 6. Verdi’s of Westbury, 680 Old Country Rd., Westbury. 12:30 p.m. **\$37**. Advance registration required no later than Aug. 19.

**NEW JERSEY: JF 600 SO. NEW JERSEY ANNUAL LUNCHEON** Monday, Oct. 16. 12 noon. Forsgate Country Club, 375 Forsgate Dr., Monroe Township. **\$40**. Advance registration required no later than Sept. 28. B. Long-Fladger.

## ANNUAL MEMBERSHIP MEETINGS

All meetings are held from 10 a.m.-1 p.m. with coffee served at 9:45 a.m. with the exception of No. N.J. which meets at 11 a.m. Online registration is available for annual meetings only at <http://uft.org/RTCanannualmeetings>

**BRONX: XA 001** Tuesday, Feb. 13, Bronx Learning Center, 2500 Halsey St.

**BROOKLYN: KA 001** Tuesday, Mar. 6, UFT Headquarters, 52 Broadway, 2<sup>nd</sup> Fl. Auditorium.

**MANHATTAN: MA 001** Friday, Feb. 9, UFT Headquarters, 52 Broadway, 2<sup>nd</sup> Fl. Auditorium.

**QUEENS: QA 001** Wednesday, Feb. 14, Forest Hills Jewish Center, 106-06 Queens Blvd.

**STATEN ISLAND: RA 001** Wednesday, Mar. 7, Li Greci’s Staaten, 697 Forest Ave.

**NASSAU: NA 001** Tuesday, Jan. 9, Adelphi University, Ruth S. Harley University Court - Room 202/3, South Avenue, Garden City.

**SUFFOLK: UA 001** Thursday, Mar. 8, Suffolk County Community College, Michael J. Grant Campus, Health, Sports & Education Center, lecture hall, Crooked Hill Road, Brentwood.

**NORTHERN NEW JERSEY: JA 001** Wednesday, Jan. 10, Doubletree Hotel, 2117 Route 4 East, Fort Lee.

**SOUTHERN NEW JERSEY: JA 002** Thursday, Jan. 11, Radisson Hotel, 50 Gibson Pl., Freehold.

**WESTCHESTER/ROCKLAND/PUTNAM: WA 001** Wednesday, Jan. 31, Congregation Sons of Israel, 300 North Broadway, Upper Nyack.

## TDA WORKSHOPS

Since 1988, retirees have had the right to defer distribution of their Tax Deferred Annuity (TDA) money when they retire. To help you understand the choices you may make, we are offering the workshops listed below. All meetings are 10:30 a.m.-12:30 p.m. except So. New Jersey which is 10:30 a.m.-12 p.m and Staten Island which is 12:30 p.m.-2:30 p.m. No fee.

Please follow the normal seminar registration procedure using the course number indicated. For Florida TDA Workshops, please turn to page 14.

**BRONX: XF 801** Wednesday, Oct. 25, Bronx Learning Center, 2500 Halsey St.

**BROOKLYN: KF 801** Tuesday, Oct. 31, Brooklyn Learning Center, 335 Adams St., 24<sup>th</sup> Floor.

**MANHATTAN: MF 801** Monday, Oct. 30, UFT Headquarters, 52 Broadway, 19<sup>th</sup> Floor, Rms. D/E.

**QUEENS: QF 801** Wednesday, Oct. 25, Queens Learning Center, 97-77 Queens Blvd. 8<sup>th</sup> Floor.

**STATEN ISLAND: RF 801** Wednesday, October 18, Staten Island Learning Center, 4456 Amboy Rd.

**NASSAU/SUFFOLK: NF 801** Wednesday, Nov. 1, NYSUT Headquarters – Nassau Regional Office, 1000 Woodbury Road, Suite 214, Woodbury.

**NORTHERN NEW JERSEY: JF 801** Wednesday, Oct. 18, Fort Lee Recreation Center, 1501 Stillwell Ave., Fort Lee.

**SOUTHERN NEW JERSEY: JF 802** Monday, Oct. 16, Forsgate Country Club, 375 Forsgate Dr., Monroe Township.

**WESTCHESTER/ROCKLAND/PUTNAM: WF 801** Tuesday, Oct. 24, Grinton I. Will Library, 1500 Central Park Ave., Yonkers.

## RETIREE SOCIAL SERVICES/ LEGAL PLAN SEMINARS

These meetings provide information on the UFT Welfare Fund Retiree Social Services and the UFT Welfare Fund Legal Plan benefits. The Hospital Stay in Touch, Telephone Reassurance and other Retiree Social Services programs are discussed in detail. Caregiving, home care and aging issues are also addressed. A legal Plan attorney will discuss power of attorney, free simple wills, health care proxies and how to access the plan from different states. An elder law attorney will be at the meeting to talk about elder law supplement, elder law issues and estate planning and trusts. No Fee.

**MANHATTAN: MF 803** Thursday, Oct. 5, 10:30-12:30. UFT Headquarters, 52 Broadway, 19<sup>th</sup> Floor, Rms. B & C.

**SOUTHERN NEW JERSEY: JF 803** Monday, Oct. 2, 10-12:30. Monmouth County Library, 125 Symmes Rd., Manalapan.

## NASSAU/ SUFFOLK SECTION

### COURSES

*Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).*

### MONDAY

**NF 101 RETIREES READ-BOOK CLUB** Read and discuss one book per month. Participants are notified in August by email/

phone call with the first book title. The group chooses the other books: fiction & non-fiction. Freeport Memorial Library, 144 West Merrick Rd. (bring quarters for parking meters) in Freeport. Three sessions: Sept. 18; Oct. 16; Nov. 13. **\$12** includes registration and handouts. 10:30-12:30. B. Mignano.

### THURSDAY

**NF 401 BEGINNERS MAH JONGG** Learn the basics and continue to build your knowledge and skills. Bring your own Mah Jongg card and set (if you have one). Plainview Old Bethpage Library, 999 Old Country Road, Plainview. Four sessions: Sept. 14, 28; Oct. 5, 19. 1-3. **\$12** includes registration and materials. A. Seligson.

**NF 402 CANASTA** Learn the basics. Enjoy

playing and developing your skills. More advanced players welcome. Plainview Old Bethpage Library, 999 Old Country Road, Plainview. Four sessions: Oct. 26; Nov. 2, 9, 16. 1-3. **\$12** includes registration and materials. R. Biren.

### SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**NF 805 APPLE STRUDEL WITH THE BAKING COACH** Enjoy a hands on experience making a simple yet yummy mini apple strudel to take home ready for the oven. Meet at the Freeport Memorial Library, 144 W. Merrick Rd., Freeport (Bring quarters

for parking meters). Monday, Sept. 25. 11:30-12:30. **\$16** includes registration and materials. L. Basini.

**NF 806 HALLOWEEN CUPCAKES WITH THE BAKING COACH** Enjoy a hands on experience making Halloween cupcakes that are fun and festive. Take home three cupcakes and enjoy one at the event! Meet at the Freeport Memorial Library, 144 W. Merrick Rd. in Freeport (Bring quarters for parking meters). Monday, Oct. 23. 11:30-12:30. **\$17** includes registration and materials. L. Basini.

**NF 807 DOO WOP: EAST COAST** Listen to the stories and music of groups from Westchester, Long Island and New Jersey including the Aquatones, Melli-Kings, Duplicates and many more. Meet at the Freeport Memorial Library, 144 W. Merrick Rd.,

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Freeport (Bring quarters for parking meters). Monday, Oct. 30. 10:30-1. H. Bloch.

**UF 805 9/11 ANNIVERSARY TRIBUTE: COPING AFTER TRAGEDY** Tim Oliver will discuss his project highlighting 15 families who made valuable contributions after loosing loved ones on September 11, 2001. NYSUT Headquarters – Nassau Regional Office, 1000 Woodbury Road, Suite 214 in Woodbury, LI. Monday, Sept. 11. 10-12. T. Oliver.

**UF 806 THE COLLAPSE OF EASTERN AIRLINES/UNDER REPORTED AIRLINE INCIDENTS** Former Eastern Airlines pilot and union president speaks about the political side of the airline industry as well as the under reported airline crashes. NYSUT Headquarters – Nassau Regional Office, 1000 Woodbury Road, Suite 214 in Woodbury, LI. Monday, Sept. 11. 12:30-2:30. G. Jehn.

**UF 807 DANCE IN THE GOLDEN AGE OF HOLLYWOOD** Enjoy lectures on Fred Astaire, Ginger Rodgers and Gene Kelly. NYSUT Headquarters – Nassau Regional Office, 1000 Woodbury Road, Suite 214 in Woodbury, LI. Two Monday sessions: Oct. 2 & Nov. 6. 10-12. **\$4.** P. Harwood.

**UF 808 GREAT FILM DIRECTORS & GREAT OPERATIC VOICES** Enjoy two discussions on great directors and great operatic voices. NYSUT Headquarters – Nassau Regional Office, 1000 Woodbury Road, Suite 214 in Woodbury, LI. Two Monday sessions: Oct. 2 & Nov. 6. 12:30-2:30. **\$4.** R. Knox.

# NEW JERSEY SECTION

## COURSES

*Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).*

## TUESDAY

**JF 201 KNITTING & CROCHETING FOR BEGINNERS** Learn the basics of knitting and crocheting. Bring a “G” crochet hook, size “F” knitting needles, worsted weight yarn for both knitting and crocheting. Seven sessions. No class: Sept. 26; Oct. 17; Nov. 7. Monmouth County Library, 125 Symmes Drive, Manalapan. 10-12. C. Gottlieb.

## WEDNESDAY

**JF 301 ACRYLIC PAINTING** Basic, intermediate and advanced techniques of paint, brushes, composition and subject matter. Materials needed for first class: set of six basic acrylic paints, a variety of brushes, pad of canvas paper, canvas board and/or canvas. Additional materials list distributed in class. Seven sessions. No class: Sept. 20; Oct. 11, 25. Monmouth County Library, 125 Symmes Drive, Manalapan. 9:15-11:15. L. Gilbert.

## THURSDAY

**JF 401 MAH JONGG** Beginners enjoy learning this ancient game that involves skill, strategy and luck. Experienced players gain expertise in finer points. Bring a current Mah Jongg card and set (if you have one). Six sessions: Sept 28: Oct. 5, 12, 19; Nov 9, 16. Monmouth County Library, 125 Symmes Road, Manalapan. 10-12. S. Meyer.

**JF 402 CANASTA** Review basics and enjoy playing this game. No prior knowledge needed. Bring a deck of cards with two jokers. Six sessions: Sept 28: Oct. 5, 12, 19; Nov 9, 16. Monmouth County Library, 125 Symmes Road, Manalapan. 12:15-2:15. S. Meyer.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**JF 805 UNDERSTANDING THE HEALTH CARE SYSTEM** Find out how to navigate the hospital system. An overview of how the hospital responds to patient care needs and how to get the information to make decisions as a patient. Monmouth County Library, 125 Symmes Drive, Manalapan. Monday, Sept. 11. 10-12. No Fee. UFT Nurses.

**JF 806 DIABETES** What is diabetes and pre-diabetic? Who is at risk? Discuss the symptoms, the diagnoses and the strategies and management for preventing this disease. Fort Lee Recreation Center, 1500 Stillwell Avenue, Fort Lee. Wednesday, Sept. 13. 10-12. J.Messick, Englewood Hospital & Medical Center.

**JF 807 SLEEP DISORDERS: THE IMPORTANCE OF SLEEP & SLEEP HYGIENE** Discuss the signs and symptoms, diagnosis options, treatment modalities and the risks of sleep apnea, insomnia and narcolepsy. Fort Lee Recreation Center, 1500 Stillwell Avenue, Fort Lee. Wednesday, Oct. 4. 10-12. S. Cristancho, RPSGT, Supervisor of Sleep

Disorders, Englewood Hospital & Medical Center.

**JF 808 GOOD EATING HABITS FOR SENIORS** Discuss healthy habits and tips for meal preparation for seniors. Review the nutritional requirements for daily eating and the pitfalls. Monmouth County Library, 125 Symmes Drive, Manalapan. Monday, Oct. 30. 10-12. No Fee. UFT Nurses.

**JF 809 CONQUER CLUTTER** Overwhelmed by too much stuff? Develop a plan to eliminate clutter and have more time for yourself. Fort Lee Recreation Center, 1500 Stillwell Avenue, Fort Lee. Wednesday, Nov. 8. 10-12. J. Rose.

**JF 810 BOOK TALK** Discuss the craft of writing a book and how to publish one. Read *Returning to the Lion's Den: Life in an Organized Crime Family* by Marco Manfre before the class (available for download at Amazon.com). Monmouth County Library, 125 Symmes Drive, Manalapan. Monday, Nov. 13. 10-12. M. Manfre

# WESTCHESTER/ ROCKLAND/ PUTNAM SECTION

## COURSES

*Unless otherwise noted, all courses have a \$10 fee (which is non-refundable and non-transferable).*

## FRIDAY

**WF 501 MAH JONGG** Beginners receive instruction based on rules sanctioned by the National Mah Jongg League. Bring your own Mah Jongg card and set (if you have one). All levels. Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. 10-12. M. Schuster.

**WF 502 CANASTA** Beginners receive instruction on the fundamentals of the Modern American version of this popular game. All levels. Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. 12:30-2:30. M. Schuster.

## SEMINARS

*Unless otherwise noted, all seminars have*

*a \$2 fee (which is non-refundable and non-transferable).*

**WF 805 BACKYARD BIRDWATCHING & BEYOND** Learn how you can identify the birds outside your window and in the community from a member of the Hudson River Audubon Society. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Thursday, Sept. 14. 10:30-12:30. J. Veder.

**WF 806 RETIREE BOOK CLUB** Join us if you love to read and discuss books! Please read *Small Great Things* by Jodi Picoult for the first class. Held in the projection room (mezzanine level) at the Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Three Monday sessions: Sept. 18; Oct. 16; Nov. 13. **\$6.** 10:30-12:30. I. Rabinowitz.

**WF 807 IMPRESSIONISM** A survey of Impressionist Art in 19<sup>th</sup> Century France including Monet, Renoir, Degas, Cassatt and others. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Sept. 19. 10:30-12:30. D. Becker.

**WF 808 DOO WOP - EAST COAST: PART I** Listen to the stories and music of groups from Massachusetts and Connecticut including The Love Notes, Tune-Weavers, Jamies, The Five Satins and more. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Sept. 26. 10:30-12:30. H. Bloch.

**WF 809 DOO WOP – EAST COAST: PART II** Listen to the stories and music of groups from NY State and New Jersey including the Rivas, Aquatones, Duprees and many more. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Oct. 17. 10:30-12:30. H. Bloch.

**WF 810 CONQUER CLUTTER: ENJOY YOUR LIFE PART I** Develop and refine a plan to tackle clutter and give yourself more time to enjoy life. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Thursday, Oct. 19. 10:30-12:30. J. Rose.

**WF 811 MEDICAL “MYHTAKES”** Learn how pharmaceuticals can “take control of functions in the body” and can “disrupt optimal physiology” from a licensed nutritionist. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Oct. 31. 10:30-12:30. S. Elbaz.

**WF 812 CONQUER CLUTTER: ENJOY YOUR LIFE PART II** Continue the conversation by developing and refining a plan to tackle clutter and give yourself more time to enjoy your life. Grinton I. Will Library, 1500 Central Park Ave., Yonkers. Tuesday, Nov. 14. 10:30-12:30. J. Rose.

# TRIPS

**ALL TRIPS ARE SEPARATED BY MONTH THEN DATE. BUS TRIPS ARE LISTED AT THE END. PLEASE MAKE SURE YOU PUT THE CORRECT CODE & TITLE OF THE TRIP ON YOUR REGISTRATION FORM.**

**YOU MUST BRING THE REGISTRATION FORM WITH YOU TO THE TRIP. ALL TRIPS ARE RAIN OR SHINE. WEAR COMFORTABLE SHOES.**

*Refunds will be made upon your written request, up to four weeks prior to trip date.*

Mail refund request to: UFTWF Retiree Programs

52 Broadway, 17th Floor

NY, NY 10004

Attn: Gerri Herskowitz, Director

## SEPTEMBER

**UF 901 COLD SPRING HARBOR LABS & FISH HATCHERY** Guided tour of Cold Spring Harbor Laboratories. Enjoy a cafeteria lunch on your own followed by

a tour of the Fish Hatchery. Meet at Grace Auditorium at Cold Spring Harbor Labs, 1 Bungtown Road in Cold Spring Harbor at 9:45 a.m. for a 10 a.m. tour. **Tuesday, Sept. 12.** 9:45 a.m.-3 p.m. **\$12.** I. Faber.

**WF 901 JEWISH HARLEM WITH MARTY SHORE/LUNCH AT AMY RUTH’S** Tour

what was once the second largest Jewish community in the U.S. Visit sites of former Jewish life. Meet in front of Powell’s statue on the NE corner of Adam Clayton Powell Blvd. & 125<sup>th</sup> St. in Manhattan at 9:45 a.m. for a 10 a.m. tour. **Thursday, Sept. 14.** 9:45 a.m.-3:45 p.m. **\$50.** S. Eisenberg.

**NF 901 MANSIONS, MILLIONS & MAGNIFICENCE WALKING TOUR WITH ANTHONY GRIFA** Tour focuses on the history, architecture, landmarks and famous past residents of one of the nation’s wealthiest enclaves. View the mansions of Henry Clay Frick, Joseph Pulitzer and

Gertrude Rhinelanders Waldo as well as the famous clubs of the area. Meet in front of the General Sherman statue, 5<sup>th</sup> Ave. & 59<sup>th</sup> St. (near Plaza Hotel) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Sept. 15.** 10:45 a.m.-1 p.m. **\$16.** N. Tribble.

**UF 902 CROWN HEIGHTS WALKING TOUR WITH JIM MACKIN** Docent led tour of Crown Heights followed by lunch on your own at the Kosher pizzeria. Meet at Basil Pizza & Wine Bar, 270 Kingston Ave. in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. **Monday, Sept. 18.** 10:15 a.m.- 2:30 **\$12.** G. Borsuk.

**WF 902 GOVERNOR’S ISLAND/BILLION OYSTER PROJECT TOUR/LUNCH AT BOBBY VAN’S** Tour historic Governor’s Island and former military base. Visit the NY Harbor School which focuses on marine engineering and biology. Learn about the Billion Oyster Project. Meet in front of the Historic Battery Maritime Building, 10 South St. in Manhattan at 9:45 a.m. for a 10 a.m. tour. **Tuesday, Sept. 19.** 9:45 a.m.-3:45 p.m. **\$76.** S. Eisenberg.

**XF 901 FIVE SQUARES & A CIRCLE TOUR: FROM GREENWICH VILLAGE TO COLUMBUS CIRCLE WITH PHILIP DESIERE** Visit NY’s five historic squares: Washington Square, Union Square, Madison Square, Herald Square and Times Square ending at Columbus Circle. The unique tour focuses on the history, art, architecture and the quirky people associated with the squares and circle. Metrocard needed for subway (not included in the trip price). Meet under the awning at the Hudson Yards entrance to the #7 train, 34<sup>th</sup> St. bet. 10<sup>th</sup> & 11<sup>th</sup> Aves. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Monday, Sept. 25.** 10:45 a.m.-2 p.m. **\$22.** C. Bing-Howard.

**UF 904 CENTRAL PARK WALKING TOUR WITH JIM MACKIN/TAVERN ON THE GREEN LUNCH** Enjoy a docent led tour of the park followed by lunch. Meet in front of Tavern on the Green, 67<sup>th</sup> St. & Central Park West in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Monday, Sept. 25.** 10:15 a.m.-3:15 **\$100.** G. Borsuk.

**KF 901 PRATT INSTITUTE & CLINTON HILL WITH JIM MACKIN/LUNCH AT JUNIOR’S RESTAURANT** The Clinton Hill tour highlights include historic Pratt campus, the Pratt mansions and landmarked buildings with interesting histories. Meet at Cuyler Gore Park on Fulton St. & Greene Ave. in Brooklyn (C train to LaFayette Ave. stop) at 9:45 a.m. for a 10 a.m. tour. **Tuesday, Sept. 26.** 9:45 a.m.-3 p.m. **\$38.** R. Olff.

**MF 901 SECRETS OF THE BASILICA OF ST. PATRICK’S OLD CATHEDRAL/DA NICO LUNCH** Guided tour gives an overview of the catacombs, the Henry Ergen organ – the jewel of the Basilica, the school where director Martin Scorsese graduated and the first home of the Sisters of Charity. Meet at 263 Mulberry St. (Prince St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Sept. 26.** 10:45 a.m.-3:45 p.m. **\$64.** J. DeNave.

**RF 901 9/11 MEMORIAL MUSEUM** Guided tour of the historical and memorial exhibitions that explore the background, the aftermath, the continuing implications of the events and commemorates the lives of those who perished. Meet at the “Understanding 9/11” guided tour entry lane, 180 Greenwich St. in Manhattan at 12:45 p.m. for a 1 p.m. tour. **Tuesday, Sept. 26.** 12:45 p.m.-3 p.m. **\$40.** M. Mammana.

**NF 903 MULTICULTURAL TASTING: SOHO, NOLITA & LITTLE ITALY WALKING TOUR WITH ANTHONY GRIFA** Enjoy the beautiful architecture while munching on our walking tour. Stops include:

Ferrara’s, Alleva’s, The Bookstore Café, The Italian Ice Cream & Yogurt Store and the Margarita Pizza Shop. Food substitutions are not permitted. Must be able to walk and eat at the same time. Meet on the NE corner of Houston & Lafayette Sts. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Sept. 26.** 10:45 a.m.-1 p.m. **\$42.** N. Tribble.

**WF 903 ARCHITECTURE & HISTORY OF CITY COLLEGE OF NEW YORK (CCNY)/HAMILTON GRANGE WITH SYLVIA LAUDIEN-MEO/LUNCH AT GRANGE BAR & EATERY** Explore CCNY’s campus and learn about its architectural styles. Explore the surrounding neighborhood including Hamilton Grange and Sugar Hill learning their history and present issues. Meet at Hamilton Grange National Memorial Hamilton Terrace & 141<sup>st</sup> St. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Sept. 26.** 10:15 a.m.-3:45 p.m. **\$54.** S. Eisenberg.

**XF 902 MOUNT MORRIS WALKING TOUR WITH JOE SVEHLAK/LUNCH AT SYLVIA’S RESTAURANT** Tour through Harlem’s Mount Morris Park Historical District and view the magnificent churches, century brownstones and civic buildings. Discuss the rich history of Harlem. Meet in the waiting room of the MetroNorth Station, 125<sup>th</sup> St. & Park Ave. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. You may register for only one L.I. News 12 trip. **Wednesday, Sept. 27.** 10:15 a.m.-2:30 p.m. **\$63.** E. Harris.

**NF 904 LONG ISLAND NEWS 12** Take a guided tour of the Long Island’s Channel 12 News station. See how they can go live at any time with breaking news and how production is made. Meet at News 12 Long Island, 1 Media Crossways in Woodbury at 9:15 a.m. for a 9:30 a.m. tour. **Wednesday, Sept. 27.** 9:15 a.m.-10:30 a.m. **\$2.** N. Tribble.

**RF 902 HIDDEN IN PLAIN SIGHT #3: CHARLES B.J. SNYDER SCHOOLS WITH JEAN ARRINGTON** Guided tour of schools built by Snyder in Williamsburg from 1905 to 1924. Meet at the SE corner of Broadway & Havermeier (near Marcy Ave. stop on J/Z/M trains) in Brooklyn at 12:45 p.m. for a 1 p.m. tour. **Thursday, Sept. 28.** 12:45 p.m.-3 p.m. **\$17.** M. Mammana.

**UF 905 “MAN OF LA MANCHA” PRODUCTION/LUNCH AT MANNINO’S IN SMITHTOWN, NY** Enjoy lunch at Mannino’s, 40 E. Main St. in Smithtown at 11:45 a.m. for a 12 noon lunch (east of the theatre – park there) followed by a production of the *Man of La Mancha* at the Smithtown Performing Arts Center. **Thursday, Sept. 28.** 11:45 a.m.-4:30. **\$57.** I. Faber.

## OCTOBER

**RF 903 WOOLWORTH BUILDING TOUR** Guided tour showcases the importance of this famous building by featuring the ornamented exterior, the magnificent lobby and background history of Frank Woolworth and Cass Gilbert. Stairs involved. No restrooms. Meet outside the main entrance next to the “No Tourists Allowed” sign, 233 Broadway (Barclay St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. You may register only one Woolworth building tour. **Monday, Oct. 2.** 10:45 a.m.-12 pm. **\$27.** M. Mammana.

**RF 904 WOOLWORTH BUILDING TOUR** Guided tour showcases the importance of this famous building by featuring the ornamented exterior, the magnificent lobby and background history of Frank Woolworth and Cass Gilbert. Stairs involved. No restrooms. Meet outside the main entrance next to the “No Tourists

Allowed” sign, 233 Broadway (Barclay St.) in Manhattan at 12:45 p.m. for a 1 p.m. tour. You may register only one Woolworth building tour. **Monday, Oct. 2.** 12:45 p.m.-2 pm. **\$27.** M. Mammana.

**MF 902 THE ART OF JOHN LA FARGE & LOUIS ST. GAUDENS AT THE CHURCH OF THE ASCENSION/LUNCH AT KNICKERBOCKER BAR & GRILL** The first Church of the Ascension was burned to the ground and the new church on Fifth Avenue was designed by English-born architect, Richard Upjohn. View the sculptured angels and the painting of “The Ascension of Our Lord” above the main altar. Meet in front of the Church, Fifth Ave. & 10th St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Oct. 3.** 10:45 a.m.-3:45 p.m. **\$52.** J. DeNave.

**QF 901 FOODS OF THE LOWER EAST SIDE WALKING TOUR** Taste dumplings, fried plantains and more while exploring the immigrant experience and the way their food has shaped American food. Tour does not enter any buildings other than a short introduction and conclusion in the Museum’s Visitor Center. Meet outside the Tenement Museum Shop, 103 Orchard St. (bet. Broome & Delancey Sts.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Tuesday, Oct. 3.** 11:15 a.m.- 1p.m. **\$32.** L. Chin.

**WF 904 WOODLAWN CEMETERY/LUNCH AT RAMBLING HOUSE** Visit the historic cemetery and learn about its history and the many famous individuals that rest in Woodlawn. Meet at the Jerome Ave. entrance, Jerome Ave. & Bainbridge Ave. in the Bronx at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 3.** 10:15 a.m.-3:45 p.m. **\$58.** S. Eisenberg.

**XF 904 UPPER EASTSIDE GEMS TOUR WITH ANTHONY GRIFA** Guided tour of the El Museo Del Barrio, the only museum in the city dedicated to preserving and documenting Puerto Rican, Caribbean and Latin American art and culture. Explore Central Park’s beautiful conservatory garden that is highlighted by the Untermyer & Burnett memorial fountains. Meet at the El Museo Del Barrio, 1230 5th Ave. (104th St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Wednesday, Oct. 4.** 10:45 a.m.-1p.m. **\$23.** C. Bing-Howard.

**RF 905 NEW YORK HISTORICAL SOCIETY: WOMEN OF THE COLLECTION** Guided tours of two exhibits, “*Gallery of Tiffany Lamps*” & “*The Duchess of Carnegie Hall: Photographs*” by Editta Sherman in the Center for Women’s History. Meet at the NY Historical Society, 170 Central Park West at Richard Gilder Way (77th Street entrance) visitor’s desk in the front lobby in Manhattan at 12:45 a.m. for a 1 p.m. tour. **Wednesday, Oct. 4.** 12:45 p.m.-2 p.m. **\$22.** M. Mammana.

**QF 902 CUSTOM WALKING TOUR OF CENTRAL PARK** Learn the inside scoop of the park’s history, design landscape, architecture, the most popular sites and many other features that make Central Park unique. Venture to Bow Bridge, Strawberry Fields, Bethesda Terrace and Conservatory Water. Meet at Columbus Circle monument, Central Park West & 59th St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Oct. 5.** 10:45 a.m.-1 p.m. **\$17.** M. Stahl.

**XF 905 WOODLAWN CEMETERY WALKING TOUR** Guided tour includes the history of the cemetery and the individuals that rest in Woodlawn. Wear comfortable shoes. Meet at the Jerome Ave. entrance, Jerome Ave. & Bainbridge Ave. in the Bronx at 8:45 a.m. for a 9 a.m. tour. **Friday, Oct. 6.** 8:45 a.m.-11:30 a.m. **\$14.** E. Harris.

**QF 903 NOHO, NOLITA & LITTLE ITALY WALKING TOUR WITH ANTHONY GRIFA** Some sites on the tour include the Film Anthology Archives, NY Marble Cemetery, the haunts of Susan B. Anthony and Victoria Woodhull and more. See the original St. Patrick’s Cathedral site. Meet at the SE corner of East 2nd St. & 2nd Ave. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 6.** 10:45 a.m.-1 p.m. **\$17.** R. Taruskin.

**MF 903 MANHATTAN D.A.’S OFFICE IN-HOUSE TOUR/LUNCH AT FORLINI’S** Tour includes an overview of the arrest to sentence process by an Assistant D.A., observe cases being arraigned and view a criminal trial in progress. Bring a government issued photo I.D. Meet at 1 Hogan Pl. (Centre St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 10.** 10:15 a.m.-3:45 p.m. **\$39.** J. DeNave.

**WF 905 CHIHULY EXHIBIT AT THE NY BOTANICAL GARDEN WITH JOANNE STRAUSS/LUNCH AT STONE MILL** Guided tour of the artwork of world-renowned artist, Dale Chihuly. See his monumental installations throughout the Gardens for the first time in 10 years. Visit the library. Meet at NYBG’s main entrance (across from Fordham University), 2900 Southern Blvd. in the Bronx at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 10.** 10:15 a.m.-3:15 p.m. **\$79.** S. Eisenberg.

**QF 904 CHELSEA MARKET & THE HIGH LINE WALKING TOUR WITH ANTHONY GRIFA** Walk the High Line, Manhattan’s unusual park to see spectacular views, art displays and the Washington Grasslands. View sites associated with the Gibson Girl, Norman Rockwell and more. Enjoy the charms of Chelsea, Chelsea Market and the Meat Packing District. Meet at the NW corner of 15th St. & 9th Ave. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Wednesday, Oct. 11.** 10:15 a.m.-12 p.m. **\$17.** R. Taruskin.

**RF 906 ARCHITECTURAL & BACKSTAGE TOUR OF ST. GEORGE THEATRE** Guided tour of every section of the historic theatre. Learn the history, technical aspects of presenting a show, career paths in the arts and theatre etiquette. Stairs involved. Meet at the St. George entrance, 35 Hyatt St. in S.I. at 10:45 a.m. for an 11 a.m. tour. **Wednesday, Oct. 11.** 10:45 a.m.-12 p.m. **\$10.** M. Mammana.

**XF 906 UNITED NATIONS & THE DELEGATE’S DINING ROOM** Begin with a prix-fixe lunch that features a menu infused with the changing of the seasons and the culinary trends plus the classics from around the world. Next, take a brief journey through the corridors of international diplomacy with a multi-lingual tour guide. Photo I.D. required. *Dress Code:* Must wear proper business casual attire. No jeans, sneakers, short pants, backpacks or large bags. Meet the tour director in front of the U.S. Mission to the U.N. building, 799 United Nations Plaza (1st Av. & East 45th St.) in Manhattan at 10:45 a.m. for an 11 a.m. lunch. **Thursday, Oct. 12.** 10:45 a.m.- 3 p.m. **\$118.** E. Harris.

**QF 905 GREENWOOD CEMETERY HISTORIC TROLLEY TOUR** Visit the Gothic Arches, Historic Chapel and Battle Hill, the site of George Washington’s 1776 battle of Brooklyn, the gravesites of DeWitt Clinton, Leonard Bernstein, Elias Howe, the Civil War Soldiers lot on this private tour. Meet at Greenwood Cemetery’s main entrance, 5th Ave. & 25th St. in Brooklyn at 10:45 a.m. for an 11 a.m. trolley tour. **Thursday, Oct. 12.** 10:45 a.m.-1 p.m. **\$19.** M. Stahl.

**RF 907 FIFTH AVENUE MILLIONAIRES’**



**ROW WITH BOB GELBER** Tour 5th Ave. and learn about the wealthiest New Yorkers and how they changed the neighborhood from a farmland to millionaires' row after the development of Central Park. Meet in front of the General Sherman bronze statue at the intersection of Central Park So. & E. 59th St. (5th Ave.) in Manhattan at 12:45 p.m. for a 1 p.m. tour. **Thursday, Oct. 12.** 12:45 p.m.-3 p.m. **\$17.** M. Mammana.

**KF 904 LINCOLN CENTER TOUR/LUNCH AT POMODORO ROSSO** Enjoy a 75 minute guided tour of the world's premier performing arts center followed by lunch. Meet at the Benenson Grove, 62nd St. & Columbus Ave. (left of the steps) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Friday, Oct. 13.** 11:15 a.m.- 4 p.m. **\$65.** R. Olff.

**NF 905 TERRIFIC TRIBECA WALKING TOUR WITH ANTHONY GRIFA** Tribeca is best known for celebrity sightings, trendy restaurants, multimillion dollar lots and the Tribeca Film Festival. Explore the soul of Tribeca and enjoy its diverse and spectacular architecture and colorful history. Meet on the NW corner of Chambers St. & Broadway in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday Oct. 13.** 10:45 a.m.-1 p.m. **\$16.** N. Tribble.

**MF 904 LIVE JAZZ & GUIDED TOUR OF THE NATIONAL JAZZ MUSEUM OF HARLEM/LUNCH AT SYLVIA'S** Guided tour of the past and present of Jazz and a Harlem curated listening session of recordings from the 30's & 40's. Listen to a live Jazz trio and a presentation of "Born in Harlem." Meet at the National Jazz Museum of Harlem, 58 West 129th St. (6th Ave./Malcom X Blvd.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 17.** 10:15 a.m.-3:15 p.m. **\$78** J. DeNave.

**QF 906 BROADWAY THEATRE DISTRICT WALKING TOUR** Guided tour captures the glory, glamour, legends and legacies of Broadway. Stroll through the "Crossroads of the World" theatre district. Journey through the history of American music and theatres and hear enthralling stories about celebrated actors and their shows. Meet at the Times Square Visitor's Alliance Center, 7th Ave. bet. 46th & 47th Sts. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Oct. 17.** 10:45 a.m.-1 p.m. **\$25.** L. Chin.

**WF 906 CHELSEA ART GALLERIES WITH SYLVIA LAUDIEN-MEO/LUNCH AT BOTTINO'S** Tour West Chelsea, the center of contemporary art. View six to eight of this season's most interesting exhibitions: paintings, sculptures, video or installation art. Meet at Clemont Moore Park, 10th Ave. bet. 21st-22nd Sts. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 17.** 10:15 a.m.-3:45 p.m. **\$66.** S. Eisenberg.

**RF 908 SEE THE LIGHT AT THE NATIONAL LIGHTHOUSE MUSEUM** Guided tour of the museum and the General Depot headquarters, a testing ground and distribution center for all materials and equipment to maintain lighthouses across the nation. Meet at the museum entrance (adjacent to the parking area on premises), 200 Promenade Ave. at Lighthouse Point in S.I. at 10:45 a.m. for an 11 a.m. tour. **Wednesday, Oct. 18.** 10:45 a.m.-12 p.m. **\$12.** M. Mammana.

**UF 906 THEATER THREE PRODUCTION OF "BRIDGES OF MADISON COUNTY"/LUNCH AT RUVO'S IN PORT JEFFERSON** Enjoy lunch at Ruvo's Restaurant, 105 Wynn Lane in Port Jefferson at 11:45 a.m. for a 12 noon lunch followed by a production of the *Bridges of Madison County* at Theater Three. **Wednesday, Oct.**

**18.** 11:45 a.m.-4:45 p.m. **\$53.** I. Faber.

**XF 907 SUBWAY ART TOUR III: FROM HUDSON YARDS TO HARLEM WITH PHILIP DESIERE** Guided tour with a completely new route surveying 10 different NYC stations from Hudson Yards to Grand Central Terminal. Metrocard is needed for the subway (not included in trip price). Meet under the awning at the Hudson Yards entrance to the #7 train, off 34th St. bet. 10th & 11th Aves. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Oct. 19.** 10:45 a.m.-2 p.m. **\$22.** C. Bing-Howard.

**QF 907 HARD TIMES TOUR & DIALOGUE AT THE LOWER EAST SIDE TENEMENT MUSEUM** Discover how immigrants survived economic depression between 1863-1935. Visit the restored homes of the German-Jewish Gumpertz family and the Italian-Catholic Baldizzi family. Meet inside the Tenement Museum Shop, 103 Orchard St. (bet. Broome & Delancey Sts.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Thursday, Oct. 19.** 11:15 a.m.-1:30 p.m. **\$26.** M. Stahl.

**RF 909 CHIHULY EXHIBIT AT THE NEW YORK BOTANICAL GARDEN/LUNCH AT STONE MILL** Guided tour of the glass works of world famous sculptor, Dale Chihuly. View monumental installations throughout the Botanical Garden. Meet at the NYBG's main entrance across from Fordham University, 2900 Southern Blvd. in the Bronx at 11 a.m. for an 11:15 a.m. tour. **Thursday, Oct. 19.** 11 a.m.-2 p.m. **\$79.** M. Mammana.

**XF 908 BATTERY PARK OUTDOOR ART TOUR WITH ANTHONY GRIFA** Visit the spectacular winter garden and the magnificent glassed in Plaza with live 50 foot palm trees. See the *Harbors of the World* exhibit and the American Express Eleven Tears Memorial. Experience the mysterious Upper Room, the Garden of Stones and more. Meet on the NW corner of Fulton St. & Broadway (outside St. Paul's Chapel) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 20.** 10:45 a.m.-1 p.m. **\$16.** E. Harris.

**WF 907 BIALYSTOKER SYNAGOGUE/HISTORIC EAST BROADWAY/KEHILA KEDOSHA JANINA/GREEK LUNCH** Visit a shteibl, tour historic East Broadway and see Beth Hamedrash Hagadol (Russian Jewish Orthodox Congregation). Walk to Kehila Kedosha Janina Sanctuary and museum for tour and lunch. Meet in front of Bialystoker Synagogue, 7-11 Bialystoker Pl. (bet. Grand & Delancey Sts.) in Manhattan at 10 a.m. for a 10:15 a.m. tour. **Tuesday, Oct. 24.** 10 a.m.-3:15 p.m. **\$38.** S. Eisenberg.

**NF 906 LONG ISLAND NEWS 12** Take a guided tour of the Long Island's Channel 12 News station. See how they can go live at any time with breaking news and how production is made. Meet at News 12 Long Island, 1 Media Crossways in Woodbury at 9:15 a.m. for a 9:30 a.m. tour. You may register for only one L.I. News 12 trip. **Wednesday, Oct. 25.** 9:15 a.m.-10:30 a.m. **\$2.** N. Tribble.

**MF 905 HAMILTON GRANGE NATIONAL MEMORIAL/LUNCH AT THE GRANGE BAR & EATERY** "The Grange" is the early 19th century home of founding father Alexander Hamilton, first Secretary of Treasury and right-hand man to George Washington. View the exhibits and period furnishings on this ranger lead tour plus an orientation film on his life. Meet at the National Memorial, 414 West 141st St. (St. Nicholas/Convent Ave.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Oct. 26.** 10:45 a.m.-3:45 p.m. **\$41.** J. DeNave.

**XF 909 THE SECRETS OF CENTRAL PARK**

**TOUR WITH ANTHONY GRIFA** Stroll through Central Park and discover how the first national municipal park came to be. View the Gapslow Bridge, the Hallet Sanctuary, Clock Tower, Strawberry Fields and much more. Meet in front of the William Tecumseh Sherman statue, 5th Ave. & East 59th St. (near Plaza Hotel) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Oct. 27.** 10:45 a.m.-1 p.m. **\$16.** E. Harris.

**QF 908 ROOSEVELT HOUSE** Tour the former home of Franklin, Eleanor and Sara Delano Roosevelt to get a closer look at this unique family. Explore private spaces where iconic policy of the 20th century was shaped. Meet in front of Roosevelt House, 47-49 East 65th St. (bet. Park & Madison Aves.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Friday, Oct. 27.** 10:15 a.m.-12:30 p.m. **\$12.** L. Chin.

**MF 906 MASONIC HALL/GRAND LODGE OF THE FREE MASONS/LUNCH AT VIA EMILIA** Guided tour of huge rooms lined with imposing columns and an organ whose pipes rise along one wall in the Grand Masonic Lodge. View glasswork by Louis Comfort Tiffany. Some of the famous free masons that belong to the Lodge are George Washington, Duke Ellington, Albert Einstein and many more. Meet at Masonic Hall, 71 West 23rd St. (bet. 5th & 6th Aves.) in Manhattan at 10:30 a.m. for a 10:45 a.m. tour. **Tuesday, Oct. 31.** 10:30 a.m.-3:30 p.m. **\$47.** J. DeNave.

**NF 907 GHOSTLY GREENWICH VILLAGE WALKING TOUR WITH ANTHONY GRIFA** Visit sites in Greenwich Village where unusual happenings have been reported. Tour West Village and hear about the haunted Cherry Lane Theatre. Sites include the house that Aaron Burr visits, the House of Terror where nine murders took place, Gay Street where Jimmy Walker's ghost is said to frequent and much more. Meet on the NW corner of Bleeker St & 7th Ave. in Manhattan at 10:45 a.m. for an 11 a.m. walking tour. **Tuesday, Oct. 31.** 10:45 a.m.-1 p.m. **\$16.** N. Tribble.

**WF 908 CONGREGATION SHEARITH ISRAEL/JEWISH UPPER WEST SIDE SOUTH WITH MARTY SHORE/LUNCH AT PAPPARDELLA** Guided tour of the Congregation Shearith Israel, the oldest Spanish & Portugese Synagogue in North America. Tour the Upper Westside (68th to 81st Sts.) and view a variety of architectural styles including 19th century row houses. Meet on the corner of Central Park West & West 68th St. in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Oct. 31.** 10:15 a.m.-3:45 p.m. **\$66.** S. Eisenberg.

## NOVEMBER

**XF 910 GRAND CENTRAL TERMINAL WALKING TOUR WITH JOE SVEHLAK** Guided walking tour focuses not only on the architecture, but provides a real story about little known secrets, anecdotes, archival material and operations of one of the world's biggest train terminals. Learn the secrets of The Kissing Gallery and The Whispering Gallery. Meet in the main concourse near Track 29 in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, Nov. 2.** 10:15 a.m. -12:30 p.m. **\$12.** E. Harris.

**MF 907 ROOSEVELT HOUSE TOUR/LUNCH AT TONY DINAPOLI** Tour the former home of Franklin, Eleanor and Sara Delano Roosevelt. Hear about their lives, civic activities and governmental positions as they transformed the nation and the world. Meet at Roosevelt House, 47-49 E. 65th St. (Park & Madison Aves.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Friday, Nov. 3.** 10:15 a.m.-3:15 p.m.

**\$59.** J. DeNave.

**WF 909 UPTOWN ART GALLERIES WITH SYLVIA LAUDIEN/LUNCH AT ANTONUCCI'S** Visit art galleries such as Tibor de Nagy, Gagosian and Castelli located in one of NY's most prestigious neighborhoods. View exhibitions from established to up & coming artists. Meet in front of Gagosian Art Gallery, 980 Madison Ave. (bet. 76th & 77th Sts.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Nov. 7.** 10:15 a.m.-3:45 p.m. **\$70.** S. Eisenberg.

**MF 908 THE PLAYERS CLUB/LUNCH AT PAUL & JIMMY'S** Docent-led tour of the gothic revival mansion redesigned by architect, Stanford White. View impressive art collections, Edwin Booth's costumes, life and death masks and other artifacts of the 19th century theatre. Meet at The Player's Club, 16 Gramercy Park So. (Irving Pl.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Thursday, Nov. 9.** 10:45 a.m.-3:15 p.m. **\$51.** J. DeNave.

**XF 911 FRIAR'S CLUB TOUR & LUNCHEON** Guided tour focuses on the many famous rooms, entertainers and comedians who performed there followed by lunch in one of the banquet rooms. Dress code: No jeans and sneakers. Meet at the Friars Club, 57 E. 55th St. (bet. Madison & Park Aves.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Nov. 10.** 10:45 a.m.-2 p.m. **\$76.** E. Harris.

**KF 907 1917: HOW ONE YEAR CHANGED THE WORLD EXHIBIT AT THE CENTER FOR JEWISH HISTORY/LUNCH AT BOCCA** This exhibit explores how three key events of 1917—America's entry into World War I, the Bolshevik Revolution, and the issuing of the Balfour Declaration brought about political, cultural, and social changes that dramatically reshaped the United States' role in the world. Meet in front of the Center for Jewish History, 15 W. 16th St. (bet. 5th & 6th Aves.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Nov. 10.** 10:45 a.m.-3 p.m. **\$53.** R. Olff.

**QF 909 RADIO CITY CHRISTMAS SPECTACULAR** See the show featuring the world renowned Rockettes. View Santa Claus' ride in 3D, listen to organ pipe music, watch the Rockettes precision dance to holiday music and more. Meet at Radio City, 1260 Avenue of the Americas (50th St.) in Manhattan at 10:15 a.m. for an 11 a.m. show. **Friday, Nov. 10.** 10:15 a.m.-12:30 p.m. **\$72.** R. Taruskin.

**XF 912 JAZZING IT UP!: MUSEUM TOUR/MUSIC/HARLEM BBQ LUNCH** Visit the National Jazz Museum of Harlem, a hub for live performances, exhibitions and educational programs. Walk over to Rendall Memorial Presbyterian Church for a 2 hr. concert, "Welcome to Harlem's Afternoon Jazz Series" followed by lunch. Meet at National Jazz Museum of Harlem, 58 West 129th St. (off Lenox Ave.) in Harlem 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Nov. 14.** 10:15 a.m.-3:30 p.m. **\$45.** E. Harris.

**MF 909 GRACIE MANSION TOUR/CAFÉ d'ALESAE LUNCH** Tour the beautifully refurbished mansion that overlooks the East River and is the official residence of the Mayor of NYC. Bring a government issued photo I.D. Meet at Gracie Mansion, East End Ave. & 88th St. in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Tuesday, Nov. 14.** 10:45 a.m. -3:45 p.m. **\$48.** J. DeNave.

**WF 910 NEWTOWN CREEK WASTEWATER TREATMENT PLANT/LUNCH AT LOCAL POLISH RESTAURANT** Visit the recently renovated Newtown Creek Plant which is the largest and most advanced in NYC. Learn its importance



to NYC and how it processes 310 million gallons of wastewater per day. Meet at the NCWTP, 327 Greenpoint Ave. in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Nov. 14.** 10:15 a.m.-4:30 p.m. **\$68.** S. Eisenberg.

**NF 908 THANKSGIVING SIDES** Learn to make five delicious Thanksgiving sides: Bacon-Spinach Mashed Potatoes, Three Mushroom Dressing with Prosciutto, Whipped Sweet Potatoes with Bacon Sugar-Pecan topping, Brussell Sprout Hash with Caramelized Shallots and Butternut Squash Bread Pudding. Meet at a la Carte Culinary Services, 32 Atlantic Ave. in Lynbrook, LI. Free parking in rear. **Wednesday, Nov. 15.** 2 p.m.-4 p.m. **\$71.** N. Tribble.

**RF 911 SUBWAY ART TOUR III WITH PHILIP DESIERE** Guided tour of subway art in 10 different NYC stations from Hudson Yards to Harlem. You will need a metrocard (not included in trip). Stairs involved. Meet under the awning at the Hudson Yards entrance to the #7 train, off 34<sup>th</sup> St. bet. 10<sup>th</sup> & 11<sup>th</sup> Aves. in Manhattan at 12:45 p.m. for a 1 p.m. tour. **Thursday, Nov. 16.** 12:45 p.m.-4 p.m. **\$22.** M. Mammana.

**KF 908 CENTER FOR WOMEN’S HISTORY AT THE NY HISTORICAL SOCIETY/LUNCH AT PAPPARDELLA RESTAURANT** Many years ago, Greenwich Village was a vibrant area where creative people shared ideas and beds. Women fought for the right to vote and control their own bodies. The exhibit places that struggle within the context of Greenwich Village “as a hot bed” of social and artistic activism. Meet inside the NY Historical Society, 170 Central Park West (77th St.) in Manhattan at 10:45 a.m. for an 11 a.m. tour. **Friday, Nov. 17.** 10:45 a.m.-3 p.m. **\$55.** R. Olff.

**WF 911 ST. PATRICK’S CATHEDRAL/ROCKEFELLER CENTER/LUNCH AT FIG & OLIVE** Examine the rich history of the newly renovated St. Patrick’s Cathedral. Look at the architecture and public art of Rockefeller Center. Meet on the front steps of the Cathedral, 5<sup>th</sup> Ave. & 50<sup>th</sup> St. in Manhattan at 11 a.m. for an 11:15 a.m. tour. **Tuesday, Nov. 21.** 11 a.m.-4 p.m. **\$67.** S. Eisenberg.

**MF 910 DESIGN & DECORATING BUILDING TOUR/UPPER STORY LUNCH** Tour starts in the marble lobby of the infamous D & D Building. Visit the

exclusive to-the-trade show rooms for the residential interior design industry. Enjoy the incredible views of the 59<sup>th</sup> St. Bridge from the terrace of our own private dining room on the 14<sup>th</sup> floor and hear a presentation of its history. Meet at the D & D Building, 979 Third Ave. (E. 58<sup>th</sup> St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Thursday, Nov. 30.** 10:15 a.m.-3:45 p.m. **\$84.** J. DeNave.

DECEMBER

**MF 911 GRAND CENTRAL TERMINAL TOUR WITH JOE SVEHLAK/PICCOLO FIORE LUNCH** Guided walking tour gives an in-depth look at the art, architecture, history and recent \$200 million renovation. Highlights include The Kissing Gallery, The Whispering Gallery and a private apartment. Meet at the information booth in the center of the main concourse, 89 East 42<sup>nd</sup> St. (Park Ave.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Dec. 5.** 10:15 a.m.-3:45 p.m. **\$55.** J. DeNave.

**WF 912 PFIZER BUILDING ARTISANAL FOOD MANUFACTURERS INDOOR TOUR** Tour the former headquarters of Pfizer Pharmaceuticals which now serves as an incubator for dozens of artisanal food manufacturers. Taste delicious food while learning about the history, its function as the center of Brooklyn’s Artisanal Food Renaissance and its contribution to the resurgence of manufacturing in NYC. Meet at 630 Flushing Ave. in Brooklyn at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Dec. 5.** 10:15 a.m.-2:45 p.m. **\$67.** S. Eisenberg.

**MF 912 GOOD HOUSEKEEPING RESEARCH INSTITUTE TOUR/LUNCH AT NOCELLO** Tour the labs and test kitchen of the Good Housekeeping Research Institute. Chemists and editors explain the process required for a product to meet GHRI’s exacting standards. Meet at the Hearst Tower, 300 W. 57<sup>th</sup> St. (entrance on 8<sup>th</sup> Ave.) in Manhattan at 11:15 a.m. for an 11:30 a.m. tour. **Friday, Dec. 8.** 11:15 a.m.-3:45 p.m. **\$48.** J. DeNave.

**WF 913 MANHATTAN D.A.’S OFFICE IN-HOUSE TOUR/LUNCH AT FORLINI’S** Tour includes an overview of the arrest to sentence process by an Assistant D.A., observe cases being arraigned and view

a criminal trial in progress. Bring a government issued photo I.D. Meet at 1 Hogan Pl. (Centre St.) in Manhattan at 10:15 a.m. for a 10:30 a.m. tour. **Tuesday, Dec. 12.** 10:15 a.m.-3:45 p.m. **\$41.** S. Eisenberg.

BUS TRIPS

**NF 902 BUS TRIP TO THE CULINARY INSTITUTE OF AMERICA (C.I.A.) IN HYDE PARK, NY** Enjoy lunch at the Bocuse French Restaurant followed by a tour of the Institute. The bus departs from Suffolk at the L.I.E. Park & Ride (Exit 49) at 8 a.m. and in Nassau at Christopher Morley Park, 500 Searingtown Rd. in Roslyn (right off the L.I.E. – Exit 36) at 8:30 a.m. for a ride to Hyde Park. **Tuesday, Sept. 19.** 8 a.m.- 5 p.m. **\$95.** N. Tribble.

**UF 903 BUS TRIP TO THE CULINARY INSTITUTE OF AMERICA (C.I.A.) IN HYDE PARK, NY** Enjoy lunch at the Bocuse French Restaurant followed by a tour of the Institute. The bus departs from Suffolk at the L.I.E. Park & Ride (Exit 49) at 8 a.m. and in Nassau at Christopher Morley Park, 500 Searingtown Rd. in Roslyn (right off the L.I.E. – Exit 36) at 8:30 a.m. for a ride to Hyde Park. **Tuesday, Sept. 19.** 8 a.m.- 5 p.m. **\$95.** G. Borsuk.

**KF 902 BUS TRIP TO THE SMITHTOWN PERFORMING ARTS CENTER FOR A MATINEE PERFORMANCE OF “MAN FROM LA MANCHA”/LUNCH AT MANNINO’S** Enjoy a three course lunch followed by a performance of the *Man From La Mancha*. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 9 a.m. for a 9:30 a.m. departure. **Thursday, Sept. 28.** 9 a.m.-6 p.m. **\$84.** R. Olff.

**XF 903 RHODE ISLAND BUS TRIP: OYSTERS, CHAMPAGNE & LIGHTHOUSES TOUR & DINNER** Journey to the picturesque coastline of Rhode Island and visit an oyster farm. Enjoy samples of the oysters as you sip a glass of champagne; dinner on the farm included. Cruise the Narragansett Bay on a catamaran. View historical lighthouses, the historic Newport Harbor, Fort Adams and sail under the Newport Pell Bridge. Meet the bus in front of the Bronx UFT Office, 2500 Halsey

St. in the Bronx at 8:30 a.m. for a 9 a.m. departure. **Friday, Sept. 29.** 8:30 a.m.-6:30 p.m. **\$143.** E. Harris.

**KF 903 HISTORIC HUGENOT STREET BUS TRIP TO NEW PALTZ, NY/GARVAN’S BUFFET LUNCH** In 1677, a group of Huguenot families in Hudson Valley established a community in hopes of creating a home where they could worship as they chose. Their descendants formed what is now Historic Huguenot Street to protect their legacy. Guided tour includes a 1717 Huguenot Church, archaeological site and burial grounds. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 9 a.m. for a 9:30 a.m. departure. **Friday, Oct. 6.** 9 a.m.-6:30 p.m. **\$86.** R. Olff.

**KF 905 PAST & PRESENT AT THE BROOKLYN NAVY YARD** For over 150 years, the Brooklyn Navy Yard churned out America’s famous fighting ships and today it’s a model for urban industrial parks. Tour includes an active dry dock, historical buildings and a history of the Yard. Enjoy lunch on your own at the Yard’s new featured food hub. Meet the special bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 10 a.m. for a 10:30 a.m. departure. **Tuesday, Oct. 24.** 10 a.m.-3:30 p.m. **\$35.** R. Olff.

**RF 910 FRESHKILLS PARK BUS TOUR** Guided round-trip bus tour of NYC’s newest developing park. Stand at the highest natural elevation to enjoy the expansive views. Meet at 350 Wild Ave. (opposite LA Fitness in Travis) in S.I. at 12:45 p.m. for a 1 p.m. tour. **Wednesday, Nov. 1.** 12:45 p.m.-2 p.m. **\$2.** M. Mammana.

**KF 906 BUS TRIP TO THE NEWARK MUSEUM/PORTUGESE LUNCH AT CASA VASCA IN NEW JERSEY** Visit N.J.’s largest museum with 80 galleries of world class art collections featuring the “*Harlem Renaissance*” exhibit. Visit the Ballentine House, a mansion that has two floors interpreted as a suite of galleries called “*House & Home*,” filled with items from the Victorian era. Guided tour of museum highlights follows lunch. Meet the bus in front of the Marriot Hotel, next to 335 Adams St. in Brooklyn at 10 a.m. for a 10:30 a.m. departure. **Friday, Nov. 3.** 10 a.m.-5:30 p.m. **\$77.** R. Olff.

COURSES

*Unless otherwise noted, courses in all boroughs will begin on Monday, September 11 and conclude Friday, November 17 and have a \$10 fee (which is non-refundable and non-transferable).*

BRONX

MONDAY

**XF 101 BASIC STITCHES FOR CROCHETING, KNITTING & NEEDLEWORK** Learn the basic stitches for crocheting, knitting and needlework. Bring your own projects. 10-12. C. Rodriguez.

**XF 102 MAH JONGG** For those new to the game will receive instruction based on rules sanctioned by the National Mah Jongg League. All levels. 10-12. M. Schuster.

**XF 103 SPANISH: MIXED LEVELS** Refresh your knowledge of the Spanish language and

culture. Learn communication skills and popular Spanish and Latin American songs. One year of Spanish recommended. 10-12. R. Hollingsworth.

**XF 104 LET’S MOVE!** Gentler exercises for those who want to improve fitness, mobility, strength, balance and general health and wellness by working out together. 10-12. A. Stern.

**XF 105 INTERMEDIATE QUILTING** Work on various quilting techniques using either hand sewing, machines or both. Continue working on projects that you started or experiment with new materials. 10-12. S. Rieber.

**XF 106 ADVANCED BRIDGE** Learn new bidding techniques and conventions along with techniques in hand play and defense.

**\$15** includes registration and materials. 10-12:15. A. Lisle.

**XF 107 CREATIVE WRITING** Explore literary styles that allows you to share your ideas, memories and creativity in various genres: memoir, poetry, non-fiction and short story. No class: Nov. 13. 12:30-2:30. F. McKinnon.

**XF 108 EXERCISE PLUS** Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobic included. Bring light hand weights, bands and sticky floor mat to class. 12:30-2:30. D. Dolan.

**XF 109 CHAIR YOGA** Enjoy this gentle form of Yoga that combines breathing, movement and meditation by sitting on a chair or standing (using a chair for support).

Develop a stronger, healthier body, mind and spirit. All levels. 12:30-2:30. A. Beeman.

**XF 110 QUILTING FOR BEGINNERS** Create items using needles, thread and all kinds of fabrics. Make a 9 Patch Pillow. Supply list mailed prior to first class. 12:30-2:30. J. Goldberg.

**XF 111 INTERMEDIATE BRIDGE** Learn to use strong and weak opening bids and responses, hand play and defense, overcalls and doubles. **\$15** includes registration and materials. 12:30-2:45. A. Lisle.

**XF 112 CANASTA** Beginners receive instruction on the fundamentals of the Modern American version of the game. All levels. 12:30-3. M. Schuster.



## TUESDAY

**XF 201 LINE DANCING** Not just country music. Beginners to easy intermediate. Learn the basic steps and dances such as The Cowboy Charleston, Bartender Stomp and others. No partner needed. 10-12. C. Force.

**XF 202 SHORT STORIES** Exploration and discussion of life through the genre of the story. 10-12. A. Pruzan.

**XF 203 ADVANCED BEGINNERS BRIDGE** For those who have taken the beginners class. Continuation of simple techniques in bidding, declarer play and defense. **\$15** includes registration and materials. 10-12:15. A. Lisle.

**XF 204 WATERCOLOR: INTERMEDIATE/ADVANCED** Expand your knowledge and watercolor techniques: wet-on-wet, wet on dry, dry brush etc. Participants encouraged to develop their own style with some guidance. Materials needed for first class: Strathmore 140 lb. watercolor paper, paints and brushes. 10-12:15. S. Baruchowitz.

**XF 205 MOSAICS: INTERMEDIATE/ADVANCED** Explore advanced techniques in two and three dimensional mosaics. Stained glass and multimedia embellishments are used. Continue with ongoing projects or begin new advanced level projects. Must use your own tools and supplies. Safety goggles mandatory. 10-12:15. P. O'Connell.

**XF 206 RHYTHM & BLUES LINE DANCING: BEGINNERS** Learn to do some of the most popular line dances such as The Booty Call, The Wobble while moving your hips to songs from familiar artists. You may register for only one Line Dancing class. 10:30-12. K. McCarthy.

**XF 207 LET'S DANCE: BEGINNER** Increase your stamina and improve your balance while dancing to the rhythms of Salsa, Cha Cha, Merengue, Bachata and Rumba. 12:30-2:30. N. DeLaLuz.

**XF 208 AMERICAN HISTORY IN THREE PARTS** Historical review of decisive events and periods in American History from colonial times to the present. How did these events/periods impact our lives in 20th Century America? Part three of three. 12:30-2:30. L. Hartstein.

**XF 209 WATERCOLOR: BEGINNER/INTERMEDIATE** Experiment with color while learning basic techniques. Emphasis on encouraging individual style and exploring the medium of watercolor. Materials needed for first class: Strathmore 140 lb. watercolor pad, pencil and white eraser. Additional materials discussed at first class. **\$12** includes registration and materials. 12:30-2:45. I. Rosenberg.

**XF 210 MOSAICS: ALL LEVELS** Learn both design and technique using glass as the primary medium. Glass and multi-media accents are used to produce two and three dimensional art projects. Safety goggles mandatory. 12:30-2:45. P. O'Connell.

**XF 211 MOSAICS: BEGINNERS ONLY** Learn both design and technique using glass as the primary medium. Glass and multi-media accents are used to produce two and three dimensional art projects. Materials needed for first class: Weldbond glue, wheeled nippers and safety goggles (mandatory). Supply list will be sent prior to first class and discussed in class before purchasing those items. 12:30-2:45. P. O'Connell.

**XF 212 RUBBER STAMPING & PAPER CRAFTS** Basic rubber stamping techniques are used to create handmade items: greeting cards, stationery and scrapbook paper. Work on a different project each week. **\$35** includes registration and materials. 12:30-3. C. Nguyen.

## WEDNESDAY

**XF 301 KUNDALINI YOGA & MEDITATION** New to yoga or a practicing yogi. Kundalini Yoga uses breath, movement and meditation to balance the body, increase energy flow and quiet the mind. Wear loose clothing. Bring a pillow and mat to first class. All levels. 10-12. R. Mahone-Lonesome.

**XF 302 THE WONDERFUL WORLD OF KNITTING: BEGINNERS** Learn how to cast on, knit, purl and bind off. The project is a cowl. A knitting store field trip to be announce in class. Materials needed for first class: Red Heart Grande yarn (3 balls), knitting needles (US19) and a yarn needle. 10-12. J. Parker.

**XF 303 PRACTICAL SPANISH FOR EVERYDAY USAGE** Discover the joy of learning expressions, idioms, writing and conversational skills. All levels. 10-12. M. Salaman.

**XF 304 TAI CHI** Introduction and practice of the basic principles and movements of this ancient Chinese exercise. 10-12. Y. H. Wang.

**XF 305 ZUMBA GOLD** A combination of Latin and International dance rhythms such as Salsa, Merengue, Tango and Cha Cha into an energizing cardio workout. A safe and effective total body workout. Movements will be modified to accommodate physical limitations and for those who wish to participate by sitting in chairs. Wear comfortable clothing. 10:30-12. M. Stevenson.

**XF 306 FILM DIRECTORS: CLINT EASTWOOD** Discuss and watch his works as an actor and director. 12-3. D. Hammitt.

**XF 307 WRITING WORKSHOP** For writers editing and polishing works in progress: a novel, plays, memoirs, poems, short stories, journalistic, personal, critical or humorous essays. Eight minutes per writer. Written comments given by the instructor. Poets must duplicate their pieces for the class. 12:30-2:30. C. Mason.

**XF 308 TAKE THE LEAD** Dance to the rhythms of Salsa, Cha Cha, Merengue, Bolero, Samba, Rumba and Bachata. Enjoy the flow and dance your stress away. 12:30-2:30. N. DeLaLuz.

**XF 309 TAI CHI: NOT JUST BEGINNERS** Continue the practices and basic principles of this ancient art of exercise. All levels. 12:30-2:30. Y. H. Wang.

**XF 310 PIANO FOR BEGINNERS** Class enables you to play simple classical, jazz or pop tunes. Bring a small, portable keyboard to class. 12:30-2:30. N. Zamcheck.

**XF 311 BASIC DRAWING** Sketch still-life, portraits and landscapes. Emphasis on tonal contrast and creating textures in realistic drawings. Field trip: weather permitting. Materials needed for first class: drawing pad, #2 & #4 pencils and erasers. 12:30-2:45. A. Strinsky.

## THURSDAY

**XF 401 HATHA YOGA** Learn to develop self-awareness, strength, flexibility and a sense of calm. Bring an exercise mat, a large towel and a small pillow. 10-12. M. Gladwin.

**XF 402 SENIORS NEED TO EXERCISE!** Feel better and stronger with simple seated and standing exercises that improves strength, balance and flexibility. 10-12. A. Stern.

**XF 403 DUPLICATE BRIDGE** Learn the basics including scoring and how to compete while improving your success in this game. **\$15** includes registration and materials. 10-12. A. Knight.

**XF 404 JEWELRY CREATIONS** Create jewelry that not only looks great, but also shows your own unique style. Learn the skills needed to construct and repair jewelry items and

provide freedom to create your own jewelry components. Beginners welcome. 10-12. R. Demers.

**XF 405 ACRYLIC PAINTING: INTERMEDIATE & ADVANCED** Continue to develop your personal style and creativity through the acrylic medium. 10-12. M. Mooney.

**XF 406 PIANO FOR ADVANCED BEGINNERS** For those who learn at a faster pace. continue to play simple classical, jazz or pop tunes. Prerequisite: Two semesters of Piano for Beginners. Bring a small, portable keyboard to class. 10-12. N. Zamcheck.

**XF 407 EXERCISE FOR FUN** Use light free weight exercises, stretching and toning, and core training to maintain and improve fitness. 12:30-2:30. D. Dolan.

**XF 408 RHYTHM & BLUES LINE DANCING:ADVANCED** A fast-paced urban line dancing consisting of fancy, intricate footwork with bouncing and turning. Lots of energy required. Prerequisite: **XF 203**. You may register for only one line dancing class. 12:30-2:30. K. McCarthy.

**XF 409 ACRYLIC PAINTING: BEGINNERS & INTERMEDIATE** Explore your creativity learning simple brush techniques and color theory. Materials for first class: canvas board, Liquitex heavy body starter set (2 oz.) and acrylic brush set. 12:30-2:30. M. Mooney.

**XF 410 BRIDGE FOR BEGINNERS** Learn the terminology and mechanics of bridge as well as bidding and playing minimum strength hands so you can continue to learn on your own. **\$15** includes registration and materials. 12:30-2:30. R. Marchione.

**XF 411 DOO WOP: EAST COAST & SOUTH** Listen to the music and stories of the great groups from the East (Del Vikings, Skyliners) and the south (Five Keys) and many more. No class: Nov. 9. 12:30-3. H. Bloch.

## FRIDAY

**XF 501 MIDDLE EASTERN DANCE** The ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music and learning to play its rhythms on zills (finger cymbals). All levels. You may register for **XF 501** or **XF 505**, but not both. 10-12. A. Beeman.

**XF 502 INTRODUCTION TO SPANISH** Vocabulary, grammar and basic skills are provided to facilitate maximum language learning. 10-12. M. Salaman.

**XF 503 EXERCISE PLUS** Blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobics included. Bring light hand weights, bands and sticky floor mat to class. 10-12. D. Dolan.

**XF 504 POTATO CHIP BAG ART & MORE!** Create fun, colorful items to use (handbags, eyeglass cases, book covers) from bags of potato chips. Recycling is the name of the game. 10-12. S. Reiber.

**XF 505 MIDDLE EASTERN DANCE** The ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music and learning to play its rhythms on zills (finger cymbals). All levels. You may register for **XF 501** or **XF 505**, but not both. 12:30-2:30. A. Beeman.

**XF 506 CREATIVE COLLAGE** Create collage art using recycled materials such as magazines and junk mail. Materials needed for first class: glue stick, magazines/junk mail, tracing paper, pencil, eraser and scissors. 12:30-2:30. I. Rosenberg.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**XF 805 MONTHLY BOOK CLUB** Travel

around the USA by book. Read any book about Appalachia from Sharyn McCrumb's Ballad novels (ie. St. Dale) for first class. Three Thursday sessions: Sept. 14: Oct. 12: Nov. 9. 12:30-3. **\$6**. D. Hammitt.

**XF 806 SCRAPBOOKING, IT'S ALL ABOUT ME!** Preserve the memories, relieve stress and bring out your creativity and form your heritage. Supply list mailed prior to first class. Three Friday sessions: Sept. 15, 29; Oct. 6. 10-12:30. **\$6**. J. Parker.

**XF 807 ART OF THE MIDDLE AGES/EARLY MEDIEVAL ART IN EUROPE & ROMANESQUE ART** A look at the art and architecture of the period up to the late Gothic period; Art during the early years of the Holy Roman Emperors; Art of the 11th & 12th Centuries in Europe. Three Friday sessions: Oct. 6, 13, 20. 10-12. **\$6**. D. Becker.

**XF 808 APPLYING TAI CHI PRINCIPLES TO DAILY LIFE** Meld basic Tai Chi principles to everyday activities involved with physical movement and concentration. A demonstration with audience participation of various simple exercises that enhance general and mental abilities. Two Friday sessions: Oct. 20 & 27. 10-12. **\$4**. S. Scher.

# BROOKLYN

## MONDAY

No classes on October 16th.

**KF 101 STAINED GLASS DESIGN I** Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. All levels. **\$50** includes registration and materials. You may register for only one Stained Glass class. 9:30-12:30. D. Johnson.

**KF 102 INTERMEDIATE LINE DANCE** Enjoy the fun of dancing and exercise. Classic line dances included. All levels. 10-12. E. Scheff.

**KF 103 JAZZERCISE** Stretching and dancing to Jazz, Rhythm & Blues, Cha Cha, Swing, Salsa and Mambo. 10-12. K. Sanson.

**KF 104 BEGINNERS BRIDGE** Learn to play this popular game. Review basic rules and skills. 10-12:30. C. Rubin.

**KF 105 MAH JOHNGG** Enjoy playing this popular game with tiles. All levels. 12:30-3. E. Scheff.

**KF 106 BEADING: INTERMEDIATE & ADVANCED ONLY** Not for beginners. Materials list distributed at first class. **\$15** includes registration and materials. 12:30-3. C. Horn.

**KF 107 THE PLEASURE OF POETRY** Discuss, write and read aloud poems that explore love, aging, friendship and the human condition. **\$20** includes registrations and materials. 1-3. M. Glenn.

**KF 108 YOGA** Mental and physical exercises aimed at producing spiritual enlightenment. Bring a yoga mat, small pillow and towel. 1-3. C. LaBue.

**KF 109 SKETCHING & PAINTING WITH GEORGE** Explore and use different types of media including acrylics, pastels, oils and more. Bring to first class: sketch pad, pencils, charcoal, erasers (Optional – pastels, watercolor, acrylic paints). 1-3. G. Kerasiotis

## TUESDAY

**KF 201 GENEALOGY** Learn how to search one's ancestors with resources/ tips to discover their family's past. Three sessions: Sept. 12; Oct. 3, 24. Two trips: Municipal Archives (Sept. 19 or 26) and the Federal Archives (Oct. 10 or 17). **\$15** includes registration and materials. 10-12. M. Marcus.

**KF 202 LATIN & SALSA MUSIC** Explore the roots of Latin and Salsa music. Listen to the



music by some of the great musicians and learn what drives their music and culture. **\$15** includes registration and materials. Five sessions: Sept. 19, 26; Oct. 10, 17; Nov. 14, 10-12. C. Gerard.

**KF 203 BEGINNERS/INTERMEDIATE FRENCH** For those with some knowledge of French. Move quickly through a review of language and an emphasis on correct punctuation. Vocabulary stressed for travelers. Visit a restaurant. **\$15** includes registration and materials. 10-12. P. Niglio.

**KF 204 WRITING YOUR MEMOIR** Learn how to write your own memoir. 10-12. M. Eller.

**KF 205 INTERMEDIATE/ADVANCED BRIDGE** Basic training to improve playing skills. 10-12:30. R. Goldman.

**KF 206 SKETCHING & DRAWING** Elements of design using pencil, charcoal and ink. Bring 11” x 14” Strathmore drawing pad, HB pencil and kneaded eraser to first class. 10-12:30. E. Comins.

**KF 207 ADVANCED BEGINNER ITALIAN** For those with basic knowledge of Italian grammar and conversation. Visit a restaurant. **\$15** includes registration and materials. 12:15-2:15. P. Niglio.

**KF 208 BEGINNERS ONLY LATIN DANCE** Improve coordination, memory and develop stamina while working out to great music. 12:15-2:15. B. Sayegh.

**KF 209 INTRODUCTION TO JEWELRY MAKING: BEGINNERS ONLY** Learn basic techniques of making seed bead jewelry, wire wrapping, micro-macrame, crimping and more. Materials list distributed first day of class. **\$25** includes registration and materials. You may register for only one Jewelry class. 12:30-3. S. Zeisel-Friedman.

**KF 210 P.A.C.E.** Low impact exercise. 1-3. T. Pratt.

**KF 211 WATERCOLOR WORKSHOP** Various techniques of watercolor explored. Bring to first class: 9” x 12” watercolor pad (cold-pressed), set of watercolor transparent paints, #6 round brush and ½ flat brush. 1-3. E. Comins.

## WEDNESDAY

No class November 15th.

**KF 301 STAINED GLASS DESIGN II** Work on projects using a glass cutter, soldering iron and glass grinder. Safety goggles mandatory. All levels. **\$50** includes registration and materials. You may register for only one Stained Glass class. 9:30-12:30. G. Fishman.

**KF 302 SHAKESPEARE** Read and discuss *Cymbeline*. 10-12. J. Trachten.

**KF 303 BELLYWOOD & BOLLYWOOD** Enjoy sampling dance movements from the Mid-East and from Bollywood movies. All levels. 10-12. A. Beeman.

**KF 304 MINI WELLNESS** Learn simple natural techniques to help you find peace, creativity, inspiration, better health, more self-awareness and more. Four sessions: Sept. 13, 20, 27; Oct. 4. 10-12. M. Eller.

**KF 305 MEDITATION** Learn the art of meditation and deep breathing. Four sessions: Oct. 18, 25; Nov. 1, 8. 10-12. T. Pratt.

**KF 306 BEAD WORKSHOP** Make beautiful jewelry using beads and needles. Materials needed for first class: 97-6mm Czech mates (2 hole and 18 in a different color, #11/0 seed beads. 10-12:30. T. Gesuele.

**KF 307 GREAT MYSTERIES** Screen and discuss: *Laura*; *Rebecca*; *No Country of Old Men*; *The 39 Steps* and more. 12:30-3. R. Romer.

**KF 308 CREATIVE WRITING** Learn specific techniques and receive support in preparing and polishing your materials such as memoirs, poems, fiction and essays. 12:30-

3. M. Eller.

**KF 309 JEWELRY: ADVANCED BEGINNERS TO INTERMEDIATE ONLY** Create handmade jewelry using the art of seed beading. Must know basics of seed beading techniques. Bring two tubes of Duos and one tube of #11 seed beads to first class. Additional materials list distributed at first class. You may register for only one Jewelry class. 12:30-3. S. Muller Fuller.

**KF 310 ZUMBA GOLD** Focus on toning and improving one’s muscle strength, posture, mobility and coordination. 12:30-2:30. B. Sayegh.

**KF 311 INTRODUCTION TO ACRYLIC PAINTING** Learn to paint using acrylic paints. Bring two bristle brushes (small and large), acrylic paint set and small canvas to first class. 1-3. A. Rousel.

## THURSDAY

**KF 401 TAP DANCING** Introduction to tap dancing. Bring tap shoes, if available. 10-12. N. Cangiano.

**KF 402 STRETCH & RELAX** Exercise for fun and fitness using chairs and mats. 10-12. T. Pratt.

**KF 403 DIGITAL PHOTOGRAPHY** Explore your digital camera without using the auto feature. Learn to use it with a computer. Bring your digital camera to class. **\$20** includes registration and supplies. 10-12. J. Griffith.

**KF 404 OPERA** Learn what makes opera one of the greatest of all art forms. Insights into character development and plots. See a final dress rehearsal at the Metropolitan Opera House with an optional backstage tour (date: TBA) Seven sessions. No class: Oct. 5 & 12. **\$20** includes registration and materials (additional fee for backstage tour).10-12:30. J. Dzik.

**KF 405 INTRODUCTION TO DOLLS** Learn how to make stuffed animals and dolls. Supply list mailed prior to first class. 12:30-3. K. Kotary.

**KF 406 CROCHETING: BEGINNER/ INTERMEDIATE** Learn how to crochet. Materials needed for first class: one color of worsted weight skein of yarn, size “H” & “F” hooks, measuring tape and yarn clipper. **\$15** includes registration and materials. 12:30-3. P. Williams.

**KF 407 LINE DANCING: BEGINNER/ ADVANCED** Enjoy the pleasure and exercise of dance. 1-3. N. Cangiano.

**KF 408 JAZZ JOURNEY** From New Orleans to New York and all the places in between. Take a virtual tour through the world of Jazz and its fascinating history: the music, the players, the styles, the stories. Journey is enhanced by guest lecturers from the Jazz community. **\$15** includes registration and materials. 1-3. C. Gerard.

**KF 409 INTERMEDIATE/ADVANCED SPANISH** Communication and comprehension are the objectives. Practice conversation through contemporary experience and readings. Some background in Spanish is beneficial. 1-3. E. Drayton.

## FRIDAY

**KF 501 CHORUS** Perform in a group and learn to sing multi-part compositions with other singers. **\$15** includes registration and materials. 10-12. J. DeRanieri.

**KF 502 BEGINNERS TAI CHI/CHAIR QIGONG/FOOT EXERCISES** An ancient Chinese exercise involving meditation, controlled breathing and movement exercises. You may register for only one Tai Chi class. 10-12:30. J. He.

**KF 503 ACRYLIC PAINTING & PASTELS** Introduction to basics of painting that

emphasizes drawing, composition, value and color theory. Techniques of creating with pastels explored. Bring drawing pad, charcoal pencil, kneaded eraser and paint supplies to class. Additional materials list distributed in class. 10-12:30. J. Lippmann.

**KF 504 QUILTING: BEGINNER/ INTERMEDIATE** Create beautiful works of art sewing quilts, decorative accessories and pillows. Supply list mailed prior to first class. You may register for only one Quilting class. 10-12:30. D. Pryor-Holland.

**KF 505 LEARN THE APPLE IPAD** Learn to operate this electronic device. Bring your Apple iPad to class (must know ID & password). You may register for only one iPad class. 10:30-12:30. C. Rosen.

**KF 506 KNITTING** Beginners learn the basics. Intermediate/Advanced select a project and receive assistance in new techniques. Materials for first class: #7 needles, worsted weight yarn and pattern. Individual assistance on new stitches and pattern reading.1-3. S. Staton.

**KF 507 QUILTING: INTERMEDIATE/ ADVANCED** Create beautiful works of art sewing quilts, decorative accessories and pillows. Work on unfinished projects. Supply list mailed prior to first class. You may register for only one Quilting class. 1-3. D. Pryor-Holland.

**KF 508 INTERMEDIATE/ADVANCED TAI CHI/CHAIR QIGONG/FOOT EXERCISES** Advanced knowledge of basic moves is required. Improve and perfect your movements. You may register for only one Tai Chi class. 1-3. J. He.

**KF 509 LEARN THE APPLE IPAD** Learn to operate this electronic device. Bring your Apple iPad to class (must know ID & password). You may register for only one iPad class. 1-3. C. Rosen.

**KF 510 POLYMER CLAY** Learn how to condition clay and techniques to create pendants, earrings and brooches. **\$30** includes registration and materials. 1-3. V. Hall.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**KF 805 VOLUNTEER! MAKE A DIFFERENCE IN THE WORLD** Discover and discuss opportunities to volunteer as a museum docent, tutor, campaigning for causes and candidates, assist at animal shelters and more. Monday, Sept. 11. 10-12. S. Friedman.

**KF 806 SHARPEN YOUR THINKING** Learn memory games, mnemonic tricks and other mental activities to stimulate the brain. Thursday, Sept. 14. 10-12. S. Louer.

**KF 807 THE POETRY OF EMILY DICKINSON** Discuss her life and poetry. Read her poems that begins with: “After great pain...”; “Because I could not stop for death...”; and “I heard a fly buzz...” Monday, Sept. 18. 10-12:30. S. Rauschenbusch.

**KF 808 TAKE YOUR BEST VACATION EVER!** Learn easy strategies to utilize before, during and after your trips. Tips shared by a professional travel writer regarding travel planning, journal writing, online apps, souvenirs, photos and videos. Monday, Sept. 25. 10-12. S. Friedman.

**KF 809 SENSATIONAL SCARF TYING** Learn how to use scarf tying techniques to flatter your face, enhance your appearance and extend your wardrobe. Bring one medium and/or large square scarf, a medium and or large oblong (rectangle) scarf and a countertop stand-up mirror to class. Thursday, Sept. 28. 10-12. R. Wilson.

**KF 810 RETIREE BOOK CLUB** Please read the bestseller, *It Can’t Happen Here* by Sinclair Lewis for first class. Other books chosen by

the group. Three Monday sessions: Oct. 2, 23; Nov. 6. 10-12:30 **\$6**. S. Rauschenbusch.

**KF 811 NO NEEDLES NEEDED: KNIT A SCARF OR COWL** Learn a fun method of knitting without needles, just use your hands and skein of yarn. Bring a skein of bulky #5 or superbulky #6 yarn to class. Thursday, Oct. 5. 10-12:30. L. Boudy.

**KF 812 HOW TO BE A TOURIST IN THE FIVE BOROUGHES OF NYC** Plan a fun “staycation” or become a tour guide for visiting friends and family. Learn about attractions in the five boroughs. Three Monday sessions: Oct. 16, 30; Nov. 13. 10-12. **\$6**. S. Friedman.

**KF 813 WHAT’S IN YOUR CLOSET?** Learn simple and creative ways to organize, update and maximize your wardrobe. Go shopping in your clothes closet! Thursday, Oct. 19. 10-12. R. Wilson.

**KF 814 WHY IS MY DOCTOR SENDING ME FOR THESE TESTS?** Learn about the many different tests that your doctor sends you for and why these tests may be recommended; what’s involved in preparing for them; what happens during these tests and what to expect from them. Thursday, Oct. 26. 10-12. No Fee. UFT Nurses.

**KF 815 NYSUT MEMBER BENEFITS** Review member benefit with emphasis on the new guidelines for Catastrophic Insurance and its current holders. Long Term Care & Home Care Insurance also discussed. Thursday, Nov. 2. 10-12. No Fee. M. Kennedy, NYSUT.

**KF 816 JOYS OF SOLO TRAVEL** Instructor shares her experience and offers solo travel tips. Thursday, Nov. 9. 10-12:30. C. Silverman.

# MANHATTAN

## MONDAY

**MF 101 SHORT STORY INTO FILM** Read a short story for each class and view the screen adaptation the following week. Discuss the merits of both the literary story and the movie after each film. **\$20** includes registration and materials. 9:45-12:15. W. Wyss.

**MF 102 DUPLICATE BRIDGE** Must be an experienced player. **\$13** includes registration and materials. 9:45-12:15. E. Lee.

**MF 103 SHAKESPEARE** Read, analyze and discuss *Antony and Cleopatra*. Bring your own copy of the play to class. 10-12. J. Trachten.

**MF 104 ART OF THE MIDDLE AGES** Look at the medieval art and architecture of the middle ages up to the late Gothic period. 10-12. D. Becker.

**MF 105 CALLIGRAPHY** Copperplate calligraphy with a pointed pen: review basics, plus variations, flourishes, greeting cards and envelope design. Beginners welcome. Materials needed: paper, Higgins Eternal Ink, ruler, Hunt 101 nib and oblique penholder. 10-12. C. Nguyen.

**MF 106 DANCERCISE** Dance and exercise for fitness and fun. Learn Country Western, Folk, Line and Broadway Styles. 10-12. G. Adler.

**MF 107 GREAT FILMS** Discuss and analyze these films: *An American in Paris*, *Cocoon*, *Being Julia* and more. 10-12:30. R. Romer.

**MF 108 GENTLE YOGALATES** A slow yoga practice using chairs, standing poses and guided meditation along with a simple Pilates mat class for body conditioning and strengthening. 12:30-2:30. G. Adler.

**MF 109 ART OF THE MIDDLE AGES** Look at the medieval art and architecture of the middle ages up to the late Gothic period. 12:30-2:30. D. Becker.

**MF 110 RUBBER STAMPING & PAPER CRAFTS** Basic techniques to create handmade items: greeting cards, stationery, scrapbook paper, one-of-a-kind gifts. Different project



each week. **\$35** includes registration and materials. 12:30-2:30. C. Nguyen.

**MF 111 BEGINNING FRENCH** Learn conversational French, grammar, vocabulary and everyday expressions and phrases. Required book: *French, A Self-Teaching Guide* (2nd edition) by Suzanne Hershfield-Haims. **\$13** includes registration and materials. 12:45-2:45. M. Louis.

**MF 112 YIDDISH LANGUAGE & CULTURE** Conversation, reading, stories, poems and songs. Some knowledge of Yiddish required. **\$15** includes registration and materials. 12:45-2:45. M. Leberstein.

**MF 113 BRIDGE: INTERMEDIATE** Instruction and free play. Bring your own cards. 12:45-2:45. E. Lee.

## TUESDAY

**MF 201 CHAIR YOGA** Use breathing, movement and meditation to develop a strong, healthy body, mind and spirit. No mats. 10-12. A. Beeman.

**MF 202 INTERMEDIATE SPANISH** Learn to understand and speak fluent Spanish. Emphasis on grammar and vocabulary. Knowledge of reading, writing and speaking some Spanish is required. Book: *Advanced Spanish Step-by-Step* by Barbara Bregstein. No beginners. You may register for **MF 202** or **MF 212**, but not both. **\$13** includes registration and materials. 10-12. M. Stahl.

**MF 203 SHORT STORIES** Discussion of short stories and their style and significance. Read “The Mongerji Letters” and “Narrator” from *The O. Henry Prize Stories 2016* required book. You may register for **MF 203** or **MF 210**, but not both. 10-12. A. Zuckerberg.

**MF 204 THE DOO WOP EXPERIENCE** Relive the music of the 50's and 60's. Discuss and view rare performances of the groups now and then. Learn Doo Wop harmony, sing-a-long, listen and analyze recordings. 10-12. D. Isoldi.

**MF 205 INTERMEDIATE FRENCH** Reinforce oral and written communication skills. Study familiar situations in everyday life. Some knowledge of French required. Required book: *French, A Self-Teaching Guide* (2nd edition) by Suzanne Hershfield-haims. **\$12** includes registration and materials. 10-12. M. Louis.

**MF 206 CHORUS** Learn simple elements of music while enjoying the joy of singing. 10-12. T. Morino.

**MF 207 GOLDEN VOICES** The beauty and thrill of great operatic voices: Alexander Kipnis, Martina Arroyo, Rolando Vallazon and more. Six sessions: Sept. 12, 26; Oct. 3, 17, 31; Nov. 14. 12:15-2:15. B. Haspel.

**MF 208 SOUL IN THE CITY: RHYTHM & BLUES** A look at how various styles of soul music developed in several major US cities. Listen to songs and discuss the stories behind the individual records presented. 12:30-2:30. P. Orleman.

**MF 209 ITALIAN: INTERMEDIATE/ADVANCED** Learn to understand and speak fluent Italian. Some knowledge of Italian required. Grammar, reading and conversation are covered. Required book: *Italian, A Self-Teaching Guide* by Edoardo A. Lebano (2nd edition). 12:30-2:30. A. DeGennaro.

**MF 210 SHORT STORIES** Discussion of short stories and their style and significance. Read “The Mongerji Letters” and “Narrator” from *The O. Henry Prize Stories 2016* required book. You may register for **MF 203** or **MF 210**, but not both. 12:30-2:30. A. Zuckerberg.

**MF 211 DRAWING: BEGINNER/INTERMEDIATE** Study the basic principles of drawing that create volume. Learn how to develop the illusion of a three dimensional form on a two dimensional surface. Materials needed for first class: HB/6B pencils,

kneaded eraser, blending stump, chamois and Strathmore 11”x14” medium surface (400 series only) drawing pad. 12:30-2:30. R. Baumann.

**MF 212 SPANISH: ADVANCED BEGINNERS** Vocabulary, basic grammar and conversational skills are covered. Basic knowledge of Spanish required. Required book: *Easy Spanish Step-by-Step* by Barbara Bregstein. You may register for **MF 202** or **MF 212**, but not both. **\$13** includes registration and materials. 12:30-2:30. M. Stahl.

**MF 213 MAH JONGG: ADVANCED INTERMEDIATE & ADVANCED** For the experienced player. Bring a current National Mah Jongg League card to class. 12:30-2:30. H. Rothman.

**MF 214 MIDDLE EASTERN DANCING** Ancient art of belly dancing. Enjoy Arabic, North African and Turkish movements while listening to beautiful music and learning to play the zills (finger cymbals). All levels. 12:30-2:30. A. Beeman.

## WEDNESDAY

**MF 301 COMEDY APPRECIATION** Explore the art and craft of stand-up comedy and how the comic perspective can decrease pain and increase happiness. Guest comedians and classic videos. 9:45-11:45. P. Herzich.

**MF 302 BEGINNING BRIDGE** Learn basic bidding with supervised play. For those who never played bridge or beginners with some knowledge. **\$12** includes registration and materials. 9:45-11:45. J. Kotkin.

**MF 303 NYC: ITS HISTORY & CULTURE** Continue to explore how factors like the Dutch influence, Revolutionary War, later immigrants and even our waterways helped build NYC into the “capital of the world” Eight sessions. Begins Sept. 13. 9:45-11:45. P. Laskowich.

**MF 304 EXERCISE WORKOUT FOR FUN** Low impact aerobics with exercises designed to tone, stretch, and increase stamina and flexibility. Bring resistance bands to first class. 10-11:30. B. Sayegh.

**MF 305 CREATIVE WRITING** Use exercises and source material to enhance the “creative imperative” within you. All levels. **\$15** includes registration and materials. 10-12. M. Glenn.

**MF 306 TAI CHI** Introduction to basic principles and movements of this ancient Chinese exercise to improve balance. Some chair exercises. 10-12. J. He.

**MF 307 RECORDER: INTERMEDIATE** Improve your technique and understanding. **\$13** includes registration and materials. 10:15-12:15. R. Zeitlin.

**MF 308 HISTORY & THE CINEMA** Films include: *Mayerling; Rhodes; Joan of Arc and Masada*. 12:15-2:45. L. Carrubba.

**MF 309 CANASTA: INTERMEDIATE/ADVANCED** Learn strategies to improve your play. Different plans for beginning, middle and end play; when to signal your partner and when to play those special hands. **\$12** includes registration and materials. 12:15-2:45. J. Kotkin.

**MF 310 MAH JONGG: BEGINNER/INTERMEDIATE** Learn the game and brush up on prior skills. Bring a current National Mah Jongg League card to class. 12:30-2:30. J. Somerville.

**MF 311 QI QONG (TAI CHI) DEEP BREATHING EXERCISES** First hour standing up; second hour sitting on chairs. 12:45-2:45. J. He.

**MF 312 RECORDER: ADVANCED** Improve your technique and ensemble playing. **\$13** includes registration and materials. 12:45-2:45. R. Zeitlin.

**MF 313 NUTRITION COGNITION** Beat the high cost of health care by staying well. Apply the science of nutrition to maintain good health and prevent disease and dysfunction. **\$20** includes registration and materials. 12:45-2:45. S. Elbaz.

## THURSDAY

**MF 401 BIRDWATCHING IN CENTRAL PARK – GROUP A** Bring binoculars to the orientation session on Thursday, Sept. 28 at 50 Broadway, 2nd fl. from 9 a.m.-10:30 a.m. Take Seven one to two mile bird watching walks beginning on Oct. 5th from 8 a.m.-10 a.m. Receive exact locations, dates and times at the orientation session. You may register for **MF 401** or **MF 402**, but not both. M. Rakowski.

**MF 402 BIRDWATCHING IN CENTRAL PARK – GROUP B** Bring binoculars to the orientation session on Thursday, Sept. 28 at 50 Broadway, 2nd fl. from 11 a.m.-12:30 p.m. Take Seven one to two mile bird watching walks beginning on Oct. 5th from 10:30 a.m.-12:30 p.m. Receive exact locations, dates and times at the orientation session. You may register for **MF 401** or **MF 402**, but not both. M. Rakowski.

**MF 403 WATERCOLOR & DRAWING** Learn watercolor techniques along with fundamentals of drawing. Material list sent prior to first class. 9:30-12. M. Rogers.

**MF 404 CREATE JEWELRY WITH POLYMER CLAY** Polymer clay, a plastic form of clay, can mimic gem stones, blown glass and precious metals. Use it to create beads to make necklaces, earrings and other jewelry. Materials list mailed prior to first class. **\$15** includes registration and equipment. 9:30-12. H. Weinberg.

**MF 405 THE JOY OF OPERA** Explore and discuss several Guiseppe Verdi operas that explore the relationship between a father and his children including Luisa Miller, Rigoletto, Simon Boccanegra and more. **\$15** includes registration and materials. 9:30-12. E. Godfrey.

**MF 406 QUILTING BASICS** For the beginner who wants to learn how to quilt and for those who want to continue learning. Sew quilts, pillows and decorative accessories. **\$15** includes registration and materials. You may register for **MF 406** or **MF 412**, but not both. 9:45-11:45. D. Pryor-Holland.

**MF 407 YOGA** Gentle stretching and relaxation practices which bring about a feeling of peace and well-being in the mind, body and spirit. 9:45-11:45. D. Scott.

**MF 408 RKO STUDIOS 1935** View and discuss the significance of the films that made 1935 a monumental year for RKO Studios. Films include: *Top Hat; Alice Adams; The Informer; She and Becky Sharp*. Five sessions: Sept. 14, 28; Oct. 5, 12, 19. 10-12. P. Harwood.

**MF 409 ZUMBA GOLD FITNESS** Improve stamina, balance and memory while having fun. Dance combined with fitness exercises, stretching and light weights. 10-12. B. Sayegh.

**MF 410 ITALIAN CINEMA** View and discuss classic Sophia Loren's films shown in Italian with English subtitles. Films include: *Sunflower; Houseboat; Two Women* and more. Discuss readings in English. **\$15** includes registration and materials. 12:15-2:45. J. Worth.

**MF 411 BEADING: BEGINNERS** Learn basic bead weaving skills to make jewelry. Must be able to thread a fine needle. Materials list sent prior to first class. Project list distributed in class. 12:15-2:45. H. Weinberg.

**MF 412 QUILTING** Use your quilting skills to create beautiful works of art. Sew quilts, pillows and decorative accessories. **\$15** includes registration and materials. You may register for **MS 406** or **MS 412**, but not both. 12:15-2:45. D. Pryor-Holland.

**MF 413 DRAWING IN WET & DRY MEDIA** Expressive experience in both medias. Bring a #2 pencil, eraser, paper and/or materials of your choice to first class. 12:15-2:45. J. Comins.

**MF 414 ACTING** Use theater exercises, monologues and scene work to further your skills in a low risk environment. **\$15** includes registration and materials. 12:45-2:45. E. Rosen.

## FRIDAY

**MF 501 BEAD WEAVING: BEGINNER TO INTERMEDIATE** Learn basic to intermediate skills of bead weaving to create various types of jewelry. Bring to first class: smooth cloth to bead on, 2 colors of 11/o or 8/o seed beads, #10 beading needle, Nymo D thread or FireLine (6 or 8 lbs.). List supplied for projects. 9:45-12:15. E. Esses.

**MF 502 LET'S GET PHYSICALLY FIT** Prepare for fun and fitness with stretching, balance and cardio that builds flexibility with dynamic, rhythmic movement. Bring 2 lb. dumbbells and a lacrosse ball to first class. 10-12. J. Miglino.

**MF 503 CHINESE BRUSHWORK PAINTING** Learn Chinese painting with oriental brushes on rice paper. All levels. 10-12. S. Ng.

**MF 504 LEARN TO PLAY THE PIANO** Bring your own electronic keyboard to class. Work on the ABC's of piano playing. Beginners and intermediates welcome. Required book: John Thompson's *Adult Piano Course, Book One*. 10-12. N. Zamcheck.

**MF 505 VOCAL TECHNIQUE WORKSHOP** Use your voice as a means of interpretation and communication. Five sessions: Sept. 15, 29; Oct. 6, 20; Nov. 17. 10-12. B. Haspel.

**MF 506 PLAYWRITING** Learn to create dramatic characters and develop a strong plot while writing short scenes and plays. Constructive feedback is offered. Seasoned or first-time playwrights. **\$13** includes registration and materials. 10-12. M. Polsky.

**MF 507 RETIREES READ BOOK CLUB** Read and discuss one book approximately every three weeks. Read *The Devil in the White City* by Eric Larson prior to first class. Other selections chosen by group. Four sessions: Sept. 15; Oct. 6, 27; Nov. 17. 12:15-2:15. C. Lambert.

**MF 508 KNITTING** Beginners learn the basics. Intermediate/Advanced will select a project and receive assistance in new techniques. Beginners must bring a size 8 needle and worsted weight yarn (scarf pattern supplied) for first class. All levels. 12:30-2:30. L. Boudy.

**MF 509 WATERCOLOR PAINTING** Develop your artistic ability painting landscapes, seascapes and flowers. All levels. Bring watercolor set and pad to first class. 12:30-2:30. S. Ng.

**MF 510 IMPROVISATIONAL THEATER** Create characters, scenes and even full plays using your imagination and working together. **\$13** includes registration and materials. 12:30-2:30. M. Polsky.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**MF 805 JACKIE ROBINSON'S BROOKLYN: THE BOROUGH'S ROLE IN BASEBALL INTEGRATION** Why were the Brooklyn Dodgers willing to put a black man on the field in 1947 when no other community was willing to consider it? Tuesday, Sept. 26. 10-12. P. Laskowich.

**MF 806 STAYIN' ALIVE WITH THE BEE GEES** Get ready to party with the music of the Bee Gees and Saturday Night Fever! Tuesday, Oct.



10. 12:15-2:45. D. Isoldi.

**MF 807 KOREAN LANTERN MAKING**

The Korean Spirit & Culture Project assists participants in making a lotus flower lantern. Enjoy traditional Korean refreshments. Thursday, Oct. 19. 12:30-2:30. \$7 . Y. Han.

**MF 808 EAST COAST DOO WOP PART II**

Listen to the music and stories of the great groups from New Jersey and Philadelphia including the Duprees, Shirelles, Lee Andrews & the Hearts and more. Tuesday, Oct. 24. 12:15-2:45. H. Bloch.

**MF 809 TRAVEL THROUGH HISTORY – PART I**

Take a virtual tour exploring Italy, Greece and Turkey learning the history, culture and landscapes of each destination. Two Thursday sessions: Oct. 26; Nov. 2. 10-12 \$4. J. Rossi.

**MF 810 TRAVEL THROUGH HISTORY – PART II**

Take a virtual tour exploring Italy, Greece and Turkey learning the history, culture and landscapes of each destination. Two Thursday sessions: Nov. 9, 16. 10-12. \$4. J. Rossi.

**QUEENS**

**MONDAY**

**QF 101 ITALIAN: INTERMEDIATE BEGINNERS/INTERMEDIATES & ADVANCED**

Learn through conversation, videos and interactions with others on how to speak Italian, go shopping, order food, visit places and interact with native Italians. Required textbook: *Italian, A Self Teaching Guide* by Eduardo A. Lebano (2nd edition; ISBN: 978-0-471-35961-6). 10:15-12:15. S. Swinbune.

**QF 102 LOVE YOUR APPLE iPad** Learn to use this computing device that suits most of our retirees needs: e-mail, surfing the web, playing games with friends and more. Bring your Apple iPad to class. Instruction for Apple iPad ONLY. WiFi provided; you don't need 4G service. 10:15-12:15. A. Cumba.

**QF 103 DRAWING & SKETCHING: ADVANCED**

Use charcoal, pen, pencil and ink wash. Explore black and white media. Supply list mailed prior to first class. 10:15-12:15. L. D'Abate.

**QF 104 TAI CHI: ANCIENT CHINESE MARTIAL ART**

Practice the basic principles and movements of this ancient Chinese exercise. Wear comfortable shoes and clothing. You may register for only one Tai Chi class.10:15-12:15. Y. H. Wang.

**QF 105 BRIDGE: INTERMEDIATE**

Review, reinforce and expand bidding knowledge. Preset hands provide for application of the basics to declarer and defender play. Required textbook: *Improving Your Judgement 1: Opening the Bidding* by Audrey Grant (ISBN: 0-939460-37-8). No class Sept. 18. \$12 includes registration and materials. 10:15-12:15. G. Hudson.

**QF 106 GUITAR: BEGINNERS/ INTERMEDIATE**

Note reading, chord progressions and finger picking patterns. Songs from old and popular genres included. Bring your own guitar, preferably with nylon strings. 10:15-12:30. M. Patelson.

**QF 107 ART WITH AN IMPRESSIONIST FLAIR USING ACRYLICS & OILS**

Learn how to paint in the impressionistic style. Work from still-life and photos. Each class begins with a demonstration. Supply list mailed prior to first class. Six sessions. Begins Oct. 2. 10:15-2:15. B. DeCeglie.

**QF 108 MYSTERIES & THRILLERS** View and discuss these films: *The Usual Suspects*, *The Spy Who Came in from the Cold* and more. 10:30-1. M. Eller.

**QF 109 LOVE YOUR APPLE iPad APPS**

In-depth learning using Apple iPad apps: contacts, i-cal, face time, photos, ibooks, music and more. Create projects and enhance your device experience. Bring your Apple iPad to class. Prerequisite: Must have taken Love Your Apple iPad class. 12:45-2:45. A. Cumba.

**QF 110 DRAWING & SKETCHING: BEGINNER/INTERMEDIATE**

Use charcoal, pen, pencil and ink wash. Explore black and white media. Bring a sketch pad and #2B pencil to first class. Supply list mailed prior to first class. 12:45-2:45. L. D'Abate.

**QF 111 ENSEMBLE MUSIC**

Explore a variety of music combinations and styles in an intimidate setting of duos, trios, quartets and chamber music. Must have basic proficiency on an instrument (strings, woodwind or keyboard). 12:45-2:45. M. Patelson.

**QF 112 ISRAELI FOLK DANCING: INTERMEDIATE**

Learn traditional Israeli circle and line dances. Wear sneakers or flat soled comfortable shoes. 12:45-2:45. A. Bloom.

**QF 113 BRIDGE WORKSHOP: INTERMEDIATE**

Improve your skills with supervised practice and limited instruction. Find answers/solutions as you play the game. \$12 includes registration and materials. No class Sept. 18. 12:45-2:45. G. Hudson.

**TUESDAY**

**QF 201 SPANISH: BEGINNERS/ ADVANCED BEGINNERS**

Learn to communicate in Spanish for daily use. Emphasis on grammatical principles to facilitate listening, speaking and reading. Some knowledge is an advantage, but beginners welcome. Required textbook: *Easy Spanish Step by Step* by Barbara Bregstein. No class Oct. 17. 10:15-12:15. E. Martin.

**QF 202 INTRODUCTION TO PHOTOSHOP & IPHOTO BLENDING**

Learn how to take photos to create works of art using different filters and brushes to create personal invitations and business cards using toolbars and menus. Use Photoshop and iPhoto tools to customize your photo, remove backgrounds and add new ones. Bring a flash drive with 15-20 photos to download and use in class. 10:15-12:15. R. Cooper.

**QF 203 ORIGAMI: JAPANESE ART OF PAPER FOLDING**

Projects include gift containers, flowers, butterflies, birds, other animals and more. Items can be used as gifts. Materials discussed at first class. 10:15-12:15. R. Malinconico.

**QF 204 TAI CHI: MODERN INTERPRETATION**

A modern interpretation where you learn exercises to build strength, flexibility and coordination for improved health. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. No class Oct. 10. 10:15-12:15. K. Sullivan.

**QF 205 MAH JONGG**

Beginners will learn this ancient game involving skill and luck. More experienced players will gain expertise in fine points. Bring your own Mah Jongg card and set (if you have one). 10:15-1:15. R. Feldman.

**QF 206 OIL PAINTING: STILL LIFE & PORTRAITURE**

Beginners and advanced students welcome. First class is a still life demonstration. Supply list mailed prior to first class. 10:15-2:15. E. Morozowski.

**QF 207 STAINED GLASS**

Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete their projects. Experienced students receive guidance on more advanced creations. Work at your

own pace. Safety goggles mandatory. Supply list mailed prior to first class. You may register for only one Stained Glass course. \$65 includes registration and materials.10:15-2:30. L. Carbone.

**QF 208 CLASSIC FILMS: MASTER CLASS**

Take a master class with Robert Donat in *Goodbye Mr. Chips*; Sydney Poitier in *To Sir, With Love* and more. Film list distributed at first class. 11-2. P. Levenson.

**QF 209 SPANISH: INTERMEDIATE/ ADVANCED**

For those with prior knowledge of Spanish to enhance communication skills for daily use. Required textbook: *Advanced Spanish Step by Step* by Barbara Bregstein. No class Oct. 17. 12:45-2:45. E. Martin.

**QF 210 BEYOND THE BASICS OF THE APPLE IPHONE**

Get more comfortable using your Apple iPhone by understanding the settings, contacts, face time, photos, safari and other apps. 12:45-2:45. R. Cooper.

**QF 211 LINE DANCING: BEGINNERS PLUS**

Exercise in disguise by learning dances new dances using all your favorite steps to keep your body and mind healthy. 12:45-2:45. R. Malinconico.

**WEDNESDAY**

**QF 301 ADVANCED PHOTOSHOP**

Refine your photo images at the Queens Learning Center lab. Bring a flash drive with your own photos. Required: Your own transportation to each field trip. Seven sessions plus two field trips (3 hrs. each). Begins Sept. 20. 10:15-12:15. J. Kramer.

**QF 302 CREATIVE WRITING**

Dream of publishing your own novel, poem, short story, memoir, essay or play? Learn key strategies, techniques and obtain valuable feedback to help get your work published. \$17 includes registration and materials. 10:15-12:15. J. Cunningham.

**QF 303 PASTEL PAINTING**

Become acquainted with pastel as a painting medium. Drawing skills, understanding design concepts and color theory are stressed. Paintings are developed from photos students choose. Supply list mailed prior to first class. 10:15-2:15. C. Obergfell.

**QF 304 GOLDEN SNEAKERS**

Get the most out of breathing and stretching exercises. Learn basic dance routines. Wear comfortable clothes and sneakers. Bring water bottle. 10:15-12:15. J. Ramirez.

**QF 305 BRIDGE: BEGINNERS**

Learn multiple aspects of the game. Emphasis on evaluating and bidding the maximum potential of each hand, declarer play and defense. For those who need refresher class or wish to strengthen their game by understanding the basics. Required textbook: *Bridge Basics 1, An Introduction* by Audrey Grant. (ISBN: 978-0-939460-11-3). \$12 includes registration and materials.10:15-12:15. D. Woo.

**QF 306 STAINED GLASS**

Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and complete their own projects. Experienced students receive guidance on more advanced creations. Work at your own pace. Safety goggles mandatory. Supply list mailed prior to first class. \$65 includes registration and materials. You may register for only one Stained Glass course. 10:15-2:30. L. Carbone.

**QF 307 PIANO KEYBOARD: BEGINNER/ INTERMEDIATE**

Note reading, chord playing and a variety of music is covered. Bring your own keyboard (61 keys) and headphones. 10:30-1:30. M. Patelson.

**QF 308 ZUMBA**

Learn the dance program inspired by Latin rhythms that have been

modified for retirees and beginners in their exercise routine. Wear comfortable clothes and shoes. Bring a towel and water bottle. 12:30-2:30. J. Ramirez.

**QF 309 DOO WOP: THE SOUTH & MIDWEST**

Listen to the music and stories of the great groups from the South and Midwest: the Zodiaks, Dixie Cups, Velvets and more. No class: Nov. 8. 12:30-3. H. Bloch.

**QF 310 BRIDGE WORKSHOP: BEGINNERS**

Supervised practice with limited instruction for beginners. Practice, reinforce skills and techniques and solidify new concepts. \$12 includes registration and materials. 12:45-2:45. D. Woo.

**THURSDAY**

**QF 401 CANASTA**

Introduction to the basics. Enjoy playing and developing your skills. 10:15-12:15. A. Dryshpel.

**QF 402 MATURE MOVES**

Lively and energizing easy-does-it aerobic and calisthenics workout. Loose clothing and sneakers required. Check fitness with your doctor. 10:15-12:15. G. Judelson.

**QF 403 CANASTA**

Learn to play or enjoy playing and developing your skills. 10:15-12:15. L. Cohen.

**QF 404 ACRYLIC PAINTING**

Application and technique. Emphasis on individual expression, the study of color, composition and design. Be ready to paint at first class. Required: vinyl, latex, non-latex or rubber gloves. Supply list mailed prior to first class. 10:15-2:15. M. Gorsky.

**QF 405 PAINTING IN WATERCOLORS**

Work from a different still-life each week. Explore a range of watercolor techniques such as wet-on-wet, resist and glazing. You may bring your photos or prints for source material. All levels. Supply list mailed prior to first class.10:15-2:15. C. Rickey.

**QF 406 QUILTING**

Make a variety of 12” squares so there are a total of 24 all together. More 12” blocks make bigger quilts. Colors are personal preference. Several interesting patterns can be made using these blocks. Sew by hand or machine. Continue to work on existing projects. Basic quilting supplies necessary. All levels. \$20 includes registration and materials. 11-2. J. Isaacs.

**QF 407 CREATIVE POETRY & PROSE**

Open the door to a creative inner self. Have fun expressing yourself through poetry and short prose. No experience necessary. No class: Nov. 2 and 9. 12:15-2:15. A. Spero.

**QF 408 CELEBRATING THE GREAT AMERICAN SONGBOOK**

Rare audio tapes of Broadway and film standards kept alive by traditional and current cabaret vocalists. 12:45-2:45. D. Singer.

**QF 409 LINE DANCING: BEGINNERS**

Great way to exercise by learning dances in a variety of music styles: old and new, Cha Cha, Mambo, Tango, Waltz. No partners or experience necessary. 12:45-2:45. R. Malinconico.

**QF 410 MAH JONGG**

Beginners enjoy learning this ancient game involving skill and luck. More experienced players gain expertise in fine points. Bring your Mah Jongg card and set (if you have one). 12:45-2:45. L. Cohen.

**FRIDAY**

**QF 501 PLEASURES OF READING**

Read and discuss contemporary short stories from *The O. Henry Prize Stories 2017* (Laura Furman, editor) ISBN: 13-978-0-525432-50-0. Read the first two stories before first class. 10:15-12:15. M. Levinson.

**QF 502 YOGA**

Learn how to release stress



while becoming stronger and more flexible. The adapted poses allow everyone from beginners to experienced yogis; those with injuries and illnesses; the physically fit to enjoy the class. 10:15-12:15. T. Pratt.

**QF 503 BRIDGE: 2 OVER 1 GAME FORCE** Improve your skill as declarer and defender with play of hand techniques. Score the extra trick that makes you a desired partner and a feared opponent. Required textbook: *2 Over 1 Game Force* by Audrey Grant & Eric Rodwell (ISBN 9780939460847). **\$12** includes registration and materials. No class: Sept. 29 & Oct. 6. 10:15-12:15. G. Hudson.

**QF 504 OPERA** An in-depth exploration of specific operatic scenes with emphasis on how music enhances the plot and character portrayals. See a final dress rehearsal at the Metropolitan Opera House (TBA) with optional backstage tour (additional fee). No class: Oct. 6 & 13. **\$20** includes registration and materials. 10:15-12:45. J. Dzik.

**QF 505 PAINTING WITH CONFIDENCE DESIGNED FOR BEGINNERS** Create your masterpiece following step-by-step instructions. Explore color theory and brush techniques using inexpensive acrylic paint. Supply list sent prior to first class. 10:15-2:15. R. Cooper.

**QF 506 FILMS WITH JEWISH THEMES** View and discuss films that portray Jewish connections in America, anti-Semitism, the Holocaust and other Jewish themes. Films include: *Blue Jasmine*; *Bugsy*; *My Italian Secret* and more. 12:30-2:45. M. Levinson.

**QF 507 BRIDGE WORKSHOP: ADVANCED** Supervised practice with limited instruction for experienced players. Discussion of modern methods of bidding and play. No class: Sept. 29 & Oct. 6. 12:45-2:45. G. Hudson.

**QF 508 TAI CHI: MODERN INTERPRETATION** Learn a modern interpretation of Tai Chi exercises to build strength, flexibility and coordination for improved health. Wear comfortable shoes and clothing. No class: Oct. 13. You may register for only one Tai Chi class. 12:45-2:45. K. Sullivan.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**QF 805 EARLY MEDIEVAL ART IN EUROPE** Art during the early years of the holy Roman Emperors. Wednesday, Sept. 13. 10:15-12:15. D. Becker.

**QF 806 ROMANESQUE ART** Art of the 11th & 12th centuries Europe. Wednesday, Sept. 20. 10:15-12:15. D. Becker.

**QF 807 GOTHIC ART & ARCHITECTURE** A new style originating in Northern France. Wednesday, Sept. 27. 10:15-12:15. D. Becker.

**QF 808 BIBLE: KINGDOMS COME & GO** The rise and fall of Bible Kingdoms, Saul, David and Solomon. Three Wednesday sessions: Oct. 4, 11, 18. 10:15-12:15. **\$6**. D. Skolnick.

**QF 809 AMERICAN SIGN LANGUAGE** Introduction to American Sign Language and the deaf culture. Thursday, Oct. 5. 10:15-12:15. A. Cumba.

**QF 810 VOLUNTEER! MAKE A DIFFERENCE IN THE WORLD** Discover and discuss opportunities to volunteer as a museum docent, tutor, campaigning for causes and candidates, assist at animal shelters and more. Friday, Oct. 20. 10:15-12:15. S. Friedman.

**QF 811 INSIGHTS INTO CONSTRUCTING CROSSWORD PUZZLES** Learn the steps constructors take and the resources they use while making them. You don't need great

solving skills to attend, just a great curiosity. Three Wednesday sessions: Nov. 1, 8, 15. 10:15-12:15. **\$6**. J. Sullivan.

**QF 812 LOUIS COMFORT TIFFANY** Learn about this American decorative artist and creative designer who is renowned for his stained glass and lifelong goal "in the pursuit of beauty" during the Art Nouveau and Aesthetic movements. Thursday, Nov. 2. 12:30-3. S. Gansl.

**QF 813 THE ARTIST ERTE** Learn about the life of this Russian born French artist who is considered the father of the Art Deco period. Thursday, Nov. 9. 12:30-3. S. Gansl.

## STATEN ISLAND

### MONDAY

**RF 101 CANASTA: BEGINNERS** For those who have never played the game. Do not register if you had more than three semesters as a beginner. 10:15-12:15. S. Stanley.

**RF 102 CANASTA PLAYLAB I** For the experienced player. Provide your own cards and tray. 10:15-12:15. S. Siegel.

**RF 103 CANASTA PLAY LAB II** For those who play, but would like to become more experienced. Provide your own cards and tray. 10:15-12:15. U. Mackler.

**RF 104 ITALIAN: INTERMEDIATE** For those who speak and read Italian and want to improve their comprehension, pronunciation and conversation skills. Emphasis on reading and grammatical principles. Meets in annex. 10:15-12:15. R. Caputo.

**RF 105 JEWELRY & BEADING DESIGN: BEGINNER/INTERMEDIATE** For those who have little or no experience using the tools necessary to create jewelry with beads. Individual attention given to new participants. Purchase materials with instructor's guidance. You may register for only one jewelry class. 10:15-12:15. G. Catanzaro.

**RF 106 MAH JONGG PLAY LAB I** For those who play the game. Bring your own set and card. You may only registered for only one Mah Jongg play lab. 12:30-2:30. TBA

**RF 107 MAH JONGG: BEGINNERS** For those who want to learn the game. Bring a Mah Jongg card to first class. 12:30-2:30. R. Entis.

**RF 108 MAH JONGG PLAY LAB II** For those who play the game. Bring your own set and card. 12:30-2:30. M. Schiebel.

**RF 109 INTRODUCTION TO GERMAN** Learn the culture of Germany, Austria, Switzerland and the language common to all. For those with little or no previous knowledge of German. All levels. Meets in annex. 12:30-2:30. J. Rueckert.

**RF 110 ADVANCED JEWELRY DESIGN & BEADING** Learn how to use beads creatively through your own designs with instructor guidance. For those with prior beading experience. Purchase your own supplies. Supply list emailed prior to first class upon request to [azimring@uft.org](mailto:azimring@uft.org) You may register for only one jewelry class. **\$12** includes registration and pattern fee. 12:30-2:30. N. Keay.

**RF 111 YOGA** Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. Wear proper yoga attire. Bring a yoga block and mat to first class. 12:30-2:30. I. Dubeau.

### TUESDAY

**RF 201 FINDING BIRDS IN S.I. DURING THE FALL MIGRATION** Join us to find and identify

birds. First walk meets at Clove Lakes Park at Royal Oak Rd. (near Rice Ave.) at 9 a.m. You will be provided the five additional locations at first walk. Rain cancels all bird walks. Binoculars necessary. Sneakers/light hiking boots mandatory for each 2 hour walk. Six sessions. Begins Sept. 12. 9-11. H. Fischer.

**RF 202 ADVANCED STAINED GLASS LAB** For experienced students capable of working independently and creating complex projects. Purchase your own supplies. Safety goggles mandatory. **\$15** includes registration and use of large equipment. 9-12. C. Pato.

**RF 203 GREAT BOOKS: CLASSICS & POPULAR LITERATURE** Group consensus will determine selections. 10:15-12:15. A. Devlin.

**RF 204 WATERCOLORS** Develop your own style while learning various techniques. All levels. Supply list emailed prior to first class upon request to [azimring@uft.org](mailto:azimring@uft.org). Meets in annex. 10:15-12:15. P. Whitehouse.

**RF 205 LINE DANCING** Learn the basics and enjoy this mind and body stimulating activity. 10:15-12:15. L. Kalipetes.

**RF 206 AEROBICS WITH FRAN** Variety of low impact aerobic and dance movements to build cardiovascular endurance. Weights are used to sculpt and strengthen your body and stretching increases flexibility. Breathing, posture and form are emphasized. Sneakers required. Bring exercise bands and small weights to first class. 10:15-12:15. F. Kosowski.

**RF 207 DISCOVER YOUR APPLE IPAD & IPHONE** Learn to operate your Apple devices for emailing, navigating the internet, texting, taking photos and more. Meets in annex. 10:15-12:15. C. Rosen.

**RF 208 FIT-ERCISE** Variety of low impact aerobic exercises for cardio endurance, muscle conditioning and strengthening with weights. Flexibility and relaxation through gentle stretching. Appropriate footwear required. 12:30-2:30. J. Chow.

**RF 209 CONVERSATIONAL ITALIAN** For those who have taken at least one year of Italian and want to gain confidence or improve their skills and discover Italian culture. Develop basic communication skills through a thematic approach. 12:30-2:30. R. Caputo.

**RF 210 DO YOU WANNA DANCE?** Dance to a variety of music and dance styles. Learn folk, line and party dances while moving to Ethnic, Country, Latin, Broadway show tunes and popular music. All levels. 12:30-2:30. L. Kalipetes.

**RF 211 CHAIR YOGA** Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair yoga class. 12:30-2:30. F. Kosowski.

**RF 212 THE LANGUAGE OF FILM** View and discuss classic and contemporary films: *Sunset Boulevard*; *Julieta*; *The Ghost Writer* and more. Meets in annex. 12:30-3. F. Grieco.

### WEDNESDAY

**RF 301 QUILTING: ROW BY ROW** Create a Row Quilt by using a variety of designs and themes. Special attention given to beginners. Must have knowledge of sewing techniques. Purchase own supplies with instructor guidance. Eight sessions. No class: Oct. 11. 10-12. M. Grenier.

**RF 302 THE REVOLUTIONARY WAR IN THE NORTH** A detailed study of the first four years of the Revolutionary War (1775-1779) which took place within the northern colonies including the Battles of Bunker Hill to Valley Forge and the Battle of

Monmouth. **\$20** includes registration and materials. 10-12. L. Warner.

**RF 303 S.I. CHORALEERS** Share the joy of group singing and learn the basics of music in the process. Course culminates with a performance at the end term party on Dec. 6. 10-12. D. DeOrio.

**RF 304 WOMEN'S LITERATURE** Discuss short stories about women and their loves, successes and disappointments in all stages of their lives. All new stories. 10-12. A. Zuckerberg.

**RF 305 AMERICAN MUSICAL THEATER: MARVELOUS EXPERIENCES** Enjoy great musical theatre by learning about and viewing Broadway's best from *Oklahoma* to *Miss Saigon*. Experience musicals' magic. Eight consecutive sessions. Meets in annex. 10:15-12:15. F. McKinnon.

**RF 306 TAI CHI: BEGINNERS** Learn the basic principles of Tai Chi. For those with little or no experience. 12:15-2:15. R. Yuen.

**RF 307 DRAWING** Learn the requirements of all art forms: drawing from observation, composition, perspective, shading, color theory, art appreciation and other techniques using pencil, charcoal, ink and colored pencils. All levels. Bring a #2 pencil to first class. Supply list distributed at first class. Meets in annex. 12:15-2:15. M. Corti.

**RF 308 CHAIR YOGA** Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair yoga class. 12:15-2:15. I. Dubeau.

**RF 309 YOU CAN SPEAK ITALIAN TOO!** Beginner class focuses on vocabulary applicable to travel in Italy. Be able to live, shop and eat like an Italian. 12:15-2:15. P. Orleman.

**RF 310 GENEALOGY** Learn to search one's ancestors with resources/ tips to discover their family's past. Three sessions: Sept. 13; Oct. 4 & 25. Two trips: Municipal Archives (Sept. 20 or 27) and the Federal Archives (Oct. 11 or 18). **\$15** includes registration and materials. 12:30-2:30. M. Marcus.

**RF 311 ABRAHAM LINCOLN & THE CIVIL WAR** Study of the Civil War from 1863-1865, and the life of Lincoln during those years. **\$20** includes registration and materials. 12:30-2:30. L. Warner.

**RF 312 CREATIVE WRITING** Explore literary styles and share your ideas, memories and creativity in various genres: memoir, poetry, non-fiction and short story. Eight consecutive sessions. Meets in annex. 12:30-2:30. F. McKinnon.

### THURSDAY

**RF 401 SEWING** For those with little or no hand or sewing machine experience and those who want to brush up. all levels. Purchase supplies with instructor's guidance. Meets in annex. 9:30-12. P. Bartels.

**RF 402 SOUL IN THE CITY: THE DEVELOPMENT OF RHYTHM & BLUES MUSIC IN CITIES** Adventure to a new city every week and discuss the songs of the sixties unique to the locales and the stories behind them. Meet in annex. 10:15-12:15. P. Orleman.

**RF 403 CANASTA PLAY LAB III** For those who wish to gain more experience. 10:15-12:15. C. Patelsky.

**RF 404 ACRYLIC PAINTING: INTERMEDIATE** Bring out your creative side by painting. 10:15-12:15. A. Nelson.

**RF 405 ZUMBA GOLD PLUS & ZUMBA GOLD TONING** The Latin and International dance rhythms of the original Zumba programs have been modified so that adults of any age and fitness level can achieve success.



More intense movements offered for those who choose to advance. Appropriate footwear required. Toning sticks recommended. No weights permitted. 10:15-12:15. M. Deturris.

**RF 406 CHAIR YOGA** Strive for a strong healthy body, mind and spirit through breathing, movement and meditation. No mats. Proper yoga attire. You may register for only one chair yoga class. 10:15-12:15. F. Kosowski.

**RF 407 KNOW YOUR ANTIQUES & COLLECTIBLES** Explore topics, eras and E-bay as part of our study. Bring an item for research/appraisal. Meets in annex. 12:30-2:30. M. Mandel.

**RF 408 TAI CHI: INTERMEDIATE** For those who have at least two years experience. 12:30-2:30. R.Yuen.

**RF 409 MAH JONGG PLAY LAB III** For those who play or would like to brush up. Not for beginners. 12:30-2:30. M. Schiebel.

**RF 410 STRESS FREE FITNESS FOR BEGINNERS** Exercise for fun and fitness using mats and weights. Chair optional. Proper footwear required. 12:30-2:30. L. DeRosa.

**RF 411 CREATE YOUR OWN CARDS** Create unique cards using card stock, stickers, buttons, etc. Please bring a scissor, ruler and pencil with eraser to first class. All other materials provided. Five sessions: Sept. 28; Oct. 5,12,19,26. 12:30-2:30. **\$25** includes registration and materials. B. Smith.

## FRIDAY

**RF 501 STAINED GLASS FOR BEGINNERS** Learn to use a glass cutter, grinder, foiler and soldering iron to create unique projects at your own pace. Purchase your own materials with guidance from instructor. Materials may cost upwards of \$100. Safety goggles mandatory. **\$15** includes

registration and use of large equipment. 9:30-12:30. C. Pato.

**RF 502 THE FOUNDING FATHERS** The lives of Benjamin Franklin, Thomas Jefferson and Alexander Hamilton. Five consecutive sessions. **\$13** includes registration and materials. 10-12:30. L. Warner.

**RF 503 KNITTING & CROCHETING** Beginners learn the basics to complete a project. Those with experience will receive instruction to further their skills. Bring to first class: worsted weight yarn #4 on label, # 8 needles (for knitting) or J hook (for crocheting). Meets in annex. 10:15-12:15. R. Soloway.

**RF 504 CROCHETING** Beginners learn the basics to complete a project of their choice. Those with experience will receive instruction to further their skills. Purchase an inexpensive, light colored yarn, crochet hook (size listed on yarn label). All levels. Meets in annex. 10:15-12:15. L. Davis.

**RF 505 HAND & FOOT** For those who play canasta and would like to learn another version that's easy and fun. Four sessions: Oct. 27; Nov. 3, 10, 17. 10:15-12:15. M. Schiebel.

## SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**RF 805 POWERFUL WOMEN OF STATEN ISLAND'S PAST** Discuss, honor and celebrate the untold stories and contributions of women who impacted the borough with S.I. historian, Patricia Salmon. Examine the lives of Eva Bechtel, Alice Austen, Elizabeth Connelly and many more. Friday, Sept. 15. 10:30-12:30. P. Salmon.

**RF 806 RAVIOLI** Learn how to make pasta like Nonna made with a hands-on workshop from the Baking Coach. Everyone will take home ravioli to eat or freeze for another day. Ingredients provided. Bring an apron and a rolling pin (if you have one). Friday, Sept. 29. 10:30-12:30. **\$24** includes registration and baking fees. L. Basini.

**RF 807 HOLD YOUR HORSES!** Discover and discuss the origins of an eclectic array of idioms in American English. Friday, Oct. 6. 10:15-12:15. A. Devlin.

**RF 808 STAY SAFE ON THE ROAD** Learn how to make adjustments to compensate for reduced vision, hearing, flexibility and reaction times from a AAA expert. Friday, Oct. 6. 10:30-12. E. McLaughlin.

**RF 809 ITALIANS OF STATEN ISLAND** Discuss the history and examine the Italian communities of Rosebank, South Beach and New Brighton with S.I. historian, Patricia Salmon. Learn the story behind the massive Italian migration just prior to the turn of the century. Friday, Oct. 13. 10:15-12:15. P. Salmon.

**RF 810 SO YOUR DOCTOR IS SENDING YOU FOR SOME TESTS** MRI, CT scan, EKG – what are they and are they really necessary? Find out about these tests and many others that your doctor might require. Friday, Oct. 20. 10:15-12:15. No Fee. UFT Nurses.

**RF 811 HIDDEN WONDERS OF KOREA** The Korean Spirit & Culture Promotion Project presents two films about the scientific achievements of King Sejong the Great and Korea's achievements in technology. Discussion to follow are accompanied by traditional Korean refreshments and complimentary books. Friday, Oct. 20. 10:30-12. Y. Han.

**RF 812 TAKE ME OUT TO THE BALL GAME** Take a nostalgic trip through time and discuss the history of the NY Yankees from their creation as the “Highlanders” to the great team they are today. Bring your Yankee memorabilia to share. Friday, Oct. 27. 10:15-12:15. R. Casanovas.

**RF 813 A THRILLING JOURNEY THROUGH NORTHERN EUROPE** Northern Europe is bursting with history and culture. Journey through several European countries and their lively capital cities beginning with Longyearbyen, Norway (city closest to North Pole). Three Wednesday sessions: Nov. 1, 8, 15. 10:15-12:15. **\$6.** J. Rossi.

**RF 814 CONQUER THE CLUTTER** The need to be organized is all around us from your home to your finances. Whether you are already organized or need a little guidance – this is for you! “Ask the organizer” session to follow. Friday, Nov. 3. 10:15-12:15. L. Gessert.

**RF 815 NYSUT MEMBER BENEFITS** Review member benefits with emphasis on the new guidelines for Catastrophic Insurance and its current holders. Long Term Care and Home Care Insurance also discussed. Friday, Nov. 3. 10:30-12:30. No Fee. M. Kennedy, NYSUT.

**RF 816 TRIVIA FUN** Have no place to use your wordly knowledge? Want to share what you know? History, art, music and much more. discussion to follow. Two Thursday sessions: Nov. 9, 16. 12:30-2:30. **\$4.** H. Plotkin.

**RF 817 A TASTE OF KOREA: CUISINE FULL OF WISDOM & NATURE** The Korean Spirit & Culture Promotion Project shares the amazing health benefits of Korean food. See a demonstration on how to make and use Kimchi and Japchae. Enjoy a full meal and take home complimentary books. **\$8** includes registration and a meal. Friday, Nov. 10. 10:30-12. Y. Han.

# INTERSESSION

*Unless otherwise noted, the registration fee is \$10.00 for the course (which is non-refundable and non-transferable).*

## BRONX

**Coordinator: Irene Rabinowitz.** All sessions will be held at the Bronx Learning Center, 2500 Halsey Street.

### Tuesday

Unless otherwise noted, all classes are Jan. 9, 16, 23, 30; Feb. 6.

**XI 213 EXERCISES PLUS** A blend of exercises designed to tone, strengthen and increase stamina and flexibility. Low impact aerobic and yoga segments. Bring light hand weights, bands and sticky floor mats to class. 10-12. D. Dolan

**XI 214 SHORT STORIES** Read and discuss short stories from different authors and eras. 10-12. A. Pruzan

**XI 215 INTERMEDIATE & ADVANCED BRIDGE** Learn and practice more advanced techniques in bidding, playing and defending. 10-12:15. A. Lisle

**XI 216 QUILTING** Different theme each week: paper piecing; rooching; binding, borders and other techniques; praputo and UFO's (unfinished projects). 10-2. H. Whitaker

**XI 217 BRAIN GAMES** Expand your mind and challenge your brain by playing classic word games like Scrabble, Bananagrams, Upwords and more. 12:30-2:30. D. Dolan

**XI 218 ADVANCED BEGINNERS BRIDGE** Learn and practice simple techniques in bidding, playing and defending. 12:30-2:45.

A. Lisle.

### Wednesday

Unless otherwise noted, all classes are Jan. 10, 17, 24, 31; Feb. 7.

**XI 312 BEGINNERS TAI CHI** Introduction and practice of the basic principles of Tai Chi. Wear comfortable clothing. 10-12. Y. H. Wang

**XI 313 CANASTA** Beginners receive instruction on the fundamental of the Modern American version of this popular game. All levels. 10-12. M. Schuster.

**XI 314 INTERMEDIATE & ADVANCED MOSAICS** Continue “on going” projects or begin “new advanced level” projects. Bring your own tools and materials. Not for beginners. 10-1:30. P. O’Connell

### MINI FILM SERIES

Registration fee is **\$18** for each session and includes a light lunch. D. Hammitt

**XI 315 MARTIN SCORSESE** Discuss the film director's early life and works. View one full feature film. Jan. 24. 10-3.

**XI 316 MARTIN SCORSESE** Discuss the film director's later life and works. View one full feature film. Feb. 7. 10-3.

**XI 317 PIANO FOR NOT JUST BEGINNERS** Learn to play simple classical, jazz or pop tunes. Bring a small portable keyboard to first class. Inexpensive keyboards available at Sam Ash music stores. 12:30-2:30. N. Zamcheck

**XI 318 MAH JONGG** Supervised play for those familiar with the rules of the game.

12:30-3. M. Schuster.

## BROOKLYN

**Coordinator: Kathy Giannou.** All sessions will be held at the Brooklyn Learning Center, 335 Adams Street, 24<sup>th</sup> Floor.

### Wednesday

Unless otherwise noted, all classes are Jan. 10, 17, 24, 31; Feb. 7.

**KI 312 STAINED GLASS** Work on projects using a glass cutter, soldering iron and glass grinder. All levels. Safety goggles mandatory. **\$35** includes registration and materials. You may register for only one Stained Glass course. 9:30-12:30. G. Fishman

**KI 313 CHAIR YOGA: ALL LEVELS** A gentle form of yoga using a chair for support or sitting in a chair to deepen the flexibility and strengthen the body's awareness at any fitness level. 10-12. A. Beeman

**KI 314 STRETCH & RELAX** Improve flexibility and balance with gentle exercise. Learn relaxation techniques. Bring large towel or mat to first class. 10-12. T. Pratt.

**KI 315 CHORUS** Types of music and level of complexity are determined in class. Music and/or parts may be taught with or without music sheets. **\$15** includes registration and materials. 10-12:30. J. DeRanieri

**KI 316 QUILTING** Create beautiful works of art sewing quilts, decorative accessories and

pillows. All levels. Supply list mailed prior to first class. 10-12:30. D. Pryor-Holland.

**KI 317 CREATIVE WRITING** Learn techniques and receive support in preparing and polishing your writings such as fiction and memoirs. 12:30-3. M. Eller

**KI 318 BELLYDANCE & BOLLYWOOD** Enjoy sampling Belly and Bollywood dance movements. All levels. 1-3. A. Beeman.

**KI 319 BEGINNER TAI CHI** Introduction to basic principles and movements. 1-3. J. He

**KI 320 THE PLEASURES OF POETRY** Discuss, read aloud and write poems that explore love, aging, friendship and the human condition. **\$15** includes registration and materials. 1-3. M. Glenn

**KI 321 POLYMER CLAY: BEGINNER/ INTERMEDIATE** Learn to condition clay to create pendants, earrings and brooches. **\$25** includes registration and materials. 1-3. V. Hall

### Thursday

Unless otherwise noted, all classes are Jan. 11, 18, 25; Feb. 1, 8.

**KI 410 STAINED GLASS** Work on projects using a glass cutter, soldering iron and glass grinder. All levels. Safety goggles mandatory. **\$35** includes registration and materials. You may register for only one Stained Glass course. 9:30-12:30. D. Johnson.

**KI 411 JAZZERCISE** Stretching and dancing to Jazz, Rhythm & Blues, Cha-Cha, Swing, Salsa and Mambo. 10-12. K. Sanson



**KI 412 CROCHET: BEGINNER/ INTERMEDIATE** Learn basic stitches to make beautiful projects. Supplies needed for first class: “F” & “H” crochet hooks, skein of solid color worsted weight yarn, measuring tape and small yarn clipper. 10-12:30. **\$15** includes registration and materials. P. Williams

**KI 413 HOW TO TAKE DIGITAL PHOTOS & SHARE THEM ONLINE** Learn how to use your digital camera. Explore the qualities of a good photograph. Share your photos online using a computer. Bring your digital camera to class. **\$20** includes registration and supplies. 10-12. J. Griffith

**KI 414 FRENCH FOR TRAVELERS** Practice your French in a social setting in preparation for that special trip. All levels. **\$15** includes registration and materials. 10-12. P. Niglio

**KI 415 INTRODUCTION TO JEWELRY MAKING** Learn the basic techniques of making beaded jewelry: wire wrapping, bead stringing and stitching, crimping, miro-macrame and more. **\$20** includes registration and materials. 12:30-3. S. Zeisel-Friedman

**KI 416 JAZZ JOURNEY WITH CHARLEY** Take a virtual tour through the world of Jazz in the 30's. Learn the history, the styles, the stories and the players. 1-3. C. Gerard

**KI 417 LINE DANCE** Enjoy the pleasure and exercise from line dancing. All levels. 1-3. N. Cangiano

**KI 418 YOGA** Learn a set of mental and physical exercises using breath, movement and meditation. Bring a yoga mat and towel to first class. 1-3. C. LaBue

**KI 419 PAINTING WITH GEORGE** Explore and use different types of media including acrylics, pastels, oils and more. Bring a sketch pad, pencils, charcoal, eraser (pastels, watercolor, acrylic paint – optional) to first class. 1-3. G. Kerasiotis

## MANHATTAN

**Coordinator: Jo-Ann Hauptman.** All sessions will be held at the Manhattan Learning Center, 50 Broadway, 2nd Floor.

### Tuesday

Unless otherwise noted, all classes are Jan. 9, 16, 23, 30; Feb. 6.

**CI 215 BE ACTIVE & AWESOME** Low impact aerobics with exercises to tone, stretch and increase stamina and flexibility. Bring resistance bands to first class. 10-12. B. Sayegh

**CI 216 MICHELANGELO** A survey of the famous artist's sculpture, painting and architectural designs. 10-12. D. Becker

**CI 217 CONVERSATIONAL SPANISH: BEGINNER TO INTERMEDIATE** Learn Spanish similarly to the way you learned your native language naturally and intuitively. **\$13** includes registration and materials. 10-12. L. Toro

**CI 218 REMEMBERING MARILYN MONROE** View and discuss her most noteworthy films such as *Don't Bother to Knock*; *Some Like It Hot*; *Gentlemen Prefer Blondes*; *Niagara* and *River of No Return*. 10-12:15. P. Harwood

**CI 219 ZUMBA GOLD FITNESS** Improve stamina, balance and memory while having fun. Dance combined with fitness exercises, stretching and light weights. 12:15-2. B. Sayegh

**CI 220 DRAWING** Learn the basics of drawing to create volume. Develop the illusion of three dimensional form. Gain an understanding of the cube, contour, sphere and gesture as a valuable part of the process. Supply list mailed prior to first class. 12:15-2:15. R. Baumann

**CI 221 MIDDLE EASTERN DANCE** Learn the Egyptian Saidi and Baladi, Rumba for

Veil, Turkish Tsiftetelli and Moroccan 6/8. 12:30-2:30. A. Beeman

**CI 222 MODERN & CONTEMPORARY ART** A look at photo realism, performance art, happenings, conceptual art, relational aesthetics and modern art. 12:30-2:30. D. Becker

**CI 223 WHO DONE IT?** View and discuss films based on the works of Alfred Hitchcock: *Vertigo*; *Rear Window*; *Strangers on the Train* and more. 12:30-3. R. Romer

### Wednesday

Unless otherwise noted, all classes are Jan. 10, 17, 24, 31; Feb. 7.

**CI 314 INTERMEDIATE BRIDGE** Instruction and free play. Bring your own cards. 9:45-11:45. E. Lee

**CI 315 FEMME FATALES IN FILM NOIR** Watch with pleasure as Barbara Stanwyk, Gloria Graham, Jane Greer and Elizabeth Scott seduce their way to wealth and murder. **\$13** includes registration and materials. 9:45-12:15. W. Wyss

**CI 316 WATERCOLOR & DRAWING** Learn watercolor techniques along with the fundamentals of drawing. Supply list mailed prior to first class. 9:45-12:15. M. Rogers

**CI 317 LET'S GET PHYSICALLY FIT!** Prepare for fun and fitness with stretching, balance and cardio that builds flexibility with dynamic, rhythmic movement. Bring 2 lb. dumbbells and a lacrosse ball to first class. 10-12. J. Miglino

**CI 318 TRAVEL THROUGH HISTORY** Take a virtual tour through different parts of the world by learning the history, culture and landscapes of each destination. 10-12. J. Rossi

**CI 319 CALLIGRAPHY: FLORALS & FLOURISHES** Quickly review basic letter forms and move into alternate forms and variations. Experiment with flourishes and floral design. Prerequisite: MUST be familiar with the pointed pen. Supply list mailed prior to first class. **\$15** includes registration and other materials. 10-12. C. Nguyen

**CI 320 RUBBER STAMPING** Create rubber-stamped cards with unusual folds and pop-ups for Valentine's Day or any other special occasion. Bring sharp scissors, adhesive, bone folder and colored pencils to first class. **\$20** includes registration and other materials. 12:15-2:15. C. Nguyen

**CI 321 POLITICS IN FILMS** View, analyze and discuss these classic movies: *The Manchurian Candidate*; *Seven Days in May*; *The Man* and more. 12:15-2:45. C. Friedman

**CI 322 DUPLICATE BRIDGE** Must be an experienced player. 12:15-2:45. E. Lee

**CI 323 APPRECIATING SKETCH COMEDY** Analyze and discuss sketch comedy videos including: *The Carol Burnett Show*; *In Living Color*; *Kids in the Hall*; *Saturday Night Live* and more. 12:30-2:30. P. Herzich

**CI 324 LOVE YOUR APPLE IPAD & APPLE IPHONE** Learn to use and become comfortable with your Apple devices while emailing, surfing the web, playing games and using other apps. Bring your Apple device(s) to class. 12:30-2:30. E. Rosen

**CI 325 ITALIAN: INTERMEDIATE/ ADVANCED** Review grammar and practice the language in conversation. Required book: *Grammatica Italiana per Stranieri in Italiano* (EDIZIONI GUERRA-PERUGIA). 12:30-2:30. A. DeGennaro

**CI 326 MAH JONGG** Learn the game and brush up on prior skills. Bring a current National Mah Jongg League card to class. All levels. 12:30-2:30. J. Somerville

### Thursday

Unless otherwise noted, all classes are Jan. 11, 18, 25; Feb. 1, 8.

**CI 415 YOGA** Gentle stretching and relaxation practices that bring a feeling of

peace and well-being in the mind, body and spirit. 10-12. D. Scott

**CI 416 PAINTING WITH GEORGE** Explore and use different types of media including acrylics, pastels, oils and more. Materials needed for first class: sketch pad, pencils, charcoal and eraser. 10-12. G. Kerasiotis

**CI 417 NYC: ITS HISTORY & CULTURE** Explore how factors such as the Dutch influence, Revolutionary War, later immigrants and our waterways helped build NYC into the “capital of the world.” 10-12. P. Laskowich

**CI 418 CANASTA** Learn to play the Modern American version of the popular game considered easy to play, but difficult to master. 10-12:30. J. Kotkin

**CI 419 ADVANCED BEADING** Must be experienced with extremely advanced beading techniques. 10-1. J. Schatz

**CI 420 RETIREES READ BOOK CLUB** Explore and discuss the significance and style of short stories. Read *First Confession* and *Guests of the Nation* by Frank O'Connor before first class. 10:15-12:15. C. Lambert

**CI 421 MINDFULNESS & MEDITATION** Learn simple techniques that help you to live in the flow of life effortlessly. 12:15-2:15. D. Scott

**CI 422 THE JOY OF COMEDY IN OPERAS** Explore and discuss different European styles of comic opera including Rossini's *L'italiana in Algeri*; Donizetti's *L'Elisir D'Amore*; J. Strauss' *Die Fledermaus* and more. **\$15** includes registration and materials. . 12:15-2:45. E. Godfrey

**CI 423 QUILTING** Create beautiful works of art including quilts, pillows and decorative accessories. **\$15** includes registration and materials. J 12:15-2:45. D. Pryor-Holland

**CI 424 CREATIVE WRITING** Use exercises and source materials to enhance the “creative imperative” within yourself. All levels. **\$12** includes registration and materials. 12:30-2:30. M. Glenn

**CI 425 TAI CHI** Introduction to basic principles and movements which improves balance. 12:45-2:45. J. He

## QUEENS

**Coordinator: Margaret-Ann Stahl.** All sessions will be held at the Queens Learning Center, 97-77 Queens Blvd., 8<sup>th</sup> Floor.

### Tuesday

Unless otherwise noted, all classes are Jan. 9, 16, 23, 30; Feb. 6.

**QI 212 PAINTING WITH CONFIDENCE** Create your masterpiece following step-by-step instructions exploring color theory and brush techniques. For beginners. Materials list sent prior to first class. 10-2. R. Cooper

**QI 213 TAI CHI** Introduction to basic principles and movements of this ancient Chinese exercise. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. 10:15-12:15. J. He.

**QI 214 CLASSIC FILMS: MATINEE IDOLS** See Bette Davis, Leslie Howard and more in classic films from the Golden Age of Hollywood. Film list distributed at first class. You may register for only one Classic Film class. 11-2. P. Levenson

**QI 215 DRAWING & SKETCHING** Capture what we see and put your own spin on it! Study shapes, light, contrast and composition. Materials list mailed prior to first class. 11-2. M. Rogers

**QI 216 DUPLICATE BRIDGE** For those experienced players who have never played duplicate bridge. 11-3. G. Hudson

**QI 217 EXERCISE & RELAXATION** Release stress while becoming stronger and more flexible. 1-3. T. Pratt

### Wednesday

Unless otherwise noted, all classes are Jan. 10, 17, 24, 31; Feb. 7.

**QI 311 ZUMBA** Learn the dance program inspired by Latin rhythms that is modified for retirees and beginners. Wear comfortable clothes and shoes. Bring a water bottle and towel. 10- 12. J. Ramirez

**QI 312 CANASTA** Introduction to the Modern American version. Work on techniques. Easy to learn, but difficult to master. You may register for only one Canasta class. 10-1. J. Kotkin

**QI 313 MAH JONGG** Bring a current card and your own set (if you have one). All levels. 10:15-1:15. R. Biren

**QI 314 STAINED GLASS** Beginners learn the fundamentals of stained glass design, glass cutting and copper foil assembly to develop and create unique projects. Experienced students receive guidance on more advanced creations. Work at your own pace. **\$35** includes registration and materials. 10:30-2:30. L. Carbone.

**QI 315 CLASSIC FILMS: MATINEE IDOLS** See Bette Davis, Leslie Howard and more in classic films from the Golden Age of Hollywood. Film list distributed at first class. You may register for only one Classic Film class. J 11-2. P. Levenson

**QI 316 TAI CHI MODERN INTERPRETATION** Learn exercises to build strength, flexibility and coordination for improved health. Wear comfortable shoes and clothing. You may register for only one Tai Chi class. 1-3. K. Sullivan

### Thursday

Unless otherwise noted, all classes are Jan. 11, 18, 25; Feb. 1, 8.

**QI 411 EVERYDAY MOVES** Aerobic fitness, muscular firming, flexibility, balance and relaxation in an energetic environment. 10-12. A. Taveras

**QI 412 IMPRESSIONISTIC OIL** Learn how to paint in the impressionistic style. Supply list mailed prior to first class. 10-2. B. DeCeglie

**QI 413 MAH JONGG** Beginners enjoy learning and experienced players will gain expertise. Bring your own set and current card (if you have one). 10:15-12:15. L. Cohen

**QI 414 HOW TO USE THE APPLE IPHONE** Do you have an Apple iPhone and want to learn how to use it more effectively? Get the most from your iPhone. Class is NOT for any other smartphones. 10:30-1:30. R. Cooper

**QI 415 CANASTA** Introduction to the Modern American version. Work on techniques and skills. You may register for only one Canasta class. 12:45-2:45. L. Cohen

## STATEN ISLAND

**Coordinator: Jeanne Casanovas.** All sessions will be held at the Staten Island Learning Center, 4456 Amboy Road.

### Tuesday

Unless otherwise noted, all classes are Jan. 9, 16, 23, 30; Feb. 6.

**RI 213 KNOW YOUR ANTIQUES & COLLECTIBLES** Explore topics, eras and E-bay as part of a study on antiques and collectibles. **\$12** includes registration and materials. 10-1. M. Mandel

**RI 214 BEGINNERS JEWELRY DESIGN** For the beginner and those who want a better understanding of the fundamentals of jewelry design and beading. Learn to make a necklace with a clasp and earrings to match. Bring your own materials. **\$13** includes registration and pattern fee. Contact [jcasanovas@uft.org](mailto:jcasanovas@uft.org) for supply list. 10:30-1. N. Keay

**RI 215 MAH JONGG PLAY LAB** For those who wish to gain more experience. Anyone



can sit at any table to make a foursome. 10:30-1. S. Stanley

**RI 216 LINE DANCING: BEGINNERS** Learn the basics and enjoy this mind and body activity. Wear comfortable shoes. 10:30-1. L. Kalipetes

**RI 217 FILMS SO BAD, THEY'RE GOOD** View and discuss guilty pleasure cult films that are over the top and became instant "classics." 10:30-1. F. Grieco

**RI 218 KUNDALINI YOGA/MEDITATION** Kundalini Yoga uses breath, movement, and meditation to balance the body, increase energy flow and quiet the mind. Bring a towel and mat to class. Wear loose clothing. All levels. 11-1. C. LaBue

**RI 219 ZUMBA GOLD & ZUMBA GOLD TONING** Exercise to the Latin beat. Modified for the mature adult. Wear athletic clothing and sneakers. Bring light weights, a mat, water and a towel to class. 11-1. L. DeRosa

### Wednesday

Unless otherwise noted, all classes are Jan. 10, 17, 24, 31; Feb. 7.

**RI 313 SOUL IN THE CITY** Take a musical trip to Detroit, Motown, Memphis, Stax, Philadelphia, Chicago, New York and New Jersey. 10-12. P. Orleman

**RI 314 THE ART & SPREAD OF CRO-MAGNON MAN** Study of the Cro-Magnon man's art and statuettes. Emphasis on how it provides clues and insights into the Cro-Magnon society and way of life. The spread of homo-sapiens also studied. \$13 includes registration and materials. 10-12:30. L. Warner

**RI 315 CREATE YOUR OWN CARDS** Create unique greeting cards using card stock, stickers, buttons, and more. Bring a scissor, ruler and pencil with eraser to class. All other materials supplied. \$25 includes registration and materials. J 10-1. B. Smith

**RI 316 YOGA/CHAIR YOGA** Strive for a healthy body, mind and spirit through breathing, movement and meditation. Chair optional. Bring a yoga mat to first class. Wear yoga or exercise apparel. 10:30-12:30. I. Dubeau

**RI 317 KNITTING/CROCHETING** Beginners learn the basics to complete a project of their own. For those with experience receive instruction to further their skills. All levels. Bring an inexpensive, light colored yarn and hooks/needles (according to yarn package) to class. 10:30-1. S. Sukhdeo

**RI 318 AEROBICS & BODY SCULPTING** Variety of low impact aerobic and dance movements that work on building cardiovascular endurance. Weights sculpt and strengthen the body and stretching increases flexibility. Sneakers required. Bring a mat and small weights to class. 11-1. S. Stanley

**RI 319 TAI CHI: BEGINNER** Learn the basic principles of Tai Chi. 11-1. R. Yuen

## FLORIDA

**MEDICAL RECORD KEEPING SEMINARS** Dates: Sept. 28; Oct. 26; Nov. 30; Dec. 21; Jan. 30; Feb. 15. 10-12. Seminars are held in our conference room. Call the office to register.

### FALL TDA WORKSHOPS

All meetings are held at 1 p.m., unless otherwise noted. Speakers: Ken Goodfriend and Florence Kassler.

**BOCA/DELRAY: FF 811** Tuesday, Oct. 24. South County Civic Center, 16700 Jog Rd. Delray Beach.

**BROWARD: FF 821** Thursday, Oct. 26.

### 14 / SI BEAGLE LEARNING CENTERS PROGRAM

Leonard Weisinger Community Center, 6199 Northwest 10th St., Margate.

**DADE: FF 831** Wednesday, Oct. 25. Surfside Community Center, 9301 Collins Ave., Surfside.

**OCALA: TF 801** Friday, Oct. 13. 10:30-12:30. Marion County Public Library, 2720 E. Silver Springs Blvd., Ocala.

**ORLANDO: OF 801** Thursday, Oct. 12. 9:30-12. Orange County Classroom Teachers Association, 1020 Webster Ave. Orlando.

**WEST COAST: SF 801** Monday, Oct. 16. Laurel Oak Country Club, 2700 Gary Player Blvd., Sarasota.

**WEST PALM BEACH: FF 841** Tuesday, Oct. 24. South County Civic Center, 16700 Jog Rd. Delray Beach. Bus provided to Boca Delray, call the office at 561-994-4929 for details.

## BOCA/DELRAY

**Coordinator: Florence Fidell** (561) 731-4695. Unless otherwise noted, all meetings are at the South County Civic Center, 16700 Jog Rd. Delray Beach.

**FI 812 ANNUAL MEETING** Tuesday, Jan. 23. 3-6. Speakers: T. Murphy, G. Herskowitz and D. Penny.

**FI 813 HEALTH UPDATE** Tuesday, Feb. 13. 2-4:30 Speaker: TBA

## BROWARD

**Coordinator: Albert Guastafeste** (954) 255-9161. Unless otherwise noted, all meetings are at 1 p.m. and meet at the Leonard Weisinger Community Center, 6199 Northwest 10<sup>th</sup> St., Margate.

**FI 822 ANNUAL MEETING** Thursday, Jan. 25. Speakers: T. Murphy, G. Herskowitz and D. Penny.

**FI 823 HEALTH UPDATE** Thursday, Feb. 15. Speaker: TBA

## DADE

**Coordinator: Leon Brum** (305) 864-4318. Unless otherwise noted, all meetings are at 1 p.m. and meet at Surfside Community Center, 9301 Collins Ave., Surfside.

**FI 832 ANNUAL MEETING** Wednesday, Jan. 24. Speakers: T. Murphy, G. Herskowitz and D. Penny.

**FI 833 HEALTH UPDATE** Wednesday, Feb. 14. Speaker: TBA

## OCALA

**Coordinator: Ken Goodfriend** (561) 994-4929. Unless otherwise noted, all meetings are at the Marion County Public Library, Room C, 2720 East Silver Springs Blvd., Ocala.

**TI 802 ANNUAL MEETING** Friday, Jan. 19. 10:30-1. Speakers: T. Murphy, G. Herskowitz and D. Penny.

**TI 803 HEALTH BENEFITS** Tuesday, Feb. 20. 10:30-1. Speaker: TBA

**Coordinator: Donesa Jackson** (407) 359-3459. Meets at the Eastmonte Civic Center, 830 Magnolia Drive, Altamonte Springs

**OI 802 ANNUAL MEETING** Thursday, Jan. 18. 10 a.m.- 1. Speakers: T. Murphy, G.

## ORLANDO

Herskowitz and D. Penny.

**OI 803 HEALTH BENEFITS** Wednesday, Feb. 21. 10-12:30. Speaker: TBA

## WEST PALM BEACH

**Coordinator: Lois Porcella** (561) 965-7777. Unless otherwise noted, all meetings are at the South County Civic Center, 16700 Jog Rd. Delray Beach. (Bus provided to Boca/ Delray call the office at 561-994-4929 for details).

**FI 842 ANNUAL MEETING** Tuesday, Jan. 23. 3-6 Speakers: T. Murphy, G. Herskowitz and D. Penny.

**FI 843 HEALTH UPDATE** Tuesday, Feb. 13. 2-4:30. Speaker: TBA

## WEST COAST

**Coordinator: Paul Bradford** (941) 355-7928. Unless otherwise noted, all meetings are at 1 p.m. and meets at Laurel Oak Country Club, 2700 Gary Player Blvd., Sarasota.

**SI 802 ANNUAL MEETING** Monday, Jan. 22. Speakers: T. Murphy, G. Herskowitz and D. Penny.

**SI 803 HEALTH UPDATE** Monday, Feb. 19. Speaker: TBA

## FLORIDA OFFICE COURSES

*All courses have a \$10 fee (which is non-refundable and non-transferable).*

### MONDAY

**FF 101 POPULAR PIANO MUSIC** Covers 1937 -1942 music. Oct. 23, 30; Nov. 6, 13, 20, 27. 10 – 12. Instructor: A. Guastafeste.

**FI 102 SHORT STORY BOOK TALKS** Must purchase *The World's Greatest Short Stories* edited by James Dover (Dover Thrift, edition 2006) for use in class. Dec. 4, 11, 18; Jan. 22, 29; Feb. 5, 12, 26. 10-12. Instructor: A. Zuckerberg.

**FI 103 POPULAR PIANO MUSIC** Covers 1943-1945 music. Dec. 11, 18; Jan. 8, 22, 29; Feb. 5. 10 – 12. Instructor: A. Guastafeste.

### TUESDAY

**FF 201 OPERA** View a different opera each week followed by a brief discussion. Oct. 24, 31; Nov. 7, 14, 21. 10-12. Instructor: M.Minzer.

**FF 202 MAH JONGG** Brief lesson followed by supervised play. All levels. Bring a 2017 Mah Jongg card to class. Oct. 24, 3; Nov. 7, 14, 21. 10-12. Instructor: B. Salamon.

**FF 203 OPERA** View a different opera each week followed by a brief discussion. Dec. 5, 12, 19; Jan. 2, 9. 10-12. Instructor: M. Minzer.

**FF 204 MAH JONGG** Brief lesson followed by supervised play. All levels. Bring a 2017 Mah Jongg card to class. Dec. 5, 12, 19; Jan. 2, 9. 10-12. Instructor: B. Salamon.

**FI 205 OPERA** View a different opera each week followed by a brief discussion. Jan. 23, 30; Feb. 6, 13, 27. 10-12. Instructor: M. Minzer.

**FI 206 MAH JONGG** Brief lesson followed by supervised play. All levels. Bring a 2017 Mah Jongg card to class. Jan. 23, 30; Feb. 6, 13, 27. 10-12. Instructor: B. Salamon.

### WEDNESDAY

**FF 301 DUPLICATE BRIDGE** Brief lesson followed by supervised play. Must know the fundamentals of duplicate bridge. Dec. 6, 13, 20; Jan. 3, 10, 17. 10-12. Instructor: L. Sachs.

**FF 302 PIANO FOR BEGINNERS & INTERMIATES** Beginners learn to play while those who have played can hone their skills. Bring a portable keyboard to class. Nov. 15,22, 29; Dec. 6,13, 20. 10 – 12. Instructor: A. Guastafeste.

**FI 303 DOO WOP** Listen to the stories and music of the groups from the Bronx and Queens. Jan. 10,17, 24, 31; Feb. 7, 14, 28; Mar. 7, 14. 10 – 1. Instructor: H. Bloch.

### THURSDAY

**FF 401 FOREIGN FILMS FOR FOODIES** View a different film each week followed by dicussion. Nov. 2, 9, 16, 30; Dec. 7, 14. 10-1. Instructor: R. Presser.

**FI 402 APPLE IPAD/APPLE IPHONE** Learn how to use your Apple device(s). Bring your Apple device (s) to class. WiFi is provided. Jan. 4, 18, 25; Feb. 1, 15. 10-12. Instructor: B. Rosendorf.

**FI 403 INTERNATIONAL FILMS FROM ISRAEL & IRAN** View a different film each week followed by dicussion. Jan. 4, 11, 18, 25; Feb. 1, 8. 10-1. Instructor: R. Presser.

### FRIDAY

**FF 501 CANASTA** Brief lesson followed by supervised play. All levels. Nov. 3, 10, 17; Dec. 1, 8. 10 – 12. Instructor: F. Kassler.

**FF 502 THE MANY FACES OF MERYL STREEP PART II** View a different film each week followed by dicussion. Nov. 3, 10, 17; Dec. 1, 8, 15. 10-1. Instructor: R. Presser.

**FI 503 FAVORITE MUSICAL FILMS: LET THE SUN SHINE IN** View a different film each week followed by dicussion. Jan. 5, 12, 19, 26; Feb. 2, 9. 10-1. Instructor: R. Presser.

## FLORIDA OFFICE SEMINARS

*Unless otherwise noted, all seminars have a \$2 fee (which is non-refundable and non-transferable).*

**FF 814 BOOK CLUB** Read and discuss one book per month. Read *Commonwealth* by Ann Patchett (Publisher: Harper) for first session. Three sessions; Monday Oct. 23 ; Tuesday, Nov. 28; Tuesday, Jan 16. 10-12. **\$6.** Instructor: R. Mann.

**FF 815 INTRODUCTION TO FACEBOOK** Introduction into the world of social media with Facebook. Bring your own mobile device. WiFi provided. Two Thursday sessions: Nov. 2 & 16. 10-12. **\$4.** Instructor: B. Rosendorf.

**FF 816 SKYPE & FACETIME** An introduction on the use of these applications. Bring your own mobile device. WiFi provided. Thursday, Nov. 30. 10-12. Instructor: B. Rosendorf.

**FI 817 ALTERNATE CAREERS FOR RETIRED TEACHERS** Thursday, Jan. 11. 10-12. Instructor: J. Becker.

## SAVE THE DATE

*FLORIDA 39th ANNUAL LUNCHEON Tuesday, February 27. 11:30-3. Lakeside Terrace, 7880 Glades Rd. Boca Raton. More details to follow in the New York Teacher.*



# PLEASE FOLLOW INSTRUCTIONS ON PAGE ONE CAREFULLY.

*UFT retirees will be registered before spouses, domestic partners, AFT NYSUT and PSC members. Members of AFT, NYSUT and PSC must provide their Social Security Number and local number in order to register. Each registrant must complete separate registration coupons along with separate checks/money orders for Fall 2017 and Intersession 2018 as well as Florida’s Fall 2017 and Intersession 2018 programs. Duplicate separate registration coupons for your spouse. You must send separate checks/money orders for the following categories: courses, seminars, trips, special events, dine arounds, theatre experience and Defensive Driving.*

## Fall 2017 COURSE REGISTRATION

FALL 2017

You must present this registration form at every course, seminar and trip.

CHECK ONE: ☐ UFT MEMBER ☐ SPOUSE (use separate coupon)

CHECK ONE: ☐ NYSUT ☐ AFT ☐ PSC Local # \_\_\_\_\_

Make checks/money orders payable to: UFTWF RETIREE PROGRAMS, SI Beagle Learning Centers, 52 Broadway, 17th Floor, New York, NY 10004

MEMBER NAME (PLEASE PRINT) \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_ PHONE \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

SPOUSE NAME (IF REGISTERING) \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Seminars, NYSUT Defensive Driving, theater, dine-arounds (not included in three-course limit).**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____

- DID YOU REMEMBER TO:**
- ✓ Sign your check(s)/money order(s)
  - ✓ Make the check(s)/money orders(s) payable to **UFTWF RETIREE PROGRAMS**
  - ✓ **Complete the information on the coupon**
  - ✓ Provided the correct course/seminar/trip code(s) and course/seminar/trip title(s)

**You may register for up to 3 courses only. Add 2 alternates in case first choices are filled. List in order of preference:**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
ALTERNATES:	_____	_____
4.	_____	_____
5.	_____	_____

**You may register for only three trips. Add 2 alternates in case first choices are filled. List in order of preference:**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
ALTERNATES:	_____	_____
4.	_____	_____
5.	_____	_____

- ✓ Do not fill information in for spouse, unless he/she is registering for programs
- ✓ Do not staple or tape your checks to the coupon
- ✓ You must send in a seperate form for your spouse
- ✓ Members cannot pay for other members

*A separate check must be sent for intersession courses.*

## INTERSESSION REGISTRATION 2018

INTERSESSION 2018

You must present this registration form at every course, seminar and trip.

CHECK ONE: ☐ UFT MEMBER ☐ SPOUSE (use separate coupon)

CHECK ONE: ☐ NYSUT ☐ AFT ☐ PSC LOCAL#: \_\_\_\_\_

Make checks/money orders payable to: UFTWF RETIREE PROGRAMS, SI BEAGLE LEARNING CENTERS, 52 Broadway, 17th Floor, New York, NY 10004

PLEASE PRINT MEMBER NAME \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

SPOUSE NAME (IF REGISTERING) \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

**COURSE REGISTRATION FEE IS \$10.**

- DID YOU REMEMBER TO:**
- ✓ Sign your check(s)/money order(s)
  - ✓ Make the check(s)/money orders(s) payable to **UFTWF RETIREE PROGRAMS**
  - ✓ **Complete the information on the coupon**

NUMBER	TITLE	FEE (IF ANY)
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____

- ✓ Provided the correct course/seminar/trip code(s) and course/seminar/trip title(s)
- ✓ Do not fill information in for spouse, unless he/she is registering for programs
- ✓ Do not staple or tape your checks to the coupon
- ✓ You must send in a separate form for your spouse.
- ✓ **MEMBERS CANNOT PAY FOR OTHER MEMBERS.**



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NEW YORK, NY 10004

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FLORIDA  
REGISTRATION  
COUPON ONLY

UFT/WF RETIREE PROGRAMS  
FLORIDA COURSE REGISTRATION

CHECK ONE: ☐ UFT MEMBER ☐ SPOUSE

CHECK ONE: ☐ NYSUT ☐ AFT ☐ PSC

Local # \_\_\_\_\_

Make checks payable to: UFTWF RETIREE PROGRAMS,  
3200 North Military Trail, Suite 100, Boca Raton, FL 33431.

INTERSESSION 2018  
FALL 2017

HOW TO REGISTER

- UFT retirees will be registered first before spouses, domestic partners, AFT, NYSUT and PSC members. You must include your local number in order to register.
- *Each participant must complete a separate registration coupon.*
- Each registration requires separate check(s)/money order(s).
- Write a separate check/money order for FF courses and FI courses.
- Make check(s)/money order(s) payable to **UFTWF RETIREE PROGRAMS** and enclose payment with your registration form.
- Include on your check/money order the course number exactly as it appears in course description
- All courses have a \$10 non-refundable and non-transferable registration fee.
- All seminars have a \$2 non-refundable and non-transferable registration fee.
- Mail registration form and checks to the Florida Office, 3200 North Military Trail, Suite 100, Boca Raton, FL 33431.

MEMBER NAME (PLEASE PRINT) \_\_\_\_\_

SPOUSE NAME \_\_\_\_\_

SS (LAST FOUR DIGITS) \_\_\_\_\_

ADDRESS \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

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PHONE \_\_\_\_\_

NUMBER \_\_\_\_\_ TITLE \_\_\_\_\_ FEE (IF ANY) \_\_\_\_\_

1. \_\_\_\_\_

NUMBER \_\_\_\_\_ TITLE \_\_\_\_\_ FEE (IF ANY) \_\_\_\_\_

1. \_\_\_\_\_

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2. \_\_\_\_\_

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