



United Federation of Teachers  
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## **2020 UFT SPRING EDUCATION CONFERENCE WORKSHOPS AND SEMINAR**

### **SPECIAL SEMINAR- NO CTLE HOURS**

#### **Permission To Feel: Unlocking the Power of Emotions to Help Our Kids, Ourselves and Our Society Thrive- TRIANON BALLROOM – 2<sup>ND</sup> FLOOR**

##### **Presenter – Marc Brackett**

Emotions matter. They inform learning, decision-making, the quality of relationships, physical and mental health, creativity, and everyday performance. In this presentation, **Marc Brackett, Ph.D.**, the founding director of the Yale Center for Emotional Intelligence and a professor in the Child Study Center at Yale University, will discuss the center's recent research on the "emotional state" of our nation's children and adults and its impact on their lives. He also will describe the center's model of emotional intelligence and evidence-based, systemic approach to social and emotional learning, RULER, which has been adopted by over 2,000 schools across the United States and globe. Participants will learn key principles, skills, tools, and practices to both develop emotional intelligence and achieve greater personal and professional success.

### **WORKSHOPS**

#### **Challenging the Past, Present and Future: Implementing Culturally Responsive and Sustaining Education with the 1619 Project- SUTTON CENTER – 2<sup>ND</sup> FLOOR – Presenter**

During this two-hour session, educators will learn about a framework for designing instruction across the curriculum aligned with both culturally responsive and sustaining education using *The New York Times'* 1619 Project, a collection of resources about slavery in the United States. Using materials provided, participants will collaborate to create activities appropriate to the developmental needs of their students.

#### **Evidence-Based Technologies for Empowering Learners in the 21st-Century Classroom- MERCURY BALLROOM- 2<sup>ND</sup> FLOOR –**

Instructional, assistive, augmentative and even embodied learning tools are now essential literacies for both educators and therapists to address the diverse needs of students. This session will explore available technologies that empower any and all students to more actively direct their own learning and overcome any ascertained or undetermined challenges. Attendees will depart with resources for finding free and affordable tools that may be employed immediately for every grade.

#### **Executive Functioning and Mindfulness – SUTTON NORTH – 2<sup>ND</sup> FLOOR**

Executive functioning refers to the self-regulation skills and mental processes that allow us to plan, focus attention, remember and follow instructions, control impulses and learn from experiences. Mindfulness meditation techniques can help educators relieve stress and bring a greater sense of calm to their lives throughout the day.



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In the first part of this session, Dr. Evan Flamenbaum will explain executive functioning and how it can support educators. The focus will be on working with students challenged by learning disabilities and ADHD. The session will end with Kristen Westbrook, of Calm City Meditation, guiding participants through a mindfulness and loving-kindness meditation.

**Finding Voice and Taking Action: Civic Engagement in a Culturally Diverse Democracy – SUTTON SOUTH – 2<sup>ND</sup> FLOOR**

**Presenter Teacher Center**

Participants will engage in activities to imagine how students can access civic experiences across a variety of contexts. We will share information about New York State's forthcoming civics standards while exploring the question: Why do Pre-K–12 students need to engage in civic learning for the 21st century?

**Not Just Words: A Deeper Look into Vocabulary Instruction for Diverse Learners – REGENT ROOM- 2<sup>ND</sup> FLOOR**

**Presenter Teacher Center**

Academic vocabulary routines are crucial in helping all students develop literacy skills for the 21st century. In this session, participants will become familiar with Hallmark 4 of Advanced Literacies Instruction and various word learning strategies that will support culturally diverse learners in strengthening their literacy skills.

**Reaching the Next Generation of Learners: High Expectations for All in the Mathematics Classroom0- PETIT TRIANON, 2<sup>ND</sup> FLOOR**

**Presenter Teacher Center**

During this session participants will learn about the New York State Guidelines for Culturally Responsive Education and the National Council of Teachers of Mathematics' definition of high expectations and rigorous instruction. Participants will have the opportunity to examine the Next Generation Learning Standards to identify aspects of rigor while engaging in problem-solving that fosters high expectations and strengthens the instructional core.

**Rigor for All: Engaging all Students with Authentic Tasks to Maximize Learning – BEEKMAN ROOM - 2<sup>ND</sup> FLOOR**

**Presenter Teacher Center**

Participants will engage in strategic practices that foster the intellectual capacity of all learners. There will be an emphasis on creating tasks that allow for multiple entry points and include multiple modalities for a demonstration of understanding. We will incorporate Advanced Literacy's Language Production Projects as a means for planning accessible and inclusive tasks.