



United Federation of Teachers
A Union of Professionals

Training Request Form

UFT HEALTH & SAFETY COMMITTEE WORKSHOPS

The UFT Health & Safety Committee offers workshops to all school-based personnel on health and safety issues on staff development days, clerical $\frac{1}{2}$ days, union meetings, etc. If you would like to have one of these workshops offered to your chapter, please fill out the form below and send to:

Chris Proctor
UFT Health & Safety Committee
52 Broadway - 15th Floor
New York, NY 10004

Name _____ Phone: _____
Chapter Leader/Para Rep.

School/District _____ Region: _____ Date: _____

Training Date: (1st Choice) _____ (2nd Choice) _____

Time: (from) _____ (to) _____

Number of members to be trained _____

*If you have workshop questions we can be reached at (212)-598-9287
or fax to (212)-677-6612*

TRAINING TOPICS *(Please see attached & check no more than 2 topics)*



Health and Safety Workshops

Asthma

This workshop provides an overview of the following topics: statistics of asthma rates, how to recognize triggers and symptoms of an asthmatic person, how to control and prevent an asthma episode, and the importance of having an Asthma Action Plan.

Bloodborne Pathogens

This course provides information on bloodborne diseases (i.e. HIV, Hepatitis B and Hepatitis C), how bloodborne diseases are transmitted in the work setting and the requirements of the OSHA/PESH bloodborne pathogens standard. These requirements include annual training, implementing universal precautions and a cleaning and disinfection program and providing the Hepatitis B Vaccine, personal protective equipment such as gloves, and access to soap and water.

Communicable Diseases

This course provides information on microbes, modes of transmission, prevention and universal precautions in the school setting. Communicable diseases are reviewed (i.e. H1N1 influenza, fifth's disease, meningitis, tuberculosis, conjunctivitis, lice, ringworm, etc). The role of the school nurse and the health department policies are also discussed.

Emergency Preparedness

Is to bring awareness to types of workplace emergencies that might arise at your school or place of business, basic components of emergency preparedness planning, why workers and their unions should be involved in emergency preparedness planning and evaluating your school/district emergency preparedness plan.

Ergonomics for the Paraprofessional

This course identifies specific work tasks, risk factors and their impact on the body including repetitive strain injuries, back injuries and other musculoskeletal disorders. Methods of prevention such as proper lifting and transferring techniques and assistive devices are discussed. This course is offered to paraprofessionals working with medically fragile or non-ambulatory students. Best practices for diapering and toileting students are also covered.

Injury Prevention and Workers Compensation

Paraprofessionals, school nurses, occupational therapists and physical therapists are covered by Workers' Compensation. Examples of workplace injuries and assaults in the school setting and methods of prevention are discussed. The course outlines the steps to take to when workers have a workplace injury, accident or illness to make sure their rights and benefits are protected.

Nutrition and Dietary Guidelines

Awareness - solutions to health concerns are not as simplistic as most reports would have us believe. It's not necessary to "go for the burn" in exercise or to restrict one of life's greatest pleasures all the time—eating the foods we enjoy—to make healthful lifestyle decisions.

Pest Control

This workshop provides information and guidance on how to prevent pest infestations, components of an Integrated Pest Management (IPM) program, the protocol for dealing with pest infestations, and the protocol for bed bugs.

Chapter Leader Safety and Health Overview

This workshop provides an overview of a number of health and safety issues including communicable diseases, bloodborne pathogens, indoor air quality issues, construction and renovation protocols, ergonomics, workers' compensation and ILOD (Injury in the Line of Duty).



School Safety Training Topics

Security in the schools - this training focuses on established procedures that must be followed when a school-related crime or incident occurs.

School Safety Plans – this training deals with maintaining a safe and secure school environment and the shared responsibility of the entire school community, including school safety, pedagogical, non-pedagogical and custodial personnel, parents and students.

Corporal Punishment - This training deals with the prohibition of corporal punishment. It enforces Department of Education Bylaws and includes reporting requirements established under Regulations of the Commissioner §100.2(l)(3)(ii) concerning the use of physical force upon a student for punishment purposes.

Student Disciplinary Procedures – this training addresses the intervention and discipline procedures for all students. This training also includes how to effectively use the Citywide Standards of Discipline and Intervention Measures (Discipline Code). The topics include **principal and superintendent suspensions and student removals**.

Violence Prevention - focuses on principles of security awareness in and around school as well as violence prevention strategies, which educators can use to defuse potentially violent situations and better handle individuals who may be violence prone.